

Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCAI.org

Registration Begins: Monday, November 9, 2026

Fall II Session: Sunday, November 22, 2026- Saturday, February 6, 2027

Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price
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AQUATICS PROGRAMS

INFANT/TODDLER SWIM LESSONS (6 MONTHS-3 YEARS OLD WITH PARENT) Classes meet once per week for 9 weeks FULL PROGRAM

STAGE A Water Discovery	10:30-11:00am	9:30-10:00am		4:30-5:00pm			10:00-10:30am	\$168	\$252
STAGE B Water Exploration		5:00-5:30pm	9:00-9:30am				10:30-11:00am	\$168	\$252

PRESCHOOL SWIM LESSONS (3-5 YEARS OLD) Classes meet once per week for 9 weeks

STAGE 1 Water Acclimation	9:30-10:00am 11:00-11:30am	5:00-5:30pm 9:30-10:00am	9:30-10:00am	6:00-6:30pm	5:00-5:30pm	9:30-10:00am	10:00-10:30am	\$168	\$252
STAGE 2 Water Movement	10:30-11:00am		9:30-10:00am 5:15-5:45pm	4:30-5:00pm	9:30-10:00am 5:30-6:00pm		9:30-10:00am	\$168	\$252
STAGE 3 Water Stamina		4:30-5:00pm		9:30-10:00am 5:30-6:00pm			11:00-11:30am	\$168	\$252
STAGE 4 Stroke Introduction						6:00-6:30pm		\$168	\$252

SCHOOL-AGE SWIM LESSONS (5-12 YEARS OLD) Classes meet once per week for 9 weeks FULL PROGRAM

STAGE 1 Water Acclimation	10:00-10:30am		5:45-6:15pm	5:00-5:30pm			9:30-10:00am	\$168	\$252
STAGE 2 Water Movement	10:00-10:30am	6:00-6:30pm	5:15-5:45pm			4:00-4:30pm	11:00-11:30am	\$168	\$252
STAGE 3 Water Stamina	9:30-10:00am	5:30-6:00pm		6:00-6:30pm	5:30-6:00pm			\$168	\$252
STAGE 4 Stroke Introduction	9:00-9:30am		5:45-6:30pm**	5:30-6:00pm		5:00-5:30pm	10:30-11:00am	\$168 \$189**	\$252 \$284**
STAGE 5 Stroke Development				5:30-6:00pm	6:00-6:30pm		8:45-9:30am**	\$168 \$189**	\$252 \$284**
STAGE 6 Stroke Mechanics				5:30-6:00pm			8:45-9:30am**	\$168 \$189**	\$252 \$284**
Sensational Swim Adaptive (4-12 years with parents)							10:30-11:00am	\$168	\$252

Schedule is Subject to Change at Anytime. **45 Minute Classes

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
TEEN SWIM LESSONS (12-17 YEARS OLD) Classes meet once per week for 9 weeks								FULL	PROGRAM
Swim Basics & Strokes Teens	11:00am-11:45am				6:30-7:15pm			\$189	\$284
ADULT SWIM LESSONS (17+ YEARS OLD) Classes meet once per week for 9 weeks								FULL	PROGRAM
Swim Basics Adults 17 years+		6:00-6:45pm				9:15-10:00am	11:30am-12:15pm	\$189	\$284
Swim Strokes Adults 17 years+							11:30am-12:15pm	\$189 FULL	\$284 PROGRAM
Competition									
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					\$189	\$284
YMCA Swim Team 18 & Under	At Brookhaven Roe YMCA Contact Coach Isabela for a Tryout!				Contact: Isabela Gaskill, Head Coach/Aquatics Coordinator Isabela.Gaskill@ymcali.org				
Leadership									
Aquatic Leaders Club: Lifeguard Prep Ages 11-16 years old						8:00-10:00am		\$216	\$325
American Red Cross Babysitting Certification 11-16 Years				9:30-2:30pm				\$110	\$180
Lifeguard Prep Course 11-16 Years			7:00-7:45pm				11:30am-12:15pm	\$168	\$252
Water Fitness									
Aqua Jog		8:00-8:45am						\$103	\$155
Aqua Aerobics			8:00-8:55am	8:00-8:55am		8:00-8:55am		\$116	\$174
Aqua Zumba					8:00-8:55am			\$116	\$174

Water Fitness: 9 Weeks

Want to try out a Water Fitness Class? Drop in available. Register day of at the welcome desk. **Buy 3 get the 4th FREE!**

Full Membership: \$116

Program Membership: \$174

Swim Lessons: 9 Weeks - 30 Mins

Full Membership: \$168

Program Membership: \$252

Swim Lessons: 9 Weeks - 45 Mins

Full Membership: \$189

Program Membership: \$284

Private Swim Lessons

4-pk (30 mins) \$281

8-pk (30 mins) \$510

12-pk (30 mins) \$697 (2x a week Lessons)

Semi-Private Swim Lessons

2-3 participants; similar age & ability

4-pk (30 mins) \$460

8-pk (30 mins) \$857

12-pk (30 mins) \$1,170 (2x a week Lessons)

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Contact: Darryl Smith | Darryl.Smith@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
YOUTH PROGRAMS – 10 WEEK SESSIONS								FULL	PROGRAM
Small Star Basketball 6-8 years old			4:15-5:15pm			5:15-6:15pm		\$135	\$203
All Star & Small Star Volleyball 6-12 years old							12:00-1:00pm	\$135	\$203
All Star Basketball Clinic 8-12 years old			5:15-6:15pm				11:00am-12:00pm	\$135	\$203
All Star NERF & Dodgeball 9-14 years old				6:15-7:15pm				\$135	\$203
All Star Agility & Fitness 9-12 years old						4:15-5:15pm		\$135	\$203
Beginning Rock Climbing 8-12 years old					6:45-7:30pm			\$135	\$203
Small Star Ninja/ Adventure 6-8 years old		4:30-5:30pm						\$135	\$203
MOVEMENT PROGRAMS – 10 WEEK SESSIONS								FULL	PROGRAM
Tumbling 3-5 years old	11:00-11:45am			4:00-4:45pm				\$135	\$203
Movers & Makers 9mo-2 years old	1:15-2:00pm							\$135	\$203
Gymnastics 6-8 years old	12:00-1:00pm			5:00-6:00pm				\$135	\$203
FREE YOUTH PROGRAMS								FULL	PROGRAM
Running Club 6-12 years old			6:30-7:15pm					FREE	FREE
Sports Club 7-12 years old				5:00-6:00pm				FREE	FREE

Schedule is Subject to Change at Anytime

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
PRE-K PROGRAMS – 10 WEEK SESSIONS									FULL PROGRAM
PeeWee Basketball Ages 3-5						2:30-3:00pm		\$150	\$175
PeeWee Soccer & Hockey Ages 3-5				2:30-3:00pm				\$150	\$175
Pre-K Ninja/ Adventure Ages 3-5		2:30-3:00pm			4:00-4:30pm			\$150	\$175
Pre-K Golf & Pickleball Ages 3-5					2:30-3:00pm			\$150	\$175
Pre-K Arts, Crafts, Blocks Ages 3-5			2:30-3:00pm					\$150	\$175
PICKLEBALL CLINICS – 5 WEEK SESSIONS									FULL PROGRAM
Beginner Pickleball Clinic Ages 9-14					5:00-6:00pm			\$100	\$150
Beginner Pickleball Clinic Ages 18+				9:00-10:00am				\$100	\$150
Pickleball Skills and Thrills Ages 18+				10:15-11:15am				\$100	\$150

Holiday Camp Dates: Grades K-6
8:00am-6:00pm | \$80/day
December: 28-30 (Holiday Break)
February: 16-19 (Mid-Winter Recess)
March: 25, 26, 29 (Spring Break 1)
April: 19-23 (Spring Break 2)



Tween Takeover: Fridays
6:30-8:30pm | 3rd-6th Grade
December 18, January 22, February 19,
March 19



Personal Training:
Take your workout to the next level with our expert personal trainers. Whether you're looking to build strength, lose weight, or improve overall health, our trainers are here to create a personalized plan that fits your goals. We offer ½ hour and 1-hour session. **Inquire within!**

1-hour sessions	1/2 hour sessions	Introductory Rate
1 Session \$75	1 Session \$50	1 Hour (3 Sessions): \$150
4 Sessions \$282	4 Sessions \$182	1/2 Hour (3 Sessions): \$99
8 Sessions \$545	8 Sessions \$352	
12 Sessions \$790	12 Sessions \$499	
18 Sessions \$1150	18 Sessions \$720	
24 Sessions \$1500	24 Sessions \$920	

Adventure Zone:
Monday – Friday 4:00-8:00pm, Saturday
& Sunday 8:00-1:00pm
(Subject to change due to rentals)

Rockwall Hours:
Tuesday: 5:00-7:00pm
Wednesday: 6:30-8:30pm
Thursday: 5:00-7:00pm
Sunday: 1:00-3:00pm

LIFEGUARD CLASSES

ARC – CPR/AED RECERT COURSE | WEDNESDAY 5/20 | 3:30-6:30PM
ARC – OXYGEN COURSE ONLY | WEDNESDAY 5/20 | 6:30-8:10PM