Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCALI.org

Registration Begins: Monday, June 15, 2026
Summer Session: Sunday, June 28, 2026 - Saturday, August 29, 2026
Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org
No Classes 7/4

SUMMER SPLASH MINI SESSIONS TWO WEEK SESSIONS MONDAY-THURSDAY FOR A TOTAL OF 8 CLASSES IN TWO STRAIGHT WEEKS

MINI SESSION 1 - SWIM LESSONS | JUNE 29 - JULY 9

PRESCHOOL SWIM LESSONS (3 - 5 Years)	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224

SCHOOL AGE SWIM LESSONS (5 - 12 Years)	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224

MINI SESSION 2 - SWIM LESSONS | JULY 13 - JULY 23

PRESCHOOL SWIM LESSONS (3 - 5 Years)	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224

SCHOOL AGE SWIM LESSONS (5 - 12 Years)	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224

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MINI SESSION 3 - SWIM LESSONS | JULY 27 - AUGUST 6

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
PRESCHOOL SWIM LESSONS (3 - 5 Years)								FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
SCHOOL AGE SWIM LESSONS (5 - 12 Years)								FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224

MINI SESSION 4 - SWIM LESSONS | AUGUST 10 - AUGUST 20

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
PRESCHOOL SWIM LESSONS (3 - 5 Years)								FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
SCHOOL AGE SWIM LESSONS (5 - 12 Years)								FULL	PROGRAM
Stage 1 Water Acclimation		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 2 Water Movement		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224
Stage 3 Water Stamina		9:00-9:30am	9:00-9:30am	9:00-9:30am	9:00-9:30am			$149	$224

PIRANHA SUMMER SWIM CLINIC FOR STAGES 4+ (5-12 YEARS)

Three Day Sessions Tuesday-Thursday for a total of 3 classes
AT BROOKHAVEN ROE LOCATION

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
Starts & Turns (July 7-9)			8:00-9:00am	8:00-9:00am	8:00-9:00am			$70	$105
Starts & Turns (July 14-16)			8:00-9:00am	8:00-9:00am	8:00-9:00am			$70	$105
Freestyle Endurance (July 21-23)			8:00-9:00am	8:00-9:00am	8:00-9:00am			$70	$105
Breaststroke & Butterfly (July 28-30)			8:00-9:00am	8:00-9:00am	8:00-9:00am			$70	$105
Starts & Turns (August 18-20)			4:00-5:00pm	4:00-5:00pm	4:00-5:00pm			$70	$105

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AQUATICS PROGRAMS

INFANT/TODDLER SWIM LESSONS (6 MONTHS-3 YEARS OLD WITH PARENT) Classes meet once per week for 9 weeks

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
STAGE A Water Discovery	10:30-11:00am	9:30-10:00am		9:30-10:00am 4:30-5:00pm	5:00-5:30pm		10:00-10:30am*	$168 $149*	$252 $224*
STAGE B Water Exploration		9:30-10:00am 5:00-5:30pm		9:30-10:00am			10:30-11:00am*	$168 $149*	$252 $224*

PRESCHOOL SWIM LESSONS (3-5 YEARS OLD) Classes meet once per week for 9 weeks

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
STAGE 1 Water Acclimation	9:30-10:00am 11:00-11:30am	9:30-10:00am	9:30-10:00am	6:00-6:30pm	5:00-5:30pm	9:30-10:00am	10:00-10:30am*	$168 $149*	$252 $224*
STAGE 2 Water Movement	10:30-11:00am		9:30-10:00am 5:15-5:45pm	4:30-5:00pm	9:30-10:00am 5:30-6:00pm		9:30-10:00am*	$168 $149*	$252 $224*
STAGE 3 Water Stamina		4:30-5:00pm		9:30-10:00am 5:00-5:30pm			11:00-11:30am*	$168 $149*	$252 $224*
STAGE 4 Stroke Introduction						6:00-6:30pm		$168	$252

SCHOOL-AGE SWIM LESSONS (5-12 YEARS OLD) Classes meet once per week for 9 weeks

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	FULL	PROGRAM
STAGE 1 Water Acclimation	10:00-10:30am		5:45-6:15pm	5:00-5:30pm			9:30-10:00am*	$168 $149*	$252 $224*
STAGE 2 Water Movement	10:00-10:30am	6:00-6:30pm	5:15-5:45pm			4:00-4:30pm	11:00-11:30am*	$168 $149*	$252 $224*
STAGE 3 Water Stamina	9:30-10:00am	5:30-6:00pm		6:00-6:30pm	5:30-6:00pm			$168	$252
STAGE 4 Stroke Introduction	9:00-9:30am		5:45-6:30pm**	5:30-6:00pm		5:00-5:30pm	10:30-11:00am*	$168 $149* $189**	$252 $224* $284**
STAGE 5 Stroke Development				5:30-6:00pm	6:00-6:30pm		8:45-9:30am*^	$168*^ $189	$252*^ $284
STAGE 6 Stroke Mechanics				5:30-6:00pm			8:45-9:30am*^	$168*^ $189	$252*^ $284
Sensational Swim Adaptive (4-12 years w. parents)							10:30-11:00am*	$149*	$224*

***Saturday Classes are 8 Weeks long. **45 Minute Classes | *^ Both 45 Minutes and 8 weeks**

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
TEEN SWIM LESSONS (12-17 YEARS OLD) Classes meet once per week for 9 weeks								FULL	PROGRAM
Swim Basics & Strokes Teens	11:00-11:45am				6:30-7:15pm			$189	$284
ADULT SWIM LESSONS (17+ YEARS OLD) Classes meet once per week for 9 weeks								FULL	PROGRAM
Swim Basics Adults 17 years+		6:00-6:45pm				9:15-10:00am	11:30am-12:15pm*^	$168*^ $189	$252*^ $224
Competition									
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					$189	$284
YMCA Swim Team 18 & Under	At Brookhaven Roe YMCA Contact Coach Isabela for a Tryout! **Contact:** Isabela Gaskill, Head Coach/Aquatics Coordinator | Isabela.Gaskill@ymcali.org								
Leadership									
Lifeguard Prep Ages 11-16 years old			7:00-7:45pm				11:30am-12:15pm*^	$168*^ $189	$252*^ $224
NEWAquatic Leaders Club: Junior Lifeguard Ages 11-16 years old **7/10, 7/17, 7/24, 7/31**						8:00-10:00am		$216	$325
Water Fitness									
Aqua Jog		8:00-8:55am						$116	$174
Aqua Aerobics			8:00-8:55am	8:00-8:55am		8:00-8:55am		$116	$174
Aqua Zumba					8:00-8:55am			$116	$174

AFTER CAMP SPLASH AT ROE SWIM BASICS (5-12 YEARS) GET ANOTHER SWIM LESSON DURING YOUR CAMP DAY!
FOUR DAY SESSIONS FOR STAGES 1-3 | AT BROOKHAVEN ROE LOCATION

								FULL	PROGRAM
Swim Basics (July 14-17)			3:30-4:00pm	3:30-4:00pm	3:30-4:00pm	3:30-4:00pm		$75	$112
Swim Basics (August 4-7)			3:30-4:00pm	3:30-4:00pm	3:30-4:00pm	3:30-4:00pm		$75	$112

Water Fitness: 9 Weeks
Want to try out a Water Fitness Class? Drop in available. Register day of at the welcome desk. **Buy 3 get the 4th FREE!**
Full Membership: $116
Program Membership: $174

Swim Lessons: 9 Weeks - 30 Mins
Full Membership: $168
Program Membership: $252

Swim Lessons: 9 Weeks - 45 Mins
Full Membership: $189
Program Membership: $284

Private Swim Lessons
4-pk (30 mins) $281
8-pk (30 mins) $510
12-pk (30 mins) $697 (2x a week Lessons)

Semi-Private Swim Lessons
2-3 participants; similar age & ability
4-pk (30 mins) $460
8-pk (30 mins) $857
12-pk (30 mins) $1,170 (2x a week Lessons)

***Saturday Classes are 8 Weeks long. *^ Both 45 Minutes and 8 weeks**

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
YOUTH SPORTS – 10 WEEK SESSIONS								FULL	PROGRAM
Gymnastics 6-8 years old	12:00-1:00pm			5:00-6:00pm				$135	$203
Moving & Makers 9mo - 2 years old	10:15-11:00am							$135	$203
Running Club 6-12 years old			6:30-7:15pm					$135	$203
Tumbling 3-5 years old	11:00-11:45am			4:00-4:45pm				$135	$203

AMERICAN RED CROSS BABYSITTING CERTIFICATION
AGES 11-16 | WEDNESDAY JULY 8 | 9:30AM – 2:30PM
Full Membership: $110 **Program Membership: $180**

Rockwall Hours:
Tuesday: 5:00-7:00pm
Wednesday: 6:30-8:30pm
Thursday: 5:00-7:00pm
Sunday: 1:00-3:00pm

Personal Training:

Take your workout to the next level with our expert personal trainers. Whether you're looking to build strength, lose weight, or improve overall health, our trainers are here to create a personalized plan that fits your goals. We offer ½ hour and 1-hour session. **Inquire within!**

1-hour sessions	1/2 hour sessions	Introductory Rate
1 Session | $75	1 Session | $50	1 Hour (3 Sessions): $150
4 Sessions | $282	4 Sessions | $182	1/2 Hour (3 Sessions): $99
8 Sessions | $545	8 Sessions | $352	
12 Sessions | $790	12 Sessions | $499	
18 Sessions | $1150	18 Sessions | $720	
24 Sessions | $1500	24 Sessions | $920	