

Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCAli.org

Registration Begins: Monday, June 15, 2026

Summer Session: Sunday, June 28, 2026 – Saturday, August 29, 2026

Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org

No Classes 7/4

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price
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SUMMER SPLASH MINI SESSIONS TWO WEEK SESSIONS MONDAY-THURSDAY FOR A TOTAL OF 8 CLASSES IN TWO STRAIGHT WEEKS

MINI SESSION 1 – SWIM LESSONS | JUNE 29 – JULY 9

PRESCHOOL SWIM LESSONS (3 – 5 Years)

								FULL	PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224

SCHOOL AGE SWIM LESSONS (5 – 12 Years)

								FULL	PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224

MINI SESSION 2 – SWIM LESSONS | JULY 13 – JULY 23

PRESCHOOL SWIM LESSONS (3 – 5 Years)

								FULL	PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224

SCHOOL AGE SWIM LESSONS (5 – 12 Years)

								FULL	PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224

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MINI SESSION 3 – SWIM LESSONS JULY 27 – AUGUST 6									
PRESCHOOL SWIM LESSONS (3 – 5 Years)									FULL PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
SCHOOL AGE SWIM LESSONS (5 – 12 Years)									FULL PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
MINI SESSION 4 – SWIM LESSONS AUGUST 10 – AUGUST 20									
PRESCHOOL SWIM LESSONS (3 – 5 Years)									FULL PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
SCHOOL AGE SWIM LESSONS (5 – 12 Years)									FULL PROGRAM
Stage 1 Water Acclimation		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 2 Water Movement		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
Stage 3 Water Stamina		9:00–9:30am	9:00–9:30am	9:00–9:30am	9:00–9:30am			\$149	\$224
PIRANHA SUMMER SWIM CLINIC FOR STAGES 4+ (5-12 YEARS)									
Three Day Sessions Tuesday-Thursday for a total of 3 classes AT BROOKHAVEN ROE LOCATION									FULL PROGRAM
Starts & Turns (July 7–9)			8:00–9:00am	8:00–9:00am	8:00–9:00am			\$70	\$104
Starts & Turns (July 14–16)			8:00–9:00am	8:00–9:00am	8:00–9:00am			\$70	\$104
Freestyle Endurance (July 21–23)			8:00–9:00am	8:00–9:00am	8:00–9:00am			\$70	\$104
Breaststroke & Butterfly (July 28–30)			8:00–9:00am	8:00–9:00am	8:00–9:00am			\$70	\$104
Starts & Turns (August 18–20) *For Stages 4+*			4:00–5:00pm	4:00–5:00pm	4:00–5:00pm			\$70	\$104

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AQUATICS PROGRAMS

INFANT/TODDLER SWIM LESSONS (6 MONTHS-3 YEARS OLD WITH PARENT) Classes meet once per week for 9 weeks FULL PROGRAM

STAGE A Water Discovery	10:30-11:00am	9:30-10:00am		9:30-10:00am 4:30-5:00pm	5:00-5:30pm		10:00-10:30am*	\$168 \$149*	\$252 \$224*
STAGE B Water Exploration		9:30-10:00am 5:00-5:30pm		9:30-10:00am			10:30-11:00am*	\$168 \$149*	\$252 \$224*

PRESCHOOL SWIM LESSONS (3-5 YEARS OLD) Classes meet once per week for 9 weeks

STAGE 1 Water Acclimation	9:30-10:00am 11:00-11:30am	9:30-10:00am	9:30-10:00am	6:00-6:30pm	5:00-5:30pm	9:30-10:00am	10:00-10:30am*	\$168 \$149*	\$252 \$224*
STAGE 2 Water Movement	10:30-11:00am		9:30-10:00am 5:15-5:45pm	4:30-5:00pm	9:30-10:00am 5:30-6:00pm		9:30-10:00am*	\$168	\$252
STAGE 3 Water Stamina		4:30-5:00pm		9:30-10:00am 5:00-5:30pm			11:00-11:30am*	\$168 \$149*	\$252 \$224*
STAGE 4 Stroke Introduction						6:00-6:30pm		\$168	\$252

SCHOOL-AGE SWIM LESSONS (5-12 YEARS OLD) Classes meet once per week for 9 weeks FULL PROGRAM

STAGE 1 Water Acclimation	10:00-10:30am		5:45-6:15pm	5:00-5:30pm			9:30-10:00am*	\$168 \$149*	\$252 \$224*
STAGE 2 Water Movement	10:00-10:30am	6:00-6:30pm	5:15-5:45pm			4:00-4:30pm	11:00-11:30am*	\$168 \$149*	\$252 \$224*
STAGE 3 Water Stamina	9:30-10:00am	5:30-6:00pm		6:00-6:30pm	5:30-6:00pm			\$168	\$252
STAGE 4 Stroke Introduction	9:00-9:30am		5:45-6:30pm**	5:30-6:00pm		5:00-5:30pm	10:30-11:00am*	\$168 \$149* \$189**	\$252 \$224* \$284**
STAGE 5 Stroke Development				5:30-6:00pm	6:00-6:30pm		8:45-9:30am**^	\$168**^ \$189	\$252**^ \$284
STAGE 6 Stroke Mechanics				5:30-6:00pm			8:45-9:30am**^	\$168**^	\$252**^
Sensational Swim Adaptive (4-12 years w. parents)							10:30-11:00am*	\$149*	\$224*

*Saturday Classes are 8 Weeks long. **45 Minute Classes | ^^ Both 45 Minutes and 8 weeks

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No Classes 7/4

***Saturday Classes are 8 Weeks long. *^ Both 45 Minutes and 8 weeks**

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255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCAI.org

Registration Begins: Monday, June 15, 2026
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Contact: Darryl Smith | Darryl.Smith@ymcali.org
No Classes 7/4

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
YOUTH SPORTS – 10 WEEK SESSIONS								FULL	PROGRAM
Gymnastics 6-8 years old	12:00-1:00pm			5:00-6:00pm				\$135	\$203
Moving & Makers 9mo – 2 years old	10:15-11:00am							\$135	\$203
Running Club 6-12 years old			6:30-7:15pm					\$135	\$203
Tumbling 3-5 years old	11:00-11:45am			4:00-4:45pm				\$135	\$203

AMERICAN RED CROSS BABYSITTING CERTIFICATION AGES 11-16 | WEDNESDAY JULY 8 | 9:30AM – 2:30PM

Full Membership: \$110

Program Membership: \$180

Rockwall Hours:

Tuesday: 5:00-7:00pm
 Wednesday: 6:30-8:30pm
 Thursday: 5:00-7:00pm
 Sunday: 1:00-3:00pm

Personal Training:

Take your workout to the next level with our expert personal trainers. Whether you're looking to build strength, lose weight, or improve overall health, our trainers are here to create a personalized plan that fits your goals. We offer ½ hour and 1-hour session. **Inquire within!**

1-hour sessions

1 Session | \$75
 4 Sessions | \$282
 8 Sessions | \$545
 12 Sessions | \$790
 18 Sessions | \$1150
 24 Sessions | \$1500

1/2 hour sessions

1 Session | \$50
 4 Sessions | \$182
 8 Sessions | \$352
 12 Sessions | \$499
 18 Sessions | \$720
 24 Sessions | \$920

Introductory Rate

1 Hour (3 Sessions): \$150
 1/2 Hour (3 Sessions): \$99