

YMCA OF LONG ISLAND

PRESS PLAY ▶ ON SUMMER!

YMCA SUMMER DAY CAMP



2026
CAMP
GUIDE



855-2YMCALI • [YMCALI.org/Camp](https://www.ymcali.org/Camp)

ABSENCES

If your child will not be attending camp on a day they are enrolled, please contact your YMCA by phone or written notification. Direct contact phone numbers are listed in your Welcome Letter. You may also call us at 855-2YMCALI (855-296-2254) to reach your local branch.

ACCREDITATION

The YMCA of Long Island Summer Day Camps are licensed, regulated children's camps that are accredited by the American Camp Association and permitted by the N.Y.S. Department of Health, in conjunction with Nassau and Suffolk County.

ACTIVITIES

Safety is our top priority in our programming. We focus on providing campers with age-appropriate, fun, and enriching programming that include aquatics, sports and games, creative arts, educational activities, camp traditions and more.

ALLERGIES

The YMCA of Long Island Summer Day Camp staff are available to speak with families regarding your child and their allergies. We take food allergies seriously and accommodations are made within camp groups for children with life-threatening allergies. Parents/guardians are only permitted to provide treats, food or beverages for their own child. Food sharing is not permitted. Allergies and any other medical information are required to be on file for each camper for each session. See Emergency/Medical.

AQUATICS AND WATER SAFETY

Campers will enjoy swim instruction and/or recreational swim. Water activities are subject to change based on safety guidelines put forth by New York State and local agencies. All campers will be tested on the first day of camp to determine their appropriate swim level. Swim lessons and recreational swim times are supervised by YMCA/American Red Cross Lifeguards and YMCA Water Safety Instructors. Lessons are taught by YMCA certified Water Safety Swim Instructors. Campers must bring a bathing suit and towel each day. Please label all belongings with full name. A plastic bag is recommended to hold wet suits after swim periods.

ARRIVALS

The Camp Staff provides curbside drop-off Monday through Friday. Parents/Guardians are to remain in their car and follow the traffic for drop-off. A camp staffer will help your camper exit the vehicle. Drop-off time is 8:45am. For the safety of staff and campers, campers may not be dropped off at the YMCA earlier than the camp day start time, unless enrolled in Extended Day AM. Campers may not be left unattended on the YMCA camp grounds, regardless of their age. See Extended Day AM/PM.

ATTENDANCE PROCEDURES

Every child attending camp must be signed in and out of the program each day. Only contacts you have authorized on file may drop-off and pick-up your child from the program.

BEHAVIOR EXPECTATIONS/BULLYING POLICY

The YMCA's behavioral guidelines ensure the quality and safety of all children and staff in our camp. Our approach to behavior is to reinforce what children should be doing through positive guidance and effective communication to improve self-control and learn techniques to resolve conflicts appropriately. Our rules are regularly reviewed with the children. During the online enrollment process, parents/guardians must sign our Code of Conduct Statement. If a conflict occurs, the staff will be proactive in resolving the conflict. If further action is needed, the camp staff will contact the child's parents/guardians to develop a positive behavior support plan. If inappropriate behavior continues, further disciplinary action will be taken. The YMCA has a zero-tolerance policy in regards to bullying.

CAMP CLOTHING/WHAT TO BRING

Please dress your camper for comfort and safety. Campers should wear comfortable play clothes and sneakers. For your camper's safety, please do not send your child to camp in sport sandals, flip flops, water shoes (i.e., crocs), or open-toed shoes. Please keep in mind that your camper will be active during the day and may get dirty. On rainy days, raincoats or ponchos are recommended. No umbrellas please. Each day, your camper should bring the following: swimsuit, towel, sunscreen, plastic bag for wet clothes, bug spray, hat, lunch and snacks in a backpack. Please label all items with child's full name. See Lost & Found and Inclement Weather.

CAMP HOURS

Regular operating hours are from 8:45am-4:00pm. Extended Day AM is from 7:00am-9:00am and Extended Day PM is from 4:00pm-6:00pm. You must register for extended hours through the online Parent Dashboard.

CAMP T-SHIRTS

Camp t-shirts are distributed on the first day of camp. Extra shirts will be available at an additional cost of \$10 per shirt. Orange camper t-shirts are to be worn on trip days and Camp Picture Day. The YMCA will not be able to provide "loaner" shirts if they are forgotten. Camp Staff can be identified by the color of their t-shirts and are worn daily during camp hours. Camp Leaders in blue collared shirts, Counselors in green "Role Model" t-shirts, Specialists in yellow t-shirts, and CIT's in purple t-shirts.

CAMP WEEKS 2026

Session 1: June 29-July 10

Session 2: July 13-24

Session 3: July 27-August 7

Session 4: August 11-21*

*YMCA East Hampton RECenter Summer Day Camp Session 4 is one week: August 10-14

Camp Closeout Week: August 24-28 (K-5th Grade)

*Not Available at East Hampton location

Huntington YMCA Camp Closeout Week: August 24-27

CELL PHONES, TOYS, AND PERSONAL ITEMS

Cell phone usage by campers is prohibited on our grounds. This includes phone calls, text messages, photography or checking the time. Campers should speak to their counselor if they need to contact parents/guardians for any reason during the day. All personal items should be left at home. Mobile devices will be confiscated for the day if seen in use. The YMCA of Long Island Summer Day Camp is not responsible for lost, stolen, or damaged items.

CODE OF CONDUCT

The Camp Director or Executive Director, upon notification of the parents/guardians, may suspend or terminate all activities and participation in the program for the following misconduct:

1. Use of foul language or being rude and disrespectful to staff and peers.
2. Any form of bullying is strictly prohibited.
3. Intentionally and repeatedly leaving areas without permission.
4. Defacing YMCA property.
5. Refusing to follow basic safety rules.
6. Inappropriate use of hands or engaging in fights with peers.
7. Actions or words that can be harmful to peers or staff.
8. Intentionally injuring other children.
9. Bringing illegal substances including alcohol, cigarettes, vaping devices, or drugs.
10. Carrying/concealing weapons.
11. Stealing YMCA or camper property.
12. The YMCA is not responsible for lost or stolen items (i.e. electronics).

Therefore, the following conduct policies apply directly to each child and will be used in determining his/her eligibility to continue as a participant in the YMCA Summer Day Camp Program. Children may: lose the privilege to participate in a certain activity; be suspended from the program with no refund; or be terminated from the program with no refund. Please make sure that both you and your child are familiar with the code of conduct policies. Staff are trained and expected to respond to any reported violation of our Code of Conduct. See Behavior Expectations.

CHILD PROTECTION & SAFETY

The YMCA of Long Island is committed to youth development, child protection, and child safety. As an Association, we serve more than 65,000 individuals, including children, teens, and families. We provide early childhood education, school age child care, summer day camp, and youth/pre-teen/teen programs for children ages 6 months to young adults. We are proud and respectful of the trust parents place in our YMCA. A safe environment for children combined with quality programming is our highest priority. Our core values of caring, honesty, respect, and responsibility are integrated into everything we do.

Our YMCA Child Protection Plan focuses on screening, hiring, training and education, supervision, performance management, and feedback systems.

- SCREENING staff with a comprehensive interview process, reference check, criminal background check, sex offender record checks. Criminal background checks are completed biannually.
- TRAINING all staff members to complete extensive child abuse prevention training programs on a yearly basis. Supervisors complete additional training to further promote a child-safe environment. In addition, staff are required to complete NYS Mandated Reporter.
- POLICIES are enforced at all of our locations to ensure staff/volunteers are never alone with a child. Interactions with adults and children at our Ys are designed to be observable.
- PREVENTION is the answer. The YMCA of Long Island partners with [Praesidium](#), [Redwoods Group Foundation](#), [Darkness to Light](#), and YMCA Guardians for Child Protection to bring prevention training to our staff on an annual basis and the communities we serve. Our Y works with schools, community organizations, local businesses, and more to train community members to help us keep our children safe.

DAILY SCHEDULE

A weekly schedule is created for your child's group that includes a range of daily activities from swimming/water play, sports, arts & crafts, theme days, and more so you know all the great things that are taking place at camp. A summer calendar and a schedule will be sent home with your child or communicated electronically through email/posted on our website. Schedules are subject to change and do not include activities for inclement weather.

DEPARTMENT OF HEALTH (NYS DOH)

YMCA of Long Island Summer Day Camps are permitted by New York State Department of Health and are regularly inspected by the Nassau and Suffolk County Department of Health Services. Copies of the inspector's reports are

available at the Camp Office. We abide by the Children’s Camps in New York State Guidelines. For more information, please visit www.health.ny.gov.

DEPARTURE

YMCA of Long Island Summer Day Camp offers curbside pickup. Your camper must be picked up by 4:00pm. Please refer to your Welcome Letter regarding the pickup time window. Our camp staff will be on hand at the end of the camp day to check ID and release your child to parent/guardian/authorized contact on file. Families should refrain from congregating when picking up their child and will be encouraged to remain in the car until their camper is ready to be released. Children will not be released without authorized contact presenting photo ID. If you wish to make different arrangements for pick-up on a given day, please contact the Camp Office stating the authorized pickup contact. This contact must provide a photo ID at pickup.

EARLY PICKUP

Early pickups require 24-hour notice, whenever possible. Please contact the Camp Office so we can prepare your camper for early pickup that day. Children will not be released without an authorized person presenting photo ID. If you wish to make different arrangements for pickup on a given day, please contact the Camp Office stating the authorized pickup contact. This contact must provide a photo ID at pickup.

EXTENDED DAY AM AND PM

We offer camp families the convenience of extended care in the early morning and/or late afternoon for an additional fee. Extended Day AM hours are from 7:00AM-9:00AM. Extended Day PM hours are from 4:00PM-6:00PM. Your child must be checked in and checked out by a parent, guardian, or authorized person from your emergency contact list on file. Late pickups are not permissible.

EMERGENCY CONTACTS

As required by law, campers must have a completed Medical Clearance Form on file with the Camp Office which includes emergency contacts for your camper. This will assist the camp staff in the case of an emergency. Please supply all requested information. Any changes to the Emergency Contacts list must be submitted in writing to the Y. See Health and Safety.

ENROLLMENT CHANGES

The primary contact listed on your online camp account (Parent Dashboard) is the only authorized party to request account or enrollment changes. Any change in family status impacting authorized pick-up contacts will require official documentation.

FIELD TRIPS

Campers participating in field trips must have a signed permission/waiver form on file. No permission will be taken over the phone or by note. Field trip dates are tentative and are subject to change. For the safety of all campers, they are required to wear their YMCA Summer Day Camp t-shirt on all trips. Trip schedules will be provided to parents/guardians. If a field trip extends beyond normal camp hours, staff will notify parents/guardians. We will stay with our camp groups for the duration of the trip. There will be two types of trips: 1.) Trips to locations primarily outdoors where we can separate from the general public and 2.) Trips with indoor facilities where we the Y has exclusive access. Please note Kiddie Campers do not go on field trips. 3.) My Hot Lunch Box is not available on trip days. Lunches must be packed and brought with the camper.

FINANCIAL ASSISTANCE

Financial Assistance is available for families that apply and qualify before the deadline. Applicants are awarded scholarships based on available funding at this time. As the Y continues to raise funds through our "Send a Kid to Camp" campaign, additional financial assistance support may become available. A YMCA Staff Member will contact you if your family will be awarded based on your approved application.

FIRST AID

Our First Aid Staff are on call during camp hours. Key staff members, such as Directors and Unit Leaders, have a minimum of Basic Life Support (BLS), Cardiopulmonary Resuscitation (CPR) and/or Responding to Emergencies (RTE) certifications. Small cuts and scrapes will be treated by our EMT certified camp staff using standard first aid procedures.

HEALTHY ENVIRONMENT

All campers need a current copy of immunizations/health form provided to the YMCA of Long Island Summer Day Camp before the start of camp. No exceptions can be made. Your child cannot attend camp without a completed Medical Clearance Form on file. All parents/guardians have a duty to disclose any significant medical, physical or behavioral needs of their child at the time of enrollment. Please do not send your child to camp if he/she was ill the night before or the morning of camp. If your child contracts a contagious disease during the camp season, please notify the Camp Director so we may notify appropriate parties. Certain communicable diseases, including COVID-19, are required to be reported to the Department of Health. Children who are ill may not return until they are symptom-free and fever-free for at least 72 hours. In order to return prior to the 72 hours, a doctor's note is required. If your child becomes ill during camp hours, you will be notified and requested to pick up your child. The parents/guardians will be notified of any camper who is found to have head lice. All campers must be nit-free to attend camp in order to prevent the spread of lice. Parents/guardians will be requested to pick up their camper and will be allowed to return to camp after successful removal of lice and nits. The YMCA of Long Island Summer Day Camp will notify all parents/guardians of the incident. Your child will remain anonymous for any illness-related notification. There is no financial or time compensation for missed days due to illness.

INCLEMENT WEATHER

Campers will take part in a full scheduled camp program regardless of the weather. During rainy days or inclement weather, all campers will be placed on an alternative schedule that will provide programming that focuses on crafts, indoor games, and special events. Be sure to dress campers appropriately for the weather. See Camp Clothing.

LICE PREVENTION & TREATMENT POLICY

To help maintain a healthy camp environment, we require that all campers be free of lice and nits (lice eggs) to attend camp. If a camper is found to have lice or nits, they will be sent home for treatment and may return only once they are completely lice- and nit-free. We encourage families to regularly check their child's hair and belongings—such as hats, coats, and bedding—for signs of lice. Please remind your child not to share personal items that come in contact with the head and to avoid head-to-head contact during camp activities. Long hair should be tied back in a bun or braid each day. Lice are not dangerous and do not spread disease, but they are contagious and require immediate attention to prevent transmission.

LOCATIONS/FACILITIES

Our camp facilities span from Nassau to Suffolk counties. We operate a full-service summer day camp in Bay Shore, East Hampton, Glen Cove, Holtsville, Huntington, and Patchogue.

[Great South Bay YMCA](#)

Kiddie Camp and Youth Camp (grades 1-3): Great South Bay YMCA, 200 West Main Street, Bay Shore, NY 11706
Youth Camp (grade 4), Pre-Teen Camp, Teen Camp, Sports Camp: ACLD Adventure Zone, 67 Greenwood Road Bay Shore, NY 11706

[Huntington YMCA](#)

All divisions, except Sports Camp, operate at Huntington YMCA, 60 Main Street, Huntington, NY 11743
Sports Camp held at Flower Hill Primary School, 98 Flower Hill Road, Huntington, NY 11743

[Patchogue Family YMCA / Brookhaven Roe YMCA Center](#)

Kiddie Camp: Patchogue Family YMCA, 255 West Main Street, Patchogue, NY 11772
Youth Camp, Pre-Teen Camp, Teen Camp, and CIT: Brookhaven Roe YMCA Center, 155 Buckley Road, Holtsville, NY 11742

[YMCA at Glen Cove](#)

All divisions operate at 125 Dosoris Lane, Glen Cove, NY 11542

[YMCA East Hampton RECcenter](#)

All divisions operate at John Marshall Elementary, 3 Gingerbread Lane, East Hampton, NY 11937

LOST & FOUND

Our counselors do their best to assist the children with their personal items each day. Please label all clothing and supplies for camp with child's full name. Unlabeled items go to our Lost & Found areas at the end of each day. Shortly after the camp season, all unclaimed items are donated. If your camper comes home with an item that doesn't belong to them, please send it back to camp the next day in a sealed bag. The YMCA of Long Island is not responsible for items lost or damaged at camp.

LUNCH & SNACKS

The YMCA partners with My Hot Lunchbox to provide daily, nutritious lunch for your child from a selection of menu options, for an additional cost. This service is optional. Lunch plan details will be made available to enrolled camp families prior to the start of camp. Please make sure you have an email address on file as ordering is handled online. Campers who are not participating in the lunch plan must bring their packed lunch to camp, labeled with child's full name. Please provide lunch for your child that does not require refrigeration. Younger camp groups have scheduled snack times. Camper's snacks should be in separate bags labeled with their name, AM and PM. Lunch service called, My Hot Lunch Box is an option. Please note: Lunch orders are to be placed prior to noon, the Sunday of the camp week. If your camper is attending a trip, please provide them with lunch.

MEDICATION

If your camper requires medication to be administered during the camp day, please submit a completed Medical Clearance & Medication Consent Form during the online registration process or download a form from our website at ymcali.org/camp and email it to us at camp@ymcali.org. Parent/guardian must bring all medications to the Wellness Check station along with proper documentation by the first day of the camp session. Repackaging or relabeling of prescription medication is prohibited. Prescription medication must be in its original container with labeling that includes full name of camper, date prescription filled, expiration date, directions for use/precautions, pharmacy information, and name of licensed physician. If a parent/guardian is not available to administer medications to camper, the camp health staff will follow the Camper Medication Self-Administration procedures. Patient orders from and signed by a licensed prescriber, describing use of the medication, are required in order for our camp health staff to administer or to allow a camper to self-administer a medication (prescription or over-the-counter). In addition, a written statement from the camper's parent/guardian that requests the camp to administer the medication to the camper as ordered by the licensed prescriber is recommended. YMCA staff cannot provide or administer OTC medication to campers. Campers are not permitted to have any medication in their possession at camp.

MEMBERSHIP

All children must be a current YMCA Member at the time of camp registration. Membership must remain valid through sessions that child is enrolled in camp programs. Please contact your YMCA branch for membership options or visit ymcali.org/membership to purchase. You may also renew your membership by logging into your account at ymcali.org.

ONLINE PARENT DASHBOARD

Parents/guardians can register online and manage their child's summer day camp enrollment, forms, and communications through our Parent Dashboard, accessible by visiting ymcali.org/camp. Parents can visit our website for information about our camp programs and offerings, key dates, rates, and more. By clicking on the Parent Dashboard button, you will be directed to a login screen where you enter your user credentials from the online registration process. Parents can manage monthly payments, purchase additional weeks of camp, update

profiles and forms, and more. To receive weekly photos of your camper to your email, please update your camper(s) dashboard with a current year to date photo.

OPEN HOUSES & CAMP TOURS

Parents and families can visit the YMCA [website](#) or call our camp locations for Open House dates. Individual Camp Tours may also be scheduled at the convenience of parents and our staff. Please contact your Y to schedule an in-person appointment.

PAYMENTS, DEPOSITS, FEES & REFUND POLICY

Camp payments at this time must be made in full.

Cancellation Policy: Cancellations made more than (30) business days in advance of your child's camp session will receive a full refund, including the deposit. Requests made less than (29) business days, will not receive a refund for the cancelled session.

Pro-rating is not available and there are no refunds for missed days of camp due to illness shorter than 5 consecutive days. Medical refund requests must have a doctor's note within 5 days of the illness. The YMCA reserves the right to suspend or remove a child from camp. Refunds may not be given wherein this decision is necessary. All balances must be paid in full by the 1st day of camp in order for your child to attend camp.

PHOTOGRAPHY & VIDEOGRAPHY

Individual and group photos as well as video footage are taken each session of our campers. A waiver to grant permission for photography and video taken during camp is found during online camp registration.

POTTY-TRAINING

All campers must be potty-trained in order to enroll your child in camp. All Kiddie campers must be toilet-trained by the time camp starts. Disposable training pants are not permitted. Definition of potty-training includes the following:

- Able to tell an adult they have to go to the bathroom before they have to go
- Able to pull up/down pants without assistance
- Able to wash and dry hands
- Able to get on/off the toilet on their own
- Able to postpone going if they must wait for someone who is in the bathroom

RIGHTS AND RESPONSIBILITIES

The regulatory program of the New York State Department of Health places specific responsibilities on camp operators, and on local health departments that enforce department regulations.

Following is a summary of rights and responsibilities:

Rights of Parents and Guardians:

- To be informed by the camp director, or his or her designee, of any incident involving your child, including serious injury, illness or abuse of any kind.
- To review inspection and investigation reports for a camp, which are maintained by the local health department, issuing the camp a permit to operate (present and past reports are available).
- To review the required written camp plans. These are on file at both the camp and the health department issuing the permit to operate.

Responsibilities of the Camp Operator:

- To inform you and the local health department if your child is involved in any serious injury, illness or abuse incident.
- To screen the background and qualifications of all staff.

- To train staff about their duties.
- To provide supervision for all campers during hours of operation for day camps.
 - To maintain all camp physical facilities in a safe and sanitary condition.
 - To provide safe and wholesome meals.
 - To have and follow required written plans for camp safety, health and fire safety.
 - To notify the parent or guardian, with the enrollment application or enrollment contract, that:
 - the camp must have a permit to operate from the New York State Department of Health or the designated permit-issuing official
 - the camp is required to be inspected twice yearly
 - the inspection reports and required plans are filed (address of state, county or city health department) and available for their review.

Responsibilities of Local Health Departments:

- To review and approve the required written camp plans for compliance.
- To inspect camps to assure that: (1) all physical facilities are properly operated and maintained; and (2) adequate supervision exists to provide a healthy and safe environment in accordance with the New York State Sanitary Code.
- To issue a permit to operate when the required plans and inspection results are satisfactory.
- To investigate reports of serious incidents of injury, illness and all allegations of abuse or maltreatment.
- When requested, to provide parents or guardians of prospective campers an opportunity to review inspection reports and required plans.

SMOKING, VAPING, & ILLEGAL SUBSTANCES

Smoking cigarettes, and/or any electronic nicotine delivery systems (e-cigarettes, JUULs, e-cigars, e-pipes, e-hookahs and Vape pens) is strictly prohibited on our Y camp grounds by campers and camp staff. Substances such as narcotics and alcohol are also prohibited. Individuals who do not comply will be removed immediately from the camp grounds and expelled.

STAFF REQUIREMENTS

All staff are required to participate in extensive camp training prior to camp opening and attend regular staff meetings each week during the summer. All staff are required to take Child Abuse Prevention and Preventing Sexual Harassment courses prior to the camp season. Our Camp Counselors participate in professional development training that meets state licensing requirements. Background checks are performed on all YMCA counselors and staff.

SUNSCREEN & INSECT REPELLENT

We are committed to making sure your camper is safe from the sun and protected from insect bites. Campers should arrive to camp with sunscreen and insect repellent on. We encourage campers to bring spray-on sunscreen and insect repellent each day to camp. We recommend an FDA-approved All Day or Waterproof sunscreen with an SPF 30 or greater. Children will be reminded throughout the day to reapply. Campers must be able to apply sunscreen and repellent themselves and staff will assist young campers as necessary. Parents/guardians will be required to grant permission for staff to assist in application of these products during the online camp registration process.

TICK SAFETY & DAILY CHECKS

At the YMCA, your camper's health and safety are our top priorities. We are mindful of the potential presence of ticks in outdoor environments and encourage all families to check their children thoroughly for ticks each day after camp. Ticks are most commonly found in grassy, wooded, or bushy areas, and can attach to areas such as the scalp, behind the ears, underarms, waistline, and behind the knees. Daily checks help ensure early detection and removal, reducing the risk of tick-borne illnesses. If a tick is found at camp, our trained staff will follow proper procedures and notify families as appropriate.

TRANSPORTATION

Roundtrip Door-to-Door and/or Shuttle Bus Transportation are provided for an additional cost as a service to our camp families to ensure that every child's camp experience begins from the moment they step onto the bus. We work with reputable bus companies to provide our carefully-routed fleet. There will be one (1) child per seat, unless they are from the same cohort/family. Masks will be worn by all times while on a bus.

- Glen Cove Campers: All 3-year olds, or children under 40 lbs., are required to provide a car seat on the bus for the weeks they are enrolled in camp.
- Great South Bay Campers: Must be entering first grade for transportation.
- Huntington Campers: Must be 4-years of age or older. All children under 40lbs., are required to provide a car seat on the bus.
- Patchogue-Roe Campers: Must be entering first grade for transportation.

TRANSPORTATION CONDUCT

Campers are expected to:

- Enter the bus/shuttle in an orderly and quiet manner.
- Sit in assigned seats without reminder.
- Remain seated facing the front of the bus/shuttle at all times.
- Keep hands and all other body parts or objects in the bus/shuttle at all times.
- Be respectful to the driver and other campers at all times.

The bus driver reserves the right to report any conduct that endangers the lives of your child or others.



**YMCA OF LONG
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121 Dosoris Lane,
Glen Cove, NY 11542
ymcali.org