

Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCALI.org

Registration Begins: Monday, April 6, 2026

Spring Session: Sunday, April 19, 2026 - Saturday, June 20, 2026

Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price
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AQUATICS PROGRAMS

INFANT/TODDLER SWIM LESSONS (6 MONTHS-3 YEARS OLD WITH PARENT) Classes meet once per week for 9 weeks FULL PROGRAM

STAGE A Water Discovery	10:30-11:00am		10:00-10:30am	4:30-5:00pm			10:00-10:30am	\$168 \$252
STAGE B Water Exploration	11:00-11:30am	5:00-5:30pm*	10:00-10:30am				10:30-11:00am	\$168 \$149* \$224*

PRESCHOOL SWIM LESSONS (3-5 YEARS OLD) Classes meet once per week for 9 weeks

STAGE 1 Water Acclimation	9:30-10:00am 11:00-11:30am	5:00-5:30pm*	4:45-5:15pm	6:00-6:30pm	11:00-11:30am 5:00-5:30pm		10:00-10:30am 11:30am-12:00pm	\$168 \$149* \$224*
STAGE 2 Water Movement	10:30-11:00am		11:00-11:30am 5:15-5:45pm	4:30-5:00pm	5:30-6:00pm		9:30-10:00am	\$168 \$252
STAGE 3 Water Stamina		4:30-5:00pm*		5:00-5:30pm	4:30-5:00pm		11:00-11:30am	\$168 \$149* \$224*
STAGE 4 Stroke Introduction		4:30-5:00pm*				5:30-6:00pm		\$168 \$149* \$224*

SCHOOL-AGE SWIM LESSONS (5-12 YEARS OLD) Classes meet once per week for 9 weeks FULL PROGRAM

STAGE 1 Water Acclimation	10:00-10:30am			5:00-5:30pm	6:00-6:30pm	4:00-4:30pm	9:30-10:00am	\$168 \$252
STAGE 2 Water Movement	10:00-10:30am	6:00-6:30pm*	5:15-5:45pm		4:30-5:00pm	4:30-5:00pm	11:00-11:30am	\$168 \$149* \$224*
STAGE 3 Water Stamina	9:30-10:00am	5:30-6:00pm*	5:45-6:15pm	6:00-6:30pm	5:00-5:30pm		11:00-11:30am	\$168 \$149* \$224*
STAGE 4 Stroke Introduction	9:00-9:30am		5:45-6:30pm** New	5:30-6:00pm	5:30-6:00pm	5:00-5:30pm	10:30-11:00am	\$168 \$189** \$252 \$284**
STAGE 5 Stroke Development				5:30-6:00pm	6:00-6:30pm	6:00-6:30pm	8:45-9:30am** New	\$168 \$189** \$252 \$284**
STAGE 6 Stroke Mechanics				5:30-6:00pm		6:00-6:30pm	8:45-9:30am** New	\$168 \$189** \$252 \$284**
Sensational Swim Adaptive (4-12 years with parents)							10:30-11:00am	\$168 \$252

*All Monday classes are 8 weeks and end on 6/15 due to pool maintenance. No classes 5/25.

**45 Minute Classes (New)

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TEEN SWIM LESSONS (12-17 YEARS OLD) Classes meet once per week for 9 weeks								FULL PROGRAM
Swim Basics & Strokes Teens	11:30am-12:15pm				7:00-7:45pm			\$189 \$284
ADULT SWIM LESSONS (17+ YEARS OLD) Classes meet once per week for 9 weeks								FULL PROGRAM
Swim Basics Adults 17 years+		6:00-6:45pm*			10:00-10:45am		11:30am-12:15pm	\$168* \$253* \$189 \$284
Swim Strokes Adults 17 years+							11:30am-12:15pm	\$189 \$284
Competition								FULL PROGRAM
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					\$189 \$284
YMCA Swim Team 14 & Under	At Brookhaven Roe YMCA Contact Coach Isabela for a Tryout!				Contact: Isabela Gaskill, Head Coach/Aquatics Coordinator Isabela.Gaskill@ymcali.org			
Leadership								
Aquatic Leaders Club: Lifeguard Prep Ages 11-17 years old			7:00-7:45pm				11:30am-12:15pm	\$189 \$284
Water Fitness								
Aqua Jog		8:30-9:25am*						\$103* \$155*
Aqua Aerobics			8:30-9:25am	8:30-9:25am		8:30-9:25am		\$116 \$174
Aqua Flex & Stretch	8:30-9:25am							\$116 \$174

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Water Fitness: 9 Weeks

Want to try out a Water Fitness Class? Drop in available. Register day of at the welcome desk. **Buy 3 get the 4th FREE!**

Full Membership: \$116

Program Membership: \$174

Swim Lessons: 9 Weeks - 30 Mins

Full Membership: \$168

Program Membership: \$252

Swim Lessons: 9 Weeks - 45 Mins

Full Membership: \$189

Program Membership: \$284

Private Swim Lessons

4-pk (30 mins) \$281

8-pk (30 mins) \$510

**12-pk (30 mins) \$697
(2x a week Lessons)**

Semi-Private Swim Lessons

2-3 participants; similar age & ability

4-pk (30 mins) \$460

8-pk (30 mins) \$857

**12-pk (30 mins) \$1,170
(2x a week Lessons)**

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Contact: Darryl Smith | Darryl.Smith@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	FULL	PROGRAM
YOUTH PROGRAMS – 10 WEEK SESSIONS										
Small Star Basketball 6-8 years old			4:15-5:15pm					\$135	\$203	
All Star & Small Star Volleyball 6-12 years old							12:00-1:00pm	\$135	\$203	
All Star Basketball Clinic 8-12 years old			5:15-6:15pm					\$135	\$203	
Small Star Speed & Agility 6-8 years old		4:30-5:15pm						\$135	\$203	
All Star Speed & Agility 8-12 years old					4:30-5:15pm			\$135	\$203	
All Star Rock Climbing 8-12 years old					6:45-7:30pm			\$135	\$203	
AAU Prep 8-12 years old						4:00-4:45pm		\$135	\$203	
MOVEMENT PROGRAMS – 10 WEEK SESSIONS										
Tumbling 3-5 years old	11:00-11:45am			4:00-4:45pm				\$135	\$203	
Gymnastics 6-8 years old	12:00-1:00pm			5:00-6:00pm				\$135	\$203	
Movers & Makers 9mo-2 years old	10:15-11:00am							\$135	\$203	
FREE YOUTH PROGRAMS										
Sports Sampler 6-12 years old							11:00-11:45am	FREE	FREE	
Running Club 6-12 years old			6:30-7:15pm					FREE	FREE	

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PRE-K PROGRAMS - 5 WEEK SESSIONS								
PeeWee Basketball Ages 3-5						2:30-3:00pm		FULL PROGRAM \$100 \$125
PeeWee Soccer & Hockey Ages 3-5				2:30-3:00pm				\$100 \$125
Pre-K Adventure Ages 3-5		2:30-3:00pm						\$100 \$125

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price
PICKLEBALL CLINICS - 5 WEEK SESSIONS								
Beginner Pickleball Clinic Ages 18+ New players only				9:00-10:00am				FULL PROGRAM \$100 \$150
Pickleball Skills and Thrills Ages 18+ Experienced players only				10:15-11:15am				\$100 \$150

SPRING SPORTS CAMP: RUNS APRIL 3 - 10 | 9:00AM-12:00PM | \$40

Whether your child is just starting out or looking to sharpen their skills, they'll enjoy action-packed mornings filled with games, drills, and team-building activities

ADULT VOLLEYBALL LEAGUE: RUNS MARCH 24 - MAY 12 | 6:30-9:00PM

Join our Volleyball League for a season of fun, competition, and skill-building! Open to players of all levels, this program offers organized weekly games, team play, and a supportive environment to improve and compete.

VOLLEYBALL TOURNAMENT: APRIL 12 | 9:00AM-2:00PM | 18+

Join us for a fun and competitive volleyball tournament open to all skill levels! Teams will compete in exciting matches, with round-robin play leading into elimination rounds.

YMCA DANCE CLASSES

Please Email Darryl Smith to join our Dance Interest List! All Ages!
 Darryl.Smith@YMCAI.org

Holiday Camp Dates: Grades K-6 8:00am-6:00pm | \$80/day April 2, 6-10

Healthy Kids Day April 18, 2026

Come join the fun on April 18 for Healthy Kids Day sponsored by The Peanuts & Gatorade! Enjoy an afternoon of fun, safe, supervised activities that celebrates healthy lifestyles and unleashes the excitement of summer! These events are FREE and open to the public.



Camp Open House Dates:

April 18 (Healthy Kids Day), May 16, & June 6
 10:00am-11:30am



Adventure Zone:

Monday - Friday 4:00-8:00pm, Saturday & Sunday 8:00-1:00pm
 (Subject to change due to rentals)

Rockwall:

Wednesday: 6:30-8:30pm
 Sunday: 1:00-3:00pm