



175^{YEAR} ANNIVERSARY



HEALTHY KIDS DAY[®]

Free & Open to the Community

You are invited to a FREE family event that's open to the whole community for a day of family fun, fitness, nutrition, swimming, games, and more.



JOIN US FOR FAMILY FUN
FROM 12:00-2:00PM



REGISTER NOW!



SATURDAY, APRIL 18, 2026

NATIONAL SPONSORS



Great South Bay YMCA
200 West Main Street Bay Shore, NY 11706



HEALTHY KIDS DAY[®]

SATURDAY, APRIL 18, 2026

Come join the fun on **April 18 from 12:00pm - 2:00pm** at the Great South Bay YMCA for Healthy Kids Day sponsored by The Peanuts & Gatorade! Enjoy an afternoon of fun, safe, supervised activities that celebrates healthy lifestyles and unleashes the excitement of summer! These events are **FREE** and open to the public.

ACTIVITIES 12-2PM

Bounce House
Family Basketball
Arts & Crafts
Scavenger Hunt
CPR/First Aid demonstrations
Playground
Fitness Trail
Yoga: 12:15-12:45 PM
Zumba: 12:45-1:15 PM

VENDORS 12-2PM

106.1BLI
Bango Bowls
Walmart Pharmacy
Bayshore-Brightwaters Library
Tropical Smoothie Cafe
Dance Connection
YMCA Family Services
Home Depot building kits
(while supplies last)
And other local vendors!



Great South Bay YMCA
200 W Main Street
Bay Shore, NY 11706

(631) 665-4255
YMCALI.org