



175<sup>YEAR</sup> ANNIVERSARY



# HEALTHY KIDS DAY<sup>®</sup>

## Free & Open to the Community

You are invited to a FREE family event that's open to the whole community for a day of family fun, fitness, nutrition, swimming, games, and more.



JOIN US FOR FAMILY FUN  
FROM 10:00AM-2:00PM



REGISTER NOW!



SATURDAY, APRIL 18, 2026

NATIONAL SPONSORS



YMCA East Hampton Recenter  
2 Gingerbread Lane East Hampton, NY 11937



# HEALTHY KIDS DAY<sup>®</sup>

**SATURDAY, APRIL 18, 2026**

Come join the fun on **April 18 from 12:00pm - 2:00pm** at the YMCA East Hampton RECenter for Healthy Kids Day sponsored by The Peanuts & Gatorade! Enjoy an afternoon of fun, safe, supervised activities that celebrates healthy lifestyles and unleashes the excitement of summer! These events are **FREE** and open to the public.

## **ACTIVITIES 12-2PM**

**Inflatables**  
**Open swim**  
**Face painting**  
**Arts and Crafts**  
**GAGA**



**YMCA East Hampton RECenter**  
2 Gingerbread Lane  
East Hampton, NY 11937

**(631) 329-6884**  
**YMCALI.org**