

# Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCAli.org

**Registration Begins:** Monday, January 26, 2026  
**Winter Session:** Sunday, Feb. 8, 2026 – Saturday, April 18, 2026  
**Contact:** Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org  
 No class 4/3-4/5

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price
<b>AQUATICS PROGRAMS</b>								
STAGE A Water Discovery (6 months–3 years old with Parent)	10:30-11:00am		10:00-10:30am	4:30-5:00pm			10:00-10:30am	\$168 \$252
STAGE B Water Exploration (6 months–3 years old with Parent)		5:00-5:30pm	10:00-10:30am				10:30-11:00am	\$168 \$252
STAGE 1 Preschool Water Acclimation (Ages 3-5 years old)	9:30-10:00am 11:00-11:30am	5:00-5:30pm		6:00-6:30pm	11:00-11:30am 5:00-5:30pm		10:00-10:30am	\$168 \$252
STAGE 2 Preschool Water Movement (Ages 3-5 years old)	10:30-11:00am		11:00-11:30am 5:15-5:45pm	4:30-5:00pm	5:30-6:00pm		9:30-10:00am	\$168 \$252
STAGE 3 Preschool Water Stamina (Ages 3-5 years old)				5:00-5:30pm	4:30-5:00pm		11:00-11:30am	\$168 \$252
STAGE 4 Preschool Stroke Introduction (Ages 3-5 years old)						5:30-6:00pm		\$168 \$252
STAGE 1 School Age Water Acclimation (Ages 5-12 years old)	10:00-10:30am			5:00-5:30pm	6:00-6:30pm	4:00-4:30pm	9:30-10:00am	\$168 \$252
STAGE 2 School Age Water Movement (Ages 5-12 years old)	10:00-10:30am	6:00-6:30pm	5:15-5:45pm		4:30-5:00pm	4:30-5:00pm	11:00-11:30am	\$168 \$252

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FULL PROGRAM								
STAGE 3 School Age Water Stamina (Ages 5-12 years old)	9:30-10:00am	5:30-6:00pm	5:45-6:15pm	6:00-6:30pm	5:00-5:30pm		11:00-11:30am	\$168 \$252
STAGE 4 School Age Stroke Introduction (Ages 5-12 years old)	9:00-9:30am		5:45-6:15pm	5:30-6:00pm		5:00-5:30pm	10:30-11:00am	\$168 \$252
STAGE 5 School Age Stroke Development (Ages 5-12 years old)				5:30-6:00pm	6:00-6:30pm		9:00-9:30am	\$168 \$252
STAGE 6 School Age Stroke Mechanics (Ages 5-12 years old)				5:30-6:00pm			9:00-9:30am	\$168 \$252
Sensational Swim Special Needs (4-12 years with parents)							10:30-11:00am	\$168 \$252
Swim Basics & Strokes Teens 12-17 years old			4:30-5:15pm		7:00-7:45pm			\$189 \$284
Swim Basics Adults 17 years+		6:00-6:45pm			10:00-10:45am		11:30am-12:15pm	\$189 \$284
Swim Strokes Adults 17 years+							11:30am-12:15pm	\$189 \$284
<b>Competition</b>								
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					\$189 \$284
YMCA Swim Team 14 & Under	At Brookhaven Roe YMCA Contact Coach Isabela for a Tryout!				Contact: Isabela Gaskill, Head Coach/Aquatics Coordinator Isabela.Gaskill@ymcali.org			

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FULL PROGRAM								
<b>Leadership</b>								
Aquatic Leaders Club: Lifeguard Prep Ages 11-17 years old			7:00-7:45pm				11:30am-12:15pm	\$189    \$284
<b>Water Fitness</b>								
Aqua Jog		8:30-9:25am						\$116    \$174
Aqua Aerobics			8:30-9:25am	8:30-9:25am		8:30-9:25am		\$116    \$174
Aqua Flex & Stretch (Starts 2/15 - 8 weeks)	8:30-9:25am							\$103    \$155

## Swim Lessons

9 weeks - 30 minutes

**Full Member: \$168** **Program Member: \$252**

9 weeks - 45 minutes

**Full Member: \$189** **Program Member: \$284**

## Water Fitness - 9 weeks

**Full Member: \$116** **Program Member: \$174**

Want to try out a Water Fitness class?  
 Drop in available! Register day of at  
 welcome desk. Buy 3, get the 4th FREE!

## Private Swim Lessons

**4-pk (30 mins) \$281**

**8-pk (30 mins) \$510**

**12-pk (30 mins) \$697**  
**(2X a week lessons)**

## Semi-Private Swim Lessons

2-3 participants; similar age & ability

**4-pk (30 mins) \$460**

**8-pk (30 mins) \$857**

**12-pk (30 mins) \$1,170**  
**(2X a week lessons)**

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**Contact:** Darryl Smith | Darryl.Smith@ymcaali.org

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price
<b>YOUTH PROGRAMS - 10 WEEK SESSIONS</b>								
Small Stars Basketball Clinic & More 6-8 years old			4:30-5:15pm					\$135 \$203
All Star Basketball Clinic 8-12 years old			5:15-6:15pm					\$135 \$203
All Star & Small Star Volleyball 6-12 years old							12:00-12:45pm	\$135 \$203
Small Star Soccer Ages 6-8							11:30am-12:00pm	\$135 \$203
<b>MOVEMENT PROGRAMS - 10 WEEK SESSIONS</b>								
Tumbling Ages 3-5	11:00-11:45am			4:00-4:45pm				\$135 \$203
Gymnastics Ages 6-8	12:00-1:00pm			5:00-6:00pm				\$135 \$203
<b>PRE-K PROGRAMS - 5 WEEK SESSIONS</b>								
PeeWee Basketball Ages 3-5						2:30-3:00pm		\$100 \$150
PeeWee Soccer Ages 3-5				2:30-3:00pm				\$100 \$150
PeeWee Hockey Ages 3-5					2:30-3:00pm			\$100 \$150
Pre-K Adventure Ages 3-5		2:30-3:00pm						\$100 \$150
<b>PICKLEBALL CLINICS - 5 WEEK SESSIONS</b>								
Beginner Pickleball Clinic Ages 18+ New players only				9:00-10:00am				\$100 \$150
Pickleball Skills and Thrills Ages 18+ Experienced players only				10:15-11:15am				\$100 \$150

## YMCA Dance Classes

Please Email Darryl Smith to join our  
 Dance Interest List! All Ages!  
 Darryl.Smith@YMCAli.org

## Adventure Zone:

Monday - Friday 4:00-8:00pm, Saturday & Sunday 8:00-1:00pm  
 (Subject to change due to rentals)

## Rockwall:

Wednesday: 6:30-8:30pm  
 Sunday: 1:00-3:00pm