

# 2024

# POWER IN UNITY

the  **ANNUAL REPORT**  
FIND YOUR COMMUNITY! FIND YOUR Y!





# FIND YOUR Y!

As we reflect on 2024, we are filled with gratitude and pride for all that we've accomplished together. This year has been a testament to the power of community, partnership, and purpose — values that have guided the YMCA of Long Island for over a century on Long Island.

In 2024, we expanded access to critical programs and services across our branches. From teaching thousands of children lifesaving swim skills, to launching new youth sports clinics, to deepening our commitment to health and wellness for all ages and abilities, we remained focused on meeting the evolving needs of our diverse community.

We're especially proud of our continued investment in safe spaces for youth — including our day camps, enrichment programs, and teen leadership initiatives — where young people can build confidence, character, and connections. At the same time, we strengthened our support for seniors, families, and individuals navigating health challenges through programs like LIVESTRONG at the YMCA, fall prevention classes, and personalized wellness support.

None of this would be possible without the unwavering support of our donors, members, volunteers, partners, and staff. Your generosity and belief in our mission allow us to respond to challenges, seize opportunities, and reimagine what is possible for the communities we serve.

Looking ahead, we are energized by the possibilities. As we continue to innovate, grow, and expand access to Y programs and services, we remain committed to creating lasting impact for generations to come. Thank you for being part of our YMCA family. Together, we are building stronger, healthier communities across Long Island.

With appreciation,

**ANNE N. BRIGIS**  
PRESIDENT & CEO

**GORDON M. SIESS**  
CHAIRMAN

## YOUTH DEVELOPMENT

### NURTURING POTENTIAL

The YMCA of Long Island remains steadfast in its commitment to empowering our youth, laying the foundation for a generation that is resilient, confident, and equipped with the skills necessary to navigate life successfully. Through a diverse array of programs, childcare, after-school programs, summer day camp, we seek to create an environment where young people thrive emotionally, socially, and academically regardless of background or circumstance.

### HEALTHY KIDS DAY®: Empowering Families, Strengthening Communities

Healthy Kids Day is a signature event held annually by YMCAs nationwide to inspire healthy habits in kids and families. In 2024, the YMCA of Long Island brought this mission to life across our local branches through fun, educational events featuring physical activities, arts and crafts, nutritious snacks, health screenings, and more. Our branches partnered with local community organizations, healthcare providers, and volunteers to create interactive experiences that highlighted the importance of physical activity, nutrition, and family connection. We're especially grateful to Peanuts Worldwide, our national sponsor, whose support helped us engage hundreds of families across Long Island in this impactful day of wellness and play.

### OUR CHILD CARE PROGRAMS CONTINUE TO GROW!

We are now proudly serving more than 3,000 young Long Islanders through our Preschool, Universal Pre-K (UPK), School-Age Child Care – Before and After School programs, and a wide range of Enrichment offerings. This year, we've strengthened partnerships with 10 school districts across Long Island, and we're continuing to meet the evolving needs of families in our communities.

We launched new UPK programs in Cold Spring Harbor, serving 36 children, and in Central Islip, where we're now reaching 54 children. In Farmingdale, our program expanded significantly, and we are now serving 154 children—126 in full-day and 28 in half-day classes. We also saw growth in Bayport-Blue Point, where enrollment doubled from 18 to 36 children, and in North Shore, where we increased capacity from 54 to 72 children. These milestones reflect our commitment to expanding access to quality education and care for children across Long Island.



### SWIM LESSONS A Lifesaving Skill for Life

At the YMCA of Long Island, we believe every child deserves the opportunity to learn how to swim. Taught by certified Y instructors, our swim lessons do more than teach technique—they build confidence, ensure safety, and equip individuals with skills that can save lives. In 2024, with the support of partners and donors, we continue to expand access to swim instruction across our communities, ensuring water safety is a right—not a privilege. Special thanks to Step into Swim and Stew Leonard III Water Safety Foundation for their generous support in providing swim lessons for families in need.



### PRE-TEEN NIGHTS Safe Spaces, Stronger Connections

YMCA Pre-Teen Nights provide young people with a safe, supervised space to have fun, be active, and build friendships. These free monthly events are designed to engage pre-teens in positive social activities—including games, sports, music, and creative projects—while encouraging independence and self-confidence. In 2024, our Y locations across Long Island welcomed hundreds of participants, offering an inclusive environment where every child feels they belong.



# HEALTHY LIVING

For the YMCA of Long Island, focusing on healthy living encompasses a comprehensive approach to promoting well-being among individuals and the community. In 2024, we addressed various facets of well-being, fostering a culture where individuals and the community as a whole can lead fulfilling, healthy lives.

## ACTIVE OLDER ADULTS DAY Celebrating Wellness At Every Age

On Wednesday, May 29, the YMCA of Long Island proudly hosted Active Older Adults Day across five branches—Bay Shore, East Hampton, Glen Cove, Huntington, and Patchogue. This free community event welcomed local seniors for an afternoon dedicated to health, connection, and fun. Participants enjoyed group fitness classes tailored to older adults, free health screenings, social activities, and opportunities to engage with others in a supportive environment. Events like these reinforce our commitment to healthy living and social connection for every generation.



## CHRONIC DISEASE PREVENTION & RECOVERY PROGRAMS

Through our Chronic Disease Prevention & Recovery Programs, the YMCA of Long Island remains dedicated to providing exceptional care and concern for our senior members. Our branches continue to offer tailored programs aimed at preventing and managing chronic diseases, ensuring our community members can live healthier, happier lives. Whether it's through exercise, nutrition guidance, or educational workshops, we're committed to supporting individuals in their journey towards improved health and well-being.



## BRAINSAVERS PROGRAM Piloting a Holistic Approach to Healthy Aging

In 2024, the YMCA of Long Island proudly piloted and launched BrainSavers, an innovative, research-backed program designed to support vibrant aging through a holistic focus on both cognitive and physical wellness. This instructor-led program integrates six key elements—cognitive fitness, social engagement, healthful nutrition, physical fitness, and stress management—to help participants enhance mental sharpness, physical vitality, and overall quality of life. Successfully piloted at select branches, BrainSavers has since expanded throughout our YMCA of Long Island locations, providing older adults with the tools and community support to maintain independence and thrive.



## ADULT SPORTS PROGRAMS Promoting Health and Connection

In 2024, the YMCA of Long Island continued to provide a variety of adult sports programs designed to promote physical activity, social connection, and overall wellness. Our volleyball, basketball, and pickleball leagues and drop-in sessions welcomed participants of all skill levels across multiple branches. These programs foster community engagement, encourage healthy lifestyles, and offer adults opportunities to stay active in a supportive and inclusive environment.



# SOCIAL RESPONSIBILITY

At the YMCA of Long Island, we believe it is our responsibility and mission to give back to the communities we serve and make a difference in people's lives. In 2024, we were able to partner with organizations to help bring activities and opportunities to our communities.

## ANNUAL FUNDRAISING DINNER

Our YMCA at Glen Cove held its 4th Annual Fall Fundraising Dinner at the Knights of Columbus in October. The event included a reverse raffle with proceeds benefitting our YMCA Scholarship fund and program services.



## FOOD DISTRIBUTION EVENT

Our Patchogue Family YMCA continues to provide fresh food to local families experiencing food insecurity each month in our Y Community Food Distribution Event. In addition, island wide efforts to collect food during the holiday season for families in need benefitted Long Island Cares, Island Harvest and the Porch Pantry.

memorable celebration for all who attended.



## MEMORIAL DAY CARNIVAL

The Huntington YMCA hosted its annual Memorial Day Weekend Carnival from May 24 to 27, bringing together families for four days of exciting activities and community fun. Partnering with Newton Shows, the carnival raised approximately \$65,000 to support camp scholarships and program services. Highlights included a captivating Magic Show, Character Meet & Greets, and live performances by local bands, creating a vibrant and





# BRANCH 5K EVENTS

In 2024, the YMCA of Long Island successfully held its 7th Annual 5K Series Run/Walk for a Cause, raising more than \$114,000 to support multiple programs throughout Long Island communities. We are deeply grateful to our generous series sponsors, including Mrs. Linda Armyn and Bethpage Federal Credit Union, who served as our Platinum Sponsors. Thank you to our Silver Series Sponsors, Freemotion and Ivy Rehab Physical Therapy. Additionally, we thank our partners and event sponsors, including EliteFeats, whose dedication and support make this important community series possible each year.



## PATCHOGUE FAMILY YMCA

Our Patchogue Family YMCA 5K honored Rob Cutrone raising funds to support the YMCA Community Food Distribution program to provide fresh, nutritious food to local families in need.

## HUNTINGTON YMCA

The Huntington YMCA 5K in Memory of Marcie Mazzola supported families in need with camp scholarships and support services.

## YMCA AT GLEN COVE

Our YMCA at Glen Cove 5K in Memory of Nicole Karousos provided access to the Y's healthy living and youth programs and support to families in need.

## GREAT SOUTH BAY YMCA

The Great South Bay YMCA 5K in Memory of Judi supported local families impacted by breast cancer with programs and support services.

## YMCA EAST HAMPTON RECENTER

In 2024, our YMCA East Hampton Recenter held their 2nd annual 5K. Proceeds benefited local individuals and families in need with access to the Y's healthy living, youth programs and support services.

# YMCA SWIM TEAMS EXCEL AT NYS CHAMPIONSHIP

On March 2024, the Huntington YMCA Bluefish Swim Team and the YMCA East Hampton Hurricanes Swim Team showcased outstanding performances at the New York States YMCA Swim Championships, earning first and second place respectively. The Huntington Bluefish team was officially honored by the Town of Huntington for their first-place victory, with a proclamation presented by Town Supervisor Ed Smyth and Councilwoman Brook A. Lupinacci. Many Bluefish swimmers began their aquatic journey through the YMCA's swim lessons program, embodying a lifelong commitment to the Y. "We applaud the level of commitment, dedication, discipline, and focus each of these young swimmers bring to the pool each and every day, and we couldn't be prouder of their success," said Anne Brigris, President & CEO of the YMCA of Long Island. The YMCA East Hampton Hurricanes placed second in 2024, following their first-place finish in 2023, demonstrating consistent excellence and growth. Meanwhile, the Patchogue Family YMCA Piranhas Swim Team embarked on their second season, showing promising development and enthusiasm as they continue to grow. The YMCA of Long Island swim teams have long been recognized for fostering athletic excellence, sportsmanship, and community engagement. Their continued success at state championships affirms their position among the top competitive swim teams in the region.







## 2024 YMCA OF LONG ISLAND GOLF CLASSIC

The YMCA of Long Island Annual Golf Classic Tee Up For Kids honored Christopher Capece, President, Heatherwood on Thursday, September 19, 2024. This event raised over \$310,000 to provide local families in need the ability to experience the magic of our YMCA Summer Day Camp. Each year, our Golf Classic Series benefits our Send a Kid To Camp campaign and program services.





# GREAT SOUTH BAY YMCA GOLF CLASSIC

On July 22, our Great South Bay YMCA Golf Classic held at the Southward Ho Country Club honored Frank Malpigli, raising more than \$71,000 to support families in need with summer camp and support services.



# PATCHOGUE FAMILY YMCA GOLF CLASSIC

Our Patchogue Family Golf Classic was held on June 10, honoring Michael Cirigliano, Cirigliano Agency. The event generated \$53,000 for summer camp scholarships and support services.



# CAMP LIFE IS THE BEST LIFE!

Attending camp is often a life-changing experience for children. In 2024, our camp provided a safe and welcoming space where kids could grow, explore, and connect. Campers formed meaningful friendships and developed important social and emotional skills. Through creative activities, team games, and time spent in nature, they learned how to collaborate, problem-solve, and express themselves. The mix of structured programs and free time allowed children to build confidence and discover new interests. With help from generous donors, we are able to share the magic of camp with kids in our Long Island community who need it most.



# HUNTINGTON YMCA GOLF/TENNIS CLASSIC

The Huntington YMCA Golf Classic and Tennis Event on Sept.16 at the Huntington Country Club honored Steven H. Palacios, Palacios Law Group. This combo sports event included special on-course activities and challenges raising more than \$62,000 for our Send A Kid To Camp Campaign and program services.





# STATEMENT OF ACTIVITIES

For the year ended December 31, 2024

Revenues and Other Support:	Without Donor Restrictions	With Donor Restrictions	Total
Government grants and contracts	\$ 3,273,679	\$ -	\$ 3,273,679
Program Services	25,343,428	-	25,343,428
Participating memberships	10,317,227	-	10,317,227
Contributions	92,156	1,145,647	1,237,803
Contributions of nonfinancial assets	776,457	-	776,457
Special events, net	-	691,436	691,436
United Way and other community funds	19,495	-	19,495
Facility usage and other income	266,265	-	266,265
Net assets released from donor restrictions	2,085,097	(2,085,097)	-
<b>Total Revenues and Other Support</b>	<b>42,173,804</b>	<b>(248,014)</b>	<b>41,925,790</b>
<b>Expenses:</b>			
<b>Program services:</b>			
Multi-services branches	\$ 36,095,565	-	\$ 36,095,565
Family services branch	1,447,059	-	1,447,059
<b>Total Program Services</b>	<b>37,542,624</b>	<b>-</b>	<b>37,542,624</b>
<b>Supporting services:</b>			
Fundraising	625,054	-	625,054
General and administrative	4,161,778	-	4,161,778
<b>Total Supporting Services</b>	<b>4,786,832</b>	<b>-</b>	<b>4,786,832</b>
<b>Total Expenses</b>	<b>42,329,456</b>	<b>-</b>	<b>42,329,456</b>
Increase (Decrease) in Net Assets from Operations	(155,652)	(248,014)	(403,666)
<b>Net Non-Operating Activities:</b>			
Net investment returns	2,071,551	85,234	2,156,785
Gain on disposal of fixed assets	20,210	-	20,210
Change in value of perpetual trust	-	168,689	168,689
<b>Net Non-Operating Activities</b>	<b>2,091,761</b>	<b>253,923</b>	<b>2,345,684</b>
<b>Changes in Net Assets</b>	<b>1,936,109</b>	<b>5,909</b>	<b>1,942,018</b>
<b>Net Assets, beginning of year</b>	<b>58,429,379</b>	<b>\$9,892,241</b>	<b>68,321,620</b>
<b>Net Assets, end of year</b>	<b>\$60,365,488</b>	<b>\$9,898,150</b>	<b>\$70,263,638</b>

## YMCA OF LONG ISLAND COMMUNITY BENEFIT & SCHOLARSHIP ASSISTANCE JANUARY TO DECEMBER 2024

	Adult Scholarships	Child Scholarships	Financial Value
<b>Full Membership</b>	<b>267</b>	<b>1,519</b>	<b>\$368,826</b>
<b>Basic Membership</b>	<b>3</b>	<b>7</b>	<b>\$342</b>
<b>Program Scholarships</b>			
Day Camp	0	685	\$403,002
Child Care	0	1,108	\$352,217
Aquatics	1	79	\$10,280
Counseling	1,762	0	\$93,705
Teen Center	0	1,150	\$23,000
Youth Sports & Fitness	0	17	\$1,526
Other	0	76	\$0
<b>Total</b>	<b>2,033</b>	<b>4,641</b>	<b>\$1,252,898</b>

## YMCA OF LONG ISLAND 2024 CONSTITUENCY

	Male	Females
Pre-Schoolers	2,481	2,439
Elementary Schoolers	4,255	3,859
Jr./Sr. High Schoolers	3,192	2,270
Young Adults	4,268	3,652
Adults (30-53 years)	5,052	5,696
Adults (55-64 years)	2,221	2,681
Adults (65- and over)	3,962	4,934
<b>Total</b>	<b>25,431</b>	<b>25,531</b>

A total of **50,962** Long Islanders called us their Y in 2024

YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, P.C. are available upon request. The YMCA of Long Island, Inc. is not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.

A STRONG FINANCIAL  
BASE ENABLES THE  
Y TO FULFILL ITS  
MISSION OF  
IMPROVING  
THE LIVES OF  
LONG  
ISLANDERS






# IMPACT BY-THE-NUMBERS

392  
PRESCHOOL

854  
UNIVERSAL PRE-K



CHILDREN LEARNING & DEVELOPING  
THEIR SOCIAL SKILLS IN A SAFE  
AND HEALTHY ENVIRONMENT

3,976



SWIM LESSONS & WATER SAFETY  
SKILLS PROVIDED TO LONG ISLANDERS

1,143



CHILDREN PARTICIPATED  
IN Y SPORTS PROGRAMMING


351



CHILDREN RECEIVED HOLIDAY  
& SCHOOL BREAK CHILDCARE  
SERVICES

1,308  
BEFORE SCHOOL

2,135  
AFTER SCHOOL



CHILDREN SERVED IN BEFORE  
& AFTER SCHOOL PROGRAM

183



LIFEGUARD TRAINING  
CLASS PARTICIPANTS

50,962



LONG ISLANDERS CALLED US  
THIER Y!

3,167



CAMPERS LEARNED NEW  
SKILLS, BUILT CONFIDENCE &  
MADE NEW FRIENDS

# THANK YOU TO OUR DONORS

## FOR YOUR GENEROUS CONTRIBUTIONS!

This list recognizes total giving from January 1, 2024 to December 31, 2024.

### CHAMPIONS (\$100,000+)

The Rauch Foundation

### BUILDERS (\$50,000-\$99,999)

Amazon  
Bethpage Federal Credit Union  
Capece-Picone Family  
Judy Jorge / Arlindo & Evelyn Jorge  
Family Foundation

### LEADERS (\$25,000-\$49,999)

Friend of the Y-Long Island Community  
Foundation  
Malcolm & Madeline King

### FOUNDERS (\$10,000-\$24,999)

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Anonymous  
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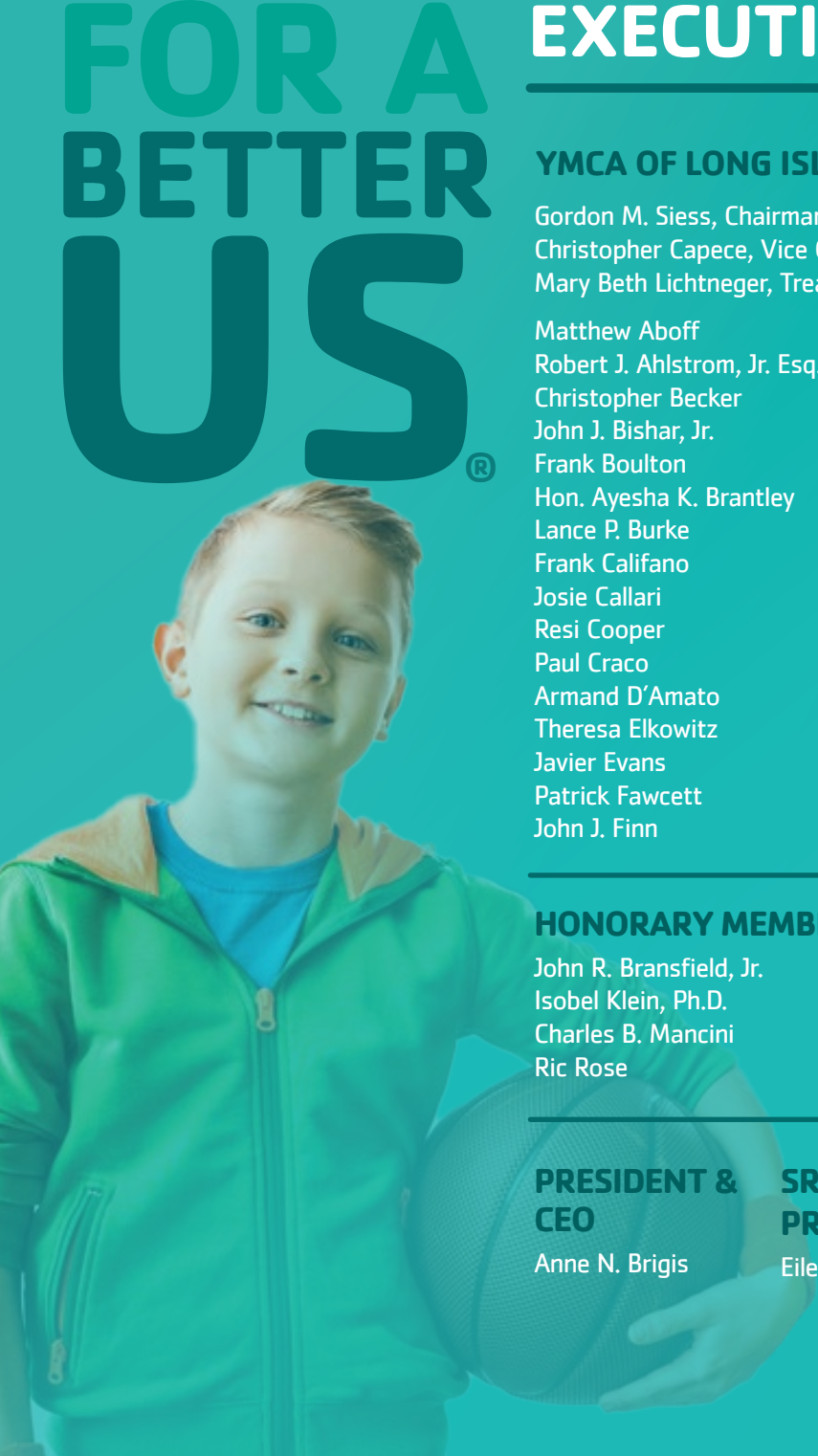
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# LONG ISLAND LOCATIONS

## FACILITIES & SUMMER CAMP SITES

### ADULTS AND CHILDREN WITH LEARNING AND DEVELOPMENT DISABILITIES (ALCD)

(Summer Camp site only: Great South Bay)  
67 Greenwood Road, Bay Shore, NY 11706  
(631) 665-4255

### BROOKHAVEN ROE Y CENTER

155 Buckley Road, Holtsville, NY 11742  
(631) 289-4440

### DENTON AVE SCHOOL

(Summer Camp site only: Herricks Summer Rec)  
1050 Denton Avenue, New Hyde Park, NY 11040  
(516) 305-8400

### GREAT SOUTH BAY YMCA

200 West Main Street, Bayshore, NY 11706  
(631) 665-4255

### HERRICKS MIDDLE SCHOOL

(Summer Camp site only: Herricks Summer Rec)  
7 Hilldale Drive, Albertson, NY 11507  
(516) 305-8600

### HUNTINGTON YMCA

60 Main Street, Huntington, NY 11743  
(631) 421-4242

### PATCHOGUE FAMILY YMCA

225 West Main Street, Patchogue, NY 11772  
(631) 891-1800

### YMCA AT GLEN COVE

125 Dosoris Lane, Glen Cove, NY 11542  
(516) 671-8270

### JOHN M. MARSHALL ELEMENTARY SCHOOL

(Summer Camp site only: East Hampton)  
3 Gingerbread Lane, East Hampton, NY 11937  
(631) 329-6884

### YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937  
(631) 329-6884

## COUNSELING SITE

### YMCA FAMILY SERVICES

1150 Portion Road, Suite 6, Holtsville, NY 11742  
631-580-7777

### ASSOCIATION SERVICES HEADQUARTERS

121 Dosoris Lane, Glen Cove, NY 11542  
(516) 674-8091

## YMCA OF LONG ISLAND, INC.

## NASSAU COUNTY OFF-SITE CHILDCARE SITES

### ALBANY AVENUE

101 North Albany Avenue,  
North Massapequa, NY 11758  
(631) 421-4242

### BIRCH LANE SCHOOL

41 Birch Lane, Massapequa Park, NY 11762  
(631) 665-4255

### CLEAR STREAM AVENUE

### ELEMENTARY SCHOOL

60 Clearstream Avenue, Valley Stream, NY 11580  
(516) 671-8270

### EAST LAKE ELEMENTARY

154 East Lake Avenue, Massapequa Park, NY  
11762

(631) 665-4255

### FAIRFIELD ELEMENTARY SCHOOL

330 Massapequa Avenue, Massapequa, NY 11758  
(631) 665-4255

### FOREST ROAD ELEMENTARY SCHOOL

16 Forest Road, Valley Stream, NY 11581  
(516) 671-8270

### GARDEN CITY PARK SCHOOL

51 Central Avenue, New Hyde Park, NY 11040  
(516) 671-8270

### GLEN HEAD ELEMENTARY SCHOOL

7 School Street, Glen Head, NY 11545  
(516) 277-7700

### GLENWOOD LANDING ELEMENTARY SCHOOL

60 Cody Avenue, Glen Head, NY 11545  
(516) 277-7600

### HILLSIDE GRADE SCHOOL

150 W. Maple Drive, New Hyde Park, NY 11040  
(516) 671-8270

### JOHN P. MCKENNA ELEMENTARY SCHOOL

210 Spruce Street, Massapequa Park, NY 11762  
(631) 665-4255

### MANOR OAKS SCHOOL

1950 Hillside Avenue, New Hyde Park, NY 11040  
(516) 671-8270

### NEW HYDE PARK ROAD SCHOOL

300 New Hyde Park Road, New Hyde Park, NY  
11040

(516) 671-8270

### NORTHSIDE ELEMENTARY SCHOOL

55 Powell Place, Farmingdale, NY 11735  
(631) 421-4242

### RAYMOND J. LOCKHART

### ELEMENTARY SCHOOL

199 Pittsburgh Avenue, Massapequa NY 11758  
(631) 665-4255

### SHAW AVENUE ELEMENTARY SCHOOL

99 Shaw Avenue, Valley Stream, NY 11580  
(516) 671-8270

### UNQUA ELEMENTARY SCHOOL

350 Unqua Road, Massapequa, NY 11758  
(631) 665-4255

### WEST SIDE SCHOOL

1597 Laurel Hollow Road, Syosset, NY 11791  
(516) 692-7900

### WOODWARD PARK ELEMENTARY SCHOOL

95 Woodward Parkway, Farmingdale, NY 11735  
(516) 434-5810

## SUFFOLK COUNTY OFFSITE CHILDCARE SITES

### BAY SHORE UNIVERSAL PRE-K

70 Brentwood Road, Bay Shore, NY 11706  
(631) 421-4242

### COUNTRYWOOD PRIMARY SCHOOL

499 Old Country Road, Huntington Station, NY  
11743  
(631) 421-4242

### GOOSE HILL PRIMARY SCHOOL

75 Goose Hill Road, Cold Spring Harbor, NY 11724  
(631) 421-4242

### OAKWOOD PRIMARY CENTER

264 W. 22nd Street, Huntington, NY 11743  
(631) 421-4242

### SALTZMAN EAST MEMORIAL SCHOOL

25 Mill Lane, Farmingdale, NY 11735  
(516) 434-5710

### SOUTH HAVEN EARLY CHILDHOOD CENTER

2714 Montauk Highway, Brookhaven, NY 11719  
(516) 730-2180

### SOUTHDOWN PRIMARY SCHOOL

Browns Road, Huntington, NY 11743  
(631) 421-4242

### SYLVAN ELEMENTARY SCHOOL

600 Sylvan Avenue, Bayport, NY 11705  
(631) 472-7840

### WASHINGTON PRIMARY SCHOOL

78 Whitson Road, Huntington Station, NY 11746  
(631) 421-4242



# YMCA OF LONG ISLAND, INC.

121 Dosoris Lane, Glen Cove, NY 11542

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