







YOUR MEMBERSHIP MEANS MORE

With a focus on developing the potential of children, improving personal health and well-being, and helping our society, your membership provides meaningful change, not just within yourself but in your community too.

YOUTH DEVELOPMENT I

- Swim Lessons
- Youth Sports & Movement
- Enrichment Programs
- Family Activities

HEALTHY LIVING 1

- Group Fitness Classes
- Fitness Centers
- Aquatics
- Adults Sports & Recreation
- Chronic Disease Prevention & Recovery Program
- Personal & Small Group Training
- Mental Health Services

- Fitness Challenges and Events
- YMCA360 Livestream and On-Demand Fitness Classes

YMCA360

Take the Y with you anywhere you go! The YMCA360 workout platform brings all your favorite workouts to any device. Livestream or on-demand classes are exclusively for our YMCA of Long Island Members.

SOCIAL RESPONSIBILITY

- Financial Assistance & Scholarships
- Water Safety & Drowning Prevention
- Partnership with Healthcare Providers
- Health & Wellness Fairs

- Diversity & Inclusion Programs
- Teen Programs & Workshops
- Community Partnerships
- Community Events





Membership Category	Program Member Annual Rate	Full Member Monthly Rate
Youth Membership Options	(Ages 6 months to 12 years old)	
Youth 1 Full Membership for one (1) child.	\$120	\$30
Youth 2 Full Membership for two (2) children.	\$240	\$50
Youth 3 Full Membership for three (3) children.		\$70
Youth 4 Full Membership for four (4) children.		\$90
Program Membership provides access to register for YMCA youth sports, summer camp & enrichment classes without		
Teen/Young Adult Options (Ages 1)	3 months to 26 years old)	
Teen/Young Adult 1 Full Membership for	r one (1) Teen/Young Adult.	\$45
Teen/Young Adult 2 Full Membership for two (2) Teens/Young Adults.		\$80
Adult (Ages 27-61 years old)		\$77
2 Adults Adults must reside in the same household. (Ages 27-61 years old)		\$106
Senior Adult* (Ages 62+ years old)		\$61
2 Senior Adults* Adults must reside in the same household. (Ages 62+ years old)		\$92
Household I 1 adult + dependents under 27 years of age living in the same household.		\$91
Household II 4 adults + dependents under 27 years of age living in the same household.		\$117

GUEST FEES

JOINER FEE

Full Facility Use: Adults Ages 18+ **\$25** per person per day. Applies to new members only.

\$75 per adult. \$75 per adult. \$25 per youth, student & young adult.

OVER 90 CLUB!

Members over 90 years of age receive a complimentary Y membership. Visit Member Services for more information.

FINANCIAL ASSISTANCE

Financial assistance is available for those who meet income requirements. Learn more at YMCALI.org/financialassistance.

NATIONWIDE MEMBERSHIP

Full facility members can enjoy nationwide membership at any participating Y in the United States. Some restrictions apply. Visit Member Services for more information.

MEMBER REFERRAL PROGRAM

Refer someone you know to join the Y and enjoy the benefit of working out with a buddy and earn yourself **ONE FREE MONTH** of membership. Visit Member Services for details.



