



YOUR MEMBERSHIP MEANS MORE

With a focus on developing the potential of children, improving personal health and well-being, and helping our society, your membership provides meaningful change, not just within yourself but in your community too.

YOUTH DEVELOPMENT

- Swim Lessons
- Youth Sports & Movement
- Enrichment Programs
- Family Activities

HEALTHY LIVING

- Group Fitness Classes
- Fitness Centers
- Aquatics
- Adults Sports & Recreation
- Chronic Disease Prevention & Recovery Program
- Personal & Small Group Training
- Mental Health Services

- Fitness Challenges and Events
- YMCA360 Livestream and On-Demand Fitness Classes

YMCA360

Take the Y with you anywhere you go! The YMCA360 workout platform brings all your favorite workouts to any device. Livestream or on-demand classes are exclusively for our YMCA of Long Island Members.

SOCIAL RESPONSIBILITY

- Financial Assistance & Scholarships
- Water Safety & Drowning Prevention
- Partnership with Healthcare Providers
- Health & Wellness Fairs
- Diversity & Inclusion Programs
- Teen Programs & Workshops
- Community Partnerships
- Community Events



Great South Bay YMCA
200 W Main Street
Bay Shore, NY 11706

**855-2YMCA
YMCAI.org**



2026 MEMBERSHIP RATES

Great South Bay YMCA

Membership Category	Program Member	Full Member
	Annual Rate	Monthly Rate

Youth Membership Options (Ages 6 months to 12 years old)

Youth 1	Full Membership for one (1) child.	\$120	\$30
Youth 2	Full Membership for two (2) children.	\$240	\$50
Youth 3	Full Membership for three (3) children.		\$70
Youth 4	Full Membership for four (4) children.		\$90

Program Membership provides access to register for YMCA programs such as swim lessons, youth sports, summer camp & enrichment classes without a full facility membership.

Teen/Young Adult (Ages 13–26 years old)	\$45
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Adult (Ages 27–61 years old)	\$77
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2 Adults Adults must reside in the same household. (Ages 27–61 years old)	\$106
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Senior Adult* (Ages 62+ years old)	\$61
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2 Senior Adults* Adults must reside in the same household. (Ages 62+ years old)	\$92
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Household I 1 adult + dependents under 27 years of age living in the same household.	\$91
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Household II 4 adults + dependents under 27 years of age living in the same household.	\$117
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GUEST FEES

Full Facility Use:
Adults Ages 18+
\$25 per person per day.

JOINER FEE

\$75 per adult.
\$25 per youth, student & young adult.
Applies to new members only.

OVER 90 CLUB!

Members over **90 years** of age receive a complimentary Y membership. Visit Member Services for more information.

FINANCIAL ASSISTANCE

Financial assistance is available for those who meet income requirements. Learn more at [YMCAI.org/financialassistance](https://ymcali.org/financialassistance).

NATIONWIDE MEMBERSHIP

Full facility members can enjoy nationwide membership at any participating Y in the United States. Some restrictions apply. Visit Member Services for more information.

MEMBER REFERRAL PROGRAM

Refer someone you know to join the Y and enjoy the benefit of working out with a buddy and earn yourself **ONE FREE MONTH** of membership. Visit Member Services for details.



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