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# HEALTHY KIDS DAY

Come join the fun on April 26 for Healthy Kids Day at the YMCA at Glen Cove! Enjoy an afternoon of fun, safe, supervised activities that celebrates healthy lifestyles and unleashes the excitement of summer!

**These events are FREE and open to the public!**

## Activities:

**Camp Open House, Playground, Inflatables/Obstacle Courses**

**11:00AM – 2:00PM:**

**Soccer Shots**

**12:00PM – 1:00PM:**

**Arts & Crafts with Ms. T**

**12:45PM–1:15PM:**

**Family Martial Arts with Mr. Kudrat**

**1:00PM–2:00PM:**

**Family Swim & Field Day Games**

\*Note: for family Swim, parents must stay with children that are 10 and under!

**11:00am – 2:00pm**

**YMCA at Glen Cove**

**125 Dosoris Ln, Glen Cove, NY 11542**



**YMCA of Long Island**  
Bay Shore • East Hampton • Glen Cove  
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**855-2YMCALI**  
**YMCALI.org**

SIGN UP!

