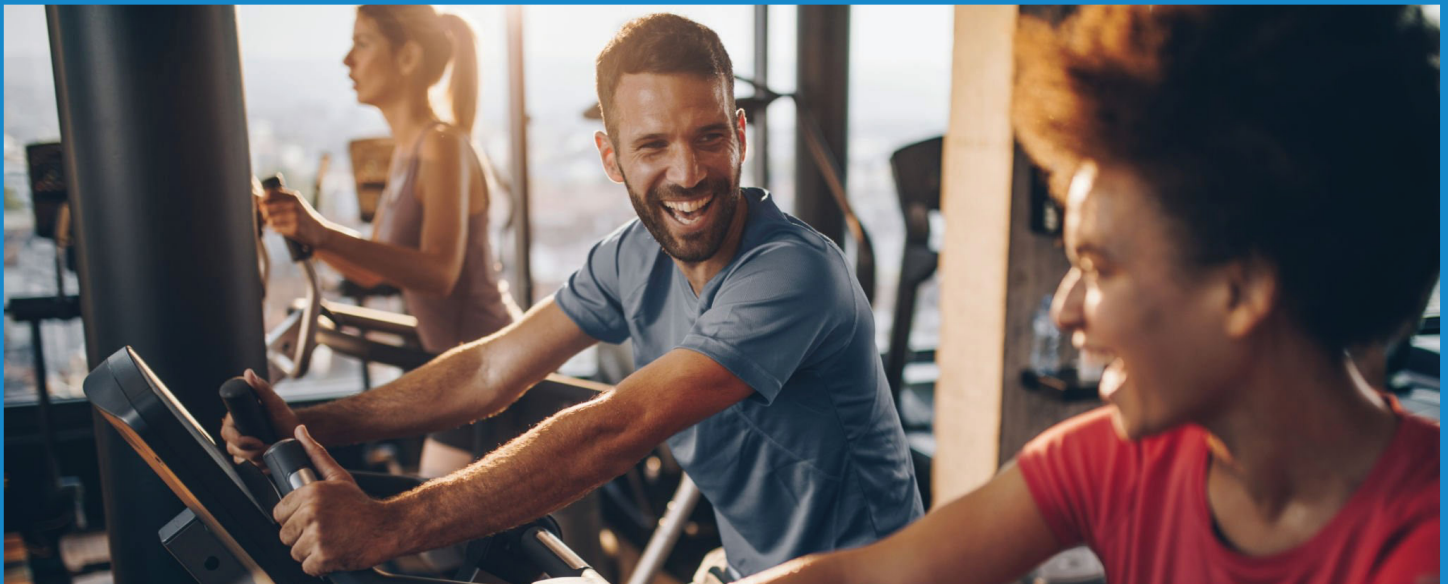


CORPORATE PARTNERS IN HEALTH

A PROGRAM IN PARTNERSHIP WITH THE YMCA OF LONG ISLAND

The YMCA of Long Island provides employers with a new approach to employee health. Research has shown an effective wellness program can have significant impact on a variety of health risk factors including cholesterol, blood pressure, cardiovascular disease and obesity.



HOW IT WORKS:

- Employees get the gift of health with a discount to the YMCA. All employees enjoy 10% off their monthly membership dues AND don't pay a joining fee when they join.
- Employer makes financial commitment based on number of employees.

OF EMPLOYEES	YEARLY FEE
0-999	\$1,500
1,000 - 1,999	\$3,000
2,000+	\$5,000

Contact: Anthony Montalbano
anthony.montalbano@ymcali.org

MEMBER BENEFITS:

- Access to all YMCA of Long Island branches
- Fitness Centers and Group Exercise Classes
- Open Gym for Pickleball, Basketball & More!
- Access Lap Swimming
- Child Watch (while you exercise)
- YMCA360 Livestreaming and On-Demand Fitness Programs



YMCA of Long Island

Bay Shore • East Hampton • Glen Cove
Huntington • Patchogue

855-2YMCALI
YMCALI.org