



FIND YOUR Y!



With great pride, we unveil the YMCA of Long Island's 2023 Annual Report, a testament to our enduring commitment to fostering community, wellness, and growth.

Our theme for the year, "Home is Where the Y is," encapsulates the essence of what the YMCA represents—a place where individuals of all ages and backgrounds find joy, solace, inspiration, and opportunity. Amidst continued uncertainty, we remained dedicated to providing vital programs and services that empower individuals to thrive physically, mentally, and socially.

Throughout 2023, we continued to evolve, adapting to meet the changing needs of our community. From revitalized wellness initiatives to expanded youth development programs, each endeavor was guided by our unwavering commitment to serving as a trusted resource and ally for all who call Long Island home.

As we reflect on the milestones and achievements of the past year, we extend our deepest gratitude to our members, volunteers, staff, and supporters.

Together, let us reaffirm our commitment to building a brighter future for all, where the Y remains a cherished home for every individual, family, and community.

Thank you for your continued support and partnership as we embark on this journey together.

Warm regards,

ANNE N. BRIGIS
PRESIDENT & CEO

PAUL CRACO
CHIEF VOLUNTEER OFFICER

YOUTH DEVELOPMENT

NURTURING POTENTIAL

The YMCA of Long Island remains steadfast in its commitment to empowering the youth, laying the foundation for a generation that is resilient, confident, and equipped with the skills necessary to navigate life successfully. Through a diverse array of programs, childcare, after-school programs, summer camps, and swim lessons, we sought to create an environment where young people could thrive emotionally, socially, and academically regardless of background or circumstance.

EARLY CHILDHOOD/ SCHOOL AGED CHILDCARE

The Great South Bay YMCA Universal Pre-K facility at the Bay Shore UFSD was expanded in 2023 to include all 126 preschoolers that were housed at the Y facility. This year, the YMCA at Glen Cove added four Universal Pre-Kindergarten classrooms with 72 students with the North Shore School District. We also expanded our School Age Child Care Program in the Massapequa community.

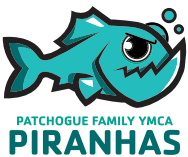
HEALTHY KIDS DAY

Healthy Kids Day is an annual celebration organized by YMCA's across the nation to promote the health and well-being of children and families. This year, our YMCA of Long Island branch events included physical activities, health screenings, arts and crafts, snacks, family activities, & more. We are thankful for all of our partners and sponsors who helped create a fun and educational environment that inspires families to adopt and maintain a healthy lifestyle.

SWIM TEAMS AND SWIM LESSONS

Our YMCA East Hampton Hurricanes Swim Team and Huntington YMCA Bluefish Swim Team competed in New York States Championship in Buffalo on March 18th, 2023. The teams won 1st and 2nd place, respectively. Congratulations! This year, our Patchogue Family YMCA started a swim team called the Patchogue Piranhas. As they build their team, we are excited to see what they bring in the future - Go Piranhas!

We are deeply grateful to our generous donors, especially Stew Leonard III Water Safety Foundation, whose contributions have made a lasting impact on our community. Thanks to their support, we've been able to provide life-saving swim lessons and lifeguard training, ensuring that more individuals are equipped with essential water safety skills. Our YMCA East Hampton RECenter Learn to Swim School Program hosted 11 schools sending students in grades K-4 to the YMCA for lessons.



SPECIAL EVENTS

Our YMCA at Glen Cove Snack with Santa event brings smiles to families around the holiday season. The night starts with a tree lighting and then Santa arrives in a fire truck for all the kids to see. Families enjoy music, crafts, and taking a photo with Santa.



YMCA FAMILY SERVICES

The YMCA Family Services team leveraged their "Too Good for Drugs" and "Too Good for Violence" curriculum that is presented to the local school districts for grades 3-5. This year, the program was expanded to include 6th graders. Ms. Michelle Schindler and the YMCA Family Services team were recognized by the Three Village Central School District for the "Sticker Shock Campaign" in bringing awareness of drug addiction & violence prevention to the community.

HEALTHY LIVING

For the YMCA of Long Island, focusing on healthy living encompasses a comprehensive approach to promoting well-being among individuals and the community. In 2023, we addressed various facets of well-being, fostering a culture where individuals and the community as a whole can lead fulfilling, healthy lives.

ACTIVE OLDER ADULTS DAY

On Wednesday, May 31st, our YMCA of Long Island branches celebrated Active Older Adults Day. Our five Long Island locations (Bayshore, East Hampton, Glen Cove, Huntington and Patchogue) held a FREE community event with an afternoon full of activities. Seniors had a chance to try out some fitness classes, participate in free health screenings, meet new people, and so much more! Special thank you to Amazon for their generous support in making this event possible.



FAMILY FUN NIGHT

Family Fun Night is a new program launched this year specifically for community outreach. This program ran from October-March and included family-friendly activities at each of our Long Island locations including inflatables, family open swim hours, family open gymnasium hours as well as family arts & crafts and special themed day activities. Special thank you to Amazon, for their generous support in helping to bring this program to our local communities this year.

RUN FOR A CAUSE

In 2023, the YMCA of Long Island 5K Series Run/Walk for a Cause expanded to five races. YMCA East Hampton RECenter hosted their first race as part of the series on December 9, 2023. We are grateful for our series sponsors: Mrs. Linda Army and Bethpage Federal Credit Union as our Platinum Sponsor. Gold Sponsor: Northwell Health. Silver Sponsors: GoHealth Urgent Care and Ivy Rehab Physical Therapy. Thank you to all of our partners and sponsors of the races including EliteFeats who help make our series possible. The race series raised funds for multiple causes impacting our Long Island communities. Our Patchogue Family YMCA 5K honoring Jim Folks Jr., Folks Insurance Group, raised funds to support the YMCA Community Food Distribution program to provide fresh, nutritious food to local families in need. The Huntington YMCA 5K in Memory of Marcie Mazzola supported families in need with camp scholarships. Our YMCA at Glen Cove in Memory of Nicole Karousos and YMCA East Hampton 5K races provided access to the Y's healthy living and youth programs and support to families in need. The Great South Bay YMCA 5K in Memory of Judi supported local families impacted by breast cancer.



CHRONIC DISEASE PREVENTION & RECOVERY PROGRAMS

Through our Chronic Disease Prevention & Recovery Programs, the YMCA of Long Island remains dedicated to providing exceptional care and concern to our older members. Our branches continue to offer tailored programs aimed at preventing and managing chronic diseases, ensuring our community members can live healthier, happier lives. Whether it's through exercise, nutrition guidance, or educational workshops, we're committed to supporting individuals in their journey towards improved health and well-being.

This year, our YMCA at Glen Cove partnered with Mondays at Racine. Their mission is to offer evidence-based health, beauty and wellness services rooted in the mind-body connection to individuals – women, men and young adults – navigating any form of cancer treatment. Our commitment is to provide these services completely free of charge. For this event, our lounge and gymnasium were transformed into a center for 26 people in our community to enjoy a day of pampering and mindfulness.



SOCIAL RESPONSIBILITY

At the YMCA of Long Island, we believe it is our responsibility and mission to give back to the communities we serve and make a difference in people's lives. In 2023, we were able to partner with organizations to help bring activities and opportunities to our communities.

BACK TO SCHOOL DRIVE

We participated in an island-wide school drive with support of Amazon to provide new backpacks and supplies to local kids in need. With help from Amazon volunteers and our Y staff, over 300 backpacks were prepared and presented to help local kids start the 2023-2024 school year on the right foot.

FOOD INSECURITY

Our Patchogue Family YMCA continues to partner with Island Harvest to provide fresh food to local families experiencing food insecurity each month in our Y Community Food Distribution Event. In addition, islandwide efforts to collect food during the holiday season for families in need benefitted Long Island Cares, Island Harvest and the Porch Pantry. Over 600 lbs. of canned and non-perishable food was collected by members, staff and volunteers.

OUTREACH

The Huntington YMCA formally unveiled the National Grid Outdoor Education Center to YMCA Summer Day campers this summer. This initiative, which began in late 2022, stemmed from an opportunity for the Huntington YMCA to enhance programming in partnership with National Grid. The new National Grid Outdoor Education Center, positioned on the Huntington YMCA campus, includes multiple learning stations for children to explore their natural surroundings and discover the world around them.



OUTREACH (Continued)

Our annual Huntington YMCA Memorial Day Weekend Carnival was held on May 26-29, 2023. This year's event, in partnership with Newton Shows raised \$69,000 net for camp scholarships and program services. The Huntington YMCA held their first annual Food Truck Festival and Car Show on Oct. 22, 2023. This collaborative event with the Sorrentino Family Foundation featured 91 collectible cars, five food trucks, live music, and drew hundreds of spectators and participants from surrounding Long Island communities. The event generated a grant a \$125K grant from New York State Assemblyman Steve Stern.



FALL FUNDRAISING

Our YMCA at Glen Cove held its 3rd Annual Fall Fundraising Dinner at the Knights of Columbus in October. The event included a reverse raffle of \$10,000 with proceeds benefitting our YMCA Scholarship fund and program services.

Each year, the Great South Bay YMCA and Patchogue Family YMCA adopt families for the holiday season. Gift cards were donated to provide families-in-need with resources to give their children a holiday they deserve.

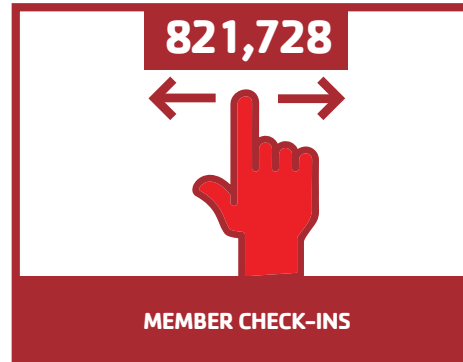
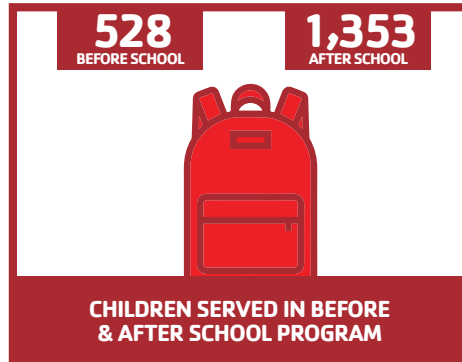
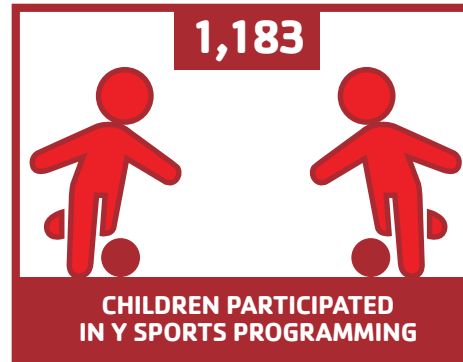
2023 GOLF SERIES

The YMCA of Long Island Annual Golf Classic Tee Up Fore Kids honored Ron Reese, Senior Vice President, Sands New York on July 24, 2023. This event raised \$140,000 net to provide local families in need the ability to experience the magic of our YMCA Summer Day Camp.

Each year, our Golf Classic Series benefits our Send a Kid To Camp campaign and program services. Our Patchogue Family Golf Classic was held on June 12th honoring Dr. George Ciresi, Professional Care Physical Therapy and Rehabilitation. The event generated \$74,000 net for camp scholarships. On July 24th, our Great South Bay YMCA Golf Classic held at the Southward Ho Country Club honoring Great South Bay Board of Manager, Richard Chalifoux and in memory of Ricky Chalifoux raised \$87,000 net to support families in need with summer day camp. The Huntington YMCA Golf Classic and Tennis Event honoring Alanna Russo, National Grid Ventures was held on October 23rd at the Huntington Country Club. This combo sports event included special on-course activities and challenges raising \$40,000 net for our Send A Kid To Camp Campaign and program services.



IMPACT BY NUMBERS



STATEMENT OF ACTIVITIES

For the year ended December 31, 2023

	<u>Without Donor Restrictions</u>	<u>With Donor Restrictions</u>	<u>Total</u>
Revenues and Other Support:			
Government grants and contracts	\$ 3,240,272	\$ -	\$ 3,240,272
Program Services	22,657,489	-	22,657,489
Participating memberships	9,051,446	-	9,051,446
Contributions	51,514	6,077,589	6,129,103
Contributions of nonfinancial assets	759,402	-	729,402
Special events, net	-	569,759	569,759
United Way and other community funds	18,720	-	18,720
Facility usage and other income	169,386	-	169,386
Net assets released from donor restrictions	2,177,323	(2,177,323)	-
Total Revenues and Other Support	38,095,552	4,470,025	42,565,577
Expenses:			
Program services:			
Multi-services branches	33,654,331	-	33,654,331
Family services branch	1,385,078	-	1,385,078
Total Program Services	35,039,409	-	35,039,409
Supporting services:			
Fundraising	539,673	-	539,673
General and administrative	3,708,415	-	3,708,415
Total Supporting Services	4,248,088	-	4,248,088
Total Expenses	39,287,497	-	39,287,497
Increase (Decrease) in net assets from operations	(1,191,945)	4,470,025	3,278,080
Net Non-Operating Activities:			
Net investment returns	2,095,383	99,866	2,195,249
Gain on disposal of fixed assets	262,608	-	262,608
Change in value of perpetual trust	-	180,810	180,810
Net Non-Operating Activities	2,357,991	280,676	2,638,667
Changes in Net Assets	1,166,046	4,750,701	5,916,747
Net Assets , beginning of year	57,263,333	5,141,540	62,404,873
Net Assets , end of year	\$58,429,379	\$9,892,241	\$68,321,620



A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

**YMCA of Long Island Community Benefit and Scholarship Assistance
January to December 2023**

	Adults	Children	Financial Value
Full Membership	357	1,673	\$411,413
Basic Membership	4	14	762
Program Scholarship:			
Day Camp	—	541	379,578
Child Care	—	1,116	299,692
Aquatics	1	109	12,174
Counseling	1,325	—	83,578
Teen Center	—	1,322	34,060
Youth Sports & Fitness	—	17	1,384
Other	10	72	—
Total	1,697	4,864	\$1,222,641

2023 CONSTITUENCY

A total of **47,677**

Long Islanders called us their Y in 2023:

	Male	Female
Pre-Schoolers	2,496	2,372
Elementary Schoolers	4,299	3,915
Jr./Sr. High Schoolers	3,330	2,274
Young Adults	4,005	3,315
Adults (30-54 years)	4,632	5,432
Adults (55-64 years)	2,038	2,368
Adults (65 and over)	3,256	3,945
Total	24,056	23,621

YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, P.C. are available upon request. The YMCA of Long Island, Inc. is not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.



THANK YOU!

TO OUR DONORS FOR YOUR GENEROUS CONTRIBUTIONS.
This list recognizes total giving from January 1, 2023 to December 31, 2023.

CHAMPIONS (\$100,000+)

Annette & Anthony Albanese Foundation
Amazon
The Rita and Frank Castagna Family Foundation
Knapp Swezey Foundation
The Rauch Foundation

BUILDERS (\$50,000-\$99,999)

Judy Jorge / Arlindo & Evelyn Jorge Family Foundation
Carol Ann & John Treiber
Webster Bank Charitable Foundation

LEADERS (\$25,000-\$49,999)

Bethpage Federal Credit Union
Friend of the Y-Long Island Community Foundation
Malcolm & Madeline King L.I.A.M. Foundation Inc.
Sands New York

FOUNDERS (\$10,000-\$24,999)

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YMCA of the USA

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LOCATIONS

FACILITIES • SUMMER CAMP SITES

ADULTS AND CHILDREN WITH LEARNING AND DEVELOPMENT DISABILITIES (ALCD)

(Summer Camp site only: Great South Bay)
67 Greenwood Road, Bay Shore, NY 11706
(631) 665-4255

BROOKHAVEN ROE Y CENTER

155 Buckley Road, Holtsville, NY 11742
(631) 289-4440

DENTON AVE SCHOOL

(Summer Camp site only: Herricks Summer Recreation)
1050 Denton Avenue, New Hyde Park, NY 11040
(516) 305-8400

GREAT SOUTH BAY YMCA

200 West Main Street, Bay Shore, NY 11706
(631) 665-4255

HERRICKS MIDDLE SCHOOL

(Summer Camp site only: Herricks Summer Recreation)
7 Hilldale Drive, Albertson, NY 11507
(516) 305-8600

HUNTINGTON YMCA

60 Main Street, Huntington, NY 11743
(631) 421-4242

PATCHOGUE FAMILY YMCA

225 West Main Street, Patchogue, NY 11772
(631) 891-1800

JOHN M. MARSHALL ELEMENTARY SCHOOL

(Summer Camp site only: East Hampton)
3 Gingerbread Lane, East Hampton, NY 11937
(631) 329-6884

YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937
(631) 329-6884

NASSAU COUNTY OFFSITE CHILDCARE SITES

ALBANY AVENUE

101 N. Albany Avenue, North Massapequa, NY 11758
(631) 421-4242

BIRCH LANE SCHOOL

41 Birch Lane, Massapequa Park, NY 11762
(631) 665-4255

CLEARSTREAM AVE. ELEMENTARY SCHOOL

60 Clearstream Avenue, Valley Stream, NY 11580
(516) 671-8270

EAST LAKE ELEMENTARY

154 East Lake Avenue, Massapequa Park, NY 11762
(631) 665-4255

FAIRFIELD ELEMENTARY SCHOOL

330 Massapequa Avenue, Massapequa, NY 11758
(631) 665-4255

FOREST ROAD ELEMENTARY SCHOOL

16 Forest Road, Valley Stream, NY 11581
(516) 671-8270

GARDEN CITY PARK SCHOOL

51 Central Avenue, New Hyde Park, NY 11040
(516) 671-8270

YMCA AT GLEN COVE

125 Dosoris Lane, Glen Cove, NY 11542
(516) 671-8270

GLEN HEAD ELEMENTARY SCHOOL

7 School Street, Glen Head, NY 11545
(516) 277-7700

GLENWOOD LANDING ELEMENTARY SCHOOL

60 Cody Avenue, Glen Head, NY 11545
(516) 277-7600

HILLSIDE GRADE SCHOOL

150 W. Maple Drive, New Hyde Park, NY 11040
(516) 671-8270

JOHN P. MCKENNA ELEMENTARY SCHOOL

210 Spruce Street, Massapequa Park, NY 11762
(631) 665-4255

MANOR OAKS SCHOOL

1950 Hillside Avenue, New Hyde Park, NY 11040
(516) 671-8270

NEW HYDE PARK ROAD SCHOOL

300 New Hyde Park Road, New Hyde Park, NY 11040
(516) 671-8270

NORTHSIDE ELEMENTARY SCHOOL

55 Powell Place, Farmingdale, NY 11735
(631) 421-4242

RAYMOND J. LOCKHART ELEMENTARY SCHOOL

199 Pittsburgh Avenue, Massapequa NY 11758
(631) 665-4255

SHAW AVENUE ELEMENTARY SCHOOL

99 Shaw Avenue, Valley Stream, NY 11580
(516) 671-8270

UNQUA ELEMENTARY SCHOOL

350 Unqua Road, Massapequa, NY 11758
(631) 665-4255

SUFFOLK COUNTY OFFSITE CHILDCARE SITES

BAY SHORE UNIVERSAL PRE-K

70 Brentwood Road, Bay Shore, NY 11706
(631) 421-4242

COUNTRYWOOD PRIMARY SCHOOL

499 Old Country Road, Huntington Station, NY 11743
(631) 421-4242

GOOSE HILL PRIMARY SCHOOL

75 Goose Hill Road, Cold Spring Harbor, NY 11724
(631) 421-4242

OAKWOOD PRIMARY CENTER

264 W. 22nd Street, Huntington, NY 11743
(631) 421-4242

SOUTH HAVEN EARLY CHILDHOOD CENTER

2714 Montauk Highway, Brookhaven, NY 11719
(516) 730-2180

SOUTHDOWN PRIMARY SCHOOL

Brown's Road, Huntington, NY 11743
(631) 421-4242

WASHINGTON PRIMARY SCHOOL

78 Whitson Road, Huntington Station, NY 11746
(631) 421-4242

COUNSELING SITE

YMCA FAMILY SERVICES

1150 Portion Road, Suite 6, Holtsville, NY 11742
631-580-7777

ASSOCIATION SERVICES HEADQUARTERS

121 Dosoris Lane, Glen Cove, NY 11542
(516) 674-8091

YMCA OF LONG ISLAND, INC.

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