

# Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCAI.org

**Registration Begins: Monday, November 4, 2024**  
**Fall Session II: Sunday, Nov. 17, 2024 - Saturday, Feb. 1, 2025**  
**Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org**  
**No Classes November 28 & December 24- January 1**

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	FULL	PROGRAM
STAGE A Water Discovery (6 months–3 years old with Parent)	10:30-11:00am			4:30-5:00pm		10:00-10:30am	10:00-10:30am	\$153		\$230
STAGE B Water Exploration (6 months–3 years old with Parent)		5:00-5:30pm				10:00-10:30am	10:30-11:00am	\$153		\$230
STAGE 1 Preschool Water Acclimation (Ages 3-5 years old)	9:30-10:00am 11:00-11:30am	11:00-11:30am 5:00-5:30pm		6:00-6:30pm	5:00-5:30pm	11:00-11:30am	10:00-10:30am	\$153		\$230
STAGE 2 Preschool Water Movement (Ages 3-5 years old)	10:30-11:00am	10:00-10:30am	5:15-5:45pm	4:30-5:00pm	11:00-11:30am 5:30-6:00pm		9:30-10:00am	\$153		\$230
STAGE 3 Preschool Water Stamina (Ages 3-5 years old)				5:00-5:30pm	4:30-5:00pm		11:00-11:30am	\$153		\$230
STAGE 4 Preschool Stroke Introduction (Ages 3-5 years old)						5:30-6:00pm		\$153		\$230
STAGE 1 School Age Water Acclimation (Ages 5-12 years old)	10:00-10:30am			5:00-5:30pm	6:00-6:30pm	4:00-4:30pm	9:30-10:00am	\$153		\$230
STAGE 2 School Age Water Movement (Ages 5-12 years old)	10:00-10:30am	6:00-6:30pm	5:15-5:45pm		4:30-5:00pm		11:00-11:30am	\$153		\$230

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								FULL	PROGRAM
STAGE 3 School Age Water Stamina (Ages 5-12 years old)	9:30-10:00am		5:45-6:15pm	6:00-6:30pm	5:00-5:30pm		11:00-11:30am	\$153	\$230
STAGE 4 School Age Stroke Introduction (Ages 5-12 years old)	9:00-9:30am	5:30-6:00pm	5:45-6:15pm	5:30-6:00pm		5:00-5:30pm	10:30-11:00am	\$153	\$230
STAGE 5 School Age Stroke Development (Ages 5-12 years old)				5:30-6:00pm	6:00-6:30pm		9:00-9:30am	\$153	\$230
STAGE 6 School Age Stroke Mechanics (Ages 5-12 years old)				5:30-6:00pm			9:00-9:30am	\$153	\$230
Sensational Swim Special Needs (4-12 years with parents)							10:30-11:00am	\$153	\$230
Swim Basics & Strokes Teens 12-17 years old	11:00-11:45am		4:30-5:15pm		7:00-7:45pm			\$171	\$257
Swim Basics Adults 17 years+		6:00-6:45pm			10:00-10:45am		11:30am-12:15pm	\$171	\$257
Swim Strokes Adults 17 years+						9:15-10:00am	11:30am-12:15pm	\$171	\$257
<b>Competition</b>									
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					\$171	\$257
Water Polo Instructional 7-14 years					6:30-7:15pm			\$171	\$257
YMCA Swim Team 14 & Under	At Brookhaven Roe YMCA Contact Coach Isabela for a Tryout!			Contact: Isabela Gaskill, Head Coach/ Aquatics Coordinator Isabela.Gaskill@ymcali.org					

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FULL PROGRAM									
<b>Leadership</b>									
Aquatic Leaders Club: Lifeguard Prep Ages 11-17 years old			7:00-7:45pm				11:30-12:15pm	\$171	\$257
<b>Water Fitness</b>									
Aqua Jog		8:30-9:25am						\$105	\$158
Aqua Aerobics			8:30-9:25am	8:30-9:25am		8:30-9:25am		\$105	\$158
Aqua Zumba							8:30-9:25am	\$105	\$158

## Swim Lessons

9 weeks - 30 minutes

**Full Member: \$153**   **Program Member: \$230**

9 weeks - 45 minutes

**Full Member: \$171**   **Program Member: \$257**

## Water Fitness - 9 weeks

**Full Member: \$105**   **Program Member: \$158**

**Want to try out a Water Fitness class?  
 Drop in available! Register day of at  
 welcome desk. Buy 3, get the 4th FREE!**

## Private Swim Lessons

**4-pk (30 mins) \$255**

**8-pk (30 mins) \$463**

**12-pk (30 mins) \$632  
 (2X a week lessons)**

## Semi-Private Swim Lessons

2-3 participants; similar age & ability

**4-pk (30 mins) \$417**

**8-pk (30 mins) \$777**

**12-pk (30 mins) \$1,061  
 (2X a week lessons)**

Private Lessons: Fill out interest form  
 via Private Lesson Flyer

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**Contact:** Darryl Smith | Darryl.Smith@ymcali.org

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
<b>YOUTH PROGRAMS – 10 WEEK SESSIONS</b>									
								FULL	PROGRAM
Pee Wee Basketball Clinic 3-5 years old		4:15-5:00pm						\$116	\$183
Small Stars Basketball Clinic 6-8 years old			4:30-5:15pm				12:00-12:45pm	\$116	\$183
All Star Basketball Clinic 8-12 years old			5:15-6:15pm					\$116	\$183
Patchogue Piranha Basketball Team 7-13 years old		5:00-6:00pm						\$116	\$183
All Star Volleyball Clinic 8-12 years old							11:15am-12:00pm	\$116	\$183
Pee Wee Soccer Clinic 4-7 years old							11:15am-12:00pm	\$116	\$183
Pre-K Adventure 3-5 years old		2:30-3:00pm			3:30-4:00pm			\$100	\$125
Nerf Battle 7-12 years old						4:45-5:45pm		\$116	\$183
Tumbling with Ms. Laura 3-5 years old				4:00-4:45pm				\$116	\$183
Gymnastics with Ms. Laura 6-8 years old				5:00-6:00pm				\$116	\$183

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<b>ADULT PROGRAMS- 5 WEEK SESSIONS</b>								
Adult Pickleball Beginner Clinic <b>5 Weeks</b>				9:00-10:00am				FULL PROGRAM \$80 \$93
Adult Pickleball Skills and Thrills Experienced players only <b>5 Weeks</b>				10:15-11:15am				\$80 \$93
Older Adults Small Group Training <b>5 Weeks</b>			10:00am-11:00am	9:00-10:00am				\$80 \$120

## Adventure Zone:

M-F 4:00-8:00pm, Sat & Sun 8:00-1:00pm  
 (Subject to change due to rentals)  
 Child Watch: Monday through Thursday 5:30-7:30pm,  
 Sat 8:00-11:00am

## Rockwall:

Tuesdays & Thursdays: 5:00-7:00pm  
 Saturday: 1:00-3:00pm

## Youth Classes - 5 weeks - 45 minutes 5 weeks - 60 minutes

**Full Member: \$58**

**Program Member: \$87**

**Full Member: \$58**

**Program Member: \$87**

## Youth Classes - 10 weeks - 45 minutes 10 weeks - 60 minutes

**Full Member: \$116**

**Program Member: \$183**

**Full Member: \$116**

**Program Member: \$183**