

Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCAI.org

Registration Begins Monday, August 26, 2024

Fall Session I: Sunday, Sept. 8, 2024 - Saturday, Nov. 16, 2024

Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	FULL	PROGRAM
STAGE A Water Discovery (6 months–3 years old with Parent)	10:30–11:00am			4:30–5:00pm	5:30–6:00pm	10:00–10:30am	10:00–10:30am	\$153	\$230	
STAGE B Water Exploration (6 months–3 years old with Parent)		5:00–5:30pm				10:00–10:30am	10:30–11:00am	\$153	\$230	
STAGE 1 Preschool Water Acclimation (Ages 3–5 years old)	9:30–10:00am 11:00–11:30am	11:00–11:30am 5:00–5:30pm		6:00–6:30pm	5:00–5:30pm	11:00–11:30am	10:00–10:30am 11:30–12:00pm	\$153	\$230	
STAGE 2 Preschool Water Movement (Ages 3–5 years old)	10:30–11:00am 11:30–12:00pm	10:00–10:30am	5:15–5:45pm	4:30–5:00pm	11:00–11:30am 5:30–6:00pm		9:30–10:00am	\$153	\$230	
STAGE 3 Preschool Water Stamina (Ages 3–5 years old)				5:00–5:30pm	4:30–5:00pm		11:00–11:30am	\$153	\$230	
STAGE 4 Preschool Stroke Introduction (Ages 3–5 years old)						5:30–6:00pm		\$153	\$230	
STAGE 1 School Age Water Acclimation (Ages 5–12 years old)	10:00–10:30am			5:00–5:30pm	6:00–6:30pm	4:00–4:30pm	9:30–10:00am	\$153	\$230	
STAGE 2 School Age Water Movement (Ages 5–12 years old)	10:00–10:30am	6:00–6:30pm	5:15–5:45pm		4:30–5:00pm	4:30–5:00pm	11:00–11:30am	\$153	\$230	

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								FULL	PROGRAM
STAGE 3 School Age Water Stamina (Ages 5-12 years old)	9:30-10:00am	4:30-5:00pm	5:45-6:15pm	6:00-6:30pm	5:00-5:30pm		11:00-11:30am	\$153	\$230
STAGE 4 School Age Stroke Introduction (Ages 5-12 years old)	9:00-9:30am	5:30-6:00pm	5:45-6:15pm	5:30-6:00pm		5:00-5:30pm	10:30-11:00am	\$153	\$230
STAGE 5 School Age Stroke Development (Ages 5-12 years old)				5:30-6:00pm	6:00-6:30pm		9:00-9:30am	\$153	\$230
STAGE 6 School Age Stroke Mechanics (Ages 5-12 years old)				5:30-6:00pm			9:00-9:30am	\$153	\$230
Sensational Swim Special Needs (4-12 years with parents)							10:30-11:00am	\$153	\$230
Swim Basics & Strokes Teens 12-17 years old	11:00-11:45am		4:30-5:15pm		7:00-7:45pm			\$171	\$257
Swim Basics Adults 17 years+		6:00-6:45pm			10:00-10:45am		11:30-12:15pm	\$171	\$257
Swim Strokes Adults 17 years+						9:15-10:00am	11:30-12:15pm	\$171	\$257
Competition									
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					\$171	\$257
Water Polo Instructional 7-14 years					6:15-7:00pm			\$171	\$257
YMCA Swim Team 14 & Under	At Brookhaven Roe YMCA Contact Coach Isabela for a Tryout!				Contact: Isabela Gaskill, Head Coach/ Aquatics Coordinator Isabela.Gaskill@ymcali.org				

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Leadership									
Aquatic Leaders Club: Lifeguard Prep Ages 11-17 years old			7:00-7:45pm				11:30-12:15pm	\$171	\$257
Water Fitness									
Aqua Jog		8:30-9:25am						\$105	\$158
Aqua Aerobics			8:30-9:25am	8:30-9:25am		8:30-9:25am		\$105	\$158
Aqua Flex & Stretch	8:30-9:25am							\$105	\$158
Aqua Zumba							8:30-9:25am	\$105	\$158

Swim Lessons

9 weeks - 30 minutes

Full Member: \$153

Program Member: \$230

9 weeks - 45 minutes

Full Member: \$171

Program Member: \$257

Water Fitness - 9 weeks

Full Member: \$105

Program Member: \$158

Want to try out a Water Fitness class?
Drop in available! Register day of at
welcome desk. Buy 3, get the 4th FREE!

Private Swim Lessons

4-pk (30 mins) \$255

8-pk (30 mins) \$463

12-pk (30 mins) \$632
(2X a week lessons)

Semi-Private Swim Lessons

2-3 participants; similar age & ability

4-pk (30 mins) \$417

8-pk (30 mins) \$777

12-pk (30 mins) \$1,061
(2X a week lessons)

Private Lessons: Fill out interest form
via Private Lesson Flyer

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 Contact: Darryl Smith | Darryl.Smith@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	FULL	PROGRAM
YOUTH PROGRAMS – 10 WEEK SESSIONS										
Pee Wee Basketball Clinic 3-5 years old		4:15-5:00pm						\$116	\$183	
Small Stars Basketball Clinic 6-8 years old			4:30-5:15pm				12:00-12:45pm	\$116	\$183	
All Star Basketball Clinic 8-12 years old			5:15-6:15pm					\$116	\$183	
Patchogue Piranha Basketball Team 7-13 years old		5:00-6:00pm						\$116	\$183	
All Star Volleyball Clinic 8-12 years old							11:15-12:00pm	\$116	\$183	
Pee Wee Soccer Clinic 4-6 years old							11:15-12:00pm	\$116	\$183	
All Star Soccer Clinic 7-12 years old							12:00-12:45pm	\$116	\$183	
Fit Kids & Y Warriors 4-6 years old					4:15-5:00pm			\$116	\$183	
Nerf Battle 7-12 years old						4:45-5:45pm		\$116	\$183	
Tumbling with Ms. Laura 3-5 years old				4:00-4:45pm				\$116	\$183	
Gymnastics with Ms. Laura 6-8 years old				5:00-6:00pm				\$116	\$183	

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YOUTH PROGRAMS - 10 WEEK SESSIONS								FULL PROGRAM
Family Movement with Ms. Bethany 6-18 months	1:00-1:45pm							\$116 \$183
Bumble Bee Tumbling with Ms. Bethany 18-36 Months	10:15-11:00am							\$116 \$183
Tumbling with Ms. Bethany 3-5 years old	12:00-12:45pm							\$116 \$183
Gymnastics with Ms. Bethany 6-9 years old	11:15am-12:00pm							\$116 \$183

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price
ADULT PROGRAMS- 5 WEEK SESSIONS								FULL PROGRAM
Adult Pickleball Beginner Clinic 5 Weeks				9:00-10:00am				\$80 \$93
Adult Pickleball Skills and Thrills Experienced players only 5 Weeks				10:15-11:15am				\$80 \$93
Active Older Adults Small Group Training 5 Weeks			10:00am-11:00am					\$80 \$93

Adventure Zone:

M-F 4:00-8:00pm, Sat & Sun 8:00-1:00pm

(Subject to change due to rentals)

Child Watch: Monday & Wednesday 5:30-7:30pm, Sat 8:00-11:00am

Youth Classes - 10 weeks - 45 minutes 10 weeks - 60 minutes

Full Member: \$116

Program Member: \$183

Rockwall:

Tuesdays & Thursdays: 5:00-7:00pm

Saturday: 1:00-3:00pm