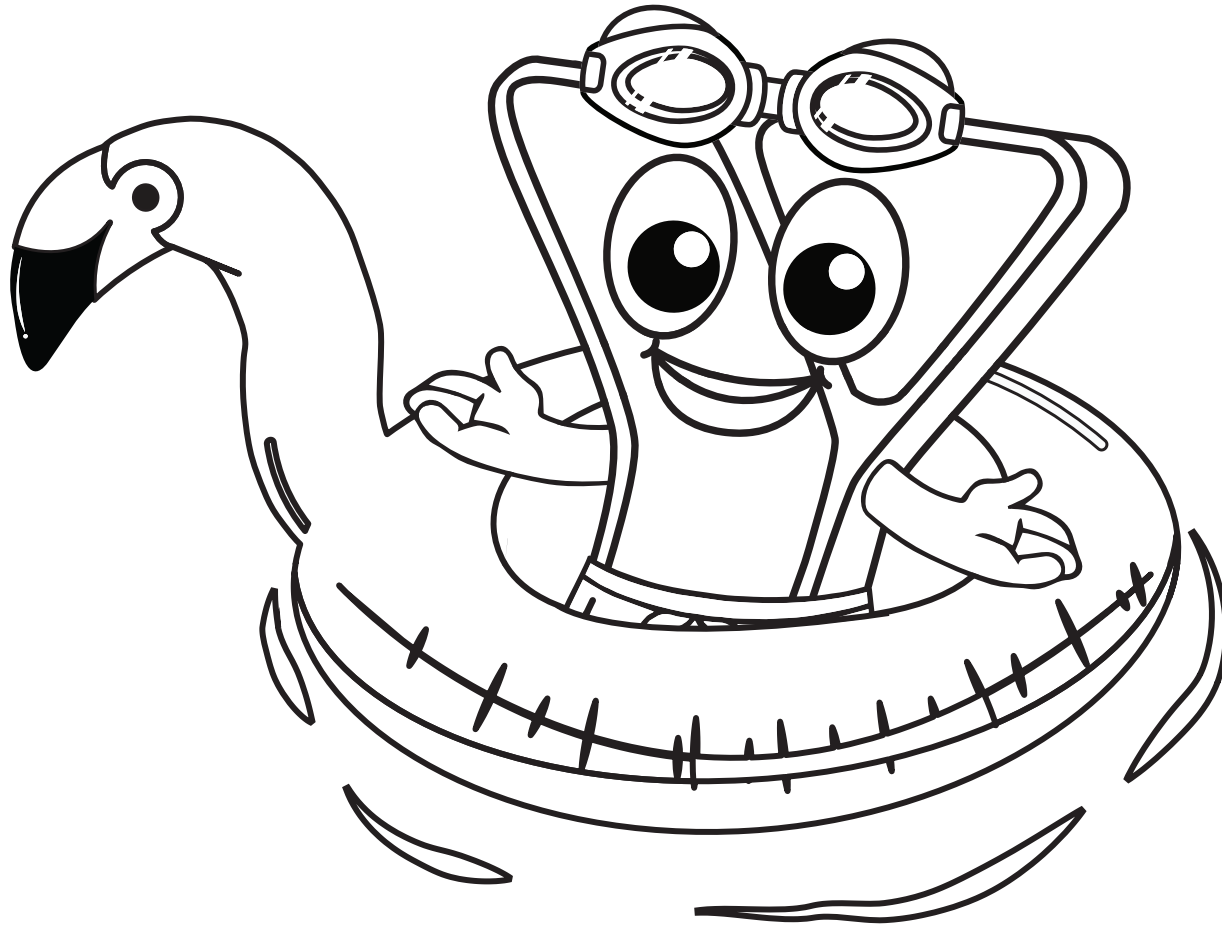


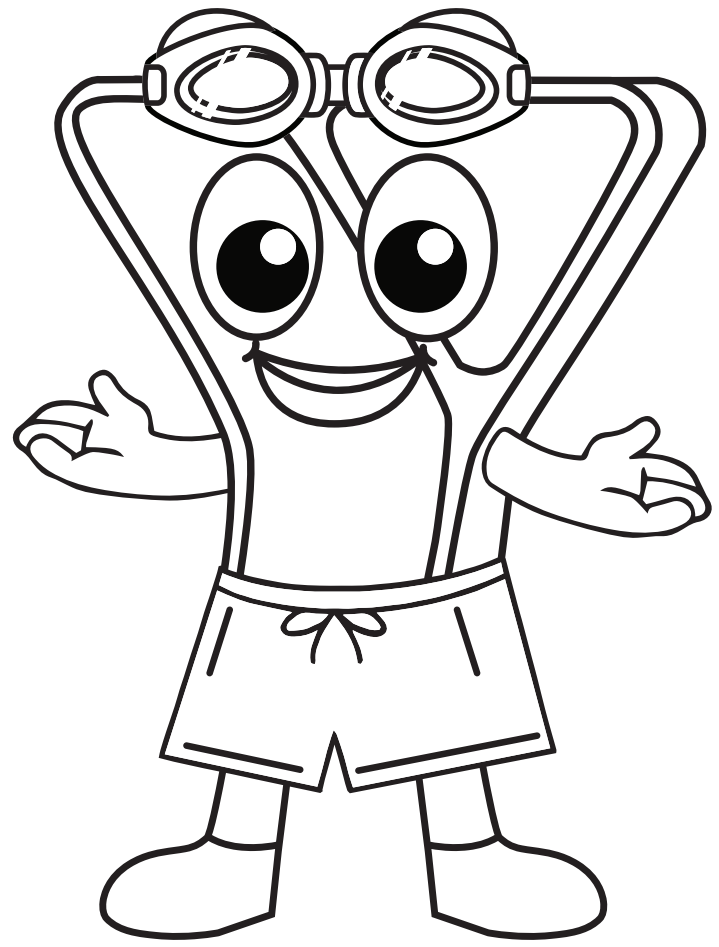
YMCA OF LONG ISLAND

WATER SAFETY TIPS



COLORING BOOK!

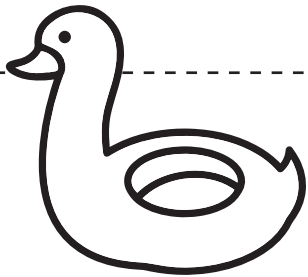




Y Guy wants to be safe around water!

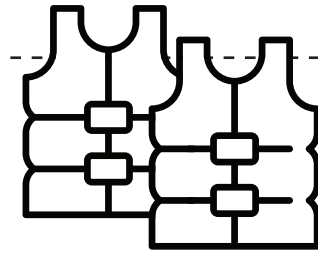
- 1.) Always ask an adult permission before going near the water.
- 2.) Don't jump in until you learn to swim!
- 3.) Wear your life vest.





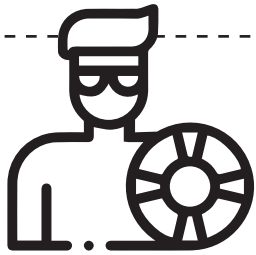
TEACH THEM YOUNG!

Swimming is a life-long skill. Teach them early to get used to the water and learn to swim. The YMCA offers swim lessons as early as 6 months old.



SUIT UP & BUDDY UP!

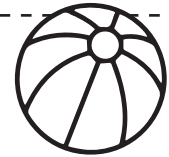
If you can not swim, make sure that you are wearing a U.S. Coast-Guard life vest. Grab your bestie, swimming is more fun with a friend and safer too!



WATER WATCHERS!

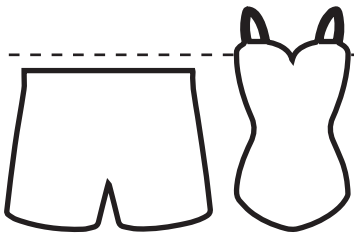
Make sure you have an adult guardian or lifeguard watching you in the water at all times.

WATER SAFETY TIPS



KEEP TOYS AWAY FROM THE WATER!

Keep toys away from the water so children aren't tempted to be near the water without being supervised.



NO BLUE BATHING SUITS!

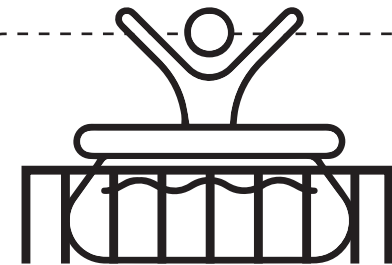
Buying a bathing suit? Refrain from purchasing blue bathing suits. The color blends in with the water making it harder to see if a child needs help.

For more information, visit:
ymcali.org/watersafety



ASK FOR PERMISSION

Make sure that your little one asks for permission before entering the water.



POOL SAFETY

If you have a pool at home, you must have a 6-foot fence around it and keep it locked when it is not being used.

