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# LEARN GROW TEACH

## AMERICAN RED CROSS WATER SAFETY INSTRUCTOR (WSI) MAY/JUNE 2024

A minimum of 4 participants is required to run this class.

To register, you must email **Meg Preiss** [swanscoach5678@gmail.com](mailto:swanscoach5678@gmail.com) or  
**Daria Smith** [daria.smith@ymcali.org](mailto:daria.smith@ymcali.org)



### COST

\$450.00 per participant for YMCA members

\$480.00 per participant for non-members

\*\*Participants are required to download class materials prior to the first class.

### DATES & TIMES -- ATTENDANCE IS REQUIRED FOR ALL CLASSES

MONDAYS: 5/20, 6/3, 6/10 6:30pm-9:00pm

WEDNESDAYS: 5/22, 5/29, 6/5, 6/12 6:30-9:00PM

FRIDAYS: 6/7, 6/14 6:30-9:00PM

### REQUIREMENTS

- Must be 16 years of age.
- **MUST COMPLETE ONLINE PORTION OF CLASS PRIOR TO CLASS**
- Must be able to perform the following skills at a Level 4 standard:
  - 25 yards: Front Crawl, Back Crawl, Breaststroke, Elementary Backstroke, Sidestroke
  - Also: 15 yards Butterfly, Tread water for 1 min., Float or Scull on Back for 1 min.

### CERTIFICATION

Upon successful completion of all course materials and practical skills, participants will receive a 2-year certification as a Water Safety Instructor.

#### YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937

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