



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

LEARN GROW PROTECT

AMERICAN RED CROSS POOL LIFEGUARDING COURSE MAY 21 – JUNE 11



A minimum of 6 participants is required to run this class.

To register, you must email Daria Smith at Daria.Smith@ymcali.org.

COST

\$300.00 per participant for YMCA members, \$330 per participant for non-members – Participants are required to purchase or download class materials after the first class. This fee does NOT include any additional online fees that may be charged by the American Red Cross.

DATES & TIMES

Tuesday : MAY 21 & JUNE 4, 11 6:30pm–9:00pm

Thursday: MAY 23, 30 & JUNE 6 6:30–9:00pm

Saturday: MAY 25 12:00–4:00pm

REQUIREMENTS

- You must attend ALL sessions.
- You must be 15 years of age or older.
- **MUST COMPLETE ONLINE COURSE MATERIAL PRIOR TO FIRST CLASS**
- Must be able to perform the following skills:
 - Swim 300 yards continuously
 - Tread water for 2 minutes with no hands
 - Complete timed skill sets

CERTIFICATION

Upon successful completion of all course materials and practical skills, participants will receive a 2-year certification in CPR for the Professional Rescuer, AED, First Aid, and Lifeguarding (Pool) Certification.

YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937

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