255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCALI.org

Registration Begins Monday, April 1st **Spring Session**: Sunday, April 14, 2024 - Saturday, June 22, 2024 Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org
*No Class 5/27/24

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
AQUATICS P	ROGRAMS							FULL	PROGRAM
STAGE A Water Discovery (6 months–3 years old with Parent)	10:30-11:00am	10:00-10:30am		4:30-5:00pm	5:30-6:00pm		10:00-10:30am	\$153	\$230
STAGE B Water Exploration (6 months–3 years old with Parent)	11:00-11:30am	10:00-10:30am 5:00-5:30pm					10:30-11:00am	\$153	\$230
STAGE 1 Preschool Water Acclimation (Ages 3-5 years old)	9:30-10:00am 11:00-11:30am	11:00-11:30am 5:00-5:30pm	12:00-12:30pm	4:00-4:30pm 6:00-6:30pm	5:00-5:30pm	11:00-11:30am	10:00-10:30am 11:30am-12:00pm	\$153	\$230
STAGE 2 Preschool Water Movement (Ages 3-5 years old)	10:30-11:00am 11:00-11:30am		5:15-5:45pm	4:30-5:00pm	11:00-11:30am 5:30-6:00pm	10:00-10:30am	9:30-10:00am	\$153	\$230
STAGE 3 Preschool Water Stamina (Ages 3-5 years old)				5:00-5:30pm	4:30-5:00pm		11:00-11:30am	\$153	\$230
STAGE 4 Preschool Stroke Introduction (Ages 3-5 years old)						5:30-6:00pm		\$153	\$230
STAGE 1 School Age Water Acclimation (Ages 5-12 years old)	10:00-10:30am				6:00-6:30pm	4:00-4:30pm	9:30-10:00am	\$153	\$230
STAGE 2 School Age Water Movement (Ages 5-12 years old)	10:00-10:30am	6:00-6:30pm	5:15-5:45pm		4:30-5:00pm	4:30-5:00pm	11:00-11:30am	\$153	\$230

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	NO.							140 Class 3/2//24				
Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Pi	rice			
								FULL	PROGRAM			
STAGE 3 School Age Water Stamina (Ages 5-12 years old)	9:30-10:00am	4:30-5:00pm	5:45-6:15pm	4:00-4:30pm	5:00-5:30pm		11:00-11:30am	\$153	\$230			
STAGE 4 School Age Stroke zIntroduction (Ages 5–12 years old)	9:00-9:30am	5:30-6:00pm	5:45-6:15pm	5:30-6:00pm		5:00-5:30pm	10:30-11:00am	\$153	\$230			
STAGE 5 School Age Stroke Development (Ages 5–12 years old)				5:30-6:00pm	6:00-6:30pm		9:00-9:30am	\$153	\$230			
STAGE 6 School Age Stroke Mechanics (Ages 5-12 years old)				5:30-6:00pm			9:00-9:30am	\$153	\$230			
Sensational Swim Special Needs (4-12 years with parents)							10:30-11:00am	\$153	\$230			
Swim Basics & Strokes Teens 12-17 years old	11:00-11:45am		4:30-5:15pm		7:00-7:45pm			\$171	\$257			
Swim Basics Adults 17 years+		6:00-6:45pm			10:00-10:45am		11:30-12:15pm	\$171	\$257			
Swim Strokes Adults 17 years+						9:15-10:00am	11:30-12:15pm	\$171	\$257			
				Competition								
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					\$171	\$257			
YMCA Swim Team 12 & Under		Brookhaven Roe YI are every Friday a			Contact: Isabe	ela Gaskill, Aquatio oela.Gaskill@ymca	s Coordinator li.org					

Patchogue Family YMCA

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
								FULL	PROGRAM
				Leadership					
Aquatic Leaders Club: Lifeguard Prep Ages 11-17 years old			7:00-7:45pm				11:30-12:15pm	\$171	\$257
				Water Fitness					
Aqua Jog		8:30-9:25am						\$105	\$158
Aqua Aerobics			8:30-9:25am	8:30-9:25am		8:30-9:25am		\$105	\$158
Aqua Flex & Stretch	8:30-9:25am							\$105	\$158
Aqua Zumba							8:30-9:25am	\$105	\$158

Swim Lessons

9 weeks - 30 minutes

Full Member: \$153 Program Member: \$230

9 weeks - 45 minutes

Full Member: \$171 Program Member: \$257

Water Fitness - 9 weeks

Full Member: \$105 Program Member: \$158

Want to try out a Water Fitness class? Drop in available! Register day of at welcome desk. Buy 3 get the 4th FREE!

Private Swim Lessons

4-pk (30 mins) \$255

8-pk (30 mins) \$463

12-pk (30 mins) \$632 (2X a week lessons)

Semi-Private Swim Lessons

2-3 participants; similar age & ability

4-pk (30 mins) \$417

8-pk (30 mins) \$777

12-pk (30 mins) \$1061 (2X a week lessons)

Private Lessons: Fill out interest form via Private Lesson Flyer

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*No Class 5/27/24

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Pr	ice
YOUTH PRO	GRAMS - 1	O WEEK SE	SSIONS					FULL	PROGRAM
All Star Volleyball Clinic 8-12 years old							11:15-12:00pm	\$116	\$183
Pee Wee Soccer Clinic 4-6 years old							11:15-12:00pm	\$116	\$183
All Star Soccer Clinic 7-12 years old							12:00-12:45pm	\$116	\$183
Pee Wee Basketball Clinic 5-7 years old		4:30-5:15pm					12:00-12:45pm	\$116	\$183
All Star Basketball Clinic 8-12 years old		5:15-6:15pm						\$116	\$183
JV Basketball Workout 13-15 years old				4:00-5:00pm				\$116	\$183
All Star Nerf Battle 8-12 years old						4:00-4:45pm		\$116	\$183
Arts and Crafts 4-6 years old							1:00-1:45pm	\$116	\$183
Kids Movement and Fitness 3-6 years old		4:20-5:05pm			4:30-5:15pm			\$116	\$183
Free Family Movement Ages 2-5							10:15-11:10am	FREE	FREE
ThinkBIG Playdates Ages 3–5 (April 22 & 29, May 6 & 13)		5:15-6:15pm						\$65	\$95

Patchoque Family YMCA

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*No Class 5/27/24

	Class	Sunday	мопаау	ruesday	wednesday	Inursuay	rriday	Saturday	PI	rice
A	DULT PROG	iRAMS – ST	ARTS 4/17						FULL	PROGRAM
	Adult Pickleball Beginner Clinic 5 Weeks				9:00-10:00am				\$58	\$87
	Adult Pickleball Skills and Thrills 5 Weeks				10:15-11:15am				\$58	\$87

Youth Classes - 10 weeks - 45 minutes 10 weeks - 60 minutes

Full Member: \$116

Full Member: \$116

Program Member: \$183

Program Member: \$183

Adventure Zone:

M-F 4:00-8:00pm, Sat & Sun 8:00-1:00pm

(Subject to change due to rentals)

Child Watch: Monday & Wednesday 5:30-7:30pm, Sat 8:00-11:00am

Rockwall:

Tuesdays & Thursdays: 5:00-7:00pm

Saturday: 1:00-3:00pm

Healthy Kids Day:

April 20 - 10am - 12pm

RSVP for this free community event!



Youth Classes - 5 weeks - 45 minutes 5 weeks - 60 minutes

Full Member: \$58

Full Member: \$58

Program Member: \$87

Program Member: \$87

ThinkBIG Play Dates:

4 Weeks - April 22 + 29, May 6 + 13

Full Member: \$65

Program Member: \$95