22 Gingerbread Lane, East Hampton, NY 11937 | 631.329.6884 | YMCALI.org

| Class | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Price | |
|---|--------|----------------------------|----------------------------|---|-----------------------------|--------|---------------|-------|---------|
| AQUATICS PROGRAMS | | | | | | | | FULL | PROGRAM |
| STAGE A Water Discovery | | | 11:00-11:30am | | 11:00-11:30am | | | \$169 | \$206 |
| STAGE B Water Exploration | | | 11:30-12:00pm | | 11:30-12:00pm | | 10:30-11:00am | \$169 | \$206 |
| STAGE 1 Preschool Water Acclimation | | 3:00-3:30pm 3:30-4:00pm | 3:00-3:30pm | 3:00-3:30pm 4:30-5:00pm | | | 9:00-9:30am | \$169 | \$206 |
| STAGE 2 Preschool Water Movement | | 4:30-5:00pm 5:00-5:30pm | 3:30-4:00pm 4:30-5:00pm | 3:30-4:00pm 4:00-4:30pm | | | 9:30-10:00am | \$169 | \$206 |
| STAGE 3 Preschool Water Stamina | | 4:30-5:00pm | 4:00-4:30pm | 4:30-5:00pm | 4:00-4:30pm | | 10:00-10:30am | \$169 | \$206 |
| STAGE 4 Preschool Stroke Introduction | | 4:00-4:30pm | 4:00-4:30pm | 4:00-4:30pm 5:30-6:00pm *5:30 Lap Pool* | | | | \$169 | \$206 |
| STAGE 1 School-Age Water Acclimation | | | | | 5:00-5:30pm *Small Pool* | | | \$169 | \$206 |

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| Class | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Price | |
|--|--------|----------------------------|-----------------------------|---------------------------|-----------------------------|--------|----------|-------|---------|
| | | | | | | | | FULL | PROGRAM |
| STAGE 2 School–Age Water Movement | | 4:00-4:30am *Lap Pool* | 4:30-5:00pm *Small Pool* | 5:30-6:00pm *Lap Pool* | 4:30-5:00pm *Small Pool* | | | \$169 | \$206 |
| STAGE 3 School-Age Water Stamina | | 5:00-5:30pm | 5:00-5:30pm | 5:00-5:30pm | 5:00-5:30pm | | | \$169 | \$206 |
| STAGE 4 School-Age Introduction | | 3:30-5:00pm 5:30-6:00pm | | 5:00-5:30pm | 5:00-5:30pm | | | \$169 | \$206 |
| Swim Club | | | 5:00-5:45pm | | 5:00-5:45pm | | | \$187 | \$224 |
| Morning Masters Meets 2x Per week | | | 6:15-7:30am | | 6:15-7:30am | | | \$284 | \$321 |
| Mid-Morning Masters Meets 2x Per week | | | 7:45-9:00am | | 7:45-9:00am | | | \$284 | \$321 |
| Water Aerobics | | 8:30-9:15am | 10:15-11:00am | 9:30-10:15am | 10:15-11:00am | | | | |

Swim Lessons

9 weeks - 30 minutes

Full Member: \$163

Program Member: \$200

Swim Club

9 weeks - 45 minutes

Full Member: \$180

Program Member: \$217