DIVE INTO WELLNESS!

WITH YMCA OF LONG ISLAND PROGRAM REGISTRATION!

Unleash Your Potential Through Swim Lessons, Water Fitness Classes, Indoor Sports, and More!

SESSION DATES

- Winter Session:
 Feb. 4, 2024 April 13, 2024
 Registration:
 Monday, January 22, 2024
- Spring Session:
 April 14, 2024 June 22, 2024
 Registration:
 Monday, April 1, 2024
- June 23, 2024 Aug. 31, 2024
 Registration:
 Monday, June 10, 2024
- Fall I Session:
 Sept. 8, 2024 Nov. 16, 2024
 Registration:
 Monday, August 26, 2024
- Fall II Session:
 Nov. 17, 2024 Feb. 1, 2025
 Registration:
 Monday, November 4, 2024





YMCA OF LONG ISLAND