

Patchogue Family YMCA

255 W Main St, Patchogue, NY 11772 | 631.891.1800 | YMCAli.org

Registration Begins Monday, January 22nd
Winter Session: Sunday, February 4, 2024 - Saturday, April 13, 2024
Contact: Christina Frank | 631-891-1815 | Christina.Frank@ymcali.org
No Classes 3/31 for Easter *Pool Only: No classes 3/29-3/31

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
AQUATICS PROGRAMS								FULL	PROGRAM
STAGE A Water Discovery (6 months–3 years old with Parent)	10:30–11:00am	10:00–10:30am		4:30–5:00pm	5:30–6:00pm		10:00–10:30am	\$153	\$230
STAGE B Water Exploration (6 months–3 years old with Parent)		10:00–10:30am 5:00–5:30pm					10:30–11:00am	\$153	\$230
STAGE 1 Preschool Water Acclimation (Ages 3–5 years old)	9:30–10:00am 11:00–11:30am	11:00–11:30am 5:00–5:30pm	12:00–12:30pm	4:00–4:30pm	5:00–5:30pm	11:00–11:30am	10:00–10:30am	\$153	\$230
STAGE 2 Preschool Water Movement (Ages 3–5 years old)	10:30–11:00am		5:15–5:45pm	4:30–5:00pm	11:00–11:30am 5:30–6:00pm	10:00–10:30am	9:30–10:00am	\$153	\$230
STAGE 3 Preschool Water Stamina (Ages 3–5 years old)				5:00–5:30pm			11:00–11:30am	\$153	\$230
STAGE 4 Preschool Stroke Introduction						5:30–6:00pm		\$153	\$230
STAGE 1 School Age Water Acclimation (Ages 5–12 years old)	10:00–10:30am				6:00–6:30pm	4:00–4:30pm	9:30–10:00am	\$153	\$230
STAGE 2 School Age Water Movement (Ages 5–12 years old)	10:00–10:30am	6:00–6:30pm	5:15–5:45pm		4:30–5:00pm	4:30–5:00pm	11:00–11:30am	\$153	\$230

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								FULL	PROGRAM
STAGE 3 School Age Water Stamina (Ages 5-12 years old)	9:30-10:00am	4:30-5:00pm	5:45-6:15pm	4:00-4:30pm	5:00-5:30pm		11:00-11:30am	\$153	\$230
STAGE 4 School Age Introduction (Ages 5-12 years old)	9:00-9:30am	5:30-6:00pm	5:45-6:15pm	5:30-6:00pm		5:00-5:30pm		\$153	\$230
STAGE 5 School Age Stroke Development (Ages 5-12 years old)				5:30-6:00pm	6:00-6:30pm		9:00-9:30am	\$153	\$230
STAGE 6 School Age Stroke Mechanics (Ages 5-12 years old)				5:30-6:00pm			9:00-9:30am	\$153	\$230
Sensational Swim Special Needs (4-12 years with parents)							10:30-11:00am	\$153	\$230
Swim Basics & Strokes Teens 12-17 years old	11:00-11:45am		4:30-5:15pm		7:00-7:45pm			\$171	\$257
Swim Basics Adults 17 years+		6:00-6:45pm			10:00-10:45am		11:30-12:15pm	\$171	\$257
Swim Strokes Adults 17 years+						9:15-10:00am	11:30-12:15pm	\$171	\$257
Competition									
Beginner Pre-Swim Team	8:45-9:30am		6:15-7:00pm					\$171	\$257
YMCA Swim Team 12 & Under	At Brookhaven Roe YMCA Try-outs are every Friday at 6:00pm				Contact: Isabela Gaskill, Aquatics Coordinator Isabela.Gaskill@ymcali.org				

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
Leadership								FULL	PROGRAM
Aquatic Leaders Club: Lifeguard Prep Ages 11-17 years old			7:00-7:45pm				11:30-12:15pm	\$171	\$257
Water Fitness									
Aqua Aerobics			8:30-9:25am	8:30-9:25am		8:30-9:25am		\$105	\$158
Aqua Jog		8:30-9:25am						\$105	\$158

Swim Lessons

9 weeks – 30 minutes

Full Member: \$153 **Program Member: \$230**

9 weeks – 45 minutes

Full Member: \$171 **Program Member: \$257**

Water Fitness – 9 weeks

Full Member: \$105 **Program Member: \$158**

Want to try out a Water Fitness class?
Drop in available! Register day of at
welcome desk. Buy 3 get the 4th FREE!

Private Swim Lessons

4-pk (30 mins) \$255

8-pk (30 mins) \$463

12-pk (30 mins) \$632
(2X a week lessons)

Semi-Private Swim Lessons

2-3 participants; similar age & ability

4-pk (30 mins) \$417

8-pk (30 mins) \$777

12-pk (30 mins) \$1061
(2X a week lessons)

Private Lessons: Fill out interest form
 via Private Lesson Flyer

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Contact: Darryl Smith | Darryl.Smith@ymcali.org
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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
YOUTH PROGRAMS								FULL	PROGRAM
Pee Wee Soccer Clinic 4-6 years old							11:15-12:00pm	\$116	\$183
All Star Soccer Clinic 7-9 years old							12:00-12:45pm	\$116	\$183
Pee Wee Basketball Clinic 5-7 years old			4:30-5:15pm				12:00-12:45pm	\$110	\$142
All Star Basketball Clinic 8-12 years old			5:15-6:15pm				11:15-12:15pm	\$116	\$183
Pee Wee Futsal League (Starts 2/1) 5-8 years old 5 weeks	12:00-4:00pm							\$116	\$183
JV Basketball Workout 13-15 years old				4:00-5:00pm				\$116	\$183
All Star Nerf Battle 8-12 years old						4:00-5:00pm		\$116	\$183
Arts and Crafts 4-6 years old							1:00-1:45pm	\$116	\$183
Kids Movement and Fitness 3-5 years old		4:30-5:15pm						\$110	\$142
Kids Movement and Fitness 6-8 years old					4:00-4:45pm			\$116	\$183
Family Pickleball Clinic Ages 7+ 5 weeks	10:00-11:00am							\$58	\$87
Free Family Movement							10:15-11:10am	FREE	FREE

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ADULT PROGRAMS								FULL	PROGRAM
Adult Pickleball Beginner Clinic 5 Weeks				9:00-10:00am				\$65	\$80
Adult Pickleball Skills and Thrills 5 Weeks				10:15-11:15am				\$65	\$80
Adult Pickleball Conditioning 5 Weeks			11:45-12:30pm					\$60	\$75
Adult Golf Conditioning 5 Weeks				11:45-12:30pm				\$60	\$75

Youth classes – 10 weeks – 45 minutes

Full Member: \$105

Program Member: \$130

10 weeks – 60 minutes

Full Member: \$110

Program Member: \$142

Youth classes – 5 weeks – 45 minutes

Full Member: \$50

Program Member: \$70

5 weeks – 60 minutes

Full Member: \$60

Program Member: \$75

Family Fun Nights

February 2

April 5

April 5

Pre-Teen Nights – Grades 5-8 | 6:00pm-8:00pm

January 12 & 26

February 23

March 8 & 22

Adventure Zone:
M-F 4:00-8:00pm, Sat & Sun 8:00-1:00pm
(Subject to change due to rentals)
Child Watch: Monday & Wednesday 5:30-7:30pm, Sat 8:00-11:00am

Rockwall:
Tuesdays & Thursdays: 5:00-7:00PM
Saturday & Sunday: 1:00-3:00pm