

PUSH YOUR LIMITS!

YMCA PERSONAL TRAINING

Team up with a **YMCA PERSONAL TRAINER** and reach your goals for good!
We'll match you with a trainer that meets your needs.
Private and Group Training Packages Available.

East Hampton YMCA RECenter 2024 Rates

1-Hour Sessions

1 Session	\$80
4 Sessions	\$320
8 Sessions	\$618
12 Sessions	\$888
24 Sessions	\$1719

½ Hour Sessions

1 Session	\$55
4 Sessions	\$200
8 Sessions	\$381
12 Sessions	\$542
New! 24 Sessions	\$1045

Introductory Rate (1 Time Purchase!)

(3) 1-Hour Sessions	\$150
New! (3) ½ Hour Sessions	\$99



YMCA East Hampton RECenter
2 Gingerbread Lane
East Hampton, NY 11937

(631) 329-6884
Fitness@ymcali.org
YMCALI.org