

# 2022 ANNUAL REPORT

FIND YOUR COMMUNITY! FIND YOUR Y!





# FIND YOUR Y!



Dear Friends of the YMCA of Long Island,

We are proud to present the YMCA of Long Island's 2022 Annual Report.

In 2022, the YMCA of Long Island along with many organizations continued on our journey of healing from the pandemic.

Overall, our steadfast commitment and dedication to providing the programs and services that support health and wellness, youth development, and a center for community life has only been strengthened in 2022.

We are grateful to our members, staff, volunteers for rising to the occasion and striving to support the YMCA of Long Island in being the beacon of hope and light for our local communities. We are delighted that 2022 saw the return of even more of our YMCA programs and services.

This year's theme to FIND YOUR Y has enabled our families, adults and seniors the ability to discover the programs and services our Ys have to offer and to look to the Y as a resource for our communities.

As you read through our proudest moments of 2022, we hope you FIND YOUR Y and see why the Y is a treasure helping make Long Island a better place to live, work and play.

**ANNE N. BRIGIS**  
PRESIDENT & CEO

**PAUL CRACO**  
CHIEF VOLUNTEER OFFICER



# YOUTH DEVELOPMENT

## NURTURING POTENTIAL

At the YMCA of Long Island, we believe the values and skills a child learns early on are vital building blocks for life. Already a significant child care provider, the Y continued to increase services in Early Childhood Education and School Age Child Care (SACC) in 2022. Our SACC program in New Hyde Park opened a new location in the Garden City Park School, and with the South Country School District. We also added SACC for the families served in the new UPK programs at Patchogue/Medford and Bayport/Blue Point School Districts.

## UNIVERSAL PRE-K

In 2022, we added three new Universal Pre-Kindergarten (UPK) programs in partnership with the Patchogue/Medford, Bayport/Blue Point and Farmingdale School Districts with 90 students.

## ENHANCED PROGRAMMING

Our Patchogue Family YMCA partnered with Challenger Athletics to provide sports to children in our community with diverse-abilities. Our Bay Shore YMCA After School Programs implemented new youth yoga and youth dance classes.



## PRE-TEEN NIGHTS

Our Huntington YMCA initiated the return of our Pre-Teen program with local sponsors, Dr. Gellerman and Dentists for a Better Huntington in the early months of 2022. Our FREE Pre-Teen Nights program for grades 5-8 made a comeback in the Spring of 2022 with special thanks from PSEG. The 2022-2023 Pre-Teen Nights program included 12 dates from October through May with the help of one of our newest partners, Amazon, and support from Brookhaven Science Associates. Our Pre-Teen program brought hundreds of teens across Long Island to the Y to enjoy socializing, meeting new friends and having fun in a safe environment.



## HEALTHY KIDS DAY

In April 2022, our YMCA of Long Island branches celebrated the 30th Anniversary of Healthy Kids Day along with YMCAs around the country. We had hundreds of families participate in the afternoon of fun activities at our branches in Bay Shore, East Hampton, Glen Cove, Huntington and Patchogue.



## Y SWIM TEAMS AND LESSONS

Congratulations to the Y Swim Teams: Huntington YMCA Bluefish and the East Hampton Hurricanes! Twenty-one teams across New York participated in the NYS championships. The YMCA of Long Island finished strong with the East Hampton Hurricanes in 1st place as NYS champions and the Huntington Bluefish in 2nd place. Both teams had best times for individual swimmers and relay teams. **A special congratulations** to both teams who had swimmers committing to swim for their respective colleges!

# HEALTHY LIVING

The YMCA of Long Island’s goal is to enhance the quality of life for children, teens, adults, families and seniors through fitness, wellness and aquatics programs that nurture the spirit, mind, and body. The Y also offers signature programs that help participants mitigate serious health issues.

## CHRONIC DISEASE PREVENTION & RECOVERY PROGRAMS

In 2022, our YMCA of Long Island branches relaunched the LIVESTRONG® at the YMCA Program for the 1st time since the pandemic. LIVESTRONG® at the YMCA offers adults affected by cancer a safe, supportive environment to participate in physical and social activities focused on strengthening the whole person. This FREE program encourages a warm spirit of community for those in cancer recovery to share stories and inspiration. Our Great South Bay YMCA and Huntington YMCA strengthened their partnerships with Mondays at Racine to provide special wellness events, beauty and health services for individuals and families dealing with a cancer diagnosis.

## THE RETURN TO LEAGUE SPORTS

Our Great South Bay YMCA and Patchogue Family YMCA relaunched Co-Ed Volleyball and Basketball Leagues in 2022.



## RUN FOR A CAUSE

In 2022, we brought thousands of people together in-person for our fifth annual YMCA 5K Series: Run for a Cause. We are grateful to our series sponsors: Mrs. Linda Armyn and Beth-page Federal Credit Union as our Platinum Sponsor. Silver Sponsors: GEICO, National Grid and Northwell Health/Go Health Urgent Care. The race series raised funds for multiple causes impacting our Long Island communities. Our Patchogue Family YMCA 5K proceeds supported our YMCA Community Food Distribution Program to provide fresh, nutritious food to local families in need. Huntington YMCA 5K proceeds helped children in need experience the magic of our YMCA Summer Day Camp. Our YMCA at Glen Cove 5K race benefited local individuals and families in need with access to the Y's healthy living and youth programs. The Great South Bay YMCA 5K proceeds provided relief for individuals and families impacted by breast cancer.



## THE RISE OF PICKLEBALL!

Pickleball has become the fastest growing sport over the last few years. In 2022, all of our Long Island YMCA branches offered Pickleball Instructional programs and open gymnasium offerings for this new favorite sport!

## NEW PROGRAMMING

Our Huntington YMCA hosted a Les Mills Triple Launch Party for three new Les Mills Fitness Classes: Les Mills Body Pump, Body Combat & Body Balance.

## SOCIAL RESPONSIBILITY

At the YMCA of Long Island, we believe it is our responsibility and mission to give back to the communities we serve and make a difference in people's lives. In 2022, we were able to partner with amazing organizations to help bring activities and opportunities to our communities.

## SWIM SCHOLARSHIPS

In 2022, we were able to provide FREE swim lessons for children on Long Island with support from the Town of Islip, National Grid/Community Offshore Wind and Stew Leonards III, Water Safety Foundation. Stew Leonards also provided additional support to bridge the gap in the lifeguard shortage with Lifeguard Training Certifications and educate children and families on how to be safe around the water.



## COMMUNITY FOOD DISTRIBUTION

The Patchogue Family YMCA partnered with Island Harvest to bring healthy, delicious and nutritious food boxes for families and individuals in need. Over the course of 5 months, they were able to give out approximately 540 boxes to families in need.



## GIVING FOR THE HOLIDAYS

During the season of giving, our Patchogue Family YMCA adopted 15 families for the holidays and supplied them with gift cards, toys, and gifts to bring them some cheer for the holidays.

## REVERSE RAFFLE

Our YMCA at Glen Cove held its 2nd annual Reverse Raffle at the Knights of Columbus in October. They raffled off \$10,000 with proceeds from the event to benefit our YMCA Scholarship fund and support services.





HUNTINGTON CARNIVAL

Our annual Huntington YMCA Memorial Day Carnival brought families together for a weekend of fun and celebration. We raised \$63,000 net for camp scholarships and program support services.



HELPING HANDS

The YMCA at Glen Cove Preschool hosted a food and toy drive for families and children in need. They were able to collect 2 large boxes filled with toys and games! The Huntington YMCA participated in the Long Island Cares Food Drive. With help from our members, we were able to donate 3 large boxes!

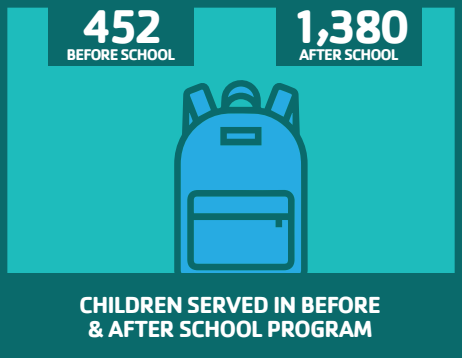
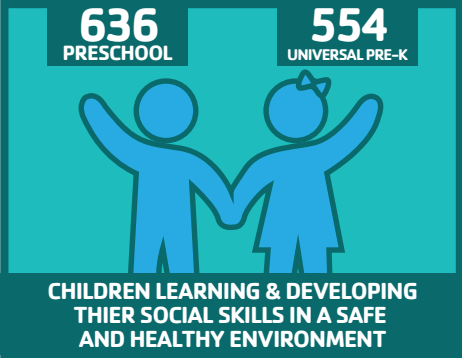


2022 GOLF SERIES

Our 2022 Golf Classic Series not only brought together golf enthusiasts, but also made a significant impact to our Send a Kid to Camp campaign. The 2022 YMCA of Long Island Annual Golf Classic Tee Up For Kids honored Christopher Becker, President and Chief Executive Officer, First National Bank LI. The event, held at The Mill River Club in Oyster Bay, raised \$158,000 net to help provide camp scholarships for those in need. The Patchogue Family YMCA Golf Classic honoring Richard T. Margulis, President and CEO of Long Island Community Hospital was held on June 13 and raised \$43,794 net for camp scholarships. Our Huntington YMCA Golf Classic held at the Huntington Country Club on September 18 and contributed to \$51,000 net to camp scholarships. The Great South Bay Golf Classic honoring Ray Mattfeld and Bright Bay Physical Therapy was rescheduled from the month of June to September 26 and raised \$67,000 net for families in need to be able to share the magic of camp. Together, with the dedication of participants, volunteers, and the generosity of our sponsors, we've not only elevated the game of golf but also made a profound impact on our community. Here's to another year of golfing excellence and meaningful contributions to the causes we hold dear. Thank you to all our sponsors for being an integral part of this incredible journey across Long Island.



IMPACT BY NUMBERS



## STATEMENT OF ACTIVITIES

For the year ended December 31, 2022

Revenues and Other Support:	Without Donor Restrictions	With Donor Restrictions	Total
Government grants and contracts	\$ 4,664,759	\$ -	\$ 4,664,759
Program Services	20,455,263	-	20,455,263
Participating memberships	7,589,922	-	7,589,922
Contributions	6,100	1,353,282	1,359,382
Contributions of nonfinancial assets	681,945	-	681,945
Special events, net	-	505,839	505,839
United Way and other community funds	22,240	-	22,240
Facility usage and other income	120,381	-	120,381
Net assets released from donor restrictions	1,854,063	(1,854,063)	-
<b>Total Revenues and Other Support</b>	<b>35,394,673</b>	<b>5,058</b>	<b>35,399,731</b>
<b>Expenses:</b>			
<b>Program services:</b>			
Multi-services branches	\$ 30,091,338	-	\$ 30,091,338
Family services branch	1,320,616	-	1,320,616
<b>Total Program Services</b>	<b>31,411,954</b>	<b>-</b>	<b>31,411,954</b>
<b>Supporting services:</b>			
Fundraising	718,503	-	718,503
General and administrative	3,474,557	-	3,474,557
<b>Total Supporting Services</b>	<b>4,193,060</b>	<b>-</b>	<b>4,193,060</b>
<b>Total Expenses</b>	<b>35,605,014</b>	<b>-</b>	<b>35,605,014</b>
Increase (Decrease) in net assets from operations	(210,341)	5,058	(205,283)
<b>Net Non-Operating Activities:</b>			
Net investment returns	(1,568,700)	(145,881)	(1,714,581)
Change in value of perpetual trust	-	(586,092)	(586,092)
Gain on forgiveness of PPP loan	4,110,406	-	4,110,406
<b>Net Non-Operating Activities</b>	<b>2,541,706</b>	<b>(731,973)</b>	<b>1,809,733</b>
<b>Changes in Net Assets</b>	<b>2,331,365</b>	<b>(726,915)</b>	<b>1,604,450</b>
<b>Net Assets</b> , beginning of year	<b>54,931,968</b>	<b>5,868,455</b>	<b>60,800,423</b>
<b>Net Assets</b> , end of year	<b>\$57,263,333</b>	<b>\$5,141,540</b>	<b>\$62,404,873</b>



## A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

### YMCA of Long Island Community Benefit and Scholarship Assistance January to December 2022

	Adults	Children	Financial Value
<b>Full Membership</b>	320	1,647	\$388,613
<b>Basic Membership</b>	2	6	471
<b>Program Scholarship:</b>			
Day Camp	—	470	296,155
Child Care	—	1,241	411,418
Aquatics	—	45	5,286
Counseling	1,303	—	54,260
Teen Center	—	1,224	25,680
Cultural Arts/Dance	—	—	—
Youth Sports & Fitness	—	3	188
Other	—	—	—
<b>Total</b>	<b>1,625</b>	<b>4,636</b>	<b>\$1,182,071</b>

### 2022 CONSTITUENCY

A total of **33,109**

Long Islanders called us their Y in 2022:

	Male	Female
Pre-Schoolers	727	702
Elementary Schoolers	1,265	1,154
Jr./Sr. High Schoolers	2,598	1,767
Young Adults	3,916	3,067
Adults (30-54 years)	3,904	4,306
Adults (55-64 years)	1,851	2,103
Adults (65 and over)	2,689	3,060
<b>Total</b>	<b>16,950</b>	<b>16,159</b>



YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, LLP are available upon request. The YMCA of Long Island, Inc. is not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.



# THANK YOU!

**TO OUR DONORS FOR YOUR GENEROUS CONTRIBUTIONS.**  
This list recognizes total giving from January 1, 2022 to December 31, 2022.

## CHAMPIONS (\$100,000+)

The Rita and Frank Castagna Family Foundation  
Friend of the Y-Long Island Community Foundation  
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(Summer Camp site only: Great South Bay)  
67 Greenwood Road, Bay Shore, NY 11706  
(631) 665-4255

**BROOKHAVEN ROE Y CENTER**  
155 Buckley Road, Holtsville, NY 11742  
(631) 289-4440

**DENTON AVE SCHOOL**  
(Summer Camp site only: Herricks Summer Rec)  
1050 Denton Avenue, New Hyde Park, NY 11040  
(516) 305-8400

**GREAT SOUTH BAY YMCA**  
200 West Main St., Bayshore, NY 11706  
(631) 665-4255

**HERRICKS MIDDLE SCHOOL**  
(Summer Camp site only: Herricks Summer Rec)  
7 Hilldale Drive, Albertson, NY 11507  
(516) 305-8600

**HUNTINGTON YMCA**  
60 Main Street, Huntington, NY 11743  
(631) 421-4242

**PATCHOGUE FAMILY YMCA**  
225 West Main Street, Patchogue, NY 11772  
(631) 891-1800

**YMCA AT GLEN COVE**  
125 Dosoris Lane, Glen Cove, NY 11542  
(516) 671-8270

**JOHN M. MARSHALL ELEMENTARY SCHOOL**  
(Summer Camp site only: East Hampton)  
3 Gingerbread Lane, East Hampton, NY 11937  
(631) 329-6884

**YMCA EAST HAMPTON RECENTER**  
2 Gingerbread Lane, East Hampton, NY 11937  
(631) 329-6884

### NASSAU COUNTY OFFSITE CHILDCARE SITES

**ALBANY AVENUE**  
101 N. Albany Ave., N. Massapequa, NY 11758  
(631) 421-4242

**BIRCH LANE SCHOOL**  
41 Birch Lane, Massapequa Park, NY 11762  
(631) 665-4255

**CLEARSTREAM AVE.  
ELEMENTARY SCHOOL**  
60 Clearstream Ave., Valley Stream, NY 11580  
(516) 671-8270

**EAST LAKE ELEMENTARY**  
154 East Lake Ave., Massapequa Park, NY 11762  
(631) 665-4255

**FAIRFIELD ELEMENTARY SCHOOL**  
330 Massapequa Ave., Massapequa, NY 11758  
(631) 665-4255

**FOREST ROAD ELEMENTARY SCHOOL**  
16 Forest Road, Valley Stream, NY 11581  
(516) 671-8270

**GARDEN CITY PARK SCHOOL**  
51 Central Ave., New Hyde Park, NY 11040  
(516) 671-8270

**HILLSIDE GRADE SCHOOL**  
150 W. Maple Dr., New Hyde Park, NY 11040  
(516) 671-8270

**JOHN P. MCKENNA ELEMENTARY SCHOOL**  
210 Spruce Street, Massapequa Park, NY 11762  
(631) 665-4255

**MANOR OAKS SCHOOL**  
1950 Hillside Ave., New Hyde Park, NY 11040  
(516) 671-8270

**NEW HYDE PARK ROAD SCHOOL**  
300 New Hyde Park Rd, New Hyde Park,  
NY 11040  
(516) 671-8270

**NORTHSIDE ELEMENTARY SCHOOL**  
55 Powell Place, Farmingdale, NY 11735  
(631) 421-4242

**RAYMOND J. LOCKHART  
ELEMENTARY SCHOOL**  
199 Pittsburgh Ave., Massapequa NY 11758  
(631) 665-4255

**SHAW AVENUE ELEMENTARY SCHOOL**  
99 Shaw Avenue, Valley Stream, NY 11580  
(516) 671-8270

**UNQUA ELEMENTARY SCHOOL**  
350 Unqua Road, Massapequa, NY 11758  
(631) 665-4255

### SUFFOLK COUNTY OFFSITE CHILDCARE SITES

**BAY SHORE UNIVERSAL PRE-K**  
70 Brentwood Road, Bay Shore  
NY 11706  
(631) 421-4242

**COUNTRYWOOD PRIMARY SCHOOL**  
499 Old Country Rd., Huntington Station,  
NY 11743  
(631) 421-4242

**GOOSE HILL PRIMARY SCHOOL**  
75 Goose Hill Road, Cold Spring Harbor,  
NY 11724  
(631) 421-4242

**OAKWOOD PRIMARY CENTER**  
264 W. 22nd Street, Huntington, NY 11743  
(631) 421-4242

**SOUTH HAVEN EARLY  
CHILDHOOD CENTER**  
2714 Montauk Highway, Brookhaven,  
NY 11719  
(516) 730-2180

**SOUTHDOWN PRIMARY SCHOOL**  
Brown's Road, Huntington, NY 11743  
(631) 421-4242

**WASHINGTON PRIMARY SCHOOL**  
78 Whitson Rd., Huntington Station,  
NY 11746  
(631) 421-4242

### COUNSELING SITE

**YMCA FAMILY SERVICES**  
1150 Portion Road, Suite 6, Holtsville,  
NY 11742  
631-580-7777

### YMCA BOULTON CENTER FOR THE PERFORMING ARTS

37 West Main Street, Bay Shore, NY 11706  
(631) 969-1101 • [boultoncenter.org](http://boultoncenter.org)

### ASSOCIATION SERVICES HEADQUARTERS

121 Dosoris Lane, Glen Cove, NY 11542  
(516) 674-8091

### YMCA OF LONG ISLAND, INC.

121 Dosoris Lane, Glen Cove, NY 11542  
(516) 674-8091





**YMCA OF LONG ISLAND, INC.**  
**121 Dosoris Lane**  
**Glen Cove, NY 11542**  
**[ymcali.org](http://ymcali.org)**

