Registration Begins Monday, November 6th FALL 2 Session: Sunday, November 19, 2023 – Saturday, February 3, 2024 Contact: Daria Smith | 631–329–6884 ex6805 | daria.smith@ymcali.org

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	P	rice
AQUATICS P	ROGRAMS							FULL	PROGRAM
STAGE A Water Discovery			11:00-11:30am		11:00-11:30am			\$163	\$200
STAGE B Water Exploration			11:30-12:00pm		11:30-12:00pm		10:30-11:00am	\$163	\$200
STAGE 1 Preschool Water Acclimation		3:00-3:30pm 3:30-4:00pm	3:00-3:30pm	3:00-3:30pm 4:30-5:00pm			9:00-9:30am	\$163	\$200
STAGE 2 Preschool Water Movement		4:30-5:00pm 5:00-5:30pm	3:30-4:00pm 4:30-5:00pm	3:30-4:00pm 4:00-4:30pm			9:30-10:00am	\$163	\$200
STAGE 3 Preschool Water Stamina		4:30-5:00pm	4:00-4:30pm	4:30-5:00pm	4:00-4:30pm		10:00-10:30am	\$163	\$200
STAGE 4 Preschool Stroke Introduction		4:00-4:30pm	4:00-4:30pm	4:00-4:30pm 5:30-6:00pm				\$163	\$200
STAGE 1 School-Age Water Acclimation	9:00-9:30am				5:00-5:30pm *Small Pool*			\$163	\$200

# YMCA East Hampton RECenter

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
								FULL	PROGRAM
STAGE 2 School-Age Water Movement	9:30-10:00am		4:30-5:00pm *Small Pool*	5:30-6:00pm	4:30-5:00pm *Small Pool*			\$163	\$200
STAGE 3 School-Age Water Stamina		5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm			\$163	\$200
STAGE 4 School-Age Introduction		5:30-6:00pm		5:00-5:30pm	5:30-6:00pm			\$163	\$200
Swim Club			5:00-5:45pm		5:00-5:45pm			\$180	\$217
Morning Masters Meets 2x Per week			6:15-7:30am		6:15-7:30am			\$273	\$310
Mid-Morning Masters Meets 2x Per week			7:45-9:00am		7:45-9:00am			\$273	\$310
Water Aerobics			8:15-9:00am 10:15-11:00am		8:15-9:00am 12:00-12:45pm				

## **Swim Lessons**

9 weeks - 30 minutes

Full Member: \$163

Program Member: \$200

#### **Swim Club**

9 weeks - 45 minutes

Full Member: \$180

Program Member: \$217

## Pre-Teen Nights! - Grades 5-8

November 17	December 8	January 12 & 26
February 9 & 23	March 8 & 22	

# **Family Fun Nights**

November 3	December 1	January 5
February 2	March 1	April 5