

# YMCA East Hampton RECenter

22 Gingerbread Ln, East Hampton, NY 11937 | 631.329.6884 | YMCAI.org

Registration Begins Monday, August 28th  
 FALL 1 Session: Sunday, September 10, 2023 - Saturday, November 18, 2023  
 Contact: Daria Smith | 631-329-6884 ex6805 | daria.smith@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	FULL	PROGRAM
STAGE A Water Discovery			11:00-11:30am		11:00-11:30am			\$163	\$200	
STAGE B Water Exploration			11:30-12:00pm		11:30-12:00pm		10:30-11:00am	\$163	\$200	
STAGE 1 Preschool Water Acclimation		3:00-3:30pm 3:30-4:00pm	3:00-3:30pm	4:00-4:30pm 4:30-5:00pm			9:00-9:30am	\$163	\$200	
STAGE 2 Preschool Water Movement		4:30-5:00pm 5:00-5:30pm	3:30-4:00pm 4:30-5:00pm	3:30-4:00pm			9:30-10:00am	\$163	\$200	
STAGE 3 Preschool Water Stamina			4:00-4:30pm	4:30-5:00pm	3:30-4:00pm 4:30-5:00pm		10:00-10:30am	\$163	\$200	
STAGE 4 Preschool Stroke Introduction		4:00-4:30pm	4:00-4:30pm	4:00-4:30pm				\$163	\$200	
STAGE 1 School-Age Water Acclimation	9:00-9:30am				5:00-5:30pm *Small Pool*			\$163	\$200	

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								FULL	PROGRAM
STAGE 2 School-Age Water Movement	9:30-10:00am			5:30-6:00pm	4:30-5:00pm *Small Pool*			\$163	\$200
STAGE 3 School-Age Water Stamina		5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm			\$163	\$200
STAGE 4 School-Age Introduction		5:30-6:00pm		5:00-5:30pm	5:30-6:00pm			\$163	\$200
Swim Club			5:00-5:45pm					\$180	\$217
Morning Masters Meets 2x Per week			6:15-7:30am		6:15-7:30am			\$273	\$310
Mid-Morning Masters Meets 2x Per week			7:45-9:00am		7:45-9:00am			\$273	\$310

## Swim Lessons

9 weeks - 30 minutes

**Full Member: \$163**

**Program Member: \$200**

**Full Member: \$180**

**Program Member: \$217**

## Pre-Teen Nights! - Grades 5-8

**October 13 & 27**

**November 17**

**December 8**

**January 12 & 26**

**February 9 & 23**

**March 8 & 22**

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Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	FULL	PROGRAM
<b>HEALTH AND WELLNESS</b>										
Think Wellness (7-12 years old)					4:00-4:45pm			\$180	\$217	
<b>STEM PROGRAM</b>										
STEM (Ages 3-5 Years old)						11:00-11:00am		\$163	\$200	
STEM (Ages 6-9 Years old)						4:00-4:45pm		\$180	\$217	
STEM (Ages 10-13 Years old)						5:00-5:45pm		\$180	\$217	

**STEM Classes** – Join us for a fun and engaging S.T.E.M. class. This class will offer a variety of fun, hands on programs that integrates science, technology, engineering, art and math

**Think Wellness** – Join us weekly for a class that focuses on either yoga, art, or nature!

**ART CLASSES** | 9/14,10/5,11/2,11/16

Life lesson themed-art classes, fun empowering topics to keep education wellness and self care as an important aspect of life!

**NATURE CLASSES** | 9/21,10/12,11/2

Children will enjoy a variety of classes where we learn, build, plant and sculpt with materials from the Earth.

**YOGA** | 9/28,10/19,11/9

Build self-esteem, balance and focus. Promotes students to stay active.