



GREAT SOUTH BAY YMCA Kiddie Camp/ Youth Camp Summer Day Camp Calendar

CAMP LIFE is the BEST LIFE

June 26 - August 25, 2023

Monday

26
Heroes Unite!
Group "Cape" Day

Week 1

3 **JULY**
Red White &
Blue Day!

Week 2

Tuesday

27

4

NO CAMP

Wednesday

28
Wear Your
Camp T-Shirt

5
Holly Rock
Entertainment
Special

Thursday

29

6
Be You, Be
Your Hero!

Friday

30
Super Speed
Challenge

7
Last day of
Session 1
Celebration!

Monday

10
DIY Group Time
Capsule 2023

Week 3

17
"Booyah!" 90's
Spirit Day

Week 4

Tuesday

11

18
Think Wellness
Mindful Art

Wednesday

12

Wear Your
Camp T-Shirt

19
Think Wellness
Mindful Art

Thursday

13

Jurassic Park
Dinosaur
Edition

20
To the Future &
Beyond!

Friday

14
Time Travel
Machine Build-Off

21
Last day of
Session 2
Celebration!

Monday

24
Group Color &
Flag Day

Week 5

31
Spirit Chains &
Cheers

Week 6

Tuesday

25

1 **AUGUST**
Tie-Dye
Palooza

Wednesday

26

Wear Your
Camp T-Shirt

2
Color Run!! Be
sure to wear
white & your
group's color

Thursday

27

Capture the
Flag Camp
Edition

3
Color Run!! Be
sure to wear
white & your
group's color

Friday

28
Apache Relay
Race

4
Last day of
Session 3
Celebration!

Monday

7
Group Passport
Day

Week 7

14
Map Quest
Australia

Week 8

Tuesday

8

Map Quest
Africa

15

Map Quest
Europe

Wednesday

9

Wear Your
Camp T-Shirt

16
Map Quest
North America
The Extreme
Magic of Eric

Thursday

10

Map Quest
Antarctica

17

Map Quest
South America

Friday

11

Map Quest
Asia

18

Last day of
Session 4
Celebration!

21

Week 9

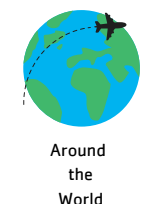
22

23

Wear Your
Camp T-Shirt

24

25



**BONUS
WEEK!**



GREAT SOUTH BAY YMCA Sports Camp Summer Day Camp Calendar

CAMP is the BEST
LIFE is the LIFE

June 26 - August 25, 2023

Monday

26 Opening Day!!
1. Basketball Drills
2. Basketball Game
3. Football Drills
4. Football Game

Week 1

3 JULY
1. Lacrosse Drills
2. Lacrosse Game
3. Circuit Training
4. Fitness Scavenger Hunt

Week 2

Tuesday

27
1. Soccer Drills
2. Soccer Game
3. Baseball Drills
4. Baseball Game

4

NO CAMP

Wednesday

28
Free-Agent Wednesday
(Jersey Day)
Sports Arena

5

Free-Agent Wednesday
(Jersey Day)

Thursday

29
1. Hockey drills
2. Hockey Game
3. Ultimate Frisbee
4. Frisbee Game

6

1. Euro Handball
2. Basketball
3. Team Building
4. Spike Ball

Friday

30
1. Volleyball Drills
2. Volleyball Game
3. Kickball
4. capture the Flag

7
1. Softball Drills
2. Softball Game
3. Water Games
4. Relay Mania
Last Day of Session
1 celebration

Monday

10
1. Hockey Drills
2. Hockey Game
3. Soccer Drills
4. Soccer Game

Week 3

17
1. Euro Handball
2. Softball Drills
3. Softball Game
4. Fitness Scavenger Hunt

Week 4

Tuesday

11
1. Flag Football
2. Football Game
3. Team Building
4. Kickball

18

1. Crazy Hoops
2. Volleyball Game
3. Homerun Derby
4. Obstacle Course

Wednesday

12
1. Basketball Drills
2. Basketball Game
3. Volleyball Drills
4. Keep it Up

19
Free-Agent Wednesday
(Jersey Day)

Thursday

13
Long Island
Ducks Game

20
1. Circuit Training
2. Archery
3. Lacrosse Drills
4. Lacrosse Game

Friday

14
1. Baseball Drills
2. Baseball Game
3. Spike Ball
4. Relay Mania

21
1. Ultimate Frisbee
2. Kan Jam
3. Soccer Shootout
4. Push Up, Sit Up,
Sprints Challenge
Last Day of Session
2 celebration

Monday

24
1. Euro Handball
2. Half Court Shooting
Contest
3. Ultimate Frisbee
4. Fitness Scavenger Hunt

Week 5

31
1. Basketball Drills
2. Basketball Game
3. Flag Football
4. Football Game

Week 6

Tuesday

25
1. Volleyball Drills
2. Volleyball Game
3. Circuit Training
4. Kickball

1

AUGUST

1. Capture the Flag
2. Baseball Drills
3. Baseball Game
4. Speed & Agility

Wednesday

26
Farmingdale
Gymnastics Academy
Free-Agent Wednesday
(Jersey Day)

2
Free-Agent Wednesday
(Jersey Day)

Thursday

27
1. Hockey Drills
2. Hockey Game
3. Kan Jam
4. Team Building

3
1. Knock Out
2. Archery
3. Soccer Drills
4. Soccer Game

Friday

28
1. Lacrosse Drills
2. Lacrosse Game
3. Spike Ball
4. Target, Aim &
Throw

4
1. Relay Mania
2. Obstacle Course
3. Softball Game
4. Water Games
Last day of Session 3
celebration!

Monday

7
1. Basketball Drills
2. Basketball Game
3. Ultimate Frisbee
4. Frisbee Game

Week 7

14
1. Sports Court
2. Camper's Choice
3. Archery
4. Relay Mania
5. Speed & Agility

Week 8

Tuesday

8
1. Lacrosse Drills
2. Lacrosse Game
3. Fitness Scavenger Hunt
4. Homerun Derby

15

1. Volleyball Drills
2. Volleyball Game
3. Obstacle Course
4. Kickball

Wednesday

9
Free-Agent Wednesday
(Jersey Day)

16
Free-Agent Wednesday
(Jersey Day)
New York Mets Game
(late pickup)

Thursday

10
1. Hockey Drills
2. Hockey Shootout
3. Football Drills
4. Flag Football

17
1. Euro Handball
2. Firing Squad
3. Baseball Drills
4. Baseball Game

Friday

11
1. Softball Drills
2. Softball Game
3. Kan Jam
4. Team Building

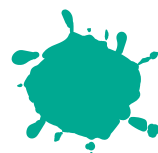
18
1. Circuit Training
2. Soccer Drills
3. Soccer Game
4. Water Games
Last day of Session 4
celebration!



Heroes
Assemble



Travel
Through
Time



Color Wars



Around
the
World



GREAT SOUTH BAY YMCA- ACLD

Pre-Teen/Teen Camp

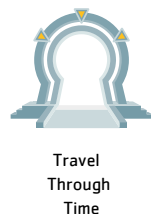
Summer Day Camp Calendar

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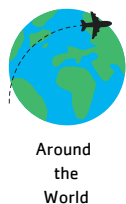
Monday	Tuesday	Wednesday	Thursday	Friday
26 Group Banner Day Week 1	27 Pre-Teen: Country Fair Teen: Who is your Real-life Hero?	28 Pre-Teen: Merrick Avenue Athletic Center & Eisenhower Park Teen: East Islip Bowling	29 Who is your Real-Life Hero? Teen: Dave & Buster's	30 Pre-Teen: Super Hero Day
3 JULY Pre-Teen: Red, White & Blue Day Week 2	4 NO CAMP	5 Pre-Teen: Long Island Maritime Museum Teen: Adventureland	6 Pre-Teen: Sunken Meadow Beach	7 Last day of Session 1 celebration Teen: ArtSea Studio



Monday	Tuesday	Wednesday	Thursday	Friday
10 Pre-Teen/Teen: DIY Group Time Capsule Week 3	11 Pre-Teen: East Islip Bowling Teen: Country Fair	12 90's Throwback Day Teen: East Islip Bowling	13 Long Island Ducks Game	14 Pre-Teen Vs Sports Camp Soccer Game
17 Bring back the 70's Teen: Deer Park Movie Theater Week 4	18 Pre-Teen: Glen Cove Y's Ropes Course Half of the groups Teen: Top Golf	19 Pre-Teen: Top Golf- half of the groups	20 Pre-Teen: Top Golf/ Glen Cove Y's Ropes Course Teen: York Mets Game (late pick up)	21 Last day of Session 2 celebration



Monday	Tuesday	Wednesday	Thursday	Friday
24 Group Spirit Stick Day Week 5	25 Teen: Monster Mini Golf	26 Pre-Teen: Monster Mini Golf/ Deer Park Movie Theater Teen: Sunken Meadow Beach	27 Pre-Teen: Farmingdale Gymnastics Academy Teen: Merrick Avenue Athletic Center & Eisenhower Park	28 Annual Color Run
31 Pre-Teen/Teen: Tie- Dye Day Week 6	1 AUGUST Teen: East Islip Bowling	2 Pre-Teen: Adventureland Teen: Dave & Buster's	3 Pre-Teen: Monster Mini Golf/ Deer Park Movie Theater Teen: Farmingdale Gymnastics	4 Last day of Session 3 celebration



Monday	Tuesday	Wednesday	Thursday	Friday
7 Teen: LI Maritime Museum Create your Group Map Day Week 7	8 Pre-Teen: Yankee III Fishing Trip/ Sunken Meadow Beach Teen: Glen Cove Y's Ropes Course	9 Pre-Teen: Yankee III Fishing Trip/ Sunken Meadow Beach	10	11 Teen: Yankee III Fishing Trip
14 Pre-Teen: Plaster Kraze Teen: Apache Relay around the world Week 8	15 Pre-Teen: Apache Relay around the world Teen: Deer Park Movie Theater	16 Pre-Teen: Sunken Meadow Beach Teen: New York Mets Game (late pick up)	17 Pre-Teen: What county would you like to travel to? Teen: Sunken Meadow Beach	18 Last day of Session 4 celebration
21 BONUS WEEK! Week 9	22	23	24	25