



# FIVE DAYS OF ACTION

**KNOW. SEE. RESPOND.**

April 24–28, 2023



**Scan to learn more and gain access to resources!**

**Five Days of Action is a week-long campaign designed to raise awareness and inspire adults to take action to protect children from sexual abuse. This year, the campaign takes place April 24–28, 2023.**

## KNOW

KNOWing about child sexual abuse can help adults better understand what to look for and how to prevent it. As parents, caregivers, and trusted adults to the young people in our lives, we play an important role in protecting them from abuse. This requires our commitment to continually learn and then ask questions about the safety of our loved ones.

## SEE

When we SEE boundaries being crossed or suspect a child is being abused, we can and should act quickly. Sports should be safe places for children to grow, both as people and athletes. As a parent, caregiver, coach, or volunteer, it is up to you to make sure any environment in which children in your care interact is free from abuse.

## RESPOND

Did you know that you don't need evidence to report abuse—only reasonable suspicion? But even for adults, reporting abuse is hard. We don't want to falsely accuse someone or get someone in trouble. On the other hand, reporting might be the one thing that saves a child – or children – from abuse. It is our responsibility to RESPOND to any and all disclosure, discovery or suspicion of child sexual abuse.

For more info, scan the QR code above or visit

**[YMCA.ORG/FIVEDAYSOFACTION](https://YMCA.ORG/FIVEDAYSOFACTION)**