

# WINTER SESSION 2023

FEBRUARY 5<sup>TH</sup> – APRIL 15<sup>TH</sup>  
PATCHOGUE FAMILY YMCA



FOR YOUTH DEVELOPMENT<sup>®</sup>  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Schedules are subject to change  
**Gym Schedule begins 1/8/23**

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**Program Registration begins**  
**January 23<sup>rd</sup> 2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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7:00am-11:30am <b>Full Court</b> <b>Adult Basketball</b> <i>*Members Only*</i> <i>*No Guests*</i> <i>*Must be 18+*</i>	5:00am-7:00am Full Court Adult Open Gym	5:00am-10:00am Full Court Adult Open Gym	5:00am-7:00am Full Court Adult Open Gym	5:00am-7:00am Full Court Adult Open Gym	5:00am-7:00am Full Court Adult Open Gym	7:00am-10:30am <b>Full Court</b> <b>Adult Basketball</b> <i>*Members Only*</i> <i>*No Guests*</i> <i>*Must be 18+*</i>
11:30am-1:45pm <b>Front Half</b> <b>Family Open Gym</b> <b>Back Half</b> <b>Adult Open Pickleball</b>	7:00am-10:00am Front Half Adult Open Gym Back Half Adult Open Pickleball	7:00am-9:00am <b>Full Court</b> <b>Adult Open Pickleball</b>	7:00am-10:00am <b>Full Court</b> <b>Adult Open Pickleball</b>	7:00am-10:00am Front Half Adult Open Gym Back Half Adult Open Pickleball	7:00am-9:00am Front Half Adult Open Gym Back Half Adult Open Pickleball	10:30am-2:00pm <b>Front Half</b> <b>Family Open Gym</b> <b>Back Half</b> <b>Youth Sport Programs</b> <i>*Programs may take Front Half of Gym*</i>
1:45pm-3:45pm <b>Full Court</b> <b>Family Open Gym</b>	10:00am-2:00pm Full Court Adult Open Gym <i>*Programs may take Front Half of Gym*</i>	10:00am-2:00pm <b>Full Court</b> <b>Adult Open Pickleball</b> <i>*Programs may take Front Half of Gym*</i>	9:00am-11:30am <b>Full Court</b> <b>Pickleball Clinic</b>	10:00am-2:00pm Front Half Adult Open Gym Back Half Adult Open Pickleball <i>*Programs may take Front Half of Gym*</i>	9:00am-10:30am <b>Full Court</b> <b>Fitness Program</b>	2:00pm-5:45pm <b>Front Half</b> <b>Family Open Gym</b> <b>Back Half</b> <b>Teen Open Gym</b> <i>*Programs may take Front Half of Gym*</i>
<b>BUILDING CLOSSES AT 4:00PM</b>			11:30-2:00pm Full Court Adult Open Gym <i>*Programs may take Front Half of Gym*</i>		10:30am-2:00pm Full Court Adult Open Gym <i>*Programs may take Front Half of Gym*</i>	<b>BUILDING CLOSSES AT 6:00PM</b>
<i>Challenger Athletics</i> <b>Full Court</b> <i>Sundays</i> 11:00am-12:30pm 2/5-3/12	2:00pm-4:00pm Front Half Adult Open Gym Back Half Teen Open Gym <i>*Programs may take Front Half of Gym*</i>	2:00pm-4:00pm Front Half Adult Open Gym Back Half Teen Open Gym <i>*Programs may take Front Half of Gym*</i>	2:00pm-4:00pm Front Half Adult Open Gym Back Half Teen Open Gym <i>*Programs may take Front Half of Gym*</i>	2:00pm-5:15pm Front Half Adult Open Gym Back Half Adult Open Pickleball <i>*Programs may take Front Half of Gym*</i>	2:00pm-6:00pm Front Half Adult Open Gym Back Half Teen Open Gym <i>*Programs may take Front Half of Gym*</i>	<i>Birthday Parties</i> Front Half Saturdays Time may vary
	4:00pm-6:00pm <b>Front Half</b> <b>Family Open Gym</b> <b>Back Half</b> Adult Open Pickleball	4:00pm-6:30pm <b>Front Half</b> <b>Basketball Clinic</b> Back Half Adult Open Gym	4:00pm-6:00pm <b>Front Half</b> <b>Family Open Gym</b> <b>Back Half</b> Teen Open Gym	5:15pm-7:15pm <b>Full Court</b> <b>Youth Program</b>		
	6:00pm-8:45pm <b>Full Court</b> <b>Adult Basketball</b> <i>*Members Only*</i> <i>*No Guests*</i> <i>*Must be 18+*</i>	6:30pm-8:45pm <b>Front Half</b> <b>Family Open Gym</b> Back Half Adult Open Gym	6:00pm-8:45pm <b>Full Court</b> <b>Adult Volleyball League</b>	7:15pm-8:45pm <b>Front Half</b> <b>Family Open Gym</b> Back Half Adult Open Gym	6:00pm-8:45pm <b>Front Half</b> <b>Family Open Gym</b> Back Half Adult Open Gym <i>*Programs may take Full Gym*</i>	
	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	
	<b>PROGRAM</b> Paid Programs, Classes, and Leagues	<b>FAMILY</b> Up to age 12 with a parent or guardian 18+	<b>TEEN</b> Teen open gym time Under 18 without Guardian must leave by 6:00pm	<b>BASKETBALL</b> Adult Full Court Basketball Members only, no guests, 18+	<b>PICKLEBALL</b> Adult Open Pickleball Pickleball may only be played during designated time	Updated 1/10/23

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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## TRACK SCHEDULE

7:00am-3:45pm Adult/Family/Teen/ Programs	5:00am-3:00pm Adult	5:00am-3:00pm Adult	5:00am-3:00pm Adult	5:00am-3:00pm Adult	5:00am-3:00pm Adult	7:00am-5:45pm Adult/Family/Teen/ Programs
<b>BUILDING CLOSSES AT 4:00PM</b>	3:00pm-8:45pm Adult/Family/Teen/ Programs	3:00pm-8:45pm Adult/Family/Teen/ Programs	3:00pm-8:45pm Adult/Family/Teen/ Programs	3:00pm-8:45pm Adult/Family/Teen/ Programs	3:00pm-8:45pm Adult/Family/Teen/ Programs	<b>BUILDING CLOSSES AT 6:00PM</b>
	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	<b>BUILDING CLOSSES AT 9:00PM</b>	