

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price		
AQUATICS PROGRAMS										
INFANT/TODDLER SWIM LESSONS (6 MONTHS– 3 YEARS OLD) Classes meet once per week for 9 weeks. 30 minutes									FULL	PROGRAM
STAGE: A Water Discovery			11:00–11:30am		11:00–11:30am			\$163	\$200	
STAGE: B Water Discovery			11:30–12:00pm		11:30–12:00pm		10:30–11:00am	\$163	\$200	
PRESCHOOL SWIM LESSONS (3–5 YEARS OLD) Classes meet once per week for 9 weeks. 30 minutes										
STAGE 1 Water Acclimation		3:00–3:30pm 3:30–4:00pm		4:30–5:00pm			9:00–9:30am	\$158	\$195	
STAGE 2 Water Movement		4:30–5:00 5:00–5:30pm	3:30–4:00pm 4:30–5:00pm	3:30–4:00pm			9:30–10:00am	\$158	\$195	
STAGE 3 Water Stamina			4:00–4:30pm	4:30–5:00pm	3:30–4:00pm 4:00–4:30pm		10:00–10:30pm	\$158	\$195	
STAGE 4 Stroke Introduction		4:00pm–4:30pm 4:00pm–4:30pm	5:00–5:30pm	4:00–4:30pm				\$158	\$195	
SCHOOL-AGE SWIM LESSONS (6–12 YEARS OLD) Classes meet once per week for 9 weeks. 30 minutes										
STAGE 1 Water Acclimation				5:30–6:00pm *small pool*	5:00–5:30pm *small pool*			\$163	\$200	
STAGE 2 Water Movement			4:30–5:00 *small pool*	5:30–6:00pm	4:30–5:00m *small pool*			\$163	\$200	
STAGE 3 Water Stamina		5:00–5:30pm	5:00–5:30pm	5:00–5:30pm				\$163	\$200	
STAGE 4 Stroke Introduction		5:30–6:00pm 5:30–6:00pm		5:00–5:30pm				\$163	\$200	
Swim Club			5:00–5:45pm		5:00–5:45pm			\$168	\$205	
ADULT SWIM LESSONS										
Morning Masters meets 2x per week			6:00–7:15am		6:00–7:25am			\$273	\$310	
Mid-Morning Masters meets 2x per week			7:30–8:45am		7:30–8:45am			\$273	\$310	
Water Aerobics meets 2x per week			10:15–11:00am		12:00–12:45pm			FREE	FREE	
Swim Lessons – 9 weeks – 30 minutes Full Member: \$158 Program Member: \$195.00										
Swim Club – 9 weeks – 45 minutes Full Member: \$168.00 Program Member: \$205.00										
PRE- TEEN NIGHT: JANUARY 13, 27 , FEBRUARY 3, 17, MARCH 3, 17, 31, APRIL 21										