



# LEARN. GROW. TEACH

## AMERICAN RED CROSS WATER SAFETY INSTRUCTOR (WSI) COURSE

February 2023

THURSDAYS: 2/2, 2/9 & 2/16 7:00-9:00PM

SUNDAYS: 2/5 & 2/19 11:00AM-4:00PM

### Course Cost:

- \$450 YMCA Members
- \$480 Non-Members

\*\* Participants are required to download class materials prior to the first class.

### CERTIFICATION

Upon successful completion of all course materials and practice skills, participants will receive a 2-year certification as a water safety instructor.

### COURSE REQUIREMENTS:

- Must be at least 16 years of age.
- Must complete online portion of class.
- Must be able to perform the following skills at a level 4 standard:
  - 25 yards: front crawl, back crawl, breaststroke, elementary backstroke & sidestroke
  - 15 yards: Butterfly, Tread water for 1 minute, float or scull on back for 1 minute

### REGISTER:

email Meg Preiss | [swanscoach@optonline.net](mailto:swanscoach@optonline.net)

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