



# YOUR MEMBERSHIP MEANS MORE

With a focus on developing the potential of children, improving personal health and well-being, and helping our society, your membership provides meaningful change, not just within yourself but in your community too.

## YOUTH DEVELOPMENT

- Preschool
- Before & After School
- Summer Day Camp
- Holiday Camp
- Swim Lessons
- Youth Sports & Movement
- Enrichment Programs
- Family Activities
- Child Watch

## HEALTHY LIVING

- Group Fitness Classes
- Fitness Centers
- Aquatics
- Adults Sports & Recreation
- Chronic Disease Prevention & Recovery Programs
- Personal & Small Group Training
- Mental Health Services
- Wellness Resources
- Fitness Challenges and Events
- YMCA360 Livestream and On-Demand Fitness Classes

### YMCA360

Take the Y with you anywhere you go! The YMCA360 workout platform brings all your favorite workouts to any device. Livestream or on-demand classes are exclusively for our YMCA of Long Island Members.

## SOCIAL RESPONSIBILITY

- Financial Assistance & Scholarships
- Water Safety & Drowning Prevention
- Partnerships with Healthcare Providers
- Health & Wellness Fairs
- Diversity & Inclusion Programs
- Teen Programs & Workshops
- Community Partnerships
- Community Events



# 2023 MEMBERSHIP RATES

YMCA at Glen Cove

Membership Category	Full Member Monthly Rate	Program Membership Annual Rate
Youth Program Membership		\$100
Teen/Young Adult	\$37	\$106
Adult	\$74	\$127
2 Adults	\$117	\$228
Senior Adult	\$60	\$106
2 Senior Adults	\$95	\$191
Household I	\$86	\$191
Household II	\$122	\$286

## GUEST FEES

Full Facility Use:  
Adults ages 18+  
\$20 per person per day

## JOINER FEE

\$75 per adult.  
Applies to new members only.

## FINANCIAL ASSISTANCE

Financial assistance is available for those who meet income requirements. Learn more at [YMCAI.org/membership/financial-assistance](https://ymcali.org/membership/financial-assistance)

## NATIONWIDE MEMBERSHIP

Full facility members can enjoy nationwide membership at any participating YMCA in the United States. Must be an active member using home Y at least 50% of the time. Special memberships (i.e., group homes, etc.) are not eligible. See Member Services desk for more information.

## MEMBER REFERRAL PROGRAM

Refer a friend, family member or colleague to join the YMCA. Enjoy the benefit of working out with a buddy and earn yourself ONE FREE MONTH of membership. Visit the Member Services Desk for details.