

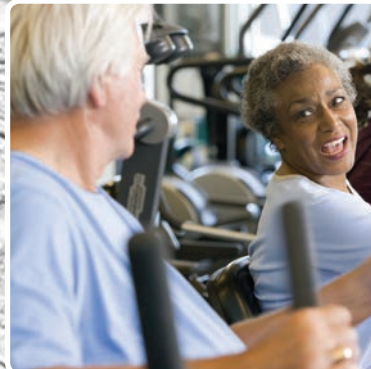


# REBUILDING OUR COMMUNITY TOGETHER

YMCA OF LONG ISLAND | 2021 Annual Report







Dear Friends,

We are proud to present the YMCA of Long Island's 2021 Annual Report. In 2021, we continued to heal from the devastating impact of the COVID-19 pandemic. The resiliency of our members, staff and volunteers in supporting YMCA's mission to lift and improve the quality of life for Long Islanders was nothing short of remarkable.

As we have for more than 100 years, the YMCA of Long Island has offered programs and services that support health and wellness, youth development, and a center for community life. Over the last year, we are proud of our commitment and resolve to rebuild and adapt to the ever-changing needs of our local communities.

At the start of the COVID-19 pandemic, the YMCA of Long Island immediately responded by providing emergency childcare for Essential Workers, telemedicine mental health counseling, virtual wellness, and family engagement programming. This year, we have pivoted to our rebuilding strategy with the return of youth swim lessons and sports programs, summer day camp and the expansion of our UPK programs. Caring for local youth and providing stable, nurturing programs in this time of disruption continues to be tantamount.

Our mission is to make a positive difference every single day. We are grateful for our generous donors, supporters and partners for helping us rebuild one member, one program, one day at a time. We look forward to your continued support as we focus on strengthening our communities for generations to come.

Gratefully,



Anne N. Briggs  
President & CEO



Paul Craco  
Chief Volunteer Officer

## REBUILDING OUR COMMUNITY TOGETHER





# YOUTH DEVELOPMENT NURTURING POTENTIAL

## CHILD CARE

The YMCA's Emergency Relief Programming, through Y Student Support Centers were activated in March 2020, and continued through June 2021. Our Y Student Support Centers support the school districts hybrid models as limited in-person school instruction. The original standards of care were updated as CDC and NYS health departments provided new guidance through the year. Social distancing, smaller groups, wellness checks, frequent handwashing and other safety procedures were adjusted as access to vaccines and treatment options became available to communities.

## UNIVERSAL PRE-K

In the fall of 2021, the YMCA of Long Island expanded our partnership with 3 new school districts for UPK. This includes: South Country Central School District, Huntington School District and Glen Cove School District.

In South Country, we occupy the South Haven Early Childhood Center and have 6 classrooms serving over 125 four-year olds.

Our Huntington School District UPK program houses 3 classrooms serving 53 four-year olds in the Sammis Family Childhood Center at our Huntington Y.

Lastly, our Glen Cove City School partnership UPK served 4 families in a collaborative model classroom.



In addition, our largest and most-tenured UPK center in Bay Shore had its first full year at its new location, the Bay Shore Center. The program continues to make an impact in the community by serving over 285 four year-olds in its amazing space, providing STEM, Spanish, and After School Care.

## THE RETURN OF OUR YOUTH SPORTS AND MOVEMENT PROGRAMS

This spring, our YMCA of Long Island branches saw the return of Youth Programs including Ninja Fitness, Art & Movement classes, and outdoor sports including basketball and soccer. As masks were not required outdoors, we utilized our 2,000-square foot tents at each of our branch locations to provide safe space for these programs.



Our Great South Bay YMCA piloted a new Water Polo Instructional program for children ages 5-17. The program was divided into beginner and intermediate based on age and classes focused on teaching the skills, strategy, safety, and the rules of water polo.

## Y SWIM TEAMS

In 2021, our Huntington YMCA Bluefish Swim Team served 140 swimmers over the course of the year (school year and summer). Our YMCA East Hampton Hurricanes served 40 swimmers over the course of the year.



# WE ARE ALL IN THIS TOGETHER.



Swimmers participated in team practices and local and regional swim meets, demonstrated leadership abilities in/out of the pool through YMCA volunteer opportunities and communicated with teams during relays, all while being supported by our fantastic

team of coaches and loving families. Many of our swimmers had individual accomplishments (including personal best times, team ranking and participation on high school swim teams.) In the 2020-2021 season, our Huntington YMCA Bluefish had over 60 swimmers participate in try-outs, and had over 50 swimmers in our youngest age group (Blue team).

## SUMMER DAY CAMP

Our youngest Long Islanders were able to enjoy a respite of normalcy with our YMCA of Long Island Summer Day Camp in 2021.

Campers were grouped into smaller cohort groups to mitigate COVID-19 risk and assist in contact tracing in compliance with guidance



from the NYS Department of Health and the CDC. With most of the daily activities outdoors, campers were more than happy to socialize and return to their normal routine of being kids.

## HEALTHY LIVING IMPROVING HEALTH

### STAYING SAFE

Throughout 2021, our YCare&Clean Program that was developed to ensure members felt safe and comfortable at our facilities continued to be practiced. These practices included wellness screenings for members and staff, PPE, signage to indicate social distancing and capacity limits, cleaning and sanitizing, air filter upgrades and contact tracing capability.

With the generous support of **Sterling National Bank and Andrew Sabin Family Foundation**, we purchased 2,000 square foot tents in March 2021 for our YMCA Outdoor Fitness/Classroom programs. These programs were offered outside under most weather conditions as members were not required to wear masks outdoors and provided ample social distancing.



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## YMCA WEIGHT LOSS PROGRAM AT HUNTINGTON YMCA

In 2021, the Healthy Living department launched a new 12-week weight loss program focused on nutrition and exercise to help participants reach their weight loss goals. Participants met two times per week for a nutrition session and a bootcamp class. The initial program included 16 participants and the total weight loss by participants was 114lbs!

### YMCA360

Nationally, the pandemic increased the need for accessing health and fitness options at your fingertips. In 2021, our Virtual Y, the resource for virtual health and fitness classes through the pandemic became YMCA360!

2021 saw the launch of YMCA360 for on-demand and livestreaming fitness programs. With a comprehensive selection of fitness classes offered by Y instructors from across the country, our YMCA of Long Island members experienced the Y like never before with something for every age and interest. We provided a limited-time trial of YMCA360 to the community in April 2020. YMCA360 is included as part of our YMCA of Long Island full facility membership.



### MENTAL HEALTH SERVICES

This year, the YMCA Family Services branch continued to provide in-person and virtual mental health services to our Long Island community and in schools. Throughout the pandemic, the demand for mental health services has dramatically increased with the affects of isolation, social anxiety, financial hardships and alcohol/substance abuse. In-person prevention programs resumed in September 2021. Programs included: Too Good for Drugs, Too Good for Violence, Internet Safety, Behavior Management, Self Care for Kids, Family and Self, Medicine Take Back events, Diversions Programs, Social Skills, Teen Talk and Coping Skills.

## YMCA 5K SERIES

Our annual YMCA 5K Series remained virtual in 2021 due to the uncertainty of the COVID-19 pandemic. Proceeds from all four YMCA 5K races benefited the Y's essential programs and services during COVID-19 pandemic. **We are grateful to our series sponsors: Mrs. Linda Army and Bethpage Federal Credit Union as our Platinum Sponsor, GEICO, Ms. Bel Pagdanganan, National Grid, People's United Bank and Friend of the Y.**

## SOCIAL RESPONSIBILITY GIVING BACK

### FALL CANCER WELLNESS EVENT

On Sunday, November 7, 2021, the Huntington YMCA partnered with Mondays at Racine Cancer Care offering a suite of oncology-certified therapeutic health, wellness and beauty services, all at no charge to anyone undergoing cancer treatment.

Services included skin consults, hair & wig consults, art therapy, nutrition discussion, meditation, and much more. The day was impactful and rewarding for the 50 participants.

This event was an opportunity for the Y to promote our LIVESTRONG® program that re-launched in 2021 after a short hiatus due to the pandemic. LIVESTRONG® at the YMCA is a free 12-week program designed for cancer survivors who want to regain or maintain their health. This group-based program meets twice per week for 75 minutes at the Y. Our staff of certified coaches provides a safe and supportive



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environment for each class. Coaches have participated in specialized training in the elements of cancer, post-rehab exercise, nutrition, and supportive cancer care and follow the American College of Sports Medicine and American Cancer Society exercise guidelines.

## COMMUNITY FOOD DISTRIBUTION

In late summer 2021, our Patchogue Family YMCA launched a partnership with Island Harvest to provide FREE healthy food boxes to families through the COVID-19 pandemic. In 5 months, we distributed 540 grocery boxes of food.



## GIVING FOR THE HOLIDAYS

Our YMCA at Glen Cove hosted a fundraising dinner event in October at the Knights of Columbus that included a \$10,000 reverse raffle. Proceeds from the event reached \$30,000 to benefit the branch's scholarships, programming and support services. This event kicked off the holiday season for our Glen Cove branch. The YMCA at Glen Cove Preschool families donated items for the Porch Pantry in Glen Cove as part of a Thanksgiving Food Drive. This 18-day food drive helped families in our communities during the holiday season.



Members at our YMCA at Glen Cove branch filled up 5 large boxes of toys as part of Nassau County's Toys for Tots campaign to bring holiday gifts to families in need. Students from our School Age Child Care Program in Valley Stream School District mailed letters to the military through Operation Gratitude. Children in our After School Program in our New Hyde Park School District donated blankets for animals in need at North Shore Animal Shelter.

## COMMUNITY EVENTS

### Happy 30th Birthday Great South Bay YMCA

This year, our Great South Bay YMCA celebrated its 30th anniversary! The branch hosted a week-long celebration of events including giveaways, healthy snacks, raffles and contests to commemorate this milestone. One of the highlights of the week included the Staff vs. Senior Volleyball game. The week closed with a special Veterans Day luncheon to honor all those brave men, women and families who served our country. The event recognized veterans including John Farrell, Pete Pettersen, Al LaLand & Richie Woolsey and was followed by a birthday cake ceremony. Our Preschool and School Age Child Care programs participated in parades, art projects, and decorations for the week-long celebration.



# WE ARE ALL IN THIS TOGETHER.



## HUNTINGTON CARNIVAL

In 2021, the Huntington YMCA hosted our annual Labor Day weekend Carnival. Over the 4-day holiday weekend, we raised \$50,000 for the Y scholarship program and support services.

## MULTI-CULTURAL FESTIVAL

Our Great South Bay YMCA hosted a Multi-Cultural Festival from December 6-12th. The event, in partnership with Project Move and funded by Suffolk County included classes for kids all week in arts, drumming, diversity and music.



## 2021 GOLF SERIES

Our 2021 YMCA of Long Island Annual Golf Classic honoring YMCA of Long Island, Inc., Board of Director, Mr. John Finn, Damianos Realty Group was pushed from June to October 18, at The Mill River Club, Oyster Bay. The event raised \$196,000 for summer day camp scholarships allowing over 400 local kids to enjoy the magic of our summer camp.

We welcomed back our YMCA of Long Island Golf Series in 2021. Our Patchogue Family YMCA Golf event honored Jim Dixon on June 14. The event raised \$59,876 for summer day camp scholarships and support services.

Great South Bay YMCA's annual "SEND A KID TO CAMP" Golf Classic returned this year. We are thrilled that we raised a record-breaking \$45,000 in net proceeds, allowing us to help hundreds of children and families attend our summer day camp program.

# WE ARE ALL IN THIS TOGETHER.



# IMPACT BY THE NUMBERS



**7,640**  
SWIM LESSONS  
PROVIDED WATER  
SAFETY AND SWIMMING  
SKILLS TO  
LONG ISLANDERS



**1,995**  
PRESCHOOL CHILDREN  
LEARNING AND  
DEVELOPING THEIR  
SOCIAL SKILLS IN A  
SAFE AND HEALTHY  
ENVIRONMENT.



**1,284**  
CHILDREN PARTICIPATED IN  
Y SPORTS PROGRAMMING

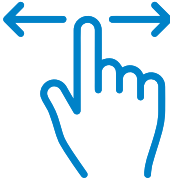
**2,882** CHILDREN  
SERVED IN BEFORE  
AND AFTER SCHOOL  
PROGRAMS



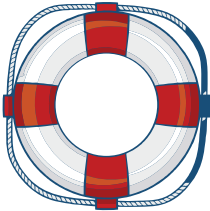
**1,337**  
CHILDREN RECEIVED  
HOLIDAY AND  
SCHOOL BREAK CHILD  
CARE SERVICES



**533,197**  
MEMBER  
CHECK-INS



**39,603**  
LONG ISLANDERS  
CALLED US THEIR Y



**339** LIFEGUARD  
TRAINING CLASS  
PARTICIPANTS

**2,567** CAMPERS  
LEARNED NEW SKILLS,  
BUILT CONFIDENCE AND  
MADE NEW FRIENDS



## STATEMENT OF ACTIVITIES

For the year ended December 31, 2021

|   | <u>Without Donor Restrictions</u> | <u>With Donor Restrictions</u> | <u>Total</u>                |
|---|-----------------------------------|--------------------------------|-----------------------------|
| <b>Revenues and Other Support:</b>                |                                   |                                |                             |
| Government grants and contracts                   | \$ 3,055,920                      | \$ -                           | \$ 3,055,920                |
| Program services                                  | 16,070,950                        | -                              | 16,070,950                  |
| Participating memberships                         | 5,564,541                         | -                              | 5,564,541                   |
| Contributions                                     | 9,246                             | 1,544,403                      | 1,553,649                   |
| In-kind contributions                             | 546,320                           | -                              | 546,320                     |
| Special events, net                               | -                                 | 437,607                        | 437,607                     |
| United Way and other community funds              | 24,000                            | -                              | 24,000                      |
| Facility usage and other income                   | 453,532                           | -                              | 453,532                     |
| Net assets released from donor restrictions       | 1,625,525                         | (1,625,525)                    | -                           |
| <b>Total Revenues and Other Support</b>           | <b><u>27,350,034</u></b>          | <b><u>356,485</u></b>          | <b><u>27,706,519</u></b>    |
| <b>Expenses:</b>                                  |                                   |                                |                             |
| Program services:                                 |                                   |                                |                             |
| Multi-service branches                            | 23,667,436                        | -                              | 23,667,436                  |
| Family services branch                            | 1,132,795                         | -                              | 1,132,795                   |
| <b>Total Program Services</b>                     | <b><u>24,800,231</u></b>          | <b><u>-</u></b>                | <b><u>24,800,231</u></b>    |
| Supporting services:                              |                                   |                                |                             |
| Fundraising                                       | 675,939                           | -                              | 675,939                     |
| General and administrative                        | 3,001,629                         | -                              | 3,001,629                   |
| <b>Total Supporting Services</b>                  | <b><u>3,677,568</u></b>           | <b><u>-</u></b>                | <b><u>3,677,568</u></b>     |
| <b>Total expenses</b>                             | <b><u>28,477,799</u></b>          | <b><u>-</u></b>                | <b><u>28,477,799</u></b>    |
|   |                                   |                                |                             |
| Increase (Decrease) in net assets from operations | <u>(1,127,765)</u>                | <u>356,485</u>                 | <u>(771,280)</u>            |
| <b>Net Nonoperating Activities:</b>               |                                   |                                |                             |
|   |                                   |                                |                             |
| Net investment returns                            | 1,292,442                         | 102,360                        | 1,394,802                   |
| Other nonoperating activity                       | (42,174)                          | -                              | (42,174)                    |
| Unrealized appreciation on perpetual trust        | -                                 | 244,310                        | 244,310                     |
| Employee Retention Credit                         | 3,905,434                         | -                              | 3,905,434                   |
| <b>Net Nonoperating Activities</b>                | <b><u>5,155,702</u></b>           | <b><u>346,670</u></b>          | <b><u>5,502,372</u></b>     |
| <b>Changes in Net Assets</b>                      | <b>4,027,937</b>                  | <b>703,155</b>                 | <b>4,731,092</b>            |
| <b>Net Assets</b> , beginning of year             | <u>50,904,031</u>                 | <u>5,165,300</u>               | <u>56,069,331</u>           |
| <b>Net Assets</b> , end of year                   | <b><u>\$ 54,931,968</u></b>       | <b><u>\$ 5,868,455</u></b>     | <b><u>\$ 60,800,423</u></b> |





## A STRONG FINANCIAL BASE ENABES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

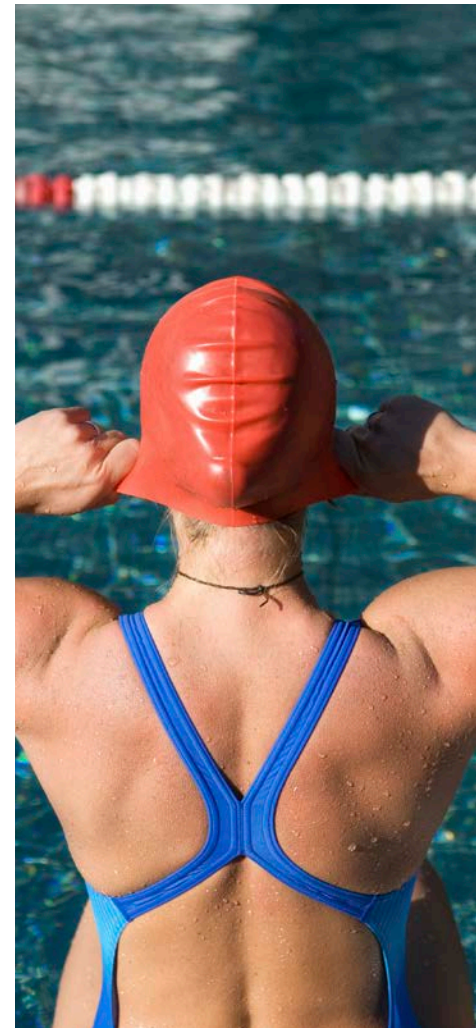
### Y of Long Island Community Benefit and Scholarship Assistance January to December 2021

|                              | Adults              | Children            | Financial Value         |
|------------------------------|---------------------|---------------------|-------------------------|
| <b>Full Membership</b>       | 44                  | 1,141               | \$ 274,286              |
| <b>Basic Membership</b>      | 4                   | 18                  | 946                     |
| <b>Program Scholarships:</b> |                     |                     |                         |
| Day Camp                     | —                   | 278                 | 192,979                 |
| Child Care                   | —                   | 603                 | 125,170                 |
| Aquatics                     | —                   | 36                  | 4,752                   |
| Counseling                   | 1,862               | —                   | 119,975                 |
| Teen Center                  | —                   | —                   | —                       |
| Cultural Arts/Dance          | —                   | —                   | —                       |
| Youth Sports & Fitness       | —                   | —                   | —                       |
| Other                        | —                   | —                   | —                       |
| <b>Total</b>                 | <b><u>1,910</u></b> | <b><u>2,076</u></b> | <b><u>\$718,108</u></b> |

### 2021 CONSTITUENCY

A total of **39,603**  
Long Islanders called us their Y in 2021:

|                        | Male                 | Female               |
|------------------------|----------------------|----------------------|
| Pre-Schoolers          | 1,840                | 1,768                |
| Elementary Schoolers   | 3,448                | 3,109                |
| Jr./Sr. High Schoolers | 2,717                | 2,031                |
| Young Adults           | 3,751                | 2,862                |
| Adults (30-54 years)   | 3,816                | 4,693                |
| Adults (55-64 years)   | 1,880                | 2,076                |
| Adults (65 and over)   | 2,558                | 3,054                |
| <b>Total</b>           | <b><u>20,010</u></b> | <b><u>19,593</u></b> |



YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, LLP are available upon request. The YMCA of Long Island, Inc. is a not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.

# THANK YOU TO OUR DONORS FOR YOUR GENEROUS CONTRIBUTIONS.

This list recognizes total giving  
from January 1, 2021 to  
December 31, 2021.

## CHAMPIONS (\$100,000 +)

Friend of the Y-Long Island  
Community Foundation  
The Rauch Foundation

## BUILDERS (\$50,000 – \$99,999)

PSEG Foundation  
Carol Ann & John Treiber

## LEADERS (\$25,000 – \$49,999)

Bethpage Federal Credit Union  
Paula & Bruce Fuhrmann  
Judy Jorge / Arlindo & Evelyn Jorge  
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Knapp-Swezey Foundation  
Sartorius North America, Inc.  
Sterling National Bank Charitable  
Foundation

## FOUNDERS (\$10,000 – \$24,999)

The Cox-Steiner Family  
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Marie D'Amato-Rizzi  
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Stew Leonard III, Water Safety  
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The Waters Family  
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Lincoln Lynch  
Maria & Frank McNamee  
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Melanie & Bob Pettersen & Family  
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N. Entenmann  
Gregg Nevola  
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People's United Bank  
Stuart Post  
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Paul Sweeney, Certilman Balin Adler & Hyman LLP

Frank Tufano  
Vincent Vellucci

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Ricky Chalifoux  
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Christine States  
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# LOCATIONS

## FACILITIES • SCHOOL SITES • SUMMER CAMPS

### BROOKHAVEN ROE Y CENTER

155 Buckley Road, Holtsville, NY 11742  
(631) 289-4440

### GREAT SOUTH BAY YMCA

200 West Main St., Bay Shore, NY 11706  
(631) 665-4255

### HUNTINGTON YMCA

60 Main Street, Huntington, NY 11743  
(631) 421-4242

### YMCA AT GLEN COVE

125 Dosoris Lane, Glen Cove, NY 11542  
(516) 671-8270

### YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937  
(631) 329-6884

### PATCHOGUE FAMILY YMCA

255 West Main Street, Patchogue, NY 11772  
(631) 891-1800

## NASSAU COUNTY CHILDCARE SITES

### FAIRFIELD ELEMENTARY SCHOOL

330 Massapequa Ave., Massapequa, NY 11758  
(631) 665-4255

### RAYMOND J. LOCKHART ELEMENTARY SCHOOL

199 Pittsburgh Ave., Massapequa, NY 11758  
(631) 665-4255

### UNQUA ELEMENTARY SCHOOL

350 Unqua Road, Massapequa, NY 11758  
(631) 665-4255

### BIRCH LANE SCHOOL

41 Birch Lane, Massapequa Park, NY 11762  
(631) 665-4255

### EAST LAKE ELEMENTARY

154 East Lake Ave., Massapequa Park, NY 11762  
(631) 665-4255

### JOHN P. MCKENNA ELEMENTARY SCHOOL

210 Spruce Street, Massapequa Park, NY 11762  
(631) 665-4255

### HILLSIDE GRADE SCHOOL

150 W. Maple Dr., New Hyde Park, NY 11040  
(516) 671-8270

### MANOR OAKS SCHOOL

1950 Hillside Avenue, New Hyde Park, NY 11040  
(516) 671-8270

### GARDEN CITY PARK SCHOOL

51 Central Avenue, New Hyde Park, NY 11040  
(516) 671-8270

### NEW HYDE PARK ROAD SCHOOL

300 New Hyde Park Rd, New Hyde Park, NY 11040  
(516) 671-8270

### CLEARSTREAM AVE. ELEMENTARY SCHOOL

60 Clearstream Ave, Valley Stream, NY 11580  
(516) 671-8270

### FOREST ROAD ELEMENTARY SCHOOL

16 Forest Road, Valley Stream, NY 11581  
(516) 671-8270

### SHAW AVENUE ELEMENTARY SCHOOL

99 Shaw Avenue, Valley Stream, NY 11580  
(516) 671-8270

## SUFFOLK COUNTY CHILDCARE SITES

### ACLD SPIEL CHILDREN'S CENTER

(Summer Camp site only)  
67 Greenwood Road, Bay Shore, NY 11706  
(631) 665-4255

### OAKWOOD PRIMARY CENTER

264 W. 22nd Street, Huntington, NY 11743  
(631) 421-4242

### SOUTHDOWN PRIMARY SCHOOL

Brown's Road, Huntington, NY 11743  
(631) 421-4242

### COUNTRYWOOD PRIMARY CENTER

499 Old Country Rd., Hunt. Station, NY 11746  
(631) 421-4242

### WASHINGTON PRIMARY SCHOOL

78 Whitson Rd., Huntington Station, NY 11746  
(631) 421-4242

### GOOSE HILL PRIMARY CENTER

75 Goose Hill Road, Cold Spring Harbor, NY 11724  
(631) 421-4242

### SOUTH HAVEN EARLY CHILDHOOD CENTER

2714 Montuak Highway, Brookhaven, NY 11719  
(631) 730-2180

## COUNSELING SITE

### YMCA FAMILY SERVICES

1150 Portion Road, Suite 6, Holtsville, NY 11742  
631-580-7777

## YMCA BOULTON CENTER FOR THE PERFORMING ARTS

37 West Main Street, Bay Shore, NY 11706  
(631) 969-1101 • [boultoncenter.org](http://boultoncenter.org)

## ASSOCIATION SERVICES HEADQUARTERS

121 Dosoris Lane, Glen Cove, NY 11542  
(516) 674-8091

## YMCA OF LONG ISLAND, INC.

121 Dosoris Lane, Glen Cove, NY 11542

**YMCA OF LONG ISLAND, INC.**

**121 Dosoris Lane  
Glen Cove, NY 11542  
[ymcali.org](http://ymcali.org)**

