




OCTOBER EVENTS



HUNTINGTON YMCA

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>OCTOBER MEMBER CHALLENGE: Visit the Y more than 10 times this October and be entered to win a smart watch!</p>						1
<p>2 Lifeguard Swim Test Fall Arts & Craft Activity</p> 	3	4	<p>5  Half Day Sports Camp LiveOnNY</p>	6	7	8
<p>9 YMCA CLOSED Due to TOH Parade & Road Closures</p>	<p>10 Columbus Day YMCA open regular hours 5am-9pm</p>	11	<p>12 Breast Cancer & Nutrition Seminar</p> 	<p>13 Beginner Pickleball</p> 	<p>14 Pre-Teen Night</p> 	<p>15 Hispanic Heritage Zumba Party with live drumming!</p> 
<p>16 Lifeguard Certification Course Begins</p>	17	18	<p>19 Northwell Teaching Kitchen</p>	<p>20 Lights on Afterschool</p> 	<p>21 Body Pump Workshop Wear Pink!</p> 	22
<p>23 </p>	24	25	26	<p>27 Beginner Pickleball</p> 	<p>28 Senior Social Hour Preschool Event Pre-Teen Night</p>	<p>29 </p>
30	<p>31 Happy Halloween!</p>	<p>OCTOBER PROMOTIONS: Personal Training Offer: Buy 8 sessions, get 1 free, Buy 12 sessions, get 2 free and buy 24 sessions, get 3 free Membership Offer: No Joiner's fee from October 27-31</p>				



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10/2	Fall Arts & Crafts: Create various fall decorations for kids in grades K-5 from 2:00-3:00pm in the HLC Lobby. Reserve your Spot through the App!
10/2, 10/16, 10/23, 10/30 & 11/20	Lifeguard Certification Course: Interested in becoming a lifeguard? The YMCA will be providing an American Red Cross Certification Course. Participants must pass the swim test to continue with the course. Swim test is from 12:45-3:00pm on Oct. 2 (\$25) Lifeguard Course dates are Oct. 16, 23, 30 & Nov. 20 from 10:30am-4:00pm (\$400). Ages 15+. Register at the Member Services Desk.
10/5	Half Day Holiday Sports Camp: Children will participate in a variety of sports like basketball, dodgeball, soccer, flag football and more. For children grades K-6 from 9:00am-12:00pm, \$40 per day. Register with the Member Services Desk
10/5	LiveOn NY: Give the gift of life by signing up to become an organ donor. Visit the LiveOnNY table in the Rauch lobby from 10:00am-1:00pm to become an organ donor or to learn more about becoming an organ donor.
10/9	YMCA CLOSED: Due to the Town of Huntington's Columbus Day Parade and Road closures, the YMCA will be closed on Sunday, October 9th.
10/12	Breast Cancer Nutrition Seminar: Learn how proper nutrition can help with Breast Cancer Prevention. 12:30pm in the Healthy Living Center. Reserve your spot through the app beginning Oct. 1.
10/13 & 10/27	Intro to Pickleball Class: Learn to play the popular sports game of Pickleball. This is an instructor led class from 8:00pm-9:00pm for Full Facility members ages 13+. Register with the Member Services Desk beginning October 1st.
10/14 & 10/28	Pre-Teen Night: Free program sponsored by Amazon for Town of Huntington Residents in grades 5th, 6th, 7th & 8th from 6:00pm-8:00pm. Registration is Required through the Member Service Desk.
10/15	Hispanic Heritage 🇺🇸 ZUMBA Party: Celebrate the end of Hispanic Heritage Month with a Latin inspired Zumba party with live Drumming from 10:30am-11:30am. Free & Open to Members & Guests!
10/19	Teaching Kitchen: Join us for a food demonstration presented by Northwell Health. Located in our Healthy Living Center Kitchen from 11:00am-12:00pm. Available for full facility members. Reserve your spot through the app beginning October 1st.
10/20	Lights on Afterschool: Lights on Afterschool is nationwide event celebrating afterschool programs and their important role in the lives of children, families and communities. Our School Age Childcare students will be showing off their art projects highlighting Lights on Afterschool from 6:00-8:00pm in the HLC lobby.
10/21	Body Pump Form Workshop: Join us for a special LesMills Body Pump workshop that will go over proper form and technique for our popular Body Pump classes! 12:30-1:30pm
10/21	Wear Pink for Breast Cancer Awareness: Join the YMCA in wearing pink to honor survivors, remember those lost to the disease, and to bring awareness to breast cancer.
10/28	Senior Social Hour: Seniors are welcome to join us for lunch and an activity from 12:30-1:30pm in the HLC Lobby. Halloween Themed, Wear a costume! Reserve your spot through the app beginning October 25th at 12:00pm.
10/28	Preschool Event: The YMCA preschool will be hosting an event from 4:30-6:00pm for YMCA preschool families. The lower parking lot will be closed starting at 3:45pm.
10/31	HAPPY HALLOWEEN!! Visit the YMCA in your costume for a special treat!

