

YMCA East Hampton RECenter

2 Gingerbread Lane, East Hampton, NY 11937 | 631.329.6884 | YMCALI.org

FALL 1 SESSION: Sunday, September 11–November 19, 2022

CONTACT: Daria Smith | 631.329.6884, xt 6814 | Daria.Smith@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price		
AQUATICS PROGRAMS										
INFANT/TODDLER SWIM LESSONS (6 MONTHS– 3 YEARS OLD) Classes meet once per week for 9 weeks. 30 minutes									FULL	PROGRAM
STAGE: A Water Discovery			11:00-11:30am		11:00-11:30am			\$158	\$195	
STAGE: B Water Discovery			11:30-12:00pm		11:30-12:00pm			\$158	\$195	
PRESCHOOL SWIM LESSONS (3-5 YEARS OLD) Classes meet once per week for 9 weeks. 30 minutes										
STAGE 1 Water Acclimation		3:30-4:00pm		4:30-5:00pm			9:00-9:30am	\$158	\$195	
STAGE 2 Water Movement		4:30-5:00pm					9:30-10:00am	\$158	\$195	
STAGE 3 Water Stamina			4:00-4:30pm		4:00-4:30pm		10:00-10:30am	\$158	\$195	
STAGE 4 Stroke Introduction		4:00-4:30pm		4:00-4:30pm				\$158	\$195	
SCHOOL-AGE SWIM LESSONS (6-12 YEARS OLD) Classes meet once per week for 9 weeks. 30 minutes										
STAGE 1 Water Acclimation					5:00-5:30pm			\$158	\$195	
STAGE 2 Water Movement		4:00-4:30pm		5:30-6:00pm				\$158	\$195	
STAGE 3 Water Stamina		5:00-5:30pm	4:30-5:00pm	4:30-5:00pm				\$158	\$195	
STAGE 4 Stroke Introduction		5:30-6:00pm		5:00-5:30pm				\$158	\$195	
ADULT SWIM LESSONS										
Adult Swim Class			5:30-6:00pm					\$158	\$195	
Swim Club					5:00pm-5:45pm			\$168	\$205	
Morning Masters meets 2x per week			6:00am-7:15am		6:00am-7:15am			\$265	\$300	
Mid-Morning Masters meets 2x per week			7:30am-8:45am		7:30am-8:45am			\$265	\$300	
Water Aerobics meets 2x per week			8:30am-9:30am		8:30am-9:30am			\$150	\$200	

Swim Lessons - 9 weeks - 30 minutes Full Member: \$158
Program Member: \$195.00

Swim Club - 9 weeks - 45 minutes Full Member: \$168.00
Program Member: \$205.00

YMCA East Hampton RECenter

FALL 1 SESSION: Sunday, September 11–November 19, 2022

2 Gingerbread Lane, East Hampton, NY 11937 | 631.329.6884 | YMCALI.org

CONTACT: Amairani Hernandez | 631.329.6884, xt 6804 | Amairani.Hernandez@ymcali.org

Class	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Price	
								FULL	PROGRAM

YOUTH PROGRAMS

TOT TIME Classes meet once per week for 10 weeks.

Tot Time		11:00am-11:45am						\$168	\$205
----------	--	-----------------	--	--	--	--	--	-------	-------

BASKETBALL Classes meet once per week for 9 weeks.

Basketball Clinic (Ages 7-11)							9:15am-10:00am	\$168	\$205
-------------------------------	--	--	--	--	--	--	----------------	-------	-------

AMERICAN RED CROSS BABYSITTING COURSE Course to be held on October 13th and Nov. 19.

Red Cross Babysitting Course					Thursday October 13: 5pm-7pm		November 19 10am-12pm	\$100	\$175
------------------------------	--	--	--	--	------------------------------	--	-----------------------	-------	-------

PRE-TEEN NIGHT IS BACK!

GRADES 5-8
6:30PM-8:45PM
No fee. Members only.
10/14, 10/28, 11/4, 11/18, 12/2, 12/16

HEALTH AND WELLNESS PROGRAMS CONTACT: Daria Smith | 631.329.6884, xt 6814 | Daria.Smith@ymcali.org

SURVIVOR SCULPT Classes meet twice per week

Survivor Sulpt			9:15am-9:45am		9:15am-10:00am			FREE	\$100
----------------	--	--	---------------	--	----------------	--	--	------	-------

CPR/AED CERTIFICATION CLASS Course to be held on Nov. 19.

CPR/AED Certification Class							November 19th 1:00pm-3:00pm	\$75	\$110
-----------------------------	--	--	--	--	--	--	-----------------------------	------	-------