



Patchogue Family YMCA Summer 2021 Schedule

Session Starts Monday, June 28th

Registration Starts Monday, June 14th *Register online or in-person!

Christina.Frank@ymcali.org 631-891-1815

SUMMER SPLASH—Two week sessions Monday–Thursday for a total of 8 classes in two straight weeks

Two Week Session pricing 8 classes Full \$120 Prog \$151.11	Stage 1: Water Acclimation Preschool 3-5 years	Stage 1: Water Acclimation School Age 5-12 years	Stage 2: Water Movement Preschool 3-5 years	Stage 2: Water Movement School Age 5-12 years	Stage 3: Water Stamina School Age 5-12 years	Stage 4: Water Stamina School Age 5-12 years
Session #1 June 28th—July 8th	9:45am-10:15am	9:45am-10:15am	9:45am-10:15am	9:00am-9:30am	9:00am-9:30am	9:00am-9:30am
Session #2 July 12th—July 22nd	9:45am-10:15am	9:45am-10:15am	9:45am-10:15am	9:00am-9:30am	9:00am-9:30am	9:00am-9:30am
Session #3 July 26th—August 5th	9:45am-10:15am	9:45am-10:15am	9:45am-10:15am	9:00am-9:30am	9:00am-9:30am	9:00am-9:30am
Session #4 August 9th—August 19th	9:45am-10:15am	9:45am-10:15am	9:45am-10:15am	9:00am-9:30am	9:00am-9:30am	9:00am-9:30am

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Once a week for 9 weeks June 28th—August 28th						
Stage A/B: Water Discovery & Exploration (6M-3 years with Parent/Guardian)			4:30-5:00pm	5:30-6:00pm		10:30-11:00am
Stage 1: Water Acclimation Preschool (3-5 years)	5:15-5:45pm		3:45-4:15pm		9:00am-9:30am	10:30-11:00am 12:00-12:30pm
Stage 1: Water Acclimation School Age (5-12 years)	4:30-5:00pm					9:00-9:30am
Stage 2: Water Movement Preschool (3-5 years)	3:45-4:15pm		4:30-5:00pm	5:30-6:00pm		9:45-10:15am
Stage 2: Water Movement School Age (5-12 years)		5:15-5:45pm		6:15-6:45pm	9:45am-10:15am 4:00-4:30pm	11:15-11:45am
Stage 3: Water Stamina Preschool (3-5 years)	4:30-5:00pm		5:15-5:45pm			11:15-11:45am
Stage 3: Water Stamina School Age (5-12 years)		6:00-6:30pm	3:45-4:15pm	6:15-6:45pm	9:00am-9:30am	11:15-11:45am
Stage 4: Stroke Introduction School Age (5-12 years)	5:15-5:45pm		5:15-5:45pm		9:45am-10:15am	9:00-9:30am
Stage 5: Stroke Development School Age (5-12 years)		5:15-5:45pm				9:45-10:15am
Stage 6: Stroke Mechanics School Age (5-12 years)				6:15-6:45pm		9:45-10:15am
Sensational Swim-Special Needs (4-12 years with parents)						9:45-10:15am
Swim Basics & Strokes Teen (12-17 years)	3:30-4:15pm			7:00-7:45pm		
Swim Basics & Strokes Adult (17 years & over)				7:00-7:45pm		12:00-12:45pm
COMPETITION						
Beginner Pre-Swim Team		6:00-6:45pm				
Advanced Pre-Swim Team		7:00-7:45pm				
LEADERSHIP				WATER FITNESS-9 WK SESSION		
Lifeguard Prep		7:00-7:45pm		Full \$135 Prog \$270 No Drop in		
WATER FITNESS						
Aqua Jog	8:00-8:45am					
Aqua Aerobics		8:00-8:45am	8:00-8:45am		8:00-8:45am	

SWIM LESSONS-9 WK SESSION
Classes meet once a week
30 minute class Full \$135 Prog \$170
45 minute class Full \$150 Prog \$185

PRIVATE SWIM LESSONS
4-pk (30 minutes) \$220 8-pk (30 minutes) \$400
SEMI-PRIVATE LESSONS
2-3 participants; similar age & ability, same family
4-pk (30 minutes) \$360 8-pk (30 minutes) \$670
To schedule contact: Christina.Frank@ymcali.org



Patchogue Family YMCA Summer 2021 Schedule

Session Starts June 28th—September 4th

Contact: Darryl Smith
Darryl.Smith@ymcali.org

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YOUTH SPORTS						
Pee Wee Basketball Clinic (4-7 years)						10:30-11:15am
All Stars Basketball Clinic (8-13 years)						9:15-10:15 am

All Youth Classes - 10 WK Session
Classes meet once a week
Fees
Full \$100 Prog \$125

Fitness Group Training – 10 WK Session

Classes meet once a week

Fees: Full \$150 Prog \$175

Small Group Training: Take your fitness to the next level with our coaches and a small group of 4-8 people. Designed to achieve your health and wellness goals.

Offered on Thursday 9:15-10:15 am

For more information please email Brittany.Mueller@ymcali.org