



YMCA OF LONG ISLAND CHILD CARE COVID-19 SAFETY PLAN (Updated 5.25.2021)

The COVID-19 Safety Plan is subject to change at any time based on updates provided by New York State. Any changes to the plan will be shared with families.

WELLNESS CHECKS

Screening Criteria

- Students and staff will be screened daily upon arrival.
- The screening will determine:
 - Does your child have a temperature of 100.0 or greater?
 - Does your child have any COVID-19 related symptoms within the past 10 days?
 - Has your child traveled outside of New York State in the last 10 days?
 - Has your child or anyone in your household been diagnosed with COVID-19 in the past 10 days?
 - Has your child had any close contact with anyone who has been diagnosed with COVID-19 in the past 10 days?
- If any of these are questions are confirmed, they will be referred to the leadership staff (Child Care Director, School Age Child Care Director, Site Director, and Assistant Site Director) on site.
- The leadership staff on-site will make a determination if a participant or staff member is able to stay on site based on the screening.
- When in doubt, we will be asking the participant or staff to leave the site.

Arrival

- Students and staff will be greeted and screened upon arrival as noted above.
- Anyone dropping off a student must be wearing a mask.
- Students & families will receive information encouraging them to keep 6 feet of distance between themselves and until our staff gives them permission to proceed inside the building. (Arrival will vary based on location and further information will be provided)
- Staff will do their best to screen students before entering the YMCA or the program school area.
- Families that need to speak to a staff member will be consulted with a short distance away from the rest of the staff and students.
- For arrivals outside of the set drop-off time, students and staff will be screened upon arrival and before entry.

Pick-Up

- Families will be kept from congregating when picking up their child.
- Anyone picking up a student must be wearing a mask.
- Staff will be strategically placed to keep appropriate distance from families.
- Families will be encouraged to pick up from designated areas. (Dismissal will vary based on location and further information will be provided)

MITIGATION TECHNIQUES

The following mitigation techniques will be reinforced with all students and staff:

- Wash your hands often with soap and water for at least 20 seconds
- Clean and disinfect frequently touched objects and surfaces.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.

- Wear a cloth face covering over your nose and mouth.
- Do not touch your eyes, nose, or mouth.
- Stay at least 6 feet apart from other people when feasible.
- If you are sick, stay home except to get medical care.
- The sharing of objects will be limited. Students will be encouraged not to bring any unnecessary items from home.

When will participants and staff wash hands?

- Handwashing will happen several times a day, including students and staff upon arrival to the school, the YMCA, or the Before and After School Program.
- For handwashing: soap, running water, and disposable paper towels will be used.
- For hand sanitizing: an alcohol-based hand sanitizer containing at least 60% alcohol will be located for areas where handwashing facilities may not be available or practical.
- Hand sanitizer available throughout common areas on site. It will be placed in convenient locations, such as at entrances, exits, and reception desks.

PHYSICAL DISTANCE & FACE COVERINGS

YMCA of Long Island will have the staff maintain a distance of at least six (6) feet from students and other employees. The only exception to this is unless safety or the core activity requires a shorter distance. If that is the case, a face covering or face shield will be considered.

Types of Face Coverings

- When physical distance is not able to be achieved, a face covering will be considered.
- Acceptable face coverings for COVID-19 include, but are not limited to, cloth-based face coverings and disposable masks that cover both the mouth and nose.

When do we wear face coverings (masks)?

- Preschoolers will not be required to wear masks; however, we encourage mask use for all participants.
- Students K - 6 will be required to wear masks when they are less than 6 feet apart. They will also be required to wear masks when they are indoors.
- Staff will be required to wear masks when they are less than 6 feet apart. They will also be required to wear masks when they are indoors. In addition, staff will wear masks during our morning arrival time for all students. Staff will use further PPE whenever the situation is warranted.

GROUP SIZE

- Children will remain in static groups and will follow NYS OCFS maximum group size by age.
- Groups will remain separate from other groups.
- Groups will have assigned indoor spaces to ensure that groups remain separated.

FACILITIES

- We will have physical barriers in key locations such as the front desk to prevent students and staff from being exposed.
- The facility/School and equipment will be routinely wiped down with disinfectant.
- Signage will be posted reinforcing good hygiene, wearing a face covering, and physical distancing.
- Visitors to the program will be extremely limited.
- Members of the YMCA will be kept separate from students whenever possible. Entrances will be managed.

SYMPTOMS OF COVID-19 AT YMCA/SCHOOL

When symptoms of COVID-19 are displayed at Preschool and in the Before and After School Program, the following protocols will take place:

For Students

- Students will immediately be separated from the group.
- Our leadership staff will be consulted.
- If asked to leave, family will be notified immediately and asked to pick up the student. Students will wait in an isolated space away from the rest of the school population.
- If cleared, students will have another wellness check with our leadership staff throughout the day.

Returning to YMCA/School

- If student is asked to leave the Preschool, the YMCA branch, or the Before and After School Program with a fever of 100.0 or more cannot return to care for 72 hours and will require a doctors note that they are symptom-free.

CONFIRMED CASE OF COVID-19 AT YMCA/SCHOOL

- If a case of COVID-19 is confirmed with a student or a staff member, NYS Office of Child and Family Services (NYS OCFS), Suffolk County or Nassau County Department of Health will immediately be informed. Suffolk County or Nassau County will instruct YMCA of Long Island how to proceed.
- Students and staff members that had close, sustained contact with individuals will be asked to self-quarantine from the YMCA program. The self-quarantine can last 10-14 days based on the individual's exposure and symptoms.
- The only exception to this is will be if a person received a negative result from a COVID-19 test. Documentation must be provided.
- For all children and staff that test positive to Covid-19, the YMCA of Long Island will require a negative test result, doctor's note to return to the program or cleared by DOH.

PRESCHOOL PROCEDURES

Rest Time

- Students enrolled in a full day YMCA Preschool program will have the opportunity to rest quietly or nap each afternoon. Rest time will vary depending on the age of the child/program enrolled. During rest time, the lights are dimmed, and soft music or a children's audiobook is played in the background.
- The preschool provides each student with a cot for them to use during rest time for the duration of the school year. Cots or mats will be appropriately spaced with children resting in different directions to maintain social distancing. Parents must supply a blanket and/or bedroll, which will be sent home weekly for laundering. All cots are sanitized on a daily basis.
- The classroom staff will help to settle those students who need to take a nap. Any non-napping students must lay or sit quietly on their cots (books, puzzles, and tabletop toys are permitted) until quiet time is over.

Food

- Snack will be served in individual portions to children
- Children will provide their own lunch to be stored in cubbies
- Static groups of children will be at maintainable at each table
- Separate tables with seating at least 6 ft. apart from other tables, as feasible.

Diaper Changing

- When diaper-changing/providing assistance with toileting a child, staff will wash their hands first, then wash the child's hands before they begin, and wear gloves. Follow safe diaper changing procedures. Steps include:
 - Prepare (includes putting on gloves)
 - Clean the child
 - Remove trash (soiled diaper and wipes)
 - Replace diaper
 - Wash child's hands
 - Clean up diapering station
 - Wash hands
- After diapering, staff will wash your hands (even if they were wearing gloves) and disinfect the diapering area with a fragrance-free bleach that is EPA-registered as a sanitizing or disinfecting solution. If the surface is dirty, it should be cleaned with detergent or soap and water prior to disinfection. Disposable diapers only.

SCHOOL AGE CHILD CARE PROCEDURES

Technology

The YMCA of Long Island promotes internet safety for all students in our programs. The transition from your child's school day to the Y's After School programs or Y Student Support Centers requires parents/guardians, students, and our staff to support children in a virtual learning environment. While in physical school buildings, some aspects of the internet and technology safety are controlled by the technology departments at the school or district level. Security measures and privacy walls requiring student and teacher compliance are put into place. When learning occurs outside of the school day, we need to take extra precautions to keep students safe online:

1. Understand your school district's internet and social media policy.
2. Talk to your child about internet and social media safety.
3. Children should only access their devices during designated times (i.e., homework time and Y Student Support time).
4. Websites and platforms that are provided by the school district including school-related login credentials will be the only allowable sites.
5. Understand the federal acts in place to protect child online: Children's Internet Protection Act (CIPA) and Children's Online Privacy Protection Rule (COPPA).
6. Research additional measures such as parental controls, internet monitoring software, and more.

We encourage you to speak with your child at home about the importance of practicing safety online but if they are ever in doubt, the student should ask a Y staff member for help. Please also refer to our Program Code of Conduct for limited use of electronic devices.

TRAVEL ADVISORY

The travel guidelines require all New Yorkers, as well as those visiting from out-of-state or another country, to take personal responsibility for compliance in the best interest of public health and safety.

Asymptomatic travelers entering New York from another country, U.S. state, or territory are **no longer required** to test or quarantine as of April 10, 2021. Quarantine, consistent with the CDC recommendations, is **still recommended** for all travelers who are not fully vaccinated or have not recovered from laboratory confirmed COVID-19 during the previous 3 months. Symptomatic travelers must immediately

self-isolate and contact the local health department or their healthcare providers to determine if they should seek COVID-19 testing.

All travelers must complete the [Traveler Health Form](#) unless the traveler had left New York for less than 24 hours or is coming to New York from a contiguous state. Contiguous states to New York are Pennsylvania, New Jersey, Connecticut, Massachusetts and Vermont.

Irrespective of quarantine, all travelers must:

- Monitor symptoms daily from day of arrival in New York through day 14;
- Continue strict adherence to all recommended non-pharmaceutical interventions, including hand hygiene and the use of face coverings, through Day 14 (even if fully vaccinated); and
- **Must immediately self-isolate** if any symptoms develop and contact the local public health authority or their healthcare provider to report this change in clinical status and determine if they should seek testing.
- **Fully vaccinated** is defined as being 2 or more weeks after the final dose (e.g., first for Janssen/Johnson & Johnson, second for Pfizer and Moderna) of the vaccine approved by the FDA or authorized by the FDA for emergency use. Vaccines that are not authorized by the U.S. Federal Drug Administration (FDA) for emergency use or approved by the FDA do not satisfy this definition.
- **Recently recovered** is defined as 1) recovered from laboratory-confirmed COVID-19 by meeting the criteria for discontinuation of isolation, 2) within the 3-month period between date of arrival in New York and either the initial onset of symptoms related to the laboratory confirmed COVID-19 infection or, if asymptomatic during the illness, the date of the laboratory confirmed test, and 3) asymptomatic after travel or new exposure.

Domestic Travelers

Domestic travel is defined as travel lasting 24 hours or longer to states or US territories other than contiguous states (i.e., Pennsylvania, New Jersey, Connecticut, Massachusetts, and Vermont). Travelers must fill out the [NYS Department of Health traveler health form](#)

There are generally **no quarantine, work furlough, or testing requirements** for asymptomatic domestic travelers.

All unvaccinated domestic travelers who have **not recovered from COVID-19** in the past 3 months **are recommended** to get tested 3-5 days after arrival in New York, consider non-mandated self-quarantine (7 days if tested on day 3-5, otherwise 10 days), and avoid contact with people at higher risk for severe disease for 14 days, regardless of test result.

International Travelers

CDC and NYS recommend **delaying** international travel until the traveler is fully vaccinated.

International travelers must comply [CDC requirements](#), which currently include proof of negative test or recent COVID recovery in order to board airplanes headed to the US. Travelers must complete the [NYS Department of Health traveler health form](#).

Currently CDC does not require quarantine, work furlough, or testing requirements for asymptomatic international travelers.

New York follows that recommendation with the following exceptions:

- **Fully vaccinated** individuals who have not recovered from COVID-19 in the past 3 months are **recommended to get tested 3-5 days** after arrival in New York from international travel.
- **All unvaccinated international travelers** who have not recovered from COVID-19 in the past 3 months **are recommended** to get tested 3-5 days after arrival in New York, consider non-mandated self-

quarantine (7 days if tested on day 3-5, otherwise 10 days), and avoid contact with people at higher risk for severe disease for 14 days, regardless of test result.

Canada

Travelers from **Canada**, crossing at **land borders** subject to the agreement between the governments of the United States and Canada, are permitted to travel in accordance with said federal agreement and need not quarantine solely due to such federally authorized travel. Travelers flying between the US and Canada must follow the CDC guidance for international travel.

PLEASE NOTE: No refunds will be given for missed days due to travel or the required quarantine after your travel.

CREDIT POLICY (Effective 1.4.2021)

NOTE: Credit and Refund Policies are subject to change at any time. Families will be notified if a change occurs.

Preschool Program

If the YMCA closes the program for participants to quarantine due to a mandate from Nassau or Suffolk County Department of Health (DOH), families affected will be credited for days missed on the following month's tuition.

Before & After School Program

If the YMCA is required to close the Before/After School program due to a mandate from our County Department of Health (DOH) office, families affected will be credited for all days missed/closed on the following month's tuition.

If the school district closes a classroom or the school for longer than 3 days due to a mandated quarantine from the County or State Department of Health (DOH) offices, the YMCA will credit starting on the 4th day the participant's days missed on a quarterly basis (March and June) and determine if a credit is applicable. (Documentation will be required)

If a school district goes virtual/remote for longer than 3 consecutive days the YMCA will credit beginning on the 4th day. Credits will be issued on a quarterly basis (March and June) if applicable.