



Dear Valued YMCA Member,

2020 has been an unprecedented year. As Long Islanders and New Yorkers, we've been through so much together over the past eight months. We've witnessed hardship and bravery during the most challenging times. The road to recovery is still ahead of us, but we have to believe brighter days are ahead. **Together, the YMCA of Long Island community will endure and come out stronger than ever.**

As a member of the Y, you belong to so much more than a gym. You are part of a cause-driven organization focused on youth development, healthy living, and social responsibility. When our doors closed due to the coronavirus government mandate in March, we pivoted to offer emergency child care for essential workers, mental health services, virtual and outdoor fitness classes, senior outreach programs, summer day camp, enrichment resources for youth, families, and seniors, and virtual prevention workshops for teens.

Now, more than ever, we believe exercise is critical to building and maintaining a healthy immune system. To support this, group fitness classes will now be included with your monthly membership; we are eliminating the additional fee. In 2021, our priorities include both rebuilding our Ys and keeping up with operating costs. Therefore, **a modest increase in your membership rate will take effect January 1, 2021.** To view our 2021 rates by membership category, visit [ymcali.org/2021membership](https://ymcali.org/2021membership). Please remember that if you or someone you know is unable to pay membership fees, as a non-profit organization we provide Financial Assistance to adults, children, and families in need through the generous support of our annual donors.

Over time, we will resume our normal operating hours, and as the NYS Reopening Guidelines evolve, we will bring back the services and programs you are accustomed to. The health and safety of our members and staff remain our top priority as we maintain and enforce our **YCare&Clean Program**, comprised of industry-leading cleaning and protection practices. Learn more at [ymcali.org](https://ymcali.org).

Additionally, soon we'll be launching **Virtual Y**, a platform that will provide you with exclusive member-only access to our livestreaming fitness classes and on-demand workouts with your favorite Instructors. Plus, you'll get exclusive content like blogs, challenges, tips and more. We're also planning to launch exclusive enrichment programs for our youth members right from the comfort of your home.

Thank you for being a part of our Y family and supporting our mission to ensure all Long Islanders reach their full potential.

**We look forward to seeing you in 2021!**

**YMCA OF LONG ISLAND • 121 DOSORIS LANE, GLEN COVE, NY 11542 • [YMCALI.ORG](https://ymcali.org)**