



## YMCA OF LONG ISLAND CHILD CARE COVID-19 SAFETY PLAN (updated 8.16.20)

The COVID-19 Safety Plan is subject to change at any time based on updates provided by New York State.  
Any changes to the plan will be shared with families.

### WELLNESS CHECKS

#### Screening Criteria

- Students and staff will be screened daily upon arrival.
- The screening will:
  - verify the child's temperature is less than 100.0 (Arrival & Lunchtime)
  - ask about symptoms related to COVID-19,
  - ask if anyone in the household recently has tested positive for COVID-19,
  - ask if anyone has traveled to any states on the travel advisory list
- If any of these questions are confirmed, they will be referred to the leadership staff (Child Care Director, School Age Child Care Director, Site Director, and Assistant Site Director) on site.
- The leadership staff on-site will make a determination if a participant or staff member is able to stay on site based on the screening.
- When in doubt, we will be asking the participant or staff to leave the site.

#### Arrival

- Students and staff will be greeted and screened upon arrival as noted above.
- Students & families will receive information encouraging them to keep 6 feet of distance between themselves and until our staff gives them permission to proceed inside the building. (Arrival will vary based on location and further information will be provided)
- Staff will do their best to screen students before entering the YMCA or the program school area.
- Families that need to speak to a staff member will be consulted with a short distance away from the rest of the staff and students.
- For arrivals outside of the set dropoff time, students and staff will be screened upon arrival and before entry.

#### Pick-Up

- Families will be kept from congregating when picking up their child.
- Staff will be strategically placed to keep appropriate distance from families.
- Families will be encouraged to pick up from designated areas. (Dismissal will vary based on location and further information will be provided)

### MITIGATION TECHNIQUES

The following mitigation techniques will be reinforced with all students and staff:

- Wash your hands often with soap and water for at least 20 seconds
- Clean and disinfect frequently touched objects and surfaces.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.
- Wear a cloth face covering over your nose and mouth.
- Do not touch your eyes, nose, or mouth.

- Stay at least 6 feet apart from other people.
- If you are sick, stay home except to get medical care.
- The sharing of objects will be limited. Students will be encouraged not to bring any unnecessary items from home.

### When will participants and staff wash hands?

- Handwashing will happen several times a day, including students and staff upon arrival to the school, the YMCA, or the Before and After School Program.
- For handwashing: soap, running water, and disposable paper towels will be used.
- For hand sanitizing: an alcohol-based hand sanitizer containing at least 60% alcohol will be located for areas where handwashing facilities may not be available or practical.
- Hand sanitizer available throughout common areas on site. It will be placed in convenient locations, such as at entrances, exits, and reception desks.

## PHYSICAL DISTANCE & FACE COVERINGS

YMCA of Long Island will have the staff maintain a distance of at least six (6) feet from students and other employees. The only exception to this is unless safety or the core activity requires a shorter distance. If that is the case, a face covering or face shield will be considered.

### Types of Face Coverings

- When physical distance is not able to be achieved, a face covering will be considered.
- Acceptable face coverings for COVID-19 include, but are not limited to, cloth-based face coverings and disposable masks that cover both the mouth and nose.

### When do we wear face coverings (masks)?

- Preschoolers will not be required to wear masks.
- Students K - 6 will be required to wear masks when they are less than 6 feet apart. They will also be required to wear masks when they are indoors.
- Staff will be required to wear masks when they are less than 6 feet apart. They will also be required to wear masks when they are indoors. In addition, staff will wear masks during our morning arrival time for all students. Staff will use further PPE whenever the situation is warranted.

## GROUP SIZE

- Children will remain in static groups of no more than 15 and smaller groups of children below the age of 4.
- Groups will remain separate from other groups.
- Groups will have assigned indoor spaces to ensure that groups remain separated.

## FACILITIES

- We will have physical barriers in key locations such as the front desk to prevent students and staff from being exposed.
- The facility/School and equipment will be routinely wiped down with disinfectant.
- Signage will be posted reinforcing good hygiene, wearing a face covering, and physical distancing.
- Visitors to the program will be extremely limited.
- Members of the YMCA will be kept separate from students whenever possible. Entrances will be managed.

## PRESCHOOL PROCEDURES

### Rest Time

- Students enrolled in a full day YMCA Preschool program will have the opportunity to rest quietly or nap each afternoon. Rest time will vary depending on the age of the child/program enrolled. During rest time, the lights are dimmed, and soft music or a children's audiobook is played in the background.
- The preschool provides each student with a cot for them to use during rest time for the duration of the school year. Cots or mats will be appropriately spaced with children resting in different directions to maintain social distancing. Parents must supply a blanket and/or bedroll, which will be sent home weekly for laundering. All cots are sanitized on a daily basis.
- The classroom staff will help to settle those students who need to take a nap. Any non-napping students must lay or sit quietly on their cots (books, puzzles, and tabletop toys are permitted) until quiet time is over.

### Food

- Snack will be served in individual portions to children
- Children will provide their own lunch to be stored in cubbies
- Static groups of children will be at maintainable at each table
- Separate tables with seating at least 6 ft. apart from other tables, as feasible.

### Diaper Changing

- When diaper/providing assistance with toileting a child, staff will wash their hands first, then wash the child's hands before they begin, and wear gloves. Follow safe diaper changing procedures. Steps include:
  - Prepare (includes putting on gloves)
  - Clean the child
  - Remove trash (soiled diaper and wipes)
  - Replace diaper
  - Wash child's hands
  - Clean up diapering station
  - Wash hands
- After diapering, staff will wash your hands (even if they were wearing gloves) and disinfect the diapering area with a fragrance-free bleach that is EPA-registered as a sanitizing or disinfecting solution. If the surface is dirty, it should be cleaned with detergent or soap and water prior to disinfection. Disposable diapers only.

## SYMPTOMS OF COVID-19 AT YMCA/SCHOOL

When symptoms of COVID-19 are displayed at Preschool and in the Before and After School Program, the following protocols will take place:

### For Students

- Students will immediately be separated from the group.
- Our leadership staff will be consulted.
- If asked to leave, family will be notified immediately and asked to pick up the student. Students will wait in an isolated space away from the rest of the school population.
- If cleared, students will have another wellness check with our leadership staff throughout the day.

### **Returning to YMCA/School**

- If student is asked to leave the Preschool, the YMCA branch, or the Before and After School Program with a fever of 100.0 or more cannot return to care for 72 hours and will require a doctors note that they are symptom-free.

### **CONFIRMED CASE OF COVID-19 AT YMCA/SCHOOL**

- If a case of COVID-19 is confirmed with a student or a staff member, NYS Office of Child and Family Services (NYS OCFS), Suffolk County or Nassau County Department of Health will immediately be informed. Suffolk County or Nassau County will instruct YMCA of Long Island how to proceed.
- Students and staff members that had close, sustained contact with individuals will be asked to self-quarantine from the YMCA program. The self-quarantine can last 10-14 days based on the individual's exposure and symptoms.
- The only exception to this is will be if a person received a negative result from a COVID-19 test. Documentation must be provided.

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