We look forward to welcoming you back to the YMCA. For your safety, thank you for adhering to the following procedures.

It’s great to be with you again!

• Registration is required for Outdoor Group Fitness classes using the online reservation system or mobile app. Registration opens 3 days prior to the class and closes 1 hour before the start time.

  **Online Reservations:**
  Visit [ymcali.org](http://ymcali.org) > click on Schedules > Group Fitness & Swim Schedule

• Please arrive to the Y up to 15-minutes prior to your reservation time. If you arrive too early you will be asked to remain outside before we can begin the check-in process. If you arrive late, you will not be able to join the class.

• Please bring your Membership ID card (or mobile app), a mask, towel, water bottle, and other personal equipment required for your class, such as a yoga mat.

• You will be greeted at our outdoor Welcome Station to perform a wellness check including a temperature check and screening questions. You are required to wear a mask or face covering in common areas of the building and will not be allowed to enter our building without one.

• Upon entry, the Membership Team will verify your membership and confirm your class reservation.

• Once confirmed, you will be given a token. The Instructor will collect the token as you arrive to the class.

• You will be directed to exit the building and setup your station for class.

• Restroom access is prohibited for Outdoor Group Fitness class participants.

• You are required to follow social distancing protocols (min. of 6 ft. apart) and wear a mask while setting up for class. Once you are in your designated spot, the Instructor will give approval at the beginning of class for you to remove your mask, if you would like to.

• Class cancellations due to inclement weather or unforseen circumstances will be communicated by email to the address you used to book your class reservation. Please check your email regularly sent to you by the YMCA of Long Island or your local branch.

• If you cannot attend a class you signed up for, please cancel at least 24 hours in advance. If you do not cancel your reservation, you may be subject to a $10 cancellation fee. If the matter persists, you may be restricted from participating in future group fitness classes.

Thank you.