

## MAKE IT MONDAY

Week of the Young Child: All About Me

Create a self portrait using crayons/colored pencils/markers/paint. Use a mirror to see your special features and use your creativity! Add as much detail as you can.

Add a description about who you are and what makes you special. Share as much information as you can about yourself and your dreams of the future! Family can help you write this part.

Letter S is for Special worksheet (see attached)

#### SCIENTIFIC TUESDAYS

#### Week of the Young Child: Tasty Tuesday Favorite Recipe

Family can cook/bake together today! Choose your favorite food or dessert and make it with an adult. Cooking or baking works on many Science and Mathematics concepts. Follow the instructions and measure all ingredients. Use all of your senses and describe what you are experiencing with them. Talk about what the consistency is and make predictions about what will happen when you cook/bake it! Be sure to eat it at some point today!

While you may be waiting for something to finish cooking, pick a story to read together.

### **WORK IT OUT WEDNESDAY**

#### Week of the Young Child: Measure Away! Concepts of Small and Big/Tall and Short

How tall are you? How long is your foot? How long is your arm? These are all parts of you and you can tell us how you measure up! You can use a ruler or a measuring tape and explore the length of things like your arm, hand, foot or you can measure items found in your home! Enjoy the time working with your family to find the answers to how long, tall, far, and wide everything is! The items are your choice.

Worksheet for Small/Big (see attached)

#### STORY DAY THURSDAY

#### Week of the Young Child: Read and Create a Story

Read one of your favorite stories with your family. Share why it is one of your favorite books.

Draw a picture of a happy memory or story you have from something exciting that you did. Show the picture to your family and explain it to them (if you can). Younger children, the family can do this activity and sit with the child and explain to him/her the picture that you have drawn and its happy memory that includes them.

Letter S is for Story worksheet (see attached)

### **FUN FITNESS FRIDAY**

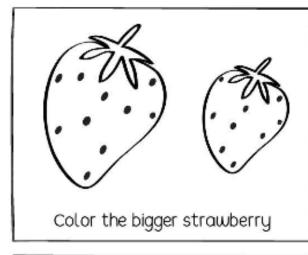
Week of the Young Child: Create Your Own Obstacle Course

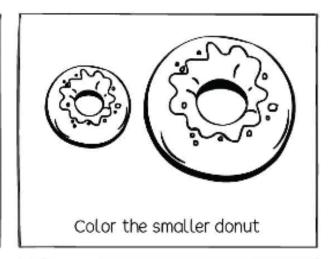
Create an obstacle course with your family. Obstacle courses usually have multiple skills all fit into one. You can use hula hoops, cones, flat stones, tunnels, tents, baskets, etc. to create obstacles to get around, over, under, and through! You can change up the items and create a new course.

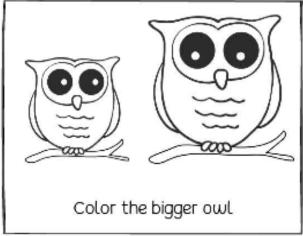
Choose a game that you like to play which involves exercising and moving your body and teach your family how to play it. Explain all the rules, how to play, and how to end the game.

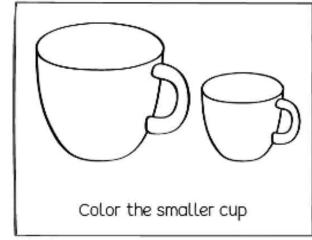
Date:					S is for Special You are Special!
Grade/Class:					S is for You are
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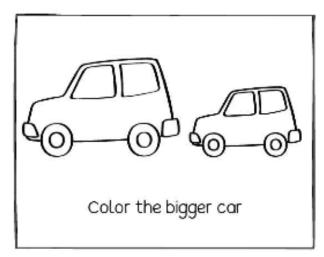
### Size Activity

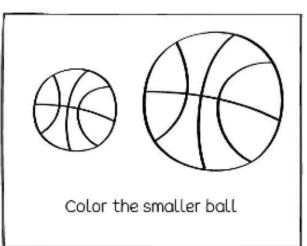












# S is for Star.



Trace the letters and then write it yourself.

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