



the YMCA Preschool @ Home

Remote Learning from
our family to yours.

MAKE IT MONDAY

Earth Week- Recycle It to make Paper and Crayons!

We want to recycle materials we may have in our home to make our own Paper! Use this website for instructions on how to make your own recycled paper. <https://www.pre-kpages.com/earth-day-project-homemade-seed-paper/>

You can also reuse paper bags/ packing paper/ or newspaper to paint/ draw a picture.

Let's reuse the broken pieces of crayons that we do not use anymore to make fun new crayons! You can mix them and make amazing colors/patterns. <https://littlebinsforlittlehands.com/melting-crayons/>

Recycle Bin Sort Worksheet (see attached)

SCIENTIFIC TUESDAYS

Earth Week- Let's Reuse/Repurpose something!

Let's reuse and recycle plastic egg cartons to make suncatchers or beautiful jewelry! Use the instructions at this website! <https://littlebinsforlittlehands.com/earth-day-recycled-stem-craft-activity/>

Let's reuse and recycle our cardboard! Make a marble run using only cardboard and maybe some tape! You can use this link for some other ideas! <https://littlebinsforlittlehands.com/cardboard-tube-marble-run-building-activity-for-kids/>

R is for Reuse Worksheet (see attached)

WORK IT OUT WEDNESDAY

Earth Day– Plant It and Help It!

Alphabet Clean Up– Clean up our Earth! The Litter Bug came and littered with letters of the alphabet (or child's name for younger children)! Let the children pick it up while reinforcing the concepts of letter recognition and of helping the Earth by picking up litter and throwing it away!

<https://www.pre-kpages.com/alphabet-clean-earth-day/>

Planting Seeds– Let's sequence through steps of how to plant and replenish the Earth! You can use any seeds you have and any items you have to plant them in. If you need dirt, perhaps just go outside and dig some up. <https://www.pre-kpages.com/science-kids-growing-plants-experiment/>

Another option for planting a lima bean without many materials: <https://www.hunker.com/13426514/how-to-grow-a-lima-bean-in-a-bag>

STORY DAY THURSDAY

Earth Week– Storytime!

Below are two link to read alouds for you. These books are great for Earth Day!

How To Help The Earth <https://www.youtube.com/watch?v=lbUS3jPjyrc>

Earth Day, Hooray! <https://www.youtube.com/watch?v=lxS8Aebxxhk>

Tell a story about a time when you cared for or ways for how you could care for the Earth.

Earth Day Coloring Page (see attached)

Interested in more books about Earth Day? Here is a link to Scholastic! <https://www.scholastic.com/parents/books-and-reading/raise-a-reader-blog/10-awesome-earth-day-books-preschoolers.html>

FUN FITNESS FRIDAY

Earth Week– Get Outdoors!

Nature Hopscotch– Instead of drawing the board on concrete with chalk, you can create it on grass using items you find outside– twigs, leaves, branches, flowers, etc. Then you can use a rock to play!

Recycle Relay– Put your knowledge from the Recycle Bin Sort Worksheet to the test while getting some exercise. How quickly can you do it? See attached for instructions.

Push Yourself Activity: With someone else in your home, create a human wheelbarrow (one person holds your ankles while your hands are on the ground, tummy down) and see how far you can go!

Send us photos/videos to Childcare@ymcali.org



Name _____

Recycle Bin Sort

Directions: Color the pictures. Cut and paste them in the correct box.

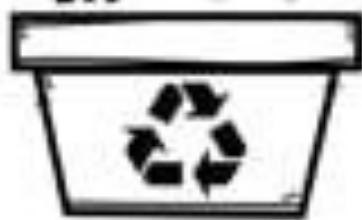
Paper



Plastic

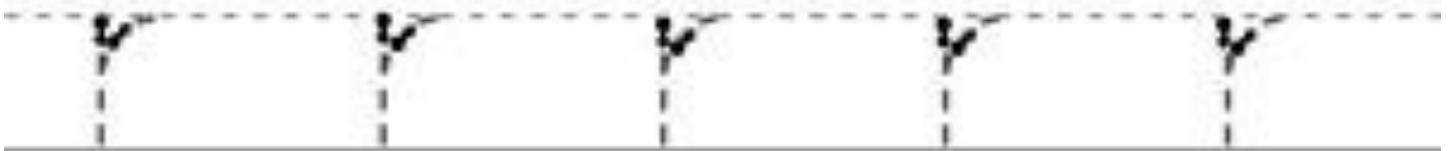
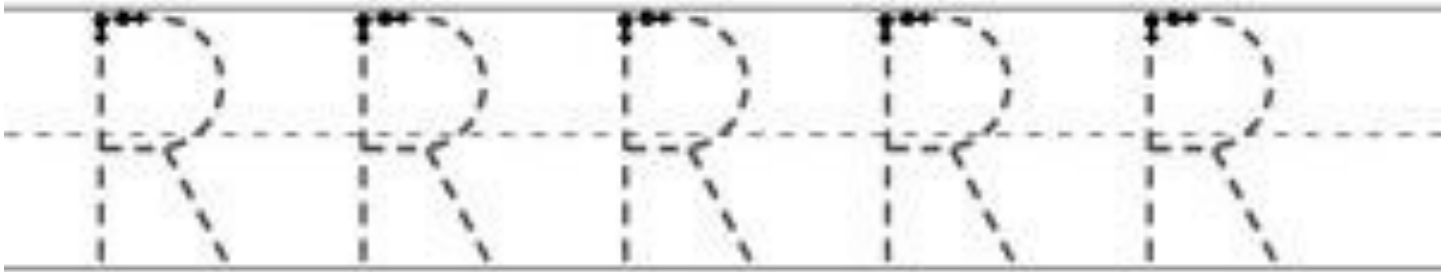


Metal



R is for Reuse!

Trace the letters and then write it yourself.





Recycle Relay

For this game each team is presented with a bin of various recyclable and non-recyclable items. (Be sure to mark each teams' items with a different color.) Children are lined up along a homebase line and about 20 feet away the recyclables sorting bins are set up.



After a brief lesson about recycling and how to determine what items are recyclable and which are not, it's on your mark, get set.... GO!! Each child takes one item at a time and runs it from the homebase line to the sorting bins, puts the item into the correct bin, runs back, and gets another item to repeat the process. There should be a timer going while the children are completing the activity. Whichever child finishes fastest with all their items correctly sorted wins!