

SAFEGUARDING OUR HEALTH

At the YMCA, the health and safety of our members, participants, staff and families is our number one priority. We continue to monitor the Coronavirus (COVID-19) outbreak in conjunction with federal and local health officials. The YMCA is prepared to protect all those we serve.

WHAT WE ARE DOING

In our ongoing effort to prevent the spread of illness within our facilities, we want to share what we are doing in our facilities and programs:



Encourage frequent handwashing. Hand sanitizer stations are also available.



We have increased our cleaning practices in our facilities and program areas. In our Fitness areas, members are encouraged to wipe down fitness equipment before and after each use. Staff have increased the number of times that high-touch surfaces are sanitized. In our Child Care facilities, staff have increased the number of times that toys and high-touch areas are sanitized throughout the day.



Our cleaning personnel already use commercial cleaning agents to disinfect our facilities on a daily basis. Our teams have increased the number of times that they clean and disinfect common surfaces throughout the day.

RECOMMENDED PREVENTATIVE MEASURES

We encourage you to follow the everyday preventive actions recommended by the CDC to help prevent the spread of respiratory viruses, including:

- ✓ Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- ✓ Avoid touching your eyes, nose, and mouth with unwashed hands.
- ✓ Avoid close contact with people who are sick.
- ✓ Stay home when you or your children have symptoms of illness or are sick.
- ✓ Cover your cough or sneeze with a tissue. Coughing into your elbow is an alternative.
- ✓ Clean and disinfect frequently touched objects and surfaces.

Thank you for helping us keep our community healthy and safe.



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