



ASSOCIATION SERVICES

GLEN COVE

HUNTINGTON

GREAT SOUTH BAY

PATCHOGUE

BROOKHAVEN ROE

EAST HAMPTON

FAMILY SERVICES

BOULTON CENTER  
FOR THE  
PERFORMING ARTS

# YMCA

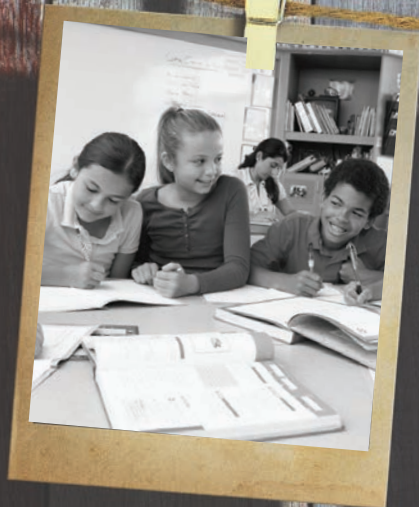
## FEELS LIKE HOME

YMCA OF LONG ISLAND | 2018 Annual Report





**AT THE Y, WE LEARN.**



**AT THE Y, WE THRIVE.**

**AT THE Y, WE SUPPORT OUR COMMUNITY.**



Dear Friends,

As the YMCA celebrates our 100th Anniversary, let me first say thank you to the many individuals who helped make the work of the YMCA possible in 2018.

In 2018, more than 64,000 Long Islanders turned to the Y to achieve better health and wellness in body, mind, and spirit, and in doing so, found a community that feels like family. The Y has become a “home away from home” to these thousands of people across the island.

At the Y, we celebrate the milestones of our children, whether learning to swim, gaining new skills, or making friends; we encourage adults to find their healthy way of life each day; and we provide emotional and physical support for those struggling or battling illnesses.

Over a century ago, years before the organization was incorporated, the YMCA was voted into existence with program offerings in job training and employment, citizenship, and Bible study. During World War I, we transformed into serving those in the military.

The Y has come a long way since 1919 as a vital thread in the fabric of our communities. We are a place of connectedness and we believe the biggest challenges our communities face should be tackled together, not alone. Thanks to you, the Y has brought hope and health to Long Island for generations, and this is just the beginning.

We strive to make a difference every single day – whether it’s a new member in search of a lifestyle change that will last, a teen who longs to be accepted, or a senior battling loneliness – at the Y, we know we’re better together. At the Y, we provide a place that feels like home.

The Y’s impact is only possible thanks to our volunteers, donors, community partners, and dedicated staff. In 2018, we served people of all ages, races, religions and income levels. We continued to make capital investments in our facilities to meet the ever-changing needs of our diverse population. And with your generous support, we helped families and individuals who depend on the Y to remove income as a barrier to our life-changing programs and services.

We are proud to give opportunities for people to be healthy, to learn, to connect with others, and to give back. Together, we will continue to deliver on our mission of improving lives across our community.

Thank you for being a supporter, a partner, and a friend, as we grow our family and welcome more Long Islanders home.

Gratefully,



Anne N. Briggs  
President & CEO



## THE YMCA FEELS LIKE HOME



## YOUTH DEVELOPMENT TOGETHER WE LEARN

At the YMCA of Long Island, we believe the values and skills a child learns early on are vital building blocks for life. Our youth programs offer developmental opportunities from early childhood through late adolescence, both in Y branches and outside of them, with an emphasis on out-of-school time. Children and teens learn positive behaviors, explore their unique talents and interests, and recognize and begin to develop their potential.

Already a significant child care provider, the Y committed to increasing services in **Early Childhood Education and School Age Child Care (SACC)** in 2018. We continued to expand our preschool programs, forge strong relationships with school districts to provide Universal Pre-Kindergarten (UPK), standardize curriculum for preschool, and implement enhanced enrichment programs for preschool to include sign language, Spanish, the arts, youth movement and sports, and swim instruction. Additionally, we standardized the program evaluations for early childhood and school age child care to enhance overall program quality.

At the **YMCA Summer Day Camp**, children have the opportunity to explore nature, discover new talents, try new activities, gain independence, and make lasting friendships. In 2018, our day camps continued to bustle with different activities as we served 4,178 children. In 2018, we invested \$500,000 in a 2019 Camp Innovation Fund to advance our camp mission. Funds were allocated for capital improvements, technology, curriculum, and programming at every camp location.

With thanks to Bethpage Federal Credit Union, the YMCA served 850 children and families at the 2018 **Healthy Kids Day®**, the Y's national awareness initiative to improve the health and well-being of children. The event was held at five YMCA branches in Nassau and Suffolk Counties, including Bay Shore, East Hampton, Glen

Cove, Huntington, and Patchogue. During the day of activities, children and families learned all about the long-term benefits of exercise, movement and proper nutrition. They enjoyed fun and healthy activities, including sports, games, arts & crafts, giveaways, and much more.

At the **Great South Bay YMCA**, our School Age Child Care program launched the **YMCA of the USA Character Development Learning Institute**, a program that teaches the children in our Before & After School programs, the Y's core values of Caring, Respect, Honesty, and Responsibility. Our programs for children with diverse-abilities continued to grow in 2018. We partnered with local organizations to provide children with Inclusion Specialists at summer day camp, fitness and health programs for the visually impaired, and swim programs for children with disabilities. Through our partnership with the **LIAM Foundation**, 35 children were able to experience the magic of Summer Day Camp with the help of 13 Inclusion Specialists. In partnership with **Challenger Athletics, Inc.**, we offered children's yoga and Challenger Basketball enabling children with disabilities to participate, with the assistance of a buddy helping him/her through all aspects of the activity. The Great South Bay YMCA continues to expand the **Y Act Out Theatre** program for children interested in exploring their talents, or for the more experienced artist looking to hone their skills. The Teen Act Out Theatre group performed the Broadway-hit musical "Little Shop of Horrors" in 2018. We served 225 students during the school year including six full-staged productions, in addition to our "production with instruction" classes throughout the year for ages 4-15. Dance, art, and special events are also part of the varied cultural arts programs we offer year-round.

The **Huntington YMCA's Teen Program** flourished with 25 members in Leaders Club. Whether looking for a welcoming, safe space, a place to make new friends and build character, or a means to participate in community service, the program helps shape them





# YMCA OF LONG ISLAND

## ASSOCIATION SERVICES

### BROOKHAVEN ROE Y CENTER

### GREAT SOUTH BAY YMCA

### HUNTINGTON YMCA

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### YMCA AT GLEN COVE

### YMCA BOULTON CENTER FOR THE PERFORMING ARTS

### YMCA EAST HAMPTON RECENTER

### YMCA FAMILY SERVICES

into successful young adults and provides a support system to grow. The Leaders Club participated in 22 events in 2018, strengthening their relationship with the community, and building strong bonds with each other. The Teen Program was also a catalyst to pilot a new **Aquatics Leaders Club** program designed to help train and guide the next generation of Lifeguards and Aquatics professionals. Fifty participants were enrolled and went through extensive training, at no cost to them.

With thanks to the New York Community Trust and the Heisman Trophy Fund for Youth Development, the **YMCA at Glen Cove** launched the **Competitive Edge Basketball** program in 2018. The program allows teens, ages 13-18, to participate in a free 8-week program. The program focuses on academic tutoring, study skills, and character development, while improving basketball skills, sportsmanship, and the opportunity to play competitive games. Overall, the program resulted in students with greater academic achievement and self-confidence.

The **Patchogue Family YMCA's Strength Through Strokes and Strides** program is designed for children battling cancer. The 12-week program helps pediatric cancer survivors rebuild strength and friendships through fitness. Participants train for a Duathlon utilizing the indoor pool and track and the program concludes with a medal ceremony. Following the ceremony, each participant writes a letter for another child fighting cancer with the medal enclosed in order to pass on their strength and encouragement.

The **YMCA East Hampton RECenter's School-To-Swim program** continued to provide critical swimming safety instruction for school age children located on the South Fork of Long Island. During school hours, local schools brought their students, Kindergarten through 5th grade, to the Y to learn how to swim. The **Kiwanis Club of East Hampton** and the **Andrew Sabin Family Foundation** helps to fund this swim program for students. In 2018, more than 1,000 students received a scholarship for this program.

**YMCA Family Services** developed and launched a Sticker Shock Campaign with the Huntington YMCA's Leaders Club, who created stickers with a slogan – "Supplying 2 Minors Isn't Minor". The campaign created Social Host Law awareness and underage drinking education. The outcome of the campaign resulted in the stickers being placed on 500 pizza boxes at Johnny's Paradise Pizza that were delivered to local members of the community.



## HEALTHY LIVING TOGETHER WE THRIVE

In 2018, thanks to the generous support of our Capital Campaign donors, we continued construction on the **Huntington YMCA Jorge Family Healthy Living Center**. With longtime supporters such as Capital Campaign Co-Chairs Chris Mitchell and Kyle Mostransky, Huntington Y Board Chair, Ed Glackin, and Judy Jorge from the Arlindo and Evelyn Jorge Family Foundation, we worked tirelessly on the plans and construction site for the duration of the year. The 30,000 square-foot Healthy Living Center, the only one of its kind on Long Island, houses a 7,500 square foot gymnasium with a suspended indoor track, a cycling studio, three adult fitness studios, an outdoor group fitness space, Child Watch center, an instructional kitchen, STEM workshop, and universal locker rooms, providing a myriad of health and wellness opportunities. Expanded programming in chronic disease prevention and recovery will be housed in the Healthy Living Center.

With a growing senior population across Long Island, the Y continues to enhance programs that meet the needs of our aging membership as well as the community. In 2018, **PSEG Foundation** and **PSEG Long Island** generously awarded \$57,300 to underwrite three Senior Social and Physical Wellness Programs, including **Moving for Better Balance**, **Active Older Adults Day**, and a weekly **Senior Social Hour**. In May, the Y and PSEG celebrated Active Older Adults Day by hosting fitness and swim classes, health screenings and informational fairs at all branches across Long Island, which were free and open to the community. The weekly senior social hours encouraged social interaction, education and important resources such as healthy cooking, financial tips, how to achieve cost savings on an electricity bill, emergency preparedness, and smart financial planning. The connections made in both the group exercise settings and social environments laid the foundation for establishing meaningful communities of support and created a sense of belonging for senior participants.

2018 brought continued growth of **YMCA Chronic Disease Prevention and Recovery Programs** across Long Island. Hundreds of participants were able to lead healthier lives through these evidence-based programs, including **LIVESTRONG® at the YMCA**, a cancer survivor program, **Moving For Better Balance**, a fall prevention program, **Enhance®Fitness**, a physical activity and social program for active older adults, especially those with arthritis, **Chronic Disease Self-Management Program**, and our expanded **Weight Loss Program**. Collectively, we helped create healthier lives for more than 400 program participants.

In 2018, we brought communities together to show thousands of people what the YMCA is all about through our first annual **Run for a Cause: YMCA 5K Series**, hosted by the Patchogue Family YMCA, Huntington YMCA, and Great South Bay YMCA. The Patchogue Family YMCA 5K Run/Walk, honored Brendan Barrett of the Sayville Running Company, with 562 runners and funds raised benefitting the Y Diabetes Prevention Program. In Huntington, the YMCA 5K Run/Walk in Memory of Marcie Mazzola helped raise funds that provided camp scholarships for local children. The Great South Bay YMCA 5K Run/Walk in Memory of Judi paid special tribute to Shardé Lamneck, a longtime YMCA employee who lost her courageous battle to breast cancer in 2017. The race benefitted cancer survivors through financial assistance to local families, scholarships to local high school seniors impacted by breast cancer, and support for **LIVESTRONG®** at the YMCA program.

Thanks to generous support from **Stew Leonard III Water Safety Foundation**, 210 children learned valuable water safety skills through Y swim lessons. Both Stew Leonard III Water Safety Foundation and **Capital One Bank** supported water safety with a strong force of local lifeguards. Generous underwriting support allowed 50 young people to become American Red Cross certified lifeguards.





# YMCA OF LONG ISLAND

## ASSOCIATION SERVICES

### BROOKHAVEN ROE Y CENTER

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### HUNTINGTON YMCA

### PATCHOGUE FAMILY YMCA

### YMCA AT GLEN COVE

### YMCA BOULTON CENTER FOR THE PERFORMING ARTS

### YMCA EAST HAMPTON RECENTER

### YMCA FAMILY SERVICES

At the **Great South Bay YMCA**, a significant commitment was made to youth fitness offering new classes for kids ages 8-17. These programs included Speed & Agility and Family Zumba. They were designed to give kids the ability, knowledge, and confidence to exercise safely and to teach kids the importance of a healthy lifestyle. We also focused on expanding fitness opportunities for those who may need additional support maintaining an active lifestyle. We continued our partnership with **Third Eye Insight** to provide exercise programs for adults who are visually impaired. Participants can enjoy indoor cycling classes, water aerobics, small group training, and more.

The **Huntington YMCA** introduced two new Group Fitness classes for members, including **LesMills CXWORX** and **GRIT**. CXWorx is a drop-in class that helps to strengthen core muscles. GRIT is a high-intensity interval training workout, designed to improve strength, cardiovascular fitness, and build lean muscle. In 2018, the **Huntington YMCA Swim Team** was strong with 160 members and 20 youth participating in our developmental team program. The swim team went on to bring two National YMCA Championship Qualifiers to attend the meet in Greensboro, North Carolina.

Health & Wellness programs for Active Older Adults was a focus for the Y in 2018. The **Patchogue Family YMCA** offered Senior Volleyball and Pickleball with both mental and physical longevity in mind. Twenty senior members met and competed on a weekly basis, as well as gathered to socialize in the lobby.

The **YMCA at Glen Cove** had an increase in participants for their Moving for Better Balance program, designed to improve strength, mobility, and balance for overall physical health.

The **YMCA East Hampton RECenter** launched **Wellness 60+**, an offsite program to promote fitness and wellness in our active older adult population. This program, in partnership with the **Town of East Hampton**, served more than 80 seniors in the community, regardless of their membership status at the Y.

**YMCA Family Services** provided **Suicide Prevention Workshops** to parents and teens in the Bay Shore community. As a growing cause for concern in our neighborhoods, the Y was there to address critical community needs through our resources and experts, as well as educate and provide information to parents and teens.



## SOCIAL RESPONSIBILITY TOGETHER WE SUPPORT

The **2018 Annual Campaign** increased our funds raised year-over-year, totaling **\$1,538,738** island-wide to provide financial assistance and underwrite free programs for youth, teens, adults, and seniors. Our YMCA branches opened their doors during the annual **"My Y Week"** campaign. This initiative is designed to engage members in the YMCA of Long Island Annual Campaign by providing opportunities for them to give back and get involved. Some popular local events at the branches included Laps for Lessons, Spin-a-thons, Dance-a-thons, and Zumba Nights.

The YMCA of Long Island continued to be a leader in YUSA's DIG (Diversity, Inclusion, and Global) Innovation Network. The **DIG Innovation Network** is committed to outreach to diverse and underserved communities, community bridge-building, and driving program innovation so everyone has an opportunity to reach their full potential.

2018 marked the fifth consecutive year of **Imagination Station**, an early literacy summer camp program aimed at preventing summer learning loss. With thanks to the generous support of the **Rauch Foundation** and the **Pritchard Charitable Trust**, Imagination Station included summer reading and enrichment for preschool to 3rd grade children, serving 1,940 students. 99% of participants who were assessed, either maintained or advanced their reading level. Capital One also supported literacy by underwriting **Capital One Y Readers**, ensuring all campers read 30 minutes per day, and had access to an extensive camp library at each branch. **Sterling National Bank Charitable Foundation**, **New York Community Bank**, and **MSC Direct** provided generous support enabling students to participate in Imagination Station at our YMCA Summer Day Camps, in addition to providing 100% scholarships to attend camp programs for a full six weeks. The

Y provided six weeks of camp for free to 70 students referred by school social workers from local districts. Of the 70 students, 80% of scholarship recipients maintained their reading level, 16% improved their reading level by one grade level, and 4% decreased in reading at the level tested (Qualitative Reading Inventory, Leslie & Caldwell, 2000). Additionally, 14% of all other camp participants received some financial assistance which increased access and opportunity for students impacted by the achievement gap.



**PSEG Foundation** and **PSEG Long Island** continued to fund STEM (Science, Technology, Engineering and Mathematics) projects in all of our summer day camp locations in 2018. Age-appropriate activities provided campers with critical-thinking and problem-solving skills through the opportunity to make rain clouds, slime, catapults, a marble run, and more!

Stop by the **Huntington YMCA** in the evening and you might be surprised to find a drum or guitar circle, fitness class, or a craft project all simultaneously happening at **Community Connections**.



This 6-week program, offered in the spring and fall to members and non-members alike, serves young adults with disabilities, free of charge. The YMCA provides arts, music and socialization opportunities for two hours weekly, and receives rave reviews. Participants love the program, family members are grateful for the engagement, and YMCA staff enjoy conducting the workshops.

The **YMCA at Glen Cove** Preschool staff participated in the **Ronald McDonald House Meals from the Heart** program which provided our employees the opportunity to volunteer and prepare dinner for the residence families, who are often far from the comforts of home. This team-building activity warmed our hearts and gave staff the chance to give back.

The **Great South Bay YMCA** coordinated an **Adopt-A-Family Campaign** for the holiday season sponsoring over 100 local families and providing them with a holiday to remember. Recipients were treated to gifts for all ages and parental support to help them have a joyous holiday they deserve. We also provided scholarships to local high school students for strong community service, academic and athletic achievement. Recipients were awarded with Dr. Gene Schmidt, Allan Van Nostrand, Corey Swinson and Judi Shesh Memorial Scholarships. These scholarships were made possible through funding received through the Y Annual Support Campaign.

The **Patchogue Family YMCA** offered a pilot swim program for children with Down Syndrome and diverse-abilities. Swim instructors volunteered their time to teach children of all abilities water safety and help them gain confidence in the pool. Ten children participated in the program, free of charge.

**YMCA Family Services** participated in several initiatives in 2018 that further strengthened our connection to the community and local partners. We collaborated with the **6th Police Precinct** on "Empowering Your Kids", the "Power of Inclusion" event with multiple community leaders such as the Longwood community, as well as Healthy Communities and Families campaign to minimize risk factors. The Huntington YMCA's Pre-Teen program participants created posters to educate the public during the Drug-Free Event in conjunction with the **Suffolk County Police Department**, which was held at SkyZone.



## YMCA OF LONG ISLAND

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Y CENTER

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YMCA AT GLEN COVE

YMCA BOULTON  
CENTER FOR THE  
PERFORMING ARTS

YMCA EAST HAMPTON  
RECENTER

YMCA FAMILY SERVICES



# IMPACT BY THE NUMBERS



26

CHILD CARE SITES



4,654 KIDS SERVED IN OUR  
PRE-TEEN AND TEEN CENTERS  
ISLAND-WIDE



\$1,808,420  
TOTAL SCHOLARSHIPS  
AWARDED AND FREE  
PROGRAMMING OFFERED



15,349  
SWIM LESSONS  
TAUGHT TO PREVENT  
DROWNING

2,052

KIDS MADE FRIENDS,  
HAD FUN AND DID  
THEIR HOMEWORK IN  
THE Y AFTERSCHOOL  
CHILD CARE  
PROGRAM



2,153  
STUDENTS  
ENROLLED IN  
PRESCHOOL  
PROGRAMS

\$25,000  
DONATED BY



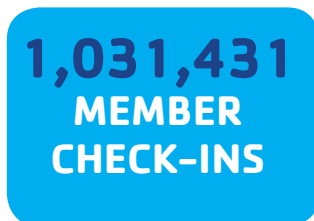
FOR GREAT  
SOUTH BAY YMCA  
CAMPERs WITH  
DISABILITIES



237  
YOUNG RISING  
STARS HIT THE  
STAGE IN  
PERFORMING ARTS CAMP



64,307  
PEOPLE OF ALL AGES,  
BACKGROUNDS & INCOME  
LEVELS CALLED US THEIR Y



1,031,431  
MEMBER  
CHECK-INS

4,178 CHILDREN AND TEENS EXPLORED CREATIVITY,  
TEAMWORK AND LEADERSHIP AT THE YMCA'S SUMMER DAY CAMP





**1,362**  
PREVENTION  
WORKSHOPS TO  
**16,744**  
PARTICIPANTS



**MORE THAN  
11,000**  
PERSONAL TRAINING  
SESSIONS HELPED PEOPLE  
LIVE HEALTHIER LIVES



**370**  
LIFEGUARD TRAINING  
CLASS PARTICIPANTS

**397 MEMBERS HEALTH  
& WELLNESS IMPROVED  
THROUGH CHRONIC  
DISEASE  
PREVENTION &  
RECOVERY  
PROGRAMS**



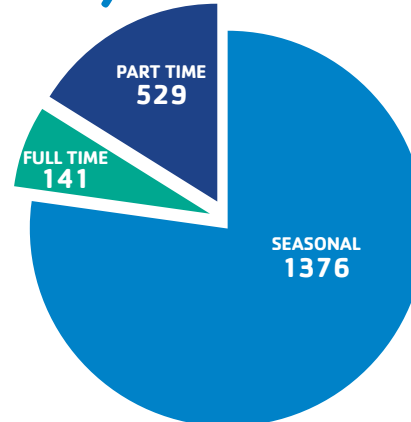
**8,198**  
Y MEMBERS OVER  
THE AGE OF 65



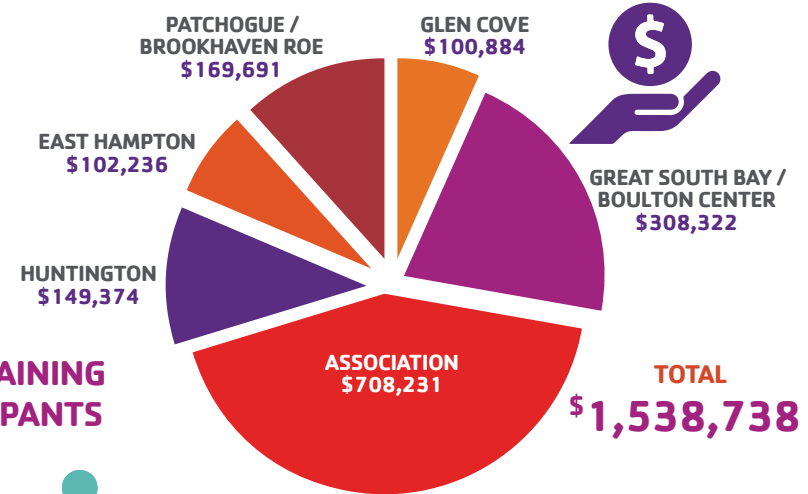
**1,137 YOUTH SPORTS  
CLASS PARTICIPANTS**



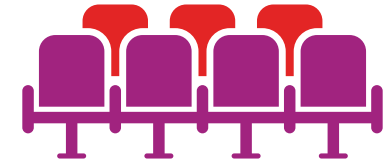
**2,046 Y STAFF**



## ANNUAL SUPPORT CAMPAIGNS



**470 VOLUNTEERS  
DONATED THEIR TIME  
TO THE Y**



**18,000**  
GUESTS HAVE ENJOYED  
PERFORMANCES AT THE YMCA  
BOULTON CENTER FOR THE  
PERFORMING ARTS

# PARTNERS & PROJECTS

The YMCA of Long Island acknowledges our generous impact partners contributing \$10,000 or more during 2018 (January 1, 2018–December 31, 2018)



Bethpage Federal Credit Union is a significant supporter of YMCA Summer Day Camp underwriting financial assistance for children and families in need. They also support chronic disease prevention and recovery by serving as the Race Series Sponsor for our Annual Race for a Cause 5K Race Series. Bethpage is also a substantive partner in capital improvements to our YMCA facilities and annual underwriting of YMCA Pre-Teen and Teen Center operating costs.



Capital One Bank supports "Y Force: Teens in Job Training" allowing young people to train for their first job experience. Through the program critical lifeguard certification programs are offered to various levels of swimmers to build strong skills and ultimately achieve American Red Cross Lifeguard Certification. During the school year, a select group of teens are invited to learn skills preparing participants to become a part of the next year's camp staff. The specific training is also accompanied by financial literacy, interview skills, and resume building. Also underwritten is the Capital One Y Readers Program, which works in tandem with Imagination Station to address summer learning loss. In the program, each camper reads a book of their choice for 30 minutes each camp day—over 70,000 hours of reading. Campers may bring their favorite book to camp, or choose from our camp libraries, which offers a variety of subjects and interests at all reading levels.



Empire National Bank remains a significant annual supporter of both summer camp scholarships and YMCA Pre-teen and Teen centers across Long Island.

## Island Outreach Foundation

Island Outreach Foundation enables children from Patchogue and the surrounding communities to attend summer camp by providing significant financial assistance.

## The J.M. Kaplan Fund

The J.M. Kaplan Fund helps to underwrite significant financial assistance allowing local children to attend summer camp at YMCA East Hampton RECenter. Many of the campers have been referred by their school districts as needing both economic support and the academic enrichment that camp affords.

## The Knapp-Swezey Foundation

The Knapp-Swezey Foundation has transformed countless local lives in partnership with the YMCA by working with us to revitalize Patchogue. The foundation underwrites numerous camp scholarships each year.



LIAM Foundation Inc. provided significant underwriting support for "Camp for All," a camp inclusion program at the Great South Bay YMCA. "Camp for All" gives children with disabilities the opportunity to enjoy an inclusive summer camp experience by providing a specialist to help them navigate the camp day. Participants have the vital opportunity to learn social skills and make new friends. The Y works tirelessly with the foundation to reduce stigma and strengthen the entire community through "Camp for All."



The Long Island Ducks are deeply involved in the life of the YMCA, serving as the host of our annual "Y Night," a community building event for Y staff and volunteers. The YMCA Boulton Center for the Performing Arts, named for Long Island Ducks Founder and CEO, Frank Boulton, and family, continues to be a sustaining partner. The Y is also fortunate to have Long Island Ducks Mascot and local hero, QuackerJack, at many of our community events.

## Lovin Oven-Gerard Scollan

Lovin Oven-Gerard Scollan partners with the Patchogue YMCA to help underwrite LIVESTRONG® at the YMCA, a cancer survivor strength and recovery program, and to underwrite summer camp scholarships.



MSC Direct provides generous financial assistance for local children to attend Huntington YMCA Summer Day Camp and to participate in Imagination Station. MSC Industrial Supply Co. honors the legacy of giving back to the community created by MSC Founder, Sidney Jacobson.



Northwell Health has partnered with the YMCA to improve the quality of life across Long Island through improved health. Together, the Y and Northwell provide educational workshops on wellness and chronic disease prevention.

## The Patchogue Community Service Foundation

The Patchogue Community Service Foundation has been a generous underwriter of scholarships, allowing children to attend Patchogue Family YMCA programs.



J. Petrocelli invests in youth development across Long Island, helping underwrite YMCA Pre-teen and Teen Centers and providing significant camp financial assistance.



# PARTNERS & PROJECTS



PSEG Foundation and PSEG Long Island help the social and physical wellness for YMCA of Long Island active older adults, as the underwriting sponsors of Active Older Adults Day, PSEG Senior Social Hour, and Moving For Better Balance. PSEG Foundation and PSEGLI also invests to improve local educational outcomes. As sponsors of the "Summer Stem Fun" Camp Program, children participate in weekly hands-on, inquiry-based experiments in science, engineering, and technology. The program sparks imagination and allows children to be introduced to career opportunities in these areas. PSEGLI also provides significant support for YMCA Pre-Teen and Teen Centers.

## The Pritchard Charitable Trust

The Pritchard Charitable Trust supports Imagination Station, a summer learning loss prevention program. With thanks to our generous partners, including the Pritchard Charitable Trust, 99% of all assessed participants maintained or improved their reading levels over the summer months.



The Rauch Foundation continues to be a strategic partner by addressing summer learning loss and increasing capacity in youth development and education across our region. Through a multi-year grant aimed at summer learning loss prevention, Imagination Station improves literacy skills for local children. To date, 99% of participating children ages 3 to 3rd grade maintained or increased their reading level. In partnership with local schools, 70 young people were referred for full scholarships for six weeks of camp in 2018. Additionally, the Rauch Foundation invests in strategic capacity building in youth development. The Rauch Foundation has been a steadfast partner as the Y builds communities and fills gaps in service.

## The Andrew Sabin Family Foundation

The Andrew Sabin Family Foundation generously supports YMCA East Hampton RECenter aquatics and camp scholarships.



Stew Leonard III Water Safety Foundation supports the Y in providing life-saving water safety skills. Our region is particularly vulnerable to incidents of drowning. Together with Stew Leonard III Water Safety Foundation, we offer swim lesson scholarships to 210 children, teach water safety skills, an essential skill that saves lives, and set the foundation for a lifetime of fitness activity. Additionally, Stew Leonard III Water Safety Foundation underwrites the certification of American Red Cross Lifeguard candidates at the YMCA.

## Spotlight On Children



Spotlight on Children provided financial assistance to send local children to summer camp at the Patchogue Family YMCA through the tireless efforts of Gasper Celauro and Sister Grace.

## Sterling National Bank Charitable Foundation

Through Sterling National Bank's Charitable Foundation, 25 students received 100% scholarships to attend summer camp for six weeks, and to participate in Imagination Station, a Summer Literacy Learning-Loss Prevention Program. Sterling National Bank is also a generous supporter of the YMCA Pre-Teen and Teen Centers.



## Town of Islip Community Development Agency

Town of Islip Community Development Agency provided generous annual support to help underwrite the Great South Bay YMCA Send-A-Kid to Camp program and

Pre-Teen and Teen Centers. This safe haven gave adult mentors the chance to support local youth through active enrichment and recreation.



## The Town of East Hampton

The Town of East Hampton provides a free YMCA membership to every youth resident under the age of 17. The town has supported the Y in offering a diverse assortment of programs and initiatives for children, adults, and families.

## The Treiber Family Foundation

The Treiber Family Foundation helps to underwrite significant financial assistance for both YMCA summer camp, and the Pre-Teen/Teen Center at the YMCA at Glen Cove as well as across Long Island.



The United Way of Long Island remains a committed partner of the Y. In 2018, with thanks to the Nature's Bounty Foundation and the United Way of LI, the YMCA took part in Healthy Kids, Healthy Families, and an initiative to enrich the lives of families by promoting wellness through nutrition, education, and healthy living. As a part of this partnership, YMCA School Age Child Care participants learned about sugar and fat content in some favorite foods and how to make better snack choices.

## Village of East Hampton

The Village of East Hampton generously supports the YMCA East Hampton RECenter's safety and beautification initiative by providing landscaping and significant inclement weather support.

**Thank you to our donors for your generous contributions. This list recognizes total giving from January 1, 2018 to December 31, 2018.**

### **CHAMPIONS (\$100,000 +)**

Friend of the Y-Long Island Community Foundation  
Arlindo & Evelyn Jorge Family Foundation  
Judy Jorge  
Modica Family  
The Rauch Foundation

### **BUILDERS (\$50,000 - \$99,999)**

Bahnik Family Foundation  
Bethpage Federal Credit Union  
Capital One Services, LLC  
PSEG Foundation  
YMCA of the USA

### **LEADERS (\$25,000 - \$49,999)**

Lillian & Murray Barbash  
Armand D'Amato  
New York Community Trust - Heisman Trophy Youth Development Fund  
LIAM Foundation  
J. Petrocelli Contracting  
National Grid  
New York State YMCA Foundation  
Northwell Health  
Patchogue Community Service Foundation  
Pritchard Charitable Trust  
Ruth Dottino Trust  
Joseph Sforzo  
Spotlight on Children  
Sterling National Bank  
Charitable Foundation  
Betty Wood  
Jerome Wood

### **FOUNDERS (\$10,000 - \$24,999)**

Andrew Sabin Family Foundation  
Answer Vending, Inc.  
Susan Barbash & Eric Katz  
Bernard Malberg Charitable Trust  
Karen & Frank Boulton and L.I. Ducks QuackerJack Foundation  
Anastasia & Anthony Brigis  
Canteen Vending Corp.  
Jenny & Gary Cox-Steiner  
Marie D'Amato-Rizzi

Edwards & Company  
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Richard Kleinknecht  
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Paula & Bruce Fuhrmann  
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Precor  
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Rechler Realty  
Rogers & Taylor Appraisers, Inc. - James G. Taylor  
Irene and Sidney B. Silverman  
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### **BENEFACTORS (\$5,000 - \$9,999)**

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Avalon Bay Communities, Inc.  
Baker Tilly Virchow Krause, LLP  
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Noreen & John Bishar  
Bohlsen Restaurant Group  
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 of Peggy Santomartino  
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 Stop & Shop Supermarket  
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 Conditioning  
 Richard La Force  
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 Target  
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 William Warren Group  
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 Richard Zimmerman

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 American Paving & Masonry  
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 Banner Metal Craft, Inc.  
 The Barker Organization  
 Bodyarmor Sport Drink  
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 Borg & Borg Inc.  
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 Gary Brown  
 Walter J. Gumersell  
 Christina Butcher  
 Christine Bysheim & William States  
 Capece-Picone Family  
 Captain Bill's  
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 Shawn Cassidy  
 Cassone Leasing, Inc.  
 Chrisitan Nursing Registry, Inc.  
 Tiana Christoforidis  
 Kathryn Cimone  
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 Shannon Cussen  
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 Herber Plumbing  
 Peter Hoffman  
 Susanna Hong  
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 Richard C. Imbert  
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 Mary & Thomas Lamendola  
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 Diane McCarthy  
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 Peter Yang  
 Josh Yedvab

# HUNTINGTON YMCA CAPITAL CAMPAIGN: HEALTHY LIVING CENTER

## HLC BUILDERS (\$500,000+)

Arlindo and Evelyn Jorge Family Foundation  
The Dolan Family Foundation  
The Rauch Foundation

## HLC LEADERS (\$100,000+)

Armand D'Amato  
Betty Wood

## HLC FOUNDERS (\$50,000+)

The Bahnik Family Foundation  
Bethpage Federal Credit Union  
Allison and Christopher Mitchell  
Dick Tupper  
Jerome Wood

## HLC BENEFACTORS (\$25,000+)

Ruth Dottino Trust  
The Glackin Family  
Huntington Rotary  
Judy Jorge  
Madeline and Malcolm King  
Mostransky Family  
The Nature's Bounty Foundation  
New York State YMCA Foundation  
Pamela and Richard Rubinstein Foundation  
Violetta and Douglas Partrick  
Rhoma and Howard Phillips  
Precor  
Scott Sammis  
The Townwide Fund of Huntington

## HLC PATRONS (\$10,000+)

Advantage Title Agency  
Anne and John Tatta Foundation  
John Breslin and Family  
Peter Brown, In Memory of Jean F. Brown  
College Hunks Hauling Junk & Moving -  
Panebianco Family  
Contract Pharmacal Corp.  
Terri and Paul Craco  
Frank Cutrone  
Anne and Richard Gordon

Hoffman Grayson Architects LLP  
The Kleinknecht Family Foundation  
Eileen Knauer  
Marcie Mazzola Foundation  
Mr. and Mrs. Stephen Melore  
New York Life Foundation  
Newton Shows  
Northwell Health  
Karen Sinicropi  
John Storck  
Fran and Brian Whitehead

## HLC SPONSORS (\$5,000-\$9,999)

Priscilla & Robert Hughes  
Laura Dunham and Frank McDonald  
Suzanne and Rick Nelson  
Package All Corporation  
The Turan Family Foundation  
Brian Walsh  
Pam and Ted Weiss

## HLC INVESTORS (\$2,500-\$4,999)

Capece-Picone Family  
Brendan DeRiggi  
Fort Hill Estates, Inc.  
Mr. and Mrs. Stephen Rossetti

## HLC MEMBERS (\$1,000-\$2,499)

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Ethel and Alexander Nichoson Foundation  
Ronald Goldstein  
Joseph R. Daly Foundation  
Beverly Lacy and Todd Dorman  
Marian and Vin McCann  
Beth Mostransky  
Toby and Larry Silverman





# WHAT IS THE ANNUAL SUPPORT CAMPAIGN?

The YMCA provides a wide array of services that fall under our Areas of Focus:

**YOUTH DEVELOPMENT:** Nurturing the potential of every child and teen.

**HEALTHY LIVING:** Improving health and well-being for all.

**SOCIAL RESPONSIBILITY:** Giving back and providing support to our community.

We raise funds annually to ensure that these services can be provided to everyone, including those that may not have the ability to pay in full for programs and services. That is what our Annual Support Campaign is all about. Your donation to the **YMCA of Long Island's Annual Campaign** will help nurture children, strengthen families, and build communities by providing Financial Assistance to our neighbors who need it most. While membership dues operate the facilities, donations allow the Y to provide programming that directly responds to the community needs. The opportunity for everyone to become healthier, stronger, and more connected, moves us all forward.

## WHY GIVE?

The challenges that face our community are both unique and widespread. People of all ages and backgrounds are struggling to reach their full potential. More and more children face seemingly insurmountable learning gaps. Families find it difficult to spend quality time together. But when challenges arise, the Y – with donors like you – steps in to make our community better.

Your donation, no matter what size, can make a difference:

**\$100** can provide 8 swim lessons for a child to learn water safety skills and enjoy swimming as a lifelong recreational sport.

**\$250** can provide access to Pre-Teen & Teen Center and Teen Programs to a young adult for one full year, to socialize and explore interests under the supervision of adult mentors.

**\$500** can provide an Active Older Adult with a full facility membership for one year to participate in programs that improve mental and physical wellness.

**\$1,000** can provide a Family Membership to a local family for one full year, allowing each member to learn, grow, strengthen bonds, and improve the health of each individual.

**\$3,000** can provide the gift of summer day camp to a child for one full summer, by giving them a safe, active, enriching, and fun experience learning new skills, making new friends, and preventing summer learning loss.

**\$5,000** can provide 10 classes of **LIVESTRONG®** at the YMCA to a cancer survivor for the opportunity to connect with other cancer survivors and gain vital strength to improve quality of life.

SWIM LESSONS



FAMILY MEMBERSHIP



PRE-TEEN AND TEEN MEMBERSHIPS



SUMMER DAY CAMP



ACTIVE OLDER ADULT MEMBERSHIP



LIVESTRONG® AT THE YMCA



# FUNDRAISING EVENTS



## **Diamonds & Burlap Auction and Celebration**

On November 8, 2018, we honored Winifred B. Mack, Senior Vice President, Health System Operations, and Northwell Health, at the Heritage Club at Bethpage. \$125,000 raised at the event benefitted our free Pre-Teen and Teen Center Programs.



## **Patchogue Family YMCA Golf Classic**

We honored Peter Rogers from Edwards and Company and raised more than \$74,000 to send 75 children to Patchogue Family YMCA Summer Day Camp.



## **YMCA of Long Island Golf Classic**

On June 18, 2018, we honored Precor and Bill Handlin, National Account Manager, at the Mill River Club. We raised more than \$174,000 to support YMCA Summer Day Camp scholarships for local children in need.



## **YMCA Boulton Center for the Performing Arts Gala**

On Friday, November 2, 2018, we honored the Racanelli Family with a record-breaking year for the gala. With support from our honoree, the event raised \$216,000 for the Boulton Center. Sponsors included Karen and Frank Boulton, Rechler Equity Partners, Susan Barbash and Eric Katz.



## **Great South Bay YMCA Golf Classic**

On July 23, 2018, we honored Board Member, Harry Kraft, raising \$72,000 to provide financial assistance for children to attend Great South Bay YMCA Summer Day Camp.



## **Huntington YMCA Golf Classic "Fore the Kids"**

On September 17, 2018, we featured individual and corporate "Community Impact Awards" recognizing GEICO Cares for broad-reaching community support programs over a decade, as well as Howard Phillips, Y Board Member, longtime supporter of the Y since joining after World War II.



# COMMUNITY BUILDING EVENTS



## YMCA 5K Run/Walk in Memory of Judi

On June 2, 2018, the Great South Bay YMCA paid special tribute to Shardé Lamneck, a former Y employee who lost her courageous battle to breast cancer. More than 300 runners and 30 sponsors supported the event, raising \$21,000, which helped provide financial assistance to families struggling with cancer, as well as support to the LIVESTRONG® at the YMCA program.



## Y Night

James G. Taylor, Chief Volunteer Officer, threw out the first pitch at our Annual Y Night at the Long Island Ducks game held at Bethpage Ballpark.



## Huntington YMCA Thanksgiving Community Service Project

On November 16, 2018, we delivered full meal supplies including turkeys, pies, cookie platters, and more to 65 families in Huntington that qualified for public assistance. More than 100 volunteers including Leaders Club participants and Y and Kiwanis members came together as a family during the holiday season to give back. 30 cases of food were also delivered to the Community Food Council.



## YMCA 5K Run/Walk in Memory of Marcie Mazzola

On April 22, 2018, we held our 12th annual race with 339 runners, raising \$23,000 for camp scholarships and support for children at-risk through the Marcie Mazzola Foundation



## Patchogue Family YMCA 5K Run/Walk

On April 8, 2018, we honored Brendan Barrett from the Sayville Running Company, and kicked off the race with 562 runners. We raised \$35,264 to support the Y Diabetes Prevention Program.



## Snack with Santa

The YMCA at Glen Cove, in collaboration with Northwell Health and Capital One, held their Snack with Santa event for more than 150 families in attendance.



## YMCA at Glen Cove Fall Carnival

The YMCA at Glen Cove held a Fall Carnival with Super Sponsor, Northwell Health, where more than 200 guests in attendance enjoyed rides, games, and entertainment.

## STATEMENT OF ACTIVITIES

For the year ended December 31, 2018

|   | <u>Without Donor Restrictions</u> | <u>With Donor Restrictions</u> | <u>Total</u>         |
|---|-----------------------------------|--------------------------------|----------------------|
| Revenues and other support:                       |                                   |                                |                      |
| Government grants and contracts                   | \$ 1,876,911                      |                                | \$ 1,876,911         |
| Program services                                  | 21,042,165                        |                                | 21,042,165           |
| Participating memberships                         | 10,159,718                        |                                | 10,159,718           |
| Contributions                                     | 7,202                             | 1,868,899                      | 1,876,101            |
| In-kind contributions                             | 1,112,724                         |                                | 1,112,724            |
| Special events, net                               | (20)                              | 586,078                        | 586,058              |
| United Way and other community funds              |                                   | 43,221                         | 43,221               |
| Facility usage and other income                   | 198,145                           |                                | 198,145              |
| Net assets released from donor restrictions       | <u>2,156,402</u>                  | <u>(2,156,402)</u>             | <u>0</u>             |
| Total revenues and other support                  | <u>36,553,247</u>                 | <u>341,796</u>                 | <u>36,895,043</u>    |
| Expenses:   |                                   |                                |                      |
| Program services:                                 |                                   |                                |                      |
| Multi-service branches                            | 30,307,659                        | -                              | 30,307,659           |
| Family services branch                            | 1,585,064                         | -                              | 1,585,064            |
| Total program services                            | <u>31,892,723</u>                 | <u>-</u>                       | <u>31,892,723</u>    |
| Supporting services:                              |                                   |                                |                      |
| Fundraising                                       | 1,287,515                         | -                              | 1,287,515            |
| General and administrative                        | 4,272,840                         | -                              | 4,272,840            |
| Total supporting services                         | <u>5,560,355</u>                  | <u>-</u>                       | <u>5,560,355</u>     |
| Total expenses                                    | <u>37,453,078</u>                 | <u>-</u>                       | <u>37,453,078</u>    |
| (Decrease) Increase in net assets from operations | <u>(899,831)</u>                  | <u>341,796</u>                 | <u>(558,035)</u>     |
| Net nonoperating activities:                      |                                   |                                |                      |
| Net investment returns                            | (115,042)                         | (2,779)                        | (117,821)            |
| Unrealized depreciation on perpetual trust        | <u>(42)</u>                       | <u>(236,495)</u>               | <u>(236,537)</u>     |
| Net nonoperating activities                       | <u>(115,084)</u>                  | <u>(239,274)</u>               | <u>(354,358)</u>     |
| Changes in net assets                             | (1,014,915)                       | 102,522                        | (912,393)            |
| Net assets, beginning of year                     | <u>51,670,153</u>                 | <u>5,980,453</u>               | <u>57,650,606</u>    |
| Net assets, end of year                           | <u>\$ 50,655,238</u>              | <u>\$ 6,082,975</u>            | <u>\$ 56,738,213</u> |



## A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

### Y of Long Island Community Benefit and Scholarship Assistance January to December 2018

|                              | Adults              | Children             | Financial Value           |
|------------------------------|---------------------|----------------------|---------------------------|
| <b>Full Membership</b>       | 543                 | 1,024                | \$ 384,638                |
| <b>Basic Membership</b>      | 24                  | 254                  | 30,882                    |
| <b>Program Scholarships:</b> |                     |                      |                           |
| Day Camp                     | —                   | 933                  | 648,611                   |
| Child Care                   | —                   | 1,319                | 257,646                   |
| Aquatics                     | 7                   | 1,130                | 48,649                    |
| Counseling                   | 2,709               | —                    | 158,976                   |
| Teen Center                  | —                   | 9,662                | 193,240                   |
| Cultural Arts/Dance          | —                   | 52                   | 1,590                     |
| Youth Sports & Fitness       | 254                 | 28                   | 84,148                    |
| Other                        | 6                   | 27                   | 40                        |
| <b>Total</b>                 | <b><u>3,543</u></b> | <b><u>14,429</u></b> | <b><u>\$1,808,420</u></b> |

### 2018 CONSTITUENCY

A total of **64,037**

Long Islanders called us their Y in 2018:

|                                      | Male                 | Female               |
|--------------------------------------|----------------------|----------------------|
| Pre-Schoolers (1-5 years)            | 3,130                | 3,034                |
| Elementary Schoolers (6-11 years)    | 6,377                | 5,787                |
| Jr./Sr. High Schoolers (12-17 years) | 4,498                | 3,739                |
| Young Adults (18-29 years)           | 4,477                | 4,172                |
| Adults (30-54 years)                 | 6,311                | 8,449                |
| Adults (55-64 years)                 | 2,583                | 3,282                |
| Adults (65 and over)                 | 3,661                | 4,537                |
| <b>Total</b>                         | <b><u>31,037</u></b> | <b><u>33,000</u></b> |

YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, LLP are available upon request. The YMCA of Long Island, Inc. is a not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.



## YMCA OF LONG ISLAND BOARD OF DIRECTORS 2018

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Paul Craco, Vice Chairman  
Sallyanne K. Ballweg, Treasurer  
Gordon M. Siess, Secretary

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155 Buckley Road, Holtsville, NY 11742  
(631) 289-4440 • Fax: (631) 289-4451

#### GREAT SOUTH BAY YMCA

200 West Main St., Bay Shore, NY 11706  
(631) 665-4255 • Fax: (631) 665-4261

#### HUNTINGTON YMCA

60 Main Street, Huntington, NY 11743  
(631) 421-4242 • Fax: (631) 421-5807

#### YMCA AT GLEN COVE

125 Dosoris Lane, Glen Cove, NY 11542  
(516) 671-8270 • Fax: (516) 671-8275

#### YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937  
(631) 329-6884 • Fax: (631) 329-2479

#### PATCHOGUE FAMILY YMCA

255 West Main Street, Patchogue, NY 11772  
(631) 891-1800 • Fax: (631) 891-1850

### NASSAU COUNTY CHILDCARE SITES

#### FAIRFIELD ELEMENTARY SCHOOL

330 Massapequa Ave., Massapequa, NY 11758  
(631) 665-4255

#### RAYMOND J. LOCKHART ELEMENTARY SCHOOL

199 Pittsburgh Ave., Massapequa, NY 11758  
(631) 665-4255

#### CHURCH OF ST. ROSE OF LIMA

2 Bayview Ave., Massapequa, New York, 11758  
(631) 665-4255

#### UNQUA ELEMENTARY SCHOOL

350 Unqua Road, Massapequa, NY 11758  
(631) 665-4255

#### BIRCH LANE SCHOOL

41 Birch Lane, Massapequa Park, NY 11762  
(631) 665-4255

#### EAST LAKE ELEMENTARY

154 East Lake Ave., Massapequa Park, NY 11762  
(631) 665-4255

#### JOHN P. MCKENNA ELEMENTARY SCHOOL

210 Spruce Street, Massapequa Park, NY 11762  
(631) 665-4255

#### HILLSIDE GRADE SCHOOL

150 W. Maple Dr., New Hyde Park, NY 11040  
(516) 671-8270

#### MANOR OAKS SCHOOL

1950 Hillside Avenue, New Hyde Park, NY 11040  
(516) 671-8270

#### GARDEN CITY PARK SCHOOL

51 Central Avenue, New Hyde Park, NY 11040  
(516) 671-8270

#### NEW HYDE PARK ROAD SCHOOL

300 New Hyde Park Rd, New Hyde Park, NY 11040  
(516) 671-8270

#### CLEARSTREAM AVE. ELEMENTARY SCHOOL

60 Clearstream Ave, Valley Stream, NY 11580  
(516) 671-8270

### FOREST ROAD ELEMENTARY SCHOOL

16 Forest Road, Valley Stream, NY 11581  
(516) 671-8270

### SHAW AVENUE ELEMENTARY SCHOOL

99 Shaw Avenue, Valley Stream, NY 11580  
(516) 671-8270

### SUFFOLK COUNTY CHILDCARE SITES

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45 Brook Avenue, Bay Shore, NY 11706  
(516) 462-2325

#### MARY G CLARKSON

1415 E 3rd Street, Bay Shore, NY 11706  
(516) 462-4837

#### FIFTH AVE SCHOOL

217 5th Avenue, Bay Shore, NY 11706  
(516) 462-2392

#### ACLD SPIEL CHILDREN'S CENTER (Summer Camp site only)

67 Greenwood Road, Bay Shore, NY 11706  
(631) 665-4255

#### OAKWOOD PRIMARY CENTER

264 W. 22nd Street, Huntington, NY 11743  
(631) 421-4242

#### SOUTHDOWN PRIMARY SCHOOL

Brown's Road, Huntington, NY 11743  
(631) 421-4242

#### COUNTRYWOOD PRIMARY CENTER

499 Old Country Rd., Hunt. Station, NY 11746  
(631) 421-4242

#### WASHINGTON PRIMARY SCHOOL

78 Whitson Rd., Huntington Station, NY 11746  
(631) 421-4242

#### GOOSE HILL PRIMARY CENTER

75 Goose Hill Road, Cold Spring Harbor, NY 11724  
(631) 421-4242

### COUNSELING SITE

#### YMCA FAMILY SERVICES

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(631) 580-7770 • Fax: (631) 580-7777

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(631) 969-1101 • Fax: (631) 969-1105  
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### ASSOCIATION SERVICES HEADQUARTERS

121 Dosoris Lane, Glen Cove, NY 11542  
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