



Series Presented by

Bethpage[™] 
Federal Credit Union

RUN.

GIVE BACK.

FEEL GREAT.

An illustration of five runners (three men and two women) running through a park with green trees and a blue sky. One man is wearing a white tank top with a pink ribbon, symbolizing breast cancer awareness. A white butterfly is flying above the runners.

YMCA
5K Series
2019

2ND ANNUAL

RUN FOR A CAUSE: YMCA 5K SERIES

- **Patchogue Family YMCA
5K Run/Walk**
Saturday, April 6 at 9:00am, Patchogue
- **YMCA 5K Run/Walk In Memory of
Marcie Mazzola**
Sunday, April 28 at 8:30am, Huntington
- **YMCA 5K Run/Walk in Memory
of Judi**
Saturday, June 1 at 8:30am, Bay Shore

855-2YMCALI • YMCALI.ORG/5KSeries

RUN FOR A CAUSE: YMCA 5K SERIES

Patchogue Family YMCA 5K Run/Walk



**Saturday, April 6th
9:00am**

**HONORING
Lou LaFleur
Selden Hills Warriors**

Proceeds from this run/walk will benefit the Y's Strength Through Strokes and Strides program.

Strength Through Strokes and Strides is a powerful program designed to help pediatric cancer survivors rebuild strength and friendships through fitness.

REGISTER TODAY

elitefeats.com/YMCA

PATCHOGUE FAMILY YMCA

255 West Main Street
Patchogue, NY 11772
631.891.1800

YMCA 5K Run/Walk In Memory of Marcie Mazzola



**Sunday, April 28th
8:30am**

**Masters Category
LITF Grand Prix Team Event
FREE Fun Run for 10 and under
8:00am**

Proceeds from the run/walk help send kids to YMCA Summer Day Camp.

Together, the YMCA and Marcie Mazzola Foundation have helped thousands of vulnerable children gain access to the services and resources they need to overcome obstacles and lead positive lives. Generous sponsors and runners have helped to fund such vital programs, including scholarships to YMCA Summer Day Camp for children in need. At YMCA Summer Day Camp, children build the skills and confidence they need to reach their potential, in a safe and stimulating environment, while making friendships and memories that will last a lifetime.

REGISTER TODAY

elitefeats.com/YMCA

HUNTINGTON YMCA

60 Main Street
Huntington, NY 11743
631.421.4242

YMCA 5K Run/Walk in Memory of Judi



**Saturday, June 1st
8:30am**

Proceeds from this run/walk will benefit cancer survivors through financial assistance to local families battling breast cancer, scholarships to local high school seniors impacted by breast cancer, and support for LIVESTRONG® at the YMCA program.

Judi Shesh was a mother, friend, Y preschool teacher, community leader, and an inspiration. Although she lost her second battle with breast cancer at the age of 41, her courage, love, and kindness will live forever in the hearts of the people who knew and loved her. For eighteen years, this 5K has united our community in the fight against breast cancer.

*Strollers welcome

REGISTER TODAY

elitefeats.com/YMCA

GREAT SOUTH BAY YMCA

200 West Main Street
Bay Shore, NY 11706
631.665.4255

5K RUN/WALK INFORMATION

CATEGORIES

Male/Female

5 Year Age Groups to 90+

AWARDS

Top 3 male/female overall

First, Second & Third Place male/female in each age/gender group

Finisher Series Prize: LED Armband awarded to participants who cross the finish line in all three races.

Sign up now!

ENTRY FEE

Adult:

\$25 Pre-Registration

\$30 Day of Race

Youth:

\$15 Pre-Registration

\$20 Day of Race

5K Series:

\$75 Pre-Registration for Adults

\$45 Pre-Registration for Youth, age 17 and under

Name on Bib cut off 3 weeks before Race Day

RULES OF COMPETITION

For the safety of all participants and to satisfy insurance requirements, no skates, baby strollers, baby joggers, or animals permitted on the course.

For more information on the YMCA 5K Series including Courses, Race Day Check In, Packet Pick Up, and Volunteer Opportunities, please visit YMCALI.ORG/5KSeries

5K SERIES SPONSORSHIP OPPORTUNITIES

- Finish Line Banner Sponsor..... \$7,500**
Name/logo listed on finish line banner for all three races in series, signage prominently displayed at races, name/logo/link on ymcali.org for 1 year, mention in all press materials, mention in YMCA LI newsletters, mention on social media properties and name on t-shirt.
- Giveaway Bags Sponsor..... \$5,000**
Exclusive sponsor for all three races in series. Corporation to provide the YMCA with branded giveaway bags to all race participants as well as giveaway items inside the bag such as collateral, coupons etc. Name/logo or mention included in all press materials, newsletters, and social media properties.
- Photo/Social Media Sponsor..... \$2,000**
Name/logo included on all participant's finish line race photographs for three races in series. Name/logo to be mentioned in YMCA LI social media posts promoting winners for all three races in series.

For local and branch-specific sponsorship opportunities, please visit YMCALI.ORG/5KSeries or contact the branch for details.

