



**Y DANCE  
Of Great South Bay YMCA**

**2018-19  
PARENT HANDBOOK**

Great South Bay YMCA  
200 West Main Street  
Bay Shore NY 11706  
631 665 4255  
YMCALI.ORG

Y DANCE COORDINATOR  
[Oyah.Banqura@ymcali.org](mailto:Oyah.Banqura@ymcali.org)  
631-665-4255, ext 115  
Cell 631-678-7582  
CULTURAL ARTS DIRECTOR  
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631-665-4255 ext 148



## WELCOME TO Y DANCE 2018-2019!

My name is Miss Oya and I am very excited to welcome you to another fabulous dance season. Here are a few notes that will be helpful now and throughout the year:

- There are 2 observation windows located outside the dance studio. You can see into the studio but the dancers cannot see you. We ask that if you want to observe during the class, that you do so only through those windows and not through the doors. This will help keep the dancers focused on the class. Your cooperation is greatly appreciated.
- Please dress your dancer in proper dance attire and dance shoes.  
**Please note- Shoes that have been worn outside are no longer permitted in the Dance Studio or Loft.**  
Leotard and tights, leotard and biking shorts, dance pants and, dance skirts, etc., are all acceptable.  
Please see the dress code page for more information.  
If your Dancer is attending a combination dance class, please have them ready with their tap shoes on. We will help the dancers change their shoes, so you will not need to come into the dance studio to assist your dancer. Please have all your dancer's shoes labeled clearly with their full name.
- Information, updates, and any flyers currently being sent out will always be emailed to you and posted on or next to the Y Dance board, located next to the observation windows.
- Classes run from September 2018–June 2019 with a dance recital in June.  
(Date pending)
- Please see our list of important dates and studio closings in the handbook and online at [www.yocali.org/Great-South-Bay/Programs/Dance](http://www.yocali.org/Great-South-Bay/Programs/Dance)

I am looking forward to a fun and dance-filled year with you and your dancer!

If you have any questions, please do not hesitate to ask.

You can email me at [oyah.banqura@yocali.org](mailto:oyah.banqura@yocali.org). Cell: 631-678-7582 or leave a message for me at

631-665-4255, ext 115.

Thank You!

## **Y DANCE MISSION STATEMENT:**

To engage each member in our program and encourage our dancers to be the best version of themselves through dance education.

- Great South Bay YMCA offers dancers the opportunity to learn the fundamentals of dance from beginners-intermediate.
- Great South Bay YMCA provides classes in the disciplines of Ballet, Jazz, and Tap. Our dancers will develop a knowledge of dance vocabulary and technique as well as stage direction and presence.
- Classes are designed to enhance the gross motor and social skills, cultivate imagination allowing for creative expression while exploring the art of dance in the YMCA's nurturing environment.

Y Dance...Because Everyone Can!

Sincerely,

Y Dance Staff



Don't look at your feet to see if you're doing it right  
**JUST DANCE**  
Kobi Yamada

**THANK YOU FOR JOINING US ON THIS ENRICHING  
AND EXCITING JOURNEY!**

Tiana Christoforidis, Cultural Arts Director

631 665 4255, ext 148

Tiana.christoforidis@ymcali.org

## **Y DANCE PROGRAM IMPORTANT DATES- 2018-19**

### **September 2018**

Monday, September 10th- Classes Begin  
We are Open on Rosh Hashanah

### **October 2018**

Monday, October 9th- **OPEN Columbus Day**  
Monday, October 23rd- **COSTUME DEPOSIT DUE**  
Oct. 31st Week- **Costume Dance Party- Parents Welcome the last 10 minutes of class! Costumes OK!**

### **November 2018**

Tuesday, November 6th- **OPEN Election Day**  
Monday, November 12<sup>th</sup>- **CLOSED Veteran's Day**  
Thursday, November 21st-24th- **CLOSED Thanksgiving Recess**

### **December 2018/January 2019**

December 23rd- **DEADLINE! Register for Fall class semester.**  
Saturday, December 22nd- Tuesday, January 1st- **CLOSED Holiday Recess**

### **January 2019**

Monday, January 21st- **CLOSED Martin Luther King Jr. Day**  
Tuesday, January 23rd- **Costume Balances DUE**

### **February 2019**

Saturday, February 10th- Friday, 15th- **Y Dance Spirit Week! Wear your Y gear and Show off your YMCA Spirit! Picture Time!**  
Monday, February 18th- Saturday, 23rd- **CLOSED Mid Winter Recess**

### **March/April 2019**

**DATE PENDING - Bay Shore St. Patrick's Day Parade-All classes are invited to participate**  
Monday, April 8<sup>th</sup>- 13th **Recital Packets Go Home**  
Friday, April 19th-26th **CLOSED Spring Recess**

### **May 2019- NO ABSENCES ALLOWED- Last Weeks of Classes**

**Recital Tickets Go On Sale- TBD**  
Friday, May 24th- Monday 27th- **CLOSED Memorial Day**  
**DRESS REHEARSAL TBA**

### **June 2018- RECITAL TIME!!!**

**Date to be determined later.**  
**We are currently planning 2 PERFORMANCES**

**\*Classes will only be held if the majority of students are able to attend. Y Dance Program Reserves the right to cancel any class due to low enrollment. Other accommodations can be made.**

**\*Please make sure we have your current and correct email and or cell number...info will also be posted outside the dance studio on Y Dance Board.**

**\*\*\*\*In the event of inclement weather, please call ahead. We will do our best to send you email blasts and text alerts. For Immediate, up to date information- download the Y mobile Y app.**

## Y DANCE PROGRAM DRESS CODE

**TO ALL DANCERS: Hair must be off the face.**

**Dance w/Me:** Comfortable workout gear and Tennis shoes or Dancewear.

**Afro Beats:** Comfortable workout gear and Tennis shoes or Dancewear.

**International Dance and Live Drum:** Comfortable workout gear, Dancewear and Barefoot.

**Ballet:**  
**Girls-** Pink or Black Leotard, Pink tights, skirt is optional, Pink Leather Ballet shoes. Hair must be off the face.  
**Boys-** Black dance pants or shorts, White Fitted T-shirt, white socks, Black Leather Ballet shoes.

**Lyrical:**  
**Girls-** Black Leotard or Bodysuit, Tan footless tights, specified Lyrical footwear or Barefoot.  
**Boys-** Black dance pants or shorts, Black Fitted T-shirt, specified Lyrical footwear or Barefoot.

**Contemporary:**  
**Girls-** Black Leotard or Bodysuit, Tan footless tights, specified Lyrical footwear or Barefoot.  
**Boys-** Black dance pants or shorts, Black Fitted T-shirt, specified Lyrical footwear or Barefoot.

**Modern:**  
**Girls-** Black Leotard or Bodysuit, Tan footless tights, specified Modern footwear or Barefoot preferred.  
**Boys-** Black dance pants or shorts, Black Fitted T-shirt, specified Lyrical footwear or Barefoot preferred.

**Tap:**  
**Girls-** Pink or Black Leotard, Tan tights, skirt or dance shorts- optional, Flat, Black Tap shoes. Hair must be off of face.  
**Boys-** Black dance pants or shorts, Black Fitted T-shirt, Black socks, Flat, Black Tap Shoes.

**Jazz: Video: Drill/Cheer:**  
**Girls-** Any Color Leotard or Bodysuit, footless tights or athletic wear.  
\*Student's choice of footwear; jazz shoe, foot undeez or barefoot  
**Boys-** Black dance pants or shorts, black fitted T-shirt, black socks.  
\*Student's choice of footwear: jazz shoe, foot undeez or barefoot.

### DANCE SHOES MAY BE AVAILABLE AT

RAISE THE BARRE\* 229 islip Ave., Islip 631-277-4100  
LA STRADA\* 770-01 Grand Blvd., Deer Park 631-242-1401  
JC PENNEYS / PAYLESS  
CAPEZIO / INSTRUCTORS CHOICE

\*mention you study at the YMCA and receive a discount

## Y DANCE PROGRAM ATTENDANCE

While we understand that things come up throughout the year, it is extremely important that dancers attend classes each week. Dance is very individual in development and progression, however, we are working towards a common goal: a fun, successful, quality driven recital performance. The foundation for the recital dance begins to be set from the first to the last day of class. Technique is taught weekly with new steps/combinations and dance vocabulary added to your dancer's repertoire. It is in class that we will, learn, fine tune and rehearse our individual and group parts in the recital dances. Every week we learn and add new material in order to build in technique, strength, flexibility and complete the dances in time for recital. The class is so much better when your dancer is in it.

The Y Dance Program emphasizes giving the Dancers a professional experience in class; from day one right through to the recital curtain.

\*We know that unforeseen events happen; if you know of any conflicts, please share them with us so we can plan accordingly.

\*If your dancer misses a class and would like to attend another similar class as a make up, please speak with Miss Oya. We will do our best to accommodate or discuss a private lesson to catch up on choreography.

\* Dancers that miss more than 4 classes may be removed from the choreographed sections they have not learned. Please speak with Miss Oya if you have any questions regarding this.

### **DANCE RECITAL COMMITMENT:**

Any Dancer that wishes to perform in the recital **MUST** be at **DRESS REHEARSAL** and be present for the **FULL RECITAL PERFORMANCE. NO EXCEPTIONS.**

Dress Rehearsal/Recital information will be confirmed and communicated to you sometime in December, 2018.



**PLEASE FILL THIS OUT AND RETURN TO YOUR CHILD'S DANCE INSTRUCTOR.  
MAKE SURE WE HAVE YOUR CURRENT CELL PHONE AND EMAIL INFORMATION SO WE CAN  
CONTACT YOU WITH IMPORTANT UPDATES AND INFORMATION.**

## **Y DANCE**

CLASS \_\_\_\_\_ SESSION/YEAR \_\_\_\_\_

The Great South Bay Y welcomes you and your child to our Dance Program.  
Please take a moment to complete the following information:

DANCER'S NAME: \_\_\_\_\_

PARENT'S NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HOME PHONE NUMBER: \_\_\_\_\_

CELL PHONE NUMBER: \_\_\_\_\_ (please indicate whose number this is)

EMAIL ADDRESS: \_\_\_\_\_

WHO IS PICKING UP THE CHILD: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

What is the best way to reach you?  home phone  cell phone  email

CHILD'S BIRTHDAY: \_\_\_\_\_

We have periodic parties throughout the year. We try to be a peanut-free facility.  
Please indicate any allergies: \_\_\_\_\_.

If your child attends our day care, afterschool, or camp during the day and you would like someone from the Y Dance staff to pick up your child and bring them to the dance studio for class, you will need to add the Y Dance staff to your registration form for day care / camp. In addition, by signing below you give us permission to pick up your child.

I, \_\_\_\_\_ give the Y Dance staff permission to pick up my child, \_\_\_\_\_ from  
the \_\_\_\_\_ room on (day/time) \_\_\_\_\_

Please indicate any details about your child that you feel will help us during their dance class: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_