

PATCHOGUE FAMILY YMCA BROOKHAVEN/ROE Y CENTER SUMMER DAY CAMP

LOCATIONS & CONTACT INFORMATION

Brookhaven/Roe Y Center

155 Buckley Road Holtsville NY

Associate Executive – Debbie Santoro – Debbie.Santoro@ymcali.org

Camp Director- Ms. Tina – Tina.Norbut@ymcali.org

Camp Director – Mr. Jerry – Jerry.Nardello@ymcali.org

Camp Director – Mr. Phil – Phil.Insalaco@ymcali.org

Camp Admin. Assistant- Ms. Eileen – Eileen.Fujarski@ymcali.org

Aquatic Director- Ms. Christina – Christina.Frank@ymcali.org

Patchogue Family YMCA

255 West Main Street Patchogue NY

Executive Director- Donna Boyle – Donna.Boyle@ymcali.org

Kiddie Camp Director – Ms. Sam – Samantha.Alvino@ymcali.org

Aquatic Director- Ms. Tracie – Tracie.Busch@ymcali.org

CAMP MISSION

To have fun learning essential life skills that build positive relationships, a feeling of belonging and a sense of achievement in a safe, supportive environment.

ABOUT YMCA CAMPS

The Y is giving kids their Best Summer Ever! The YMCA of Patchogue camps offer a mix of fun and educational activities aimed at improving kids' wellbeing. Our programs center on three areas proven to impact kids' development: friendship, accomplishment and belonging. The Y has been a leading provider of summer camp on Long Island for nearly 100 years and continues to provide youth with an enriching experience. We ensure that campers are in a safe environment with caring YMCA staff that instill positive values that help build character. When at camp, kids are given new responsibilities and learn independence. As a result, they become more confident, open to trying new things and grow as individuals and as part of a group. Summer Camp at the Y is a fun and unique experience that gives youth the opportunity to discover their full potential, meet new friends, play and create memories that last a lifetime. YMCA Day Camp provides a safe opportunity for youth to participate in weekly-themed activities, create arts and crafts, explore science and technology, swim, participate in sports, appreciate nature, and better understand themselves and our many cultures. Campers will build self-confidence, appreciate teamwork and sportsmanship while gaining independence as they nurture their spirits, challenge their mind and strengthen their bodies. The Y works to help youth discover their full potential by providing opportunities to learn, grow and thrive amidst caring, supportive adults. These experiences are grounded in a set of objectives that characterize all of the YMCA of Long Island camp programs. Through the Y's day camp program, kids participate in fun and educational activities that help them with:

- ACHIEVEMENT - Learn and master skills that help them realize their passions, talents and potential.
- RELATIONSHIP - Build friendships with new friends and staff role models adding to their well-being.
- BELONGING - Help them feel like they belong so they feel safe, welcome and free to express their individuality.

TYPICAL TRADITIONAL CAMP DAILY SCHEDULE

7:00am – 9:00am Before Care
9:00am – 9:30am Arrival / Opening Ceremony & Announcements
9:30am – 12:00pm Morning Activity Rotations
12:00pm – 1:00pm Lunch, Read and Rest
1:00pm – 3:30pm Afternoon Activity Rotations
3:30pm – 3:40pm Closing Ceremony & Announcements
3:40pm – 4:00pm Table Activities / Dismissal
4:00pm – 6:00pm After Care and After Care Snack



CAMP T-SHIRTS

T-shirts are given out on the first day of your child's camp session. Extra shirts will be available at an additional cost (\$10.00 per shirt) at the front desk. T-shirts are to be worn on trip days and picture days and the first day of each session. The YMCA will not be able to provide "loaner" or "borrow" shirts if they are forgotten.

PERSONAL BELONGINGS

Please mark all belongings with your child's first and last name. The YMCA is not responsible for any personal items lost, stolen, or damaged at our programs. Please make sure your child leaves all electronics, cell phones, toys and collectables at home. The YMCA will not be held responsible for lost items.

HOW TO DRESS YOUR CHILD FOR CAMP

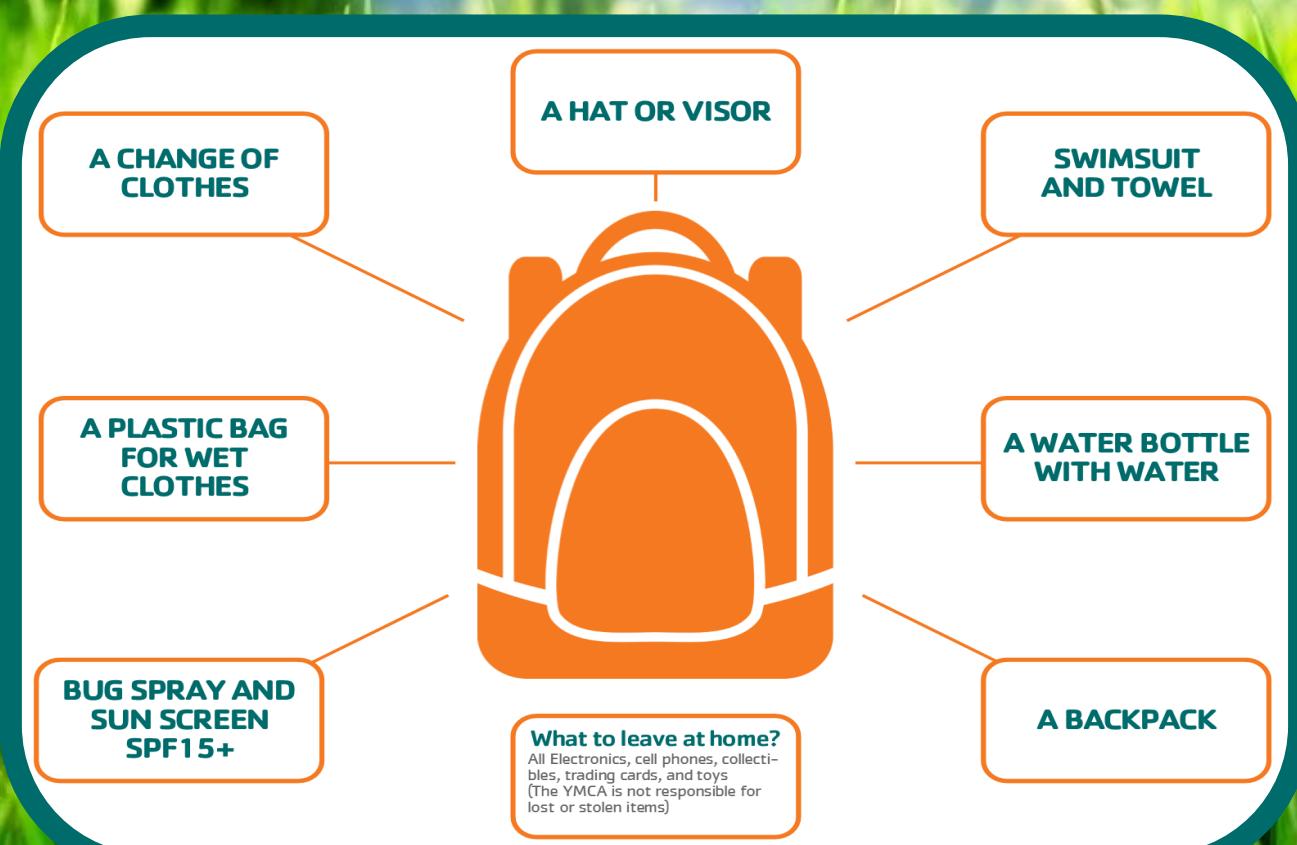
Please dress your child appropriately for the weather. Keep in mind that the children will be active and may get dirty, so dress your child in clothes that are for play and that you won't mind getting dirty. Children must wear closed-toe shoes to camp (i.e. sneakers) no sandals. Remember to send a swim bag with appropriate swim gear everyday. Campers should wear their camp shirt on field trip days.

SUNSCREEN

The sun is always a concern for us. We are committed to making sure your child is safe from the sun. We strongly encourage you to pack your camper with SPRAY ON SUNSCREEN. In addition we ask that you provide a sunscreen with at least an SPF of 15 that is labeled "All Day" and "Waterproof". Campers should arrive to camp with sunscreen on – they will be reminded throughout the day to reapply. We will assist our younger campers in applying sunscreen during each sunscreen break. However, older campers will be responsible for applying their own sunscreen during the day (with plenty of reminders from their counselors). If sun exposure is ever a problem, please notify the camp director immediately so that extra precautions and applications can be made.

OUR COUNSELORS

Our counselors receive extensive hours of professional development training that exceeds state licensing requirements. We meet or exceed state staff-to-child ratios. We perform background checks on all YMCA counselors. Counselors may not babysit your child; we request that you not ask any YMCA counselor to care for your child outside of the program. Your camp director is your contact for any questions and concerns that you may have prior to camp. Once camp begins your child's Team Leader becomes your primary contact for information about our programs or any questions you may have. We strongly encourage and invite parental participation and communication.



TRANSPORTATION

Drivers of all YMCA vehicles are thoroughly screened and authorized by the **Suffolk Transportation Authority** based on experience and good driving records. Upon registration, you have given the YMCA permission to transport your child to the appropriate YMCA or on fieldtrips.

FIELD TRIP SAFETY (PRE-TEEN ADVENTURE & TOO COOL ONLY)

When we are on field trips, we take health information and medicine with us. We frequently take attendance and use a method called "name-to-face checks" – that means when we take attendance, we aren't just calling names and listening for the child to say, "Here." We want to see who is saying it. We do this every time we take attendance, and as the children get on the bus.

SWIM SAFETY

All Full Day Campers will be in our pool every day and supervised by certified lifeguards for each swim session. All Youth Campers will take swim lessons 3 days a week and have recreational swim 2 days per week. All Full Day Kiddie campers will have lessons 5 days a week. Our Half Day campers do not swim. All lessons are taught by YMCA certified swim instructors. All Campers are required to participate in swimming.

HEALTHY ENVIRONMENT

Please help us keep a healthy environment for all our children. If a child cannot participate in the program due to illness, the child must be kept at home. Children who are ill may not return until they are symptom-free for 24 hours. They must also be fever-free for 24 hours without the use of fever reducers. If your child becomes ill during program hours, you will be notified and requested to pick up your child. Small cuts and scrapes will be treated by our EMT certified camp staff using standard first aid procedures. In cases of serious illness or injury, the Camp Director or EMT will contact parents immediately. If the parent cannot be reached, the designated 'emergency contact' will be called. The YMCA will contact EMS at any time necessary for the safety of a child, which may involve transportation to an emergency medical facility. The YMCA will contact the parents of any child who is found to have head lice. That child will be asked to be picked up early and will be allowed to return only after a successful treatment resulting in the complete removal of live lice and nits. YMCA will notify all other parents of incident. There is no financial or time compensation for missed days.

MEDICAL

Prescription medications must be in their original container labeled with the child's first and last name, the date the prescription was filled, the name of the licensed physician or licensed nurse practitioner who wrote the prescription, the expiration date of the medication, and specific and legible instructions for administration and storage of the medication. YMCA staff will administer the medication according to the instructions. Non-prescription medications can be given by permission and directions from child's physician. YMCA staff will administer non-prescription medication from the original container labeled with the first and last name of the child or youth and according to the instructions on the label. All medicine will be held in the EMT office in a locked box. In the event a child has a potential life-threatening allergy or condition that requires an EpiPen or inhaler, then the YMCA recommends that parents send a secondary EpiPen or inhaler that may be carried with the child. All parents have a duty to disclose any significant medical, physical or behavioral needs at the time of enrollment.

KIDDIE CAMP

Kiddie Camp is a fun experience for children ages 3-5. It is a time for children to be active, meet new friends, and have an unforgettable summer camp experience. Each week of the summer has a special theme associated with it that we encourage all staff and campers to participate in. We have many planned activities that go along with each theme. The campers will transition between art, dance/movement, imagination station music, gym and daily/weekly themed activities. They will also have time on our outdoor playground and Adventure Zone, our two story indoor play place. Socks are required on the adventure zone. All full day campers receive daily swim lessons. Campers should come with a spare change of clothes packed in their backpack. Please label all personal items each camper comes with such as clothes, socks, bathing suits, lunch box etc. Our priority is to provide a safe and fun environment for our campers to enjoy.

IMAGINATION STATION

The YMCA "Imagination Station" is an integral component of YMCA summer day camp and helps children prevent the "summer slide," the phenomena where students tend to fall back in reading and comprehension during summer months as a result of not reading for three months. Every week children are encouraged to use their imaginations to act out or draw what they have read. Thanks to the support of the Rauch Foundation the YMCA provides certified specialists who use an interactive and engaging curriculum created by our Literacy Cabinet for the camp season. Campers that are age 3 thru 3rd grade will receive Imagination Station. Children are assessed at the start of camp and at the end of camp. This program is made possible by the generous support of the Rauch Foundation. This summer we will continue with our Camp Readers summer reading program. All campers enrolled in our Summer Day Camp Program will be participating in 30 minutes of reading. The Camp Readers Program shows kids that reading is fun and builds their reading skill.

ATTENDANCE PROCEDURES

Your child must be signed out of the program. Only people you authorize may pick up your child from the program.

DROP OFF - For the safety of staff and campers, campers may not be dropped off at the YMCA earlier than 8:45am (unless enrolled in Before Care). At that point, a YMCA staffer will be waiting at the car ride line to help your camper exit the vehicle and get their day started. Before Care campers must be brought in to the facility and check in with the before care staff for attendance before care is 7:00-8:40am.

EARLY PICK UP - We understand that there will be times when you need to pick up your child early. When this occurs, it is extremely important that you call or send in a note with the details of the early pick up. Please understand that we use many areas of our facility and children may be participating in an activity away from the building. We have a handheld radio system that allows us to communicate effectively. It may take a few minutes to retrieve the child from the program area. Your patience is appreciated. Please sign your child out at the MEMBER SERVICE DESK in the lobby of our YMCA if picking up before 3:00pm. For the convenience of others and the safety of the children, all early pick-ups need to park in the parking lot and be done before 3:15pm whenever possible. You must show I.D. to pick up.

PICK UP - Regular pick up is from 3:45pm-4:15pm at the Dismissal Lane. A staff person will be waiting to greet you, check I.D., and will then radio for your camper to be sent to the car line. You do not need to park; a staff person will put your camper in your car for you to allow for speed and ease. Please remain patient while we retrieve your camper from their group, we use the entire facility for programming and it may take a few minutes. After Care Pick Up 4:15-6pm requires you to park and provide ID to the sign-out staff again your camper will be sent to the gate for dismissal.

SIGN OUT CHECK OUT - Sign out with ID Check is the easiest, safest process to check out your camper. Anyone given authorization to pick up your camper will be asked to provide ID. Campers will not be released to any person not provided by the parent or guardian who is listed on the registration forms. If you wish to amend the pick list this must be done in person with the camp administration.

LATE PICK UP - In fairness to our staff and because of subsequent program demands, it is very important that your child be picked up on time. Any child not picked up by 4:15pm will be automatically enrolled in aftercare for the day at rate of \$15 for the day and is due when you pick up your camper. All campers must be picked up by 6:00pm and not be able to attend aftercare any further.

ENROLLMENT CHANGES

The Primary Parent listed on the Camp Enrollment form is the ONLY authorized party to make any account or enrollment changes. This includes adding or removing camp weeks as well as editing the pick-up form. Any change in family status which impacts authorized parties for pick-up will require official documentation from the proper authority. Please call the director if you have specific questions or issues that we need to be aware of.

BABYSITTING/FRATERNIZATION

YMCA associates are not allowed to fraternize with, babysit or transport your child outside the YMCA program. We request that you not ask any YMCA associate to care for your child outside of the program. If a relationship exists outside the YMCA which predates the staff employment with the YMCA, staff should notify their supervisor.

RATIO AND SAFETY

We understand that safety is the number one objective. All of our camps provide a lower staff-to-child ratio that exceeds the minimal ratios and supervision requirements, as defined by the State of New York. At the YMCA we provide the following staff-to-camper ratios:

Three to four years 1:5

Five to seven years 1:8

Eight to eleven years 1:10

Twelve to fifteen years 1:12

Camp is an outdoor activity. We spend the majority of our day outside, playing games, learning and just having fun. We ensure that all campers stay cool by providing swim time each day, coming inside when it gets too hot, and keeping all of our campers hydrated. When the temperature reaches 90 degrees or higher, we rotate camp activities inside more frequently. Hydration is another component of health safety. We encourage multiple water breaks throughout the day. Send your child to camp with a water bottle – every day

HEALTHY LIVING!

The YMCA implements a series of healthy eating and physical activity standards in our summer program as part of the Y's national commitment to combat childhood obesity and ensure that all those who participate in YMCA programs live a healthier, balanced life.

PHYSICAL ACTIVITY - We're committed to getting our campers physically active every day! Our goal is to ensure that children engage in at least 60 minutes of physical activity per day, including a mix of moderate and vigorous physical activities that promote bone and muscle strengthening.

FOOD AND NUTRITION - If your child has any dietary restrictions, please indicate them on the medical section of your child's enrollment form. Children bring their own food and snacks during camp, the food will be refrigerated and should be sent in a bag or lunch box but there is no ability to warm or heat food. Healthy Snacks can be purchased from Y snack shack on site during lunch time

DISCIPLINE

Occasionally, campers' actions in our program can be a result of problems they are experiencing at home (i.e. pet's death, parent divorcing, fight with sibling, etc.). If any such disruptive or traumatic experience should occur, please inform your Unit Leader. This will enable us to better meet the needs of your child.

Our discipline policy is youth-centered and designed to achieve a positive outcome to misbehaviors and conflicts. We acknowledge good behaviors. We respond to misbehaviors and conflicts in an appropriate manner and have zero-tolerance for violence and bullying. We have the right to suspend or expel children from our programs if they or their families threaten safety or interfere with the sustainability of a quality program. It is important that staff maintain good order and discipline in all programs. Top objectives in all YMCA programs are safety and a positive atmosphere for developing social skills. The YMCA makes every effort to help children understand clear definitions of acceptable and unacceptable behavior.

The YMCA does not condone and will not permit:

1. Corporal punishment
2. Ridiculing, threatening, using an inappropriate loud voice
3. Leaving children unsupervised
4. Use of profanity

A child's behavior is expected to be consistent with the following:

1. Use appropriate language at all times
2. Cooperate with staff and follow directions
3. Respect other children and staff, equipment and facilities, and yourself
4. Maintain a positive attitude
5. Stay in the program areas - running away is not acceptable

THE DISCIPLINE POLICY

1. If a child is unable to comply with the behavior expectations, a conference will be held by the camp director with the child. The parent(s)/guardian will be notified.
2. If after the above meeting the child is still unable to comply with the behavior expectations, the camp director will set up a conference with the parent(s)/guardian. A behavior contract will be established and signed by the child (if appropriate), parent(s)/guardian and the program director
3. If the child's behavior continues to be disruptive and/or unsafe, the child will be subject to suspension or dismissal.
4. Failure of the parent(s)/guardian to attend conference(s) and/or cooperate with camp directors will subject the child to suspension or dismissal

BEHAVIORS THAT MAY RESULT IN IMMEDIATE DISMISSAL INCLUDE BUT ARE NOT LIMITED TO:

1. Any action that could threaten or pose a direct threat to the physical/emotional safety of the child, other children or staff
2. Fighting (includes shoving, pushing, biting and /or any intimidating act towards a counselor or program participant)
3. Possession of a weapon of any kind
4. Vandalism or destruction of YMCA property or property of others
5. Inappropriate conduct
6. Swearing or Cursing
7. Possession of or use of alcohol or controlled substances unless under the prescription of a doctor
8. Running away

DISCOVER SUMMER AT THE Y

The graphic features five circular icons at the bottom left: a swimmer with goggles, a beach ball, a paper airplane, a heart with a ribbon, and a pencil.