

TRANSFORMING LIVES BODIES COMMUNITIES ATTITUDES FAMILIES LONG ISLAND



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2014 REPORT TO THE COMMUNITY
YMCA OF LONG ISLAND, INC.

The Y. So Much More™



**PRESIDENT & CEO
YMCA OF LONG ISLAND, INC.**

Dear Friends,

A caterpillar turns into a butterfly...
A lump of coal into a precious diamond...
An ugly duckling into a gracious swan...

Transformation: It is the essence of the fairy tales we all grew up on; the stories that taught us important lessons, guided our moral compasses, and most important, gave us hope that life is full of beauty and happiness.

At the YMCA of Long Island, we don't have to look far or long to find a "fairy tale." Each and every day we have the privilege of seeing stories of lasting change, hope and happiness unfold before us as our members look to our Ys to find inspiration, motivation and guidance.

In 2014, our Ys served more than 60,000 children, adults and seniors, helping them learn and grow; adopt healthy lifestyles; and become their best selves. Following are some of our most inspiring tales of transformation.

Gratefully,



Anne N. Brigis

THE Y TRANSFORMED...

... ME INTO A HAPPIER PERSON AND A CATALYST FOR HEALTHY LIVING

I was approaching my 48th birthday and I was unhealthy, overweight and stressed at work. That's when I joined the YMCA. I started to follow a healthy eating plan, running on the track and taking some Zumba and kickboxing classes. Over the last three years, I not only lost 50 lbs, but also discovered that I have a genuine enthusiasm for health and wellness. In fact, I recently became a certified Zumba instructor and now teach classes at the Y! This way I can give back and inspire others to live healthier lives through the YMCA... just as I did.

Robin Lanteigne

... NUESTRA FAMILIA Y NUESTRA FORMA DE PENSAR SOBRE NUESTRA COMUNIDAD

A los 8 años, mi hijo Samuel recibió un diagnóstico de distrofia muscular. Los médicos nos dijeron que la natación ayudaría a evitar que sus músculos se tensaran. Siempre supe que el YMCA estaba cerca de mí pero, como madre soltera, no pensé que estuviera a mi alcance. Pero el YMCA nos ayudó en grande: le dieron una beca a toda mi familia para que todos pudiéramos ser parte del bienestar de Samuel. Ahora Samuel visita el YMCA cuatro veces por semana, frecuentemente con su hermano mayor Xavier. Juntos nadan para conservar la agilidad de los músculos de Samuel. Y lo que es igual de importante: pasan buenos momentos juntos. El YMCA no solo ayudó a Samuel a fortalecer sus músculos, también ayudó a fortalecer nuestra familia.

Margarita y Samuel Yanes

[To read this story in English, please visit YMCALI.org/transform]

THE Y TRANSFORMED...

... ME INTO TO AN ACTIVE ADULT WITH A RENEWED ZEST FOR LIFE

For many years, I had a weight problem. In 2014, I was having a difficult year, dealing with personal issues and knee problems. I was really down. One day I shared what was going on with one of the fitness instructors at the Y. Our talk convinced me that it wasn't just about being overweight, it was about taking care of myself. He inspired me to change my eating habits and start exercising. That was 11 months ago. I've lost 71 pounds and changed my whole lifestyle. Everyone at the Y has been so supportive, offering me so many encouraging words. It means so much to me and keeps me motivated. As my journey progresses, I've taken on more challenging fitness classes and feel so accomplished – and my knees feel great. Now I have a lot more strength, energy and confidence.

Eileen Russell



... ME INTO A STRONGER PERSON WITH A MORE POSITIVE OUTLOOK ON LIFE AND COMMUNITY

A few years ago I was diagnosed with breast cancer. Thirty-three rounds of radiation, chemotherapy and surgery left me emotionally and physically drained. Then one day I saw the LIVESTRONG® at the YMCA pamphlet in the doctor's office. I signed up the next day and started to feel my energy and strength coming back from the very start. More than getting stronger though, I realized that the Y was the support group I needed all along. LIVESTRONG at the YMCA gave me a way to share and connect with other cancer survivors. I feel stronger in every way.

Dorene Donofrio



THE Y TRANSFORMED...

... ME FROM BEING VISUALLY IMPAIRED TO BEING AQUATICALLY INSPIRED

You can imagine that getting into a pool is a challenge for people who are visually impaired, but the Y changed all that. Through a special water aerobics program, the Y staff helps the visually impaired get into and out of the pool safely. More than that, the program helps us build strength, endurance and confidence. I really believe that the YMCA exemplifies community giving and empowers people to reach their goals.

Devin Fernandez



MORE STORIES AT [YMCALI.ORG/TRANSFORM](https://ymcali.org/transform)



THE Y TRANSFORMED MY SON FROM A CANCER SURVIVOR TO A REGULAR KID

Read Elijah's story of running, swimming and playing after surviving cancer.



THE Y TRANSFORMED ME INTO A CONNECTOR OF PEOPLE AND A COMMUNITY VOLUNTEER

Read Tom's story about how he found fitness, friendship and leadership after retirement by playing volleyball at the YMCA.

THE Y TRANSFORMED ME INTO AN ADVOCATE AND PHILANTHROPIST

Read Donna's story about why she chose the YMCA to share her fortune, fame and philanthropy.

THE Y TRANSFORMED MY FAMILY AND MY FAITH IN THE GOODNESS OF OTHERS

Read Jackie's story about how family counseling at the YMCA helped rebuild her family after substance abuse.

THE Y TRANSFORMED MY BODY, MIND AND SPIRIT

Read Johanna's story about how the YMCA helped her become a champion athlete after a near-fatal automobile accident.

YOUTH DEVELOPMENT



On April 26, 2014, more than 5,000 children and families participated in Healthy Kids Day, a FREE community day that featured healthy living activities and demonstrations. Special thanks to Bethpage Federal Credit Union for sponsoring the event.

HEALTHY LIVING



Our YMCAs celebrated Active Older Adults Day to foster healthy living among our seniors. The day drew hundreds of participants to Zumba, water exercise classes, Moving for Better Balance classes, Yoga and Senior Volleyball.

SOCIAL RESPONSIBILITY



All our YMCAs offered "Try the Y Tuesdays," providing full-day free admission to all Long Island residents every Tuesday throughout the month of August to encourage healthy living, family fun and a sense of community.

2014 BENEFIT

More than transforming lives and attitudes, the YMCA of Long Island makes a lasting impact on the communities it serves. We believe in consistently supporting the local economy so that Long Island remains a sustainable place to live, work and play. Island-wide, we employ more than 2,000 people, invest in local businesses, catalyze collaborations among community stakeholders and foster social and economic opportunities.

\$17.7 Million

EARNED ANNUALLY BY 2,125 STAFF MEMBERS IN SALARIES AND BENEFITS, FUELING THE LOCAL ECONOMY

\$58.3 Million

CAPITAL INVESTED BY THE YMCA TO CREATE LONG-TERM, PLACE-BASED ANCHORS IN MORE THAN 30 COMMUNITIES AS OF 2014

\$10.6 Million

IN GOODS AND SERVICES PURCHASED FROM LOCAL BUSINESSES

\$2.1 Million

IN SCHOLARSHIPS DISTRIBUTED TO THOSE EXPRESSING NEED

\$1.7 Million

SECURED IN GOVERNMENT FUNDING TO HELP DELIVER LIFE-CHANGING SERVICES

20,045

SWIM LESSONS TAUGHT TO PREVENT DROWNING

3,499

TEENS & PRETEENS STAYED OFF THE STREETS AND OUT OF TROUBLE THANKS TO OUR FREE TEEN CENTERS

65,087

PEOPLE STRENGTHENED THEMSELVES AND THEIR COMMUNITIES BY BELONGING TO THE YMCA

1,694

KIDS CONTINUED LEARNING IN AFTER-SCHOOL PROGRAMS

677

KIDS HAD THE SUMMER OF A LIFETIME THANKS TO CAMP SCHOLARSHIPS



STATEMENT OF ACTIVITIES

For the year ended December 31, 2014

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Permanently Restricted</u>	<u>Total</u>
OPERATING ACTIVITIES:				
Revenues and Other Support:				
Government grants and contracts	\$ 1,725,932	\$ -	\$ -	\$ 1,725,932
Program services	19,420,728	-	-	19,420,728
Participating memberships	8,146,298	-	-	8,146,298
Contributions	50,913	1,134,577	-	1,185,490
In-kind contributions	1,065,662	-	-	1,065,662
Special events, net	(354)	558,257	-	557,903
United Way and other community funds	39,248	10,000	-	49,248
Facility usage and other income	209,915	-	-	209,915
Net assets released from restrictions	1,832,819	(1,832,819)	-	-
Total Revenues and Other Support	<u>32,491,161</u>	<u>(129,985)</u>	<u>-</u>	<u>32,361,176</u>
Expenses:				
Program services:				
Multi-service branches	26,045,647	-	-	26,045,647
Family Services branch	1,566,595	-	-	1,566,595
Total Program Services	<u>27,612,242</u>	<u>-</u>	<u>-</u>	<u>27,612,242</u>
Supporting services:				
Fundraising	935,904	-	-	935,904
General and administrative	3,136,550	-	-	3,136,550
Total Supporting Services	<u>4,072,454</u>	<u>-</u>	<u>-</u>	<u>4,072,454</u>
Total Expenses	<u>31,684,696</u>	<u>-</u>	<u>-</u>	<u>31,684,696</u>
Increase (Decrease) in Net Assets From Operations	<u>806,465</u>	<u>(129,985)</u>	<u>-</u>	<u>676,480</u>
NONOPERATING GAIN (LOSS):				
Net investment gain	361,771	28,169	-	389,940
Loss on disposal of fixed assets	(3,254)	-	-	(3,254)
Unrealized appreciation on perpetual trust	-	-	(42,353)	(42,353)
Total Nonoperating Gain (Loss)	<u>358,517</u>	<u>28,169</u>	<u>(42,353)</u>	<u>344,333</u>
Changes in Net Assets	1,164,982	(101,816)	(42,353)	1,020,813
Net Assets, Beginning of Year	<u>48,347,085</u>	<u>518,781</u>	<u>2,703,126</u>	<u>51,568,992</u>
Net Assets, End of Year	<u>\$ 49,512,067</u>	<u>\$ 416,965</u>	<u>\$ 2,660,773</u>	<u>\$ 52,589,805</u>

A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

The YMCA of Long Island, Inc., for the fourteenth consecutive year, generated revenue that exceeded expenses in 2014. All revenues exceeding expenses are used at our local branches to enhance facilities and program quality.

2013 REVENUES

Government grants and contracts	\$ 1,833,485
Program services	18,534,438
Participating memberships	8,139,269
Contributions	1,105,714
In-Kind Contributions	993,626
Special events, net	578,563
United Way and other community funds	39,287
Facility usage and other income	257,597
Non-Operating Revenue	909,125
Total	<u>\$32,391,104</u>

Y of Long Island Scholarship Assistance January to December, 2014

	Number of Scholarships to Adults	Number of Scholarships to Children	Financial Value
Full/Recreation Membership	1,313	1,352	\$ 252,038
Basic Membership	41	1,347	294,834
Program Scholarships:			
Day Camp	—	903	477,948
Child Care	—	1,429	223,344
Aquatics	16	402	29,294
Fitness	9	2	38
Sports	—	51	2,904
Counseling	5,319	0	303,975
Teen Center	—	20,781	464,191
Cultural Arts/Dance	—	199	7,528
Youth Movement	—	13	827
Other	173	192	7,832
Use of Facilities by Community Groups	176	1,320	32,320
Total	<u>7,047</u>	<u>27,991</u>	<u>\$2,097,073</u>

2014 CONSTITUENCY

A total of **65,087** Long Islanders called us their Y in 2014:

	Male	Female
Pre-Schoolers (1-5 years)	3,622	3,560
Elementary Schoolers (6-11 years)	6,626	6,151
Jr./Sr. High Schoolers (12-17 years)	5,000	4,282
Young Adults (18-29 years)	4,676	4,440
Adults (30-54 years)	6,628	8,976
Adults (55-64 years)	2,369	2,843
Adults (65 and over)	2,658	3,256
Total	<u>31,579</u>	<u>33,508</u>

YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, LLP are available upon request. The YMCA of Long Island, Inc. is a not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.

TRIANGLE CLUB

FOUNDERS (\$10,000+)

Answer Vending, Inc.
Henry Benter
Bethpage Federal Credit Union
Kate & Jim Dixon
Island Outreach Foundation, Inc.
Arlindo & Evelyn Jorge Family Fund
LIAM Foundation, Inc.
Marcie Mazzola Foundation
National Grid
Mrs. Lianne Rosenstein
Andrew Sabin Family Foundation
Marvin Schein



The Brookhaven Roe Y Center/
Patchogue Family YMCA gave kids
a chance to climb to new heights,
learn teamwork and build confidence
with a new high ropes course on the
camp grounds.

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(\$5,000 - \$9,999)

Anastasia & Anthony Brigis
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WB Mason Co., Inc.



In the spirit of community and
collaboration, our Glen Cove branch
opened its doors to the local Boys and
Girls Clubs to give a wider population
of youngsters access to swimming
lessons and water safety.

INVESTORS

(\$1,500 - \$1,999)

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Whalebone Tutoring



The Great South Bay Y offered
Universal Pre-K (plus free swim
lessons) to more than 220 4-year olds.

GRANTS

Capital One Bank
New York Community Bank
New York Community Trust
National Grid Foundation
National Inclusion Project
State of New York
Target
Town of Islip
Townwide Fund of Huntington
United Way of Long Island
YMCA of the USA

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SPECIAL EVENTS

FOUNDERS (\$10,000+)

The Answer Group
Linda Armin, Bethpage Federal
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Empire National Bank
Greenview Properties, Larry Gargano



The Huntington Y piloted the Imagination Station to help kids avoid summer learning loss and promote literacy.

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North Shore LIJ
Racanelli Construction
Sabrina & Thomas Rettaliata
Rogers & Taylor Appraisers, Inc.
Suffolk County PBA
James Whitehouse



The East Hampton Hurricanes swim team had another winning year.

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YMCA Family Services made the holidays brighter with food baskets for those in need.

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Thomas Donohue, Baldon Group
Mrs. Vera Esposito



Celebrating local superheroes with the Suffolk County PBA at our Diamonds & Burlap Event to support our Pre-Teen & Teen Centers.

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First Trade Union Bank
Florence Corporation
Kristy & James Folks
Friends of John Cochrane
Mr. & Mrs. Thomas K. Guba
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Huntington Honda
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Triangle Building Products
Tri-ing For Kids
Annette & Victor Trizzino
US Raceworks LLC
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WellDyneRx
The Wolf Family
Betty Wood
Zimmco, Inc.

We sincerely apologize if we have inadvertently failed to recognize a donor or volunteer.

FACILITIES / POOLS / SUMMER CAMP

BROOKHAVEN ROE YMCA CENTER

155 Buckley Road, Holtsville, NY 11742
(631) 289-4440 • Fax: (631) 289-4451

GREAT SOUTH BAY YMCA

200 West Main Street, Bay Shore, NY 11706
(631) 665-4255 • Fax: (631) 665-4261

HUNTINGTON YMCA

60 Main Street, Huntington, NY 11743
(631) 421-4242 • Fax: (631) 421-5807

YMCA AT GLEN COVE

125 Dosoris Lane, Glen Cove, NY 11542
(516) 671-8270 • Fax: (516) 671-8275

YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937
(631) 329-6884 • Fax: (631) 329-2479

PATCHOGUE FAMILY YMCA

255 West Main Street, Patchogue, NY 11772
(631) 891-1800 • Fax: (631) 891-1850

NASSAU COUNTY CHILDCARE SITES

MARION STREET ELEMENTARY

100 Marion Street
Lynbrook, NY 11563
(516) 417-1360

WEST END ELEMENTARY

30 Clark Avenue
Lynbrook, NY 11563
(516) 417-1360

CLEAR STREAM AVENUE SCHOOL

60 Clear Stream Avenue
Valley Stream, NY 11580
(516) 314-8549

FOREST ROAD SCHOOL

16 Forest Road
Valley Stream, NY 11581
(516) 313-4209

SHAW AVENUE

99 Shaw Avenue
Valley Stream, NY 11581
(516) 729-2146

HILLSIDE GRADE SCHOOL

150 West Maple Drive
New Hyde Park, NY 11040
(516) 880-4585

NEW HYDE PARK ROAD SCHOOL

300 New Hyde Park
New Hyde Park, NY 11040
(516) 880-4586

BERNER MIDDLE SCHOOL

50 Carmens Mill Road
Massapequa, NY 11758
(516) 459-7795

BIRCH LANE ELEMENTARY

41 Birch Lane
Massapequa, NY 11758
(516) 510-2432

EAST LAKE ELEMENTARY

154 East Lake Avenue
Massapequa Park, NY 11762
(516) 660-9117

FAIRFIELD ELEMENTARY

330 Massapequa Avenue
Massapequa, NY 11758
(516) 797-7147

RAYMOND J LOCKHART

199 Pittsburgh Avenue
Massapequa, NY 11758
(516) 778-4352

MCKENNA ELEMENTARY

210 Spruce Street
Massapequa Park, NY 11762
(631) 338-6981

ST. ROSE LIMA

4704 Merrick Road
Massapequa, NY 11758
(516) 523-1476

UNQUA ELEMENTARY

350 Unqua Road
Massapequa, NY 11758
(516) 778-4791

SUFFOLK COUNTY CHILDCARE SITES

LLOYD HARBOR SCHOOL

7 School Lane
Lloyd Harbor NY 11743
(631) 421-3700

WASHINGTON PRIMARY SCHOOL

78 Whitson Road
Huntington, NY 11743
(631) 673-2090

SOUTHDOWN PRIMARY SCHOOL

Brown's Road
Huntington NY 11743
(631) 673-2080

COUNTRYWOOD ELEMENTARY SCHOOL

499 Old Country Road
Huntington Station, NY 11746
(631) 812-3300

OAKWOOD ELEMENTARY SCHOOL

264 West 22nd Street
Huntington Station, NY 11746
(631) 812-3500

BROOK AVENUE SCHOOL

45 Brook Avenue
Bay Shore, NY 11706
(516) 462-2325

FIFTH AVENUE SCHOOL

217 5th Avenue
Bay Shore, NY 11706
(516) 462-2392

MARY G CLARKSON SCHOOL

1415 East 3rd Street
Bay Shore, NY 11706
(516) 462-4837

COUNSELING SITES

FAMILY SERVICES YMCA

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YMCA BOULTON CENTER

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