TRANSFORMING LIVES
COMMUNITIES
BODIES
FAMILIES
ATTITUDES
LONG ISLAND

2014 REPORT TO THE COMMUNITY
YMCA OF LONG ISLAND, INC.

The Y. So Much More™
Dear Friends,

A caterpillar turns into a butterfly...
A lump of coal into a precious diamond...
An ugly duckling into a gracious swan...

Transformation: It is the essence of the fairy tales we all grew up on; the stories that taught us important lessons, guided our moral compasses, and most important, gave us hope that life is full of beauty and happiness.

At the YMCA of Long Island, we don’t have to look far or long to find a “fairy tale.” Each and every day we have the privilege of seeing stories of lasting change, hope and happiness unfold before us as our members look to our Ys to find inspiration, motivation and guidance.

In 2014, our Ys served more than 60,000 children, adults and seniors, helping them learn and grow; adopt healthy lifestyles; and become their best selves. Following are some of our most inspiring tales of transformation.

Gratefully,

Anne N. Brigis
I was approaching my 48th birthday and I was unhealthy, overweight and stressed at work. That’s when I joined the YMCA. I started to follow a healthy eating plan, running on the track and taking some Zumba and kickboxing classes. Over the last three years, I not only lost 50 lbs, but also discovered that I have a genuine enthusiasm for health and wellness. In fact, I recently became a certified Zumba instructor and now teach classes at the Y! This way I can give back and inspire others to live healthier lives through the YMCA... just as I did.

Robin Lanteigne

... NUESTRA FAMILIA Y NUESTRA FORMA DE PENSAR SOBRE NUESTRA COMUNIDAD

A los 8 años, mi hijo Samuel recibió un diagnóstico de distrofia muscular. Los médicos nos dijeron que la natación ayudaría a evitar que sus músculos se tensaran. Siempre supe que el YMCA estaba cerca de mí pero, como madre soltera, no pensé que estuviera a mi alcance. Pero el YMCA nos ayudó en grande: le dieron una beca a toda mi familia para que todos pudiéramos ser parte del bienestar de Samuel. Ahora Samuel visita el YMCA cuatro veces por semana, frecuentemente con su hermano mayor Xavier. Juntos nidan para conservar la agilidad de los músculos de Samuel. Y lo que es igual de importante: pasan buenos momentos juntos. El YMCA no solo ayudó a Samuel a fortalecer sus músculos, también ayudó a fortalecer nuestra familia.

Margarita y Samuel Yanes
[To read this story in English, please visit YMCALI.org/transform]
For many years, I had a weight problem. In 2014, I was having a difficult year, dealing with personal issues and knee problems. I was really down. One day I shared what was going on with one of the fitness instructors at the Y. Our talk convinced me that it wasn’t just about being overweight, it was about taking care of myself. He inspired me to change my eating habits and start exercising. That was 11 months ago. I’ve lost 71 pounds and changed my whole lifestyle. Everyone at the Y has been so supportive, offering me so many encouraging words. It means so much to me and keeps me motivated. As my journey progresses, I’ve taken on more challenging fitness classes and feel so accomplished – and my knees feel great. Now I have a lot more strength, energy and confidence.

Eileen Russell

A few years ago I was diagnosed with breast cancer. Thirty-three rounds of radiation, chemotherapy and surgery left me emotionally and physically drained. Then one day I saw the LIVESTRONG® at the YMCA pamphlet in the doctor’s office. I signed up the next day and started to feel my energy and strength coming back from the very start. More than getting stronger though, I realized that the Y was the support group I needed all along. LIVESTRONG at the YMCA gave me a way to share and connect with other cancer survivors. I feel stronger in every way.

Dorene Donofrio
THE Y TRANSFORMED...

ME FROM BEING VISUALLY IMPAIRED TO BEING AQUATICALLY INSPIRED

You can imagine that getting into a pool is a challenge for people who are visually impaired, but the Y changed all that. Through a special water aerobics program, the Y staff helps the visually impaired get into and out of the pool safely. More than that, the program helps us build strength, endurance and confidence. I really believe that the YMCA exemplifies community giving and empowers people to reach their goals.

Devin Fernandez

MORE STORIES AT YMCALI.ORG/TRANSFORM

THE Y TRANSFORMED MY SON FROM A CANCER SURVIVOR TO A REGULAR KID
Read Elijah’s story of running, swimming and playing after surviving cancer.

THE Y TRANSFORMED ME INTO A CONNECTOR OF PEOPLE AND A COMMUNITY VOLUNTEER
Read Tom’s story about how he found fitness, friendship and leadership after retirement by playing volleyball at the YMCA.

THE Y TRANSFORMED ME INTO AN ADVOCATE AND PHILANTHROPIST
Read Donna’s story about why she chose the YMCA to share her fortune, fame and philanthropy.

THE Y TRANSFORMED MY FAMILY AND MY FAITH IN THE GOODNESS OF OTHERS
Read Jackie’s story about how family counseling at the YMCA helped rebuild her family after substance abuse.

THE Y TRANSFORMED MY BODY, MIND AND SPIRIT
Read Johanna’s story about how the YMCA helped her become a champion athlete after a near-fatal automobile accident.
On April 26, 2014, more than 5,000 children and families participated in Healthy Kids Day, a FREE community day that featured healthy living activities and demonstrations. Special thanks to Bethpage Federal Credit Union for sponsoring the event.

Our YMCAs celebrated Active Older Adults Day to foster healthy living among our seniors. The day drew hundreds of participants to Zumba, water exercise classes, Moving for Better Balance classes, Yoga and Senior Volleyball.

All our YMCAs offered “Try the Y Tuesdays,” providing full-day free admission to all Long Island residents every Tuesday throughout the month of August to encourage healthy living, family fun and a sense of community.

More than transforming lives and attitudes, the YMCA of Long Island makes a lasting impact on the communities it serves. We believe in consistently supporting the local economy so that Long Island remains a sustainable place to live, work and play. Island-wide, we employ more than 2,000 people, invest in local businesses, catalyze collaborations among community stakeholders and foster social and economic opportunities.

$17.7 Million earned annually by 2,125 staff members in salaries and benefits, fueling the local economy

$58.3 Million capital invested by the YMCA to create long-term, place-based anchors in more than 30 communities as of 2014

$10.6 Million in goods and services purchased from local businesses

$2.1 Million in scholarships distributed to those expressing need

$1.7 Million secured in government funding to help deliver life-changing services

20,045 swim lessons taught to prevent drowning

3,499 teens & preteens stayed off the streets and out of trouble thanks to our free teen centers

65,087 people strengthened themselves and their communities by belonging to the YMCA

1,694 kids continued learning in after-school programs

677 kids had the summer of a lifetime thanks to camp scholarships
# STATEMENT OF ACTIVITIES

For the year ended December 31, 2014

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Permanently Restricted</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OPERATING ACTIVITIES:</strong> Revenues and Other Support:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Government grants and contracts</td>
<td>$1,725,932</td>
<td>-</td>
<td>-</td>
<td>$1,725,932</td>
</tr>
<tr>
<td>Program services</td>
<td>19,420,728</td>
<td>-</td>
<td>-</td>
<td>19,420,728</td>
</tr>
<tr>
<td>Participating memberships</td>
<td>8,146,298</td>
<td>-</td>
<td>-</td>
<td>8,146,298</td>
</tr>
<tr>
<td>Contributions</td>
<td>50,913</td>
<td>1,134,577</td>
<td>-</td>
<td>1,185,490</td>
</tr>
<tr>
<td>In-kind contributions</td>
<td>1,065,662</td>
<td>-</td>
<td>-</td>
<td>1,065,662</td>
</tr>
<tr>
<td>Special events, net</td>
<td>(354)</td>
<td>558,257</td>
<td>-</td>
<td>557,903</td>
</tr>
<tr>
<td>United Way and other community funds</td>
<td>39,248</td>
<td>-</td>
<td>-</td>
<td>49,248</td>
</tr>
<tr>
<td>Facility usage and other income</td>
<td>209,915</td>
<td>-</td>
<td>-</td>
<td>209,915</td>
</tr>
<tr>
<td>Net assets released from restrictions</td>
<td>1,832,819</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total Revenues and Other Support</strong></td>
<td>32,491,161</td>
<td>(129,985)</td>
<td>-</td>
<td>32,361,176</td>
</tr>
</tbody>
</table>

Expenses:

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Program services:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Multi-service branches</td>
<td>26,045,647</td>
<td>-</td>
<td>-</td>
<td>26,045,647</td>
</tr>
<tr>
<td>Family Services branch</td>
<td>1,566,595</td>
<td>-</td>
<td>-</td>
<td>1,566,595</td>
</tr>
<tr>
<td><strong>Total Program Services</strong></td>
<td>27,612,242</td>
<td>-</td>
<td>-</td>
<td>27,612,242</td>
</tr>
</tbody>
</table>

**Supporting services:**

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Fundraising</td>
<td>935,904</td>
<td>-</td>
<td>-</td>
<td>935,904</td>
</tr>
<tr>
<td>General and administrative</td>
<td>3,136,550</td>
<td>-</td>
<td>-</td>
<td>3,136,550</td>
</tr>
<tr>
<td><strong>Total Supporting Services</strong></td>
<td>4,072,454</td>
<td>-</td>
<td>-</td>
<td>4,072,454</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>31,684,696</td>
<td>-</td>
<td>-</td>
<td>31,684,696</td>
</tr>
</tbody>
</table>

**Increase (Decrease) in Net Assets From Operations**: 806,465 (129,985) - 676,480

**NONOPERATING GAIN (LOSS):**

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Net investment gain</td>
<td>361,771</td>
<td>28,169</td>
<td>-</td>
<td>389,940</td>
</tr>
<tr>
<td>Loss on disposal of fixed assets</td>
<td>(3,254)</td>
<td>-</td>
<td>-</td>
<td>(3,254)</td>
</tr>
<tr>
<td>Unrealized appreciation on perpetual trust</td>
<td>-</td>
<td>-</td>
<td>(42,353)</td>
<td>(42,353)</td>
</tr>
<tr>
<td><strong>Total Nonoperating Gain (Loss)</strong></td>
<td>358,517</td>
<td>28,169</td>
<td>(42,353)</td>
<td>344,333</td>
</tr>
</tbody>
</table>

**Changes in Net Assets**: 1,164,982 (101,816) (42,353) 1,020,813

**Net Assets, Beginning of Year**: 48,347,085 518,781 2,703,126 51,568,992

**Net Assets, End of Year**: $49,512,067 $416,965 $2,660,773 $52,589,805
A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

The YMCA of Long Island, Inc., for the fourteenth consecutive year, generated revenue that exceeded expenses in 2014. All revenues exceeding expenses are used at our local branches to enhance facilities and program quality.

2013 REVENUES

<table>
<thead>
<tr>
<th>Source of Revenue</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government grants and contracts</td>
<td>$1,833,485</td>
</tr>
<tr>
<td>Program services</td>
<td>18,534,438</td>
</tr>
<tr>
<td>Participating memberships</td>
<td>8,139,269</td>
</tr>
<tr>
<td>Contributions</td>
<td>1,105,714</td>
</tr>
<tr>
<td>In-Kind Contributions</td>
<td>993,626</td>
</tr>
<tr>
<td>Special events, net</td>
<td>578,563</td>
</tr>
<tr>
<td>United Way and other community funds</td>
<td>39,287</td>
</tr>
<tr>
<td>Facility usage and other income</td>
<td>257,597</td>
</tr>
<tr>
<td>Non-Operating Revenue</td>
<td>909,125</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$32,391,104</strong></td>
</tr>
</tbody>
</table>

Y of Long Island Scholarship Assistance

January to December, 2014

<table>
<thead>
<tr>
<th>Category</th>
<th>Number of Scholarships</th>
<th>Financial Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full/Recreation Membership</td>
<td>1,313</td>
<td>$252,038</td>
</tr>
<tr>
<td></td>
<td>1,352</td>
<td></td>
</tr>
<tr>
<td>Basic Membership</td>
<td>41</td>
<td>294,834</td>
</tr>
<tr>
<td></td>
<td>1,347</td>
<td></td>
</tr>
<tr>
<td>Program Scholarships:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Day Camp</td>
<td>—</td>
<td>477,948</td>
</tr>
<tr>
<td>Child Care</td>
<td>—</td>
<td>223,344</td>
</tr>
<tr>
<td>Aquatics</td>
<td>16</td>
<td>29,294</td>
</tr>
<tr>
<td>Fitness</td>
<td>9</td>
<td>38</td>
</tr>
<tr>
<td>Sports</td>
<td>—</td>
<td>2,904</td>
</tr>
<tr>
<td>Counseling</td>
<td>5,319</td>
<td>303,975</td>
</tr>
<tr>
<td>Teen Center</td>
<td>—</td>
<td>464,191</td>
</tr>
<tr>
<td>Cultural Arts/Dance</td>
<td>—</td>
<td>7,528</td>
</tr>
<tr>
<td>Youth Movement</td>
<td>—</td>
<td>827</td>
</tr>
<tr>
<td>Other</td>
<td>173</td>
<td>7,832</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Use of Facilities by Community Groups</td>
<td>176</td>
<td>32,320</td>
</tr>
<tr>
<td></td>
<td>1,320</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>7,047</strong></td>
<td><strong>2,097,073</strong></td>
</tr>
</tbody>
</table>

2014 CONSTITUENCY

A total of 65,087 Long Islanders called us their Y in 2014:

<table>
<thead>
<tr>
<th>Category</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Schoolers (1-5 years)</td>
<td>3,622</td>
<td>3,560</td>
</tr>
<tr>
<td>Elementary Schoolers (6-11 years)</td>
<td>6,626</td>
<td>6,151</td>
</tr>
<tr>
<td>Jr./Sr. High Schoolers (12-17 years)</td>
<td>5,000</td>
<td>4,282</td>
</tr>
<tr>
<td>Young Adults (18-29 years)</td>
<td>4,676</td>
<td>4,440</td>
</tr>
<tr>
<td>Adults (30-54 years)</td>
<td>6,628</td>
<td>8,976</td>
</tr>
<tr>
<td>Adults (55-64 years)</td>
<td>2,369</td>
<td>2,843</td>
</tr>
<tr>
<td>Adults (65 and over)</td>
<td>2,658</td>
<td>3,256</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>31,579</strong></td>
<td><strong>33,508</strong></td>
</tr>
</tbody>
</table>

YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, LLP are available upon request. The YMCA of Long Island, Inc. is a not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.
The Brookhaven Roe Y Center/ Patchogue Family YMCA gave kids a chance to climb to new heights, learn teamwork and build confidence with a new high ropes course on the camp grounds.

Dr. & Mrs. Michael B. Grieco Hampton Lifeguard Association Mr. Harvey J. Horowitz Eileen Knauer Long Island Community Foundation Peter Mastaglio Hon. & Mrs. Richard J. McCord Jennifer Olsen Panebianco Family Panos Graphic Services, Inc., Tina Atlas Panos Mr. Howard Phillips Chris Portera Mr. & Mrs. Donald A. Rettaliata Jr. Peter Rettaliata, Air Industries Machinery Sabrina & Thomas Rettaliata James Romanelli Gina & Scott Sammis Sir Speedy Printing, Donna & Bill Bondy Mr. & Mrs. Ernest P. Smith Thomas R. Suozzi Thomson Family Carol-Ann & John Treiber Dick Tupper Betty Wood YMCA of the USA

Ben Farnan Dr. Nicholas Johnnides Judi Shesh Foundation John F. Loverro Memorial Fund Patchogue Community Service Foundation Mr. & Mrs. Stephen Rossetti WB Mason Co., Inc.

In the spirit of community and collaboration, our Glen Cove branch opened its doors to the local Boys and Girls Clubs to give a wider population of youngsters access to swimming lessons and water safety.


Dr. & Mrs. Michael Dubin Fitness Resource Of New York, LLC Kristen & Peter Foster GKN Foundation Goldstein Family Anne & Richard Gordon Leeann & Barbara Grazioso In Memory of Joseph Grazioso Amy & Alez Hazelton Gail & George Hoag The Huntington YMCA Leaders Club Maureen Liczene & Kenneth Lindahl Mr. & Mrs. William S. Mack Jr. and Family Malone Family Andrea & Joseph Marino Maria & Frank McNamie Donna M. McNaughton, Esq. Mr. & Mrs. Stephen Melore Mostransky Family Newton Shows Debra Petkanas Mr. Kirk August Radke Renaissance Downtowns J. Clifford Ruby Sforzo Family Mr. & Mrs. David Sloane Lynda Smith Stacey Spata Suffolk Transportation Service, Inc., John Corrado James G. Taylor & Rogers & Taylor Appraisers Virginia & Bruce Treiber Carolyn & Dave Williams


The Great South Bay Y offered Universal Pre-K (plus free swim lessons) to more than 220 4-year olds.

GRANTS


CAPITAL IMPROVEMENT

Jenny & Gary Cox-Steiner Goldstein Family John Green Mrs. Joan-Therese Hudson Judy Jorge/ Arlindo & Evelyn Family Fund The Knapp-Sweezy Foundation, Inc. John T. Markey Mr. & Mrs. Peter Moloney Mr. & Mrs. William Murray NBTY Helping Hands Charity Newton Shows Howard & Rhoma Phillips Mr. & Mrs. Chris Portera Rubenstein Foundation Debbie & Dominic Santoro Blums, Inc.
SPECIAL EVENTS

FOUNDERS
($10,000+)
The Answer Group
Linda Armyn, Bethpage Federal Credit Union
Empire National Bank
Greenview Properties, Larry Gargano

INVESTORS
($1,500 – $1,999)
Balfe & Holland, P.C.
Brookhaven Memorial Hospital
Downtown Patchogue Redevelopers
Frank J. Farrell
Fort Hill Estates, Inc.
Winifred B. Mack
Mary’s
Ali & Chris Mitchell
Mostransky Financial & Insurance Solutions
Mr. & Mrs. Donald A. Rettaliata Jr.
Gerard Scollan
Gail Sloan & Harrison Kraft

BENEFACTORS
($5,000 – $9,999)
Avalon Bay Communities, Inc.
Susan Barbash & Eric Katz and Family
Karen & Frank Boulton and LI Duck’s Quackerjack Foundation
Cullen & Dykman LLP
Audrey & Armand D’Amato
Damianos Realty Group LLC
Davis Vision, Inc.
Drew Patrick LTD
Farrell Fritz, P.C.
First National Bank of Long Island
Michele & David Knapp
National Grid
North Shore LIJ
Racanelli Construction
Sabrina & Thomas Rettaliata
Rogers & Taylor Appraisers, Inc.
Suffolk County PBA
James Whitehouse

SPONSORS
($2,000 – $2,499)
American Petroleum & Transport Inc.
Anastasia & Anthony Briggs
Daniel Gale Sothebys International Realty
Danic Concrete Corp
Davis & Ferber, LLP
Empire Blue Cross Blue Shield
Fire Island Ferries
MaryAnne & Ray Fujarski
GCP Capital Group
Mercedes Benz of Huntington
PSEG Long Island
Peter Rettaliata, Air Industries
Martin Scheinman
Sherman, Federman-Sambur & McIntyre, LLP
Siben & Siben, LLP

MEMBERS
($1,000 – $1,499)
Albanese & Albanese LLP
Astoria Bank
Lewis Johns Avallone
Sallyanne & Brian Ballweg
Barbato & Rucinski Enterprises Inc.
Bay Shore Chamber of Commerce
Bay Shore Lions Club
BDW Group LLC
Brandywine Senior Living
Buchbinder Tunick & Company LLP
Busch Associates
Dr. Richard Byrnes, CyberKnife of LI Clare Rose Inc.
The Simon and Eve Colin Foundation
College Huns Hauling Junk
College Huns Moving
Todd Cooper, Ripco Real Estate
Crasco & Ellsworth, LLP
Terri & Paul Craco
Danzia Family Foundation, Inc.
Darr Construction
Difazio Electric, Inc.
Thomas Donohue, Baldon Group
Mrs. Vera Esposito

The Huntington Y piloted the Imagination Station to help kids avoid summer learning loss and promote literacy.

The East Hampton Hurricanes swim team had another winning year.

YMCA Family Services made the holidays brighter with food baskets for those in need.

We sincerely apologize if we have inadvertently failed to recognize a donor or volunteer.

We acknowledge and appreciate all the contributions.

Celebrating local superheroes with the Suffolk County PBA at our Diamonds & Burlap Event to support our Pre-Teen & Teen Centers.

Mr. & Mrs. Michael J. Faherty
First Nationwide Title
First Trade Union Bank
Florence Corporation
Kristy & James Folks
Friends of John Cochrane
Mr. & Mrs. Thomas K. Guba
Healthplex, Inc.
Hoffman Grayson Architects LLP
Mr. Harvey J. Horowitz