



ONE Y. ONE VOICE.
MANY STORIES.



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At the YMCA OF LONG ISLAND, we have one goal: to strengthen the foundations of the community. This singular focus gives us clarity of purpose and enables us to make a positive, lasting impact on our communities.

While we embrace one clear vision, we reach out to our Long Island communities in many different ways, offering programs and services that focus on youth development, healthy living and social responsibility. In 2012 alone, we touched the lives of 66,328 Long Islanders of all ages, from all walks of life.

This year, as we endeavor to showcase our “mission moments,” we do so by celebrating and sharing the many stories that capture the essence, enthusiasm, and experiences that define the YMCA of Long Island.

We hope these stories will move you as they have moved us; that they will inspire you to discover all the things the YMCA of Long Island has to offer; and that they will spark the stories you have to share too.



SOCIAL RESPONSIBILITY

WATCH THE VIDEO



ymcali.org/association/our-stories.aspx

Because of the Y... we can start to rebuild.

On October 29, 2012, Hurricane Sandy ripped through the Northeast, leaving a path of devastation and despair. The storm left dozens dead, thousands homeless, and millions without power. Every community on Long Island was impacted in some way.

In one of Long Island's darkest hours, the YMCA of Long Island mobilized to help. With the purpose of strengthening the foundations of the community at our core, we reached out like never before. We opened our doors to Long Islanders, offering showers, charging stations, a place to get warm, and emotional support. Later we raised funds for victims, collected and distributed resources such as food and toiletries, and hosted public officials to facilitate the distribution of government aid. We also provided scholarships to families impacted most acutely by the storm.



IMPACT

\$75,000 in special funds raised to help families impacted by Sandy with child care, counseling and camp

In response to the storm, the Y served as a warming shelter, offered showers, resources, and support to THOUSANDS OF LONG ISLANDERS

When we heard the warnings about Hurricane Sandy, we had no idea what we were in for. We were completely flooded. Our possessions and our home were extensively damaged. Some of our neighbors' houses were even worse – some had burned to the ground; others had the entire back ripped off. Pieces of our neighborhood washed away into the Bay. That was when we realized how lucky we were. Still, we were completely overwhelmed.

The months following Sandy were like an extended version of that night. Trying to take care of paper work, submitting insurance claims and navigating through FEMA was very stressful. Even with some insurance reimbursements, we had to take on extra jobs just to pay the bills.

Seven months after the storm, we were still working so many hours that we knew we needed a solution for our four kids for the summer. Our kids had attended YMCA summer camp in the past, but following Sandy, we didn't think we could even begin to afford camp.

When we heard that the YMCA of Long Island had a scholarship program for Sandy victims, we applied. We were so grateful and so relieved when we heard we had gotten scholarships for the kids. It not only enabled us to work so that we could pay our bills, but it gave our children a chance to run, laugh and play—to feel like life could be normal again.

Jennifer and David DeJong



This is one of the few organizations that actually listened to our story. They didn't ask us about our ability to pay it back, or what assets we had to gauge our need. It was simply "we think that you need this, and here you go." We are so grateful that the Y understood.

- We are so thankful for the help in our time of need.



The Y has touched my heart. I hope that one day I can repay the Y — not only with the love and care they have given me and my son, but also with the ability to raise enough money to build a whole other building so that even more people can enjoy the Y. . .

SOCIAL RESPONSIBILITY

WATCH THE VIDEO



ymcali.org/association/our-stories.aspx

Because of the Y... I have become a more charitable person.

A year ago I was diagnosed with a neuroblastoma, which is a brain cancer that caused me to lose sight in my left eye. At the time, my son was attending camp and preschool at the Y.

As soon as the Y learned of my condition, everyone was incredibly supportive — emotionally and financially. The Y came forward right away to help me with scholarships so that I could pay my bills, pursue my treatment, and continue sending my son to school and camp.

Every day, my son looks forward to going to the Y. He really enjoys swimming, seeing the horses, and doing arts and crafts. I love knowing that my son is in great hands when he comes to the Y. His teachers and counselors are not only educated, but they're also personable, friendly and loving.

His experiences at the Y have given my son a sense of consistency, which has been really important during this difficult time. The Y has been my backbone in this time of utter disbelief. I am so grateful.

Alicia Cardoza

Because of the Y, I am a great mother. Because of the Y, my son and I are happy.

My son Asa (11) and I moved to Long Island in 2008 and joined the Y so that we could meet new people. Shortly afterward, I lost my job, which was very stressful since we are a single income household. Asa was so happy at the Y and making new friends, that I felt it was really important for him to stay involved. That's why I applied for scholarships for after-school care and camp.

Thankfully, we were granted financial assistance. Every day, I know that Asa is learning, interacting and becoming a positive young adult. He's made lots of friends, has learned new skills and really looks up to his counselors and teachers.

I'm employed again and the Y gives me peace of mind while I'm at work because I know that Asa is safe and having fun.

I thank the Y every day for allowing us to be part of their family. The Y has become part of our family.

Katia Diamond



IMPACT

995 sessions of camp funded by scholarships

406 volunteers donated their time to the Y

10,335 prevention and treatment counseling sessions delivered through YMCA Family Services



Because of the Y... I have a much more positive outlook on life.



Because of the Y, we are healthier, more involved, and have something to look forward to.

Jackie: Eight years ago when our grandson was born, I would huff and puff after one block of pushing his stroller. Now, even though I'm much older, I can race with him. He wins; but I can race with him!

We both go to the Y and love the Silver Sneakers® program, which helps with cardio, strength and flexibility. It's a lot of fun to become flexible again, and we've made a lot of friends.

Leon: It's true, our physical health is so much better — our endurance, strength, range of motion. But there's a social part too. It's very welcoming.

Jackie & Leon Memoli

Because of the Y, I've gotten my life back.

When I was in the Navy, I was injured and had to have several operations that left me unable to walk normally. I was determined to regain my mobility, so I started taking water walking and water aerobics at the Y. After a couple of years of that, I was able to start personal training. The Y helped me progress from a wheelchair, to a walker, to elbow crutches... and now I don't need any assistance at all.

Throughout my journey with the Y, everybody was very encouraging and welcoming. I've become stronger and have made lasting friendships. The Y has changed my life in a lot of ways — all of them good.

Jenna Montesano



IMPACT

5,376 Personal Training Sessions helped people live healthier lives

22,000 swim lesson sessions kept kids safe in the water

550 older adults got fit and made friends in our Silver Sneakers® Program

A little over a year ago, I was severely obese. I had a number of health issues and was at-risk for developing Diabetes. I was also horribly self-conscious, so I didn't go out of the house much. I knew I had to do something, and my doctor recommended swimming. That's when I came to the Y.

As soon as I walked through the Y doors and registered, I felt a warm feeling. I went down to the pool because I used to be a good swimmer. But when I got there, I found that I couldn't swim even half a lap. I couldn't do any exercises. That's when I realized that I was in really, really bad shape.

The lifeguard on duty, Sean, saw that I was struggling and discouraged. Right away, Sean took me under his wing. I explained my physical conditions and limitations, and he gave me exercises to do. When I mastered an exercise, Sean would give me something new to try. I've hardly missed a day in the pool. I'm happier and healthier. The Y has given me my life back.

Marge McDonnell



• • The Y has changed my life. From day one, my experience with the Y has been all positive. Since I joined, my health has improved tremendously. I'm so much stronger, and able to swim up to 30 laps right now. I've lost 80 pounds in 15 months. I am a happier person because of the Y.



The people at the Y are like angels: they come in, they swoop, and they make you feel happy.

YOUTH DEVELOPMENT

WATCH THE VIDEO



ymcali.org/association/our-stories.aspx

Because of the Y... I am a life changer.

I'm the oldest of seven. We were raised by a single mom. We were homeless three times. I grew up in a rough part of town. But a friend of mine – Bob Pettersen who is now the Executive Director of the Great South Bay YMCA – convinced me to try the Y.

I spent time playing sports and got active in the teen centers. I made great friends.

The Y took me off the streets and gave me an outlet to play sports, work with others, have fun and just be a kid. Going to the Y was like going on vacation, and it was only eight blocks away.

The Y put me on a different path in life – a better path. I don't think I would have even graduated high school without the Y. Today, I work in the Teen Center because I know that it's the people at the Y that make a difference.

Kareem Lewis



Because of the Y, my family has become more compassionate.

When my son was younger, he was very interested in computers, video games, and television. He wasn't getting good socialization with his peers. That's why I got him involved in the Y's after school and sports programs. Today, my son is almost 16 years old, and has become the type of teenager who is a good influence on others: he is compassionate, supportive, and helpful. I really feel that he developed these qualities as a result of coming to the Y. And so did I.

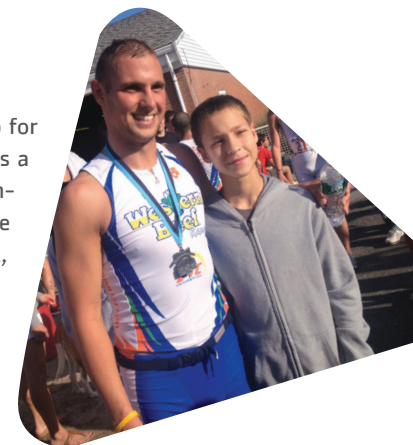
Lisa Lourenco

Because of the Y, my son Connor is triumphant!

My 11 year-old son, Connor, was interested in fitness, so I signed him up for a youth fitness class at our local Y. He started going two and three times a week — and instantly loved it. As the class progressed, Connor really connected with the instructors — they took an interest in his life even outside the Y. When Connor started getting into running and finished his first 5K, his instructors were so genuinely excited for him — he felt so valued!

I am so thankful for the encouragement he gets from the people at the Y. I don't think they even realize how much they are doing for his self-esteem. What most people don't know about my son is that when he was younger, he had serious medical issues that included seizures, kidney failure, a stroke, and a kidney transplant. It's a miracle he's even alive, let alone running (and winning) races! I see his YMCA trainers as not just "teachers" but mentors to my son.

Laura Fewell



IMPACT

7,414 smile-filled camp sessions

5,315 kids enjoyed our free pre-teen & teen centers

900 children got off to a great start in a Y
Preschool Program

1,336 kids made friends, had fun and did their
homework in a Y after school child care program.

IMPACT BY THE NUMBERS

24 CHILD CARE SITES 

10 Number of Years since the YMCA BOULTON CENTER FOR THE PERFORMING ARTS opened. HAPPY ANNIVERSARY!

\$6,000

DONATED BY THE LIAM FOUNDATION FOR GREAT SOUTH BAY Y FOR SPECIAL NEEDS CAMPERS

289
Young Rising Stars
Hit The Stage
In Performing
Arts Camp



7,414
TOTAL CAMP
SESSIONS

\$2,147,395
TOTAL SCHOLARSHIPS
AWARDED AND DISTRIBUTED

1,590 YOUTH SPORTS PARTICIPANTS

957,807
MEMBER
CHECK-INS

5,315 Kids Served In Our
Pre-Teen & Teen Centers
Across LI

\$0 OF DONATIONS
THAT GO TO
OVERHEAD COSTS

\$3.5 Million
6 Years

Amount Town of East Hampton
contracted to operate the Y EAST
HAMPTON RECENTER.

66,328
PEOPLE

OF ALL AGES,
BACKGROUNDS &
INCOME LEVELS
CALLED US
THEIR Y



1,232
BULLY PREVENTION
WORKSHOPS TO
14,532
PARTICIPANTS



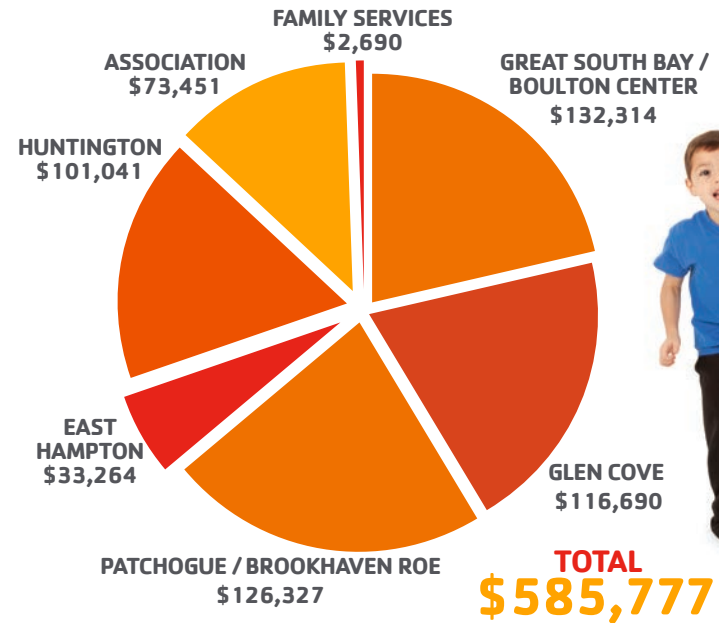
497
Lifeguard
Training
Class
Participants
Island Wide

76 PERFORMANCES AT
THE YMCA BOULTON CENTER

20,000
square feet

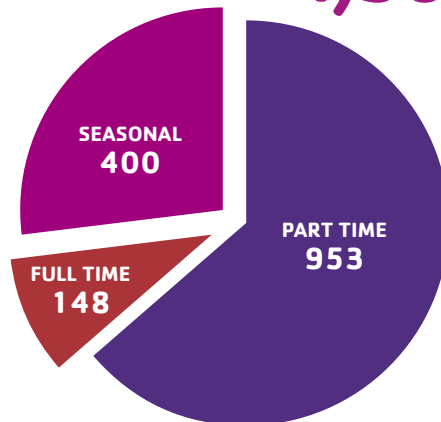
Size of the building planned for the HUNTINGTON Y. Plans approved for new gymnasium, indoor track and aerobic studios.

ANNUAL SUPPORT CAMPAIGNS



Y FAMILY SERVICES branch provided **10,335** OASAS prevention and treatment sessions to **2,344** people

OF Y STAFF **1,501**



\$50,000
of Matching Challenge Grant for the PATCHOGUE FAMILY YMCA's Annual Support campaign from the Island Outreach Foundation.
CHALLENGE WAS MET!

10,003
Y MEMBERS
OVER
THE AGE
OF 55

437
YOUNG
ADULTS

DEVELOPED CHARACTER
AND LEADERSHIP SKILLS
IN Y LEADERS CLUBS

WELCOME, ANNE N. BRIGIS, PRESIDENT & CEO

On July 1, 2012 the YMCA of Long Island welcomed Anne N. Brigis as the new President and CEO, succeeding Michael T. Famiglietti who retired after 36 years with the Y.

When Anne took the helm, she was of course, no stranger to the Y. Her first experience at a Y (in Flushing, NY) was as a 14-year-old volunteer. The rest is history, as Anne realized many significant achievements since she joined the YMCA of Long Island in 1992. Among her most notable accomplishments were introducing and expanding child care and FREE Pre-Teen and Teen Centers across Long Island; making the East Hampton RECenter part of the Y family in 2000; managing \$30 million in successful construction projects at the new Patchogue Family YMCA, the Huntington YMCA and the Glen Cove YMCA. In her tenure, she also took the Great South Bay facility from a \$1 to a \$9 million dollar operation, and was instrumental in bringing the \$2.5 million state-of-the-art Great South Bay Y Boulton Center for the Performing Arts to fruition. From Executive Director, to Chief Operating Officer, to her current role as President and CEO, Anne is truly part of the Y's past, present and future.

At the beginning of her official term as President and CEO, Anne articulated a bold strategic vision for the YMCA of Long Island for the next decade and beyond. This plan seeks to double the size of the Y – in terms of geographic reach, populations and communities served, and program offerings.

Going forward, the Y will further embrace programs that address serious health and well-being concerns with initiatives like our Diabetes Prevention Program; Healthier Tomorrows, which addresses childhood obesity; LIVESTRONG® for Cancer survivors; and fall prevention and improved balance classes for our seniors. The vision set forth also calls for more programs that enrich and engage children all year long to avoid summer learning loss and that work to close achievement gaps among children from different backgrounds. As President and CEO, Anne has also committed to taking powerful steps to raise increased funds and proactively engage members of our communities for the greater good. At every turn, the YMCA of Long Island will focus more than ever before on Youth Development, Healthy Living, and Social Responsibility.



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HONORED Y VOLUNTEERS

GREAT SOUTH BAY

Maria Caputo • Marissa Rachlin

GLEN COVE

Taylor Taranto • William Heyman

HUNTINGTON

Tyler Strauss • Nancy & Paul Mazzola

BROOKHAVEN/PATCHOGUE

John Madden • Nancy Rettaliata

EAST HAMPTON RECENTER

Meg Preiss

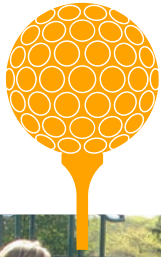
YMCA FAMILY SERVICES

Kelsey Mensch • Sean Delvin

ASSOCIATION'S MAN OF THE YEAR

Michael T. Famiglietti

SPECIAL MOMENTS & MILESTONES



- ANNUAL MARCIE MAZZOLA MEMORIAL RUN ¹
- YMCA OF LONG ISLAND GOLF CLASSIC ²
- YMCA BOULTON CENTER GALA, HONORING SIBEN & SIBEN ³
- YMCA OF LONG ISLAND ANNUAL DINNER ⁴
- 20TH ANNUAL MEMORIAL DAY CARNIVAL ⁵
- BROOKHAVEN ROE/PATCHOGUE GOLF CLASSIC
- GREAT SOUTH BAY ANNUAL GOLF OUTING
- "Y" NIGHT WITH THE L.I. DUCKS ⁶
- HUNTINGTON YMCA ANNUAL GOLF OUTING
- YMCA OF L.I. DIAMONDS & BURLAP HONOREES ⁷
- HEALTHY KIDS DAY-PATCHOGUE ⁸
- GREAT SOUTH BAY Y D&B AUCTION ⁹
- YMCA WORLD'S LARGEST SWIM LESSON ¹⁰
- GREAT SOUTH BAY Y TRIBUTE WALL ¹¹
- HUNTINGTON Y PLAYGROUND BUILD ¹²
- FAMILY SERVICES Y YOUTH AND GOVERNMENT ¹³



STATEMENT OF ACTIVITIES

For the year ended December 31, 2012

	<u>Unrestricted</u>	<u>Temporarily Restricted</u>	<u>Permanently Restricted</u>	<u>Total</u>
OPERATING ACTIVITIES:				
Revenues and Other Support:				
Government grants and contracts	\$ 1,881,424	\$ -	\$ -	\$ 1,881,424
Program services	17,277,371	-	-	17,277,371
Participating memberships	8,051,862	-	-	8,051,862
Contributions	96,180	891,104	10,000	997,284
In-kind contributions	699,074	-	-	699,074
Special events, net	-	566,499	-	566,499
United Way and other community funds	40,266	-	-	40,266
Facility usage and other income	194,828	-	-	194,828
Net assets released from restrictions	1,956,379	(1,956,379)	-	-
Total Revenues and Other Support	<u>30,197,384</u>	<u>(498,776)</u>	<u>10,000</u>	<u>29,708,608</u>
Expenses:				
Program services:				
Multi-service branches	22,984,615	-	-	22,984,615
Family services branch	1,329,668	-	-	1,329,668
Total Program Services	<u>24,314,283</u>	<u>-</u>	<u>-</u>	<u>24,314,283</u>
Supporting services:				
Fundraising	1,682,043	-	-	1,682,043
General and administrative	3,434,883	-	-	3,434,883
Total Supporting Services	<u>5,116,926</u>	<u>-</u>	<u>-</u>	<u>5,116,926</u>
Total Expenses	<u>29,431,209</u>	<u>-</u>	<u>-</u>	<u>29,431,209</u>
Increase (Decrease) in Net Assets From Operations	<u>766,175</u>	<u>(498,776)</u>	<u>10,000</u>	<u>277,399</u>
NONOPERATING GAIN (LOSS):				
Net investment gain	479,292	49,962	-	529,254
Loss on disposal of fixed assets	(48,055)	-	-	(48,055)
Unrealized appreciation on perpetual trust	-	-	83,950	83,950
Total Nonoperating Gain	<u>431,237</u>	<u>49,962</u>	<u>83,950</u>	<u>565,149</u>
Changes in Net Assets	1,197,412	(448,814)	93,950	842,548
Net Assets, Beginning of Year	<u>46,023,024</u>	<u>894,436</u>	<u>2,403,508</u>	<u>49,320,968</u>
Net Assets, End of Year	<u>\$ 47,220,436</u>	<u>\$ 445,622</u>	<u>\$ 2,497,458</u>	<u>\$ 50,163,516</u>

A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION OF IMPROVING THE LIVES OF LONG ISLANDERS.

The YMCA of Long Island, Inc., for the twentieth consecutive year, generated revenue that exceeded expenses in 2012. All revenues exceeding expenses were returned to the local branches to improve facilities and program quality.

2011 REVENUES

Government grants and contracts	\$ 2,072,266
Program services	17,204,002
Participating memberships	7,748,927
Contributions	704,295
In-Kind Contributions	682,478
Special events, net	664,315
United Way and other community funds	39,443
Facility usage and other income	356,816
Non-Operating Revenue	(172,142)
Total	<u>\$29,300,400</u>

Y of Long Island Scholarship Assistance January to December, 2012

	Number of Adults	Number of Children	Financial Value
Full/Recreation Membership	770	936	\$ 226,142
Basic Membership	40	1,408	302,011
Program Scholarships:			
Day Camp	—	997	499,170
Child Care	—	1,049	178,045
Aquatics	36	273	24,847
Fitness	3	7	318
Sports	—	29	2,281
Counseling	10,335	0	434,552
Teen Center	—	16,694	419,640
Cultural Arts/Dance	—	186	9,171
Youth Movement	—	3	91
Other	225	161	9,767
Use of Facilities by Community Groups	<u>208</u>	<u>1,725</u>	<u>41,360</u>
Total	<u>11,617</u>	<u>23,468</u>	<u>\$2,147,395</u>

2012 CONSTITUENCY

A total of **66,328** Long Islanders called us their Y in 2012:

	Male	Female
Pre-Schoolers (1-5 years)	3,759	3,593
Elementary Schoolers (6-11 years)	7,661	7,069
Jr./Sr. High Schoolers (12-17 years)	5,098	4,647
Young Adults (18-29 years)	4,564	4,277
Adults (30-54 years)	6,721	8,936
Adults (55-64 years)	2,139	2,524
Adults (65 and over)	2,437	2,903
Total	<u>32,379</u>	<u>33,949</u>

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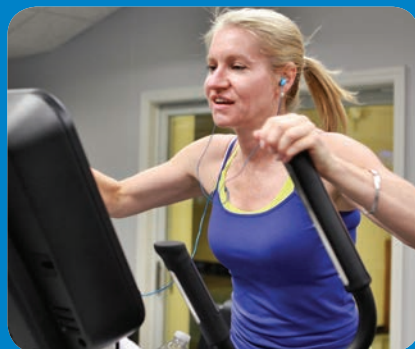
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